

THEORY OF
GRAVITATIONAL WAVE
EMISSION

Luc BLANCHET

C.N.R.S., Institut d'Astrophysique de Paris

PART 1

EINSTEIN FIELD EQUATIONS

AND

QUADRUPOLE MOMENT FORMALISM

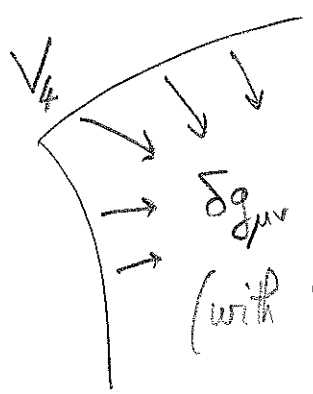
EINSTEIN FIELD EQUATIONS

They derive from the action

$$S = \frac{c^3}{16\pi G} \int d^4x \sqrt{-g} R + S_m[g, \Psi_m]$$

Einstein-Hilbert action

matter action
(all matter fields universally coupled to the metric $g_{\mu\nu}$)



(with $\delta g_{\mu\nu} = 0$ when $|x^i| \rightarrow \infty$)

10 differential equations of second order

$$G^{\mu\nu}[g, \partial g, \partial^2 g] = \frac{8\pi G}{c^4} T^{\mu\nu}[g]$$

Einstein tensor stress-energy tensor

$$G^{\mu\nu} = R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R$$

$$T^{\mu\nu} = \frac{2}{\sqrt{-g}} \frac{\delta S_m}{\delta g^{\mu\nu}}$$

4 eqs. give the evolution of matter fields

$$\nabla_\nu G^{\mu\nu} \equiv 0 \Rightarrow \nabla_\nu T^{\mu\nu} = 0$$

contracted Bianchi identity (or Einstein identity)

Geometry is governed by 6 eqs., 4 eqs. can be imposed by a choice of coordinates

$$h^{\mu\nu} = \sqrt{-g} g^{\mu\nu} - h^{\mu\nu}$$

$h^{\mu\nu} = \begin{pmatrix} -1 & & 0 \\ & 1 & \\ 0 & & 1 \end{pmatrix}$
 auxiliary Minkowski metric
 (signature $-+++$)

Choice of coordinates $\partial_\nu h^{\mu\nu} = 0$

Harmonic or de Dondor

$$\square h^{\mu\nu} = \frac{16\pi G}{c^4} T^{\mu\nu}$$

ordinary flat

d'Alembertian $\square = \eta^{\rho\sigma} \partial_\rho \partial_\sigma$

stress-energy pseudo tensor (actually a Lorentz tensor)

of matter and gravitational fields
(in harm. coordinates)

$$T^{\mu\nu} = |g| T^{\mu\nu} + \frac{c^4}{16\pi G} \Lambda^{\mu\nu}(h, \partial h, \partial^2 h)$$

includes all non-linearities
of Einstein's eqs.

$$\Lambda^{\mu\nu} = O(h^2)$$

Harmonic coordinate condition is equivalent to matter equation

$$\partial_\nu h^{\mu\nu} = 0 \iff \partial_\nu T^{\mu\nu} = 0 \iff \nabla_\nu T^{\mu\nu} = 0$$

NO-INCOMING RADIATION CONDITION

Boundary conditions are imposed at past null infinity
(case where $T^{\mu\nu}$ has a spatially compact support)

Spatio-temporal infinities

I^+ = future temporal infinity ($t \rightarrow +\infty$, $r = \text{const}$)

\mathcal{I}^+ = future null infinity ($r \rightarrow +\infty$, $t - r/c = \text{const}$)

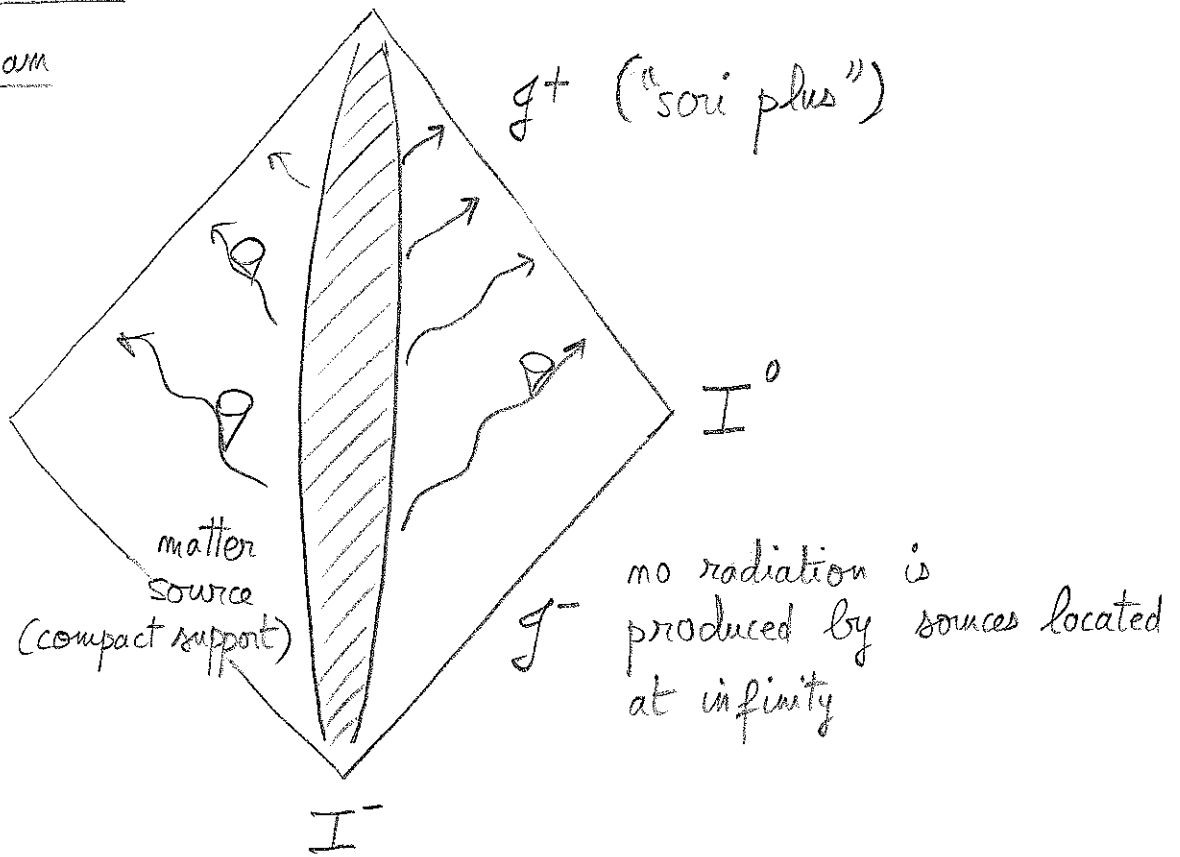
I^0 = spatial infinity ($r \rightarrow +\infty$, $t = \text{const}$)

\mathcal{I}^- = past null infinity ($r \rightarrow +\infty$, $t + r/c = \text{const}$)

I^- = past temporal infinity ($t \rightarrow -\infty$, $r = \text{const}$)

Carter-Penrose

diagram

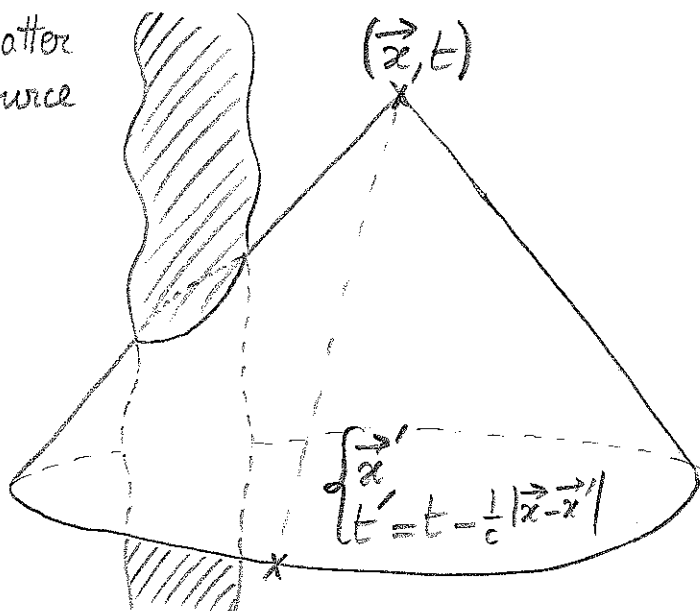


Kirchhoff's formula for the homogeneous sol. of

$$\square h_{Hom} = 0$$

$$h_{Hom}(\vec{x}, t) = \lim_{|\vec{x}'| \rightarrow \infty} \int \frac{d\Omega'}{4\pi} \left(\frac{\partial}{\partial r} + \frac{1}{c} \frac{\partial}{\partial t} \right) (r h_{Hom})(\vec{x}', t - \frac{|\vec{x} - \vec{x}'|}{c})$$

matter source



$(\vec{x}, t) =$ field point

$(\vec{x}', t') =$ source point

No-incoming rad. cond. is

1.4

$$\lim_{g^-} \left(\frac{\partial}{\partial r} + \frac{1}{c} \frac{\partial}{\partial t} \right) (r h^{\mu\nu}) = 0$$

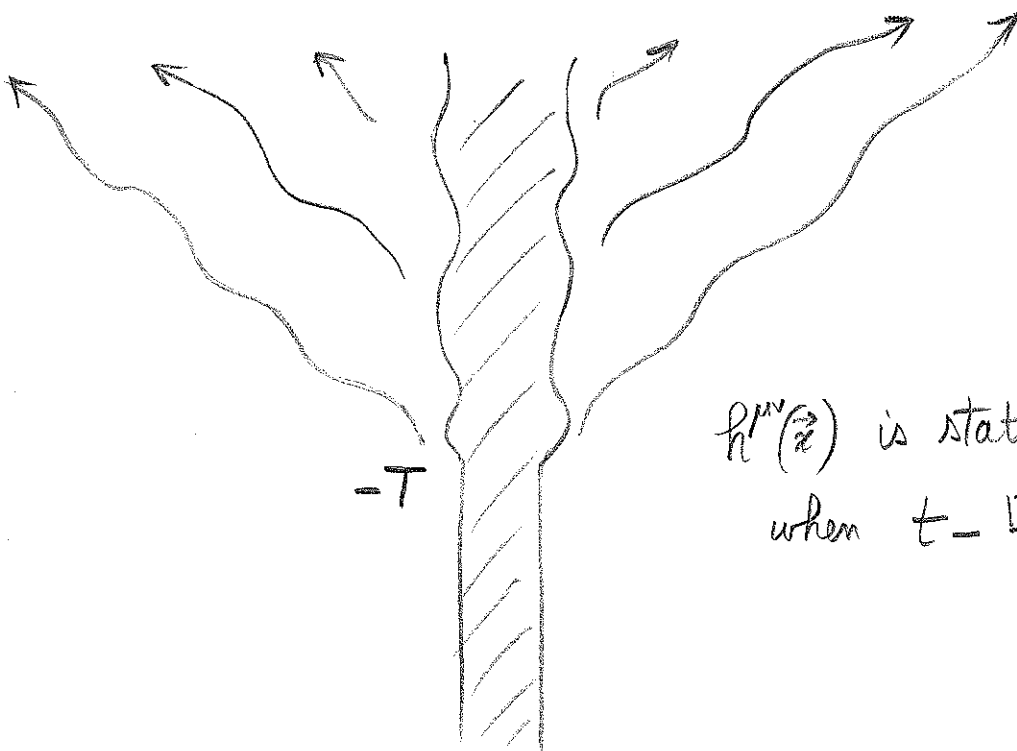
This excludes advanced waves $r h_{adv} \sim f(t+r/c)$ at g^-

Einstein field eqs. can be solved (in an iterative way) by means of standard retarded integral in 3+1 dimensions

$$h^{\mu\nu}(\vec{x}, t) = -\frac{4G}{c^4} \iiint \frac{d^3\vec{x}'}{|\vec{x}-\vec{x}'|} T^{\mu\nu}(\vec{x}', t - \frac{1}{c}|\vec{x}-\vec{x}'|)$$

note this is in fact an integro-differential equation because $T^{\mu\nu}$ depends on $h, \partial h, \partial^2 h$

Stationarity in the past (simple way to implement the no-incoming rad. condition)



$h^{\mu\nu}(\vec{x})$ is stationary (ind. of t)
when $t - \frac{|\vec{x}|}{c} \leq -T$

$$\begin{cases} \square h^{\mu\nu} = 0 \\ \partial_\nu h^{\mu\nu} = 0 \end{cases} \quad (\text{we neglect } O(h^2))$$

Gauge transformation preserving the harmonic cond. $\partial h = 0$

$$h'^{\mu\nu} = h^{\mu\nu} + \partial^\mu \xi^\nu + \partial^\nu \xi^\mu - \eta^{\mu\nu} \partial_\rho \xi^\rho$$

where $\square \xi^\mu = 0$

Fourier decomposition

$$h^{\mu\nu}(x) = \int d^4x H^{\mu\nu}(k) e^{i k_\lambda x^\lambda}$$

↑
Fourier amplitude of monochromatic wave $k_\lambda = \begin{pmatrix} \text{wave} \\ \text{vector} \end{pmatrix}$

$$\begin{aligned} k^2 &\equiv \eta_{\mu\nu} k^\mu k^\nu = 0 \\ k_\nu H^{\mu\nu} &= 0 \end{aligned}$$

Can perform a gauge transf.

with any $\xi^\mu(x) = \int d^4x E^\mu(k) e^{i k \cdot x}$

TT coordinates u^μ four-vector constant (independent of x)

and not orthogonal to k_μ (i.e. $u_\mu k^\mu \neq 0$) for instance

$u^\mu =$ four velocity of an observer (time-like)

There exists a gauge such that (at once)

$$\begin{aligned} u_\nu H^{\mu\nu} &= 0 \\ H \equiv h_{\mu\nu} H^{\mu\nu} &= 0 \end{aligned}$$

← transverse (T) condition

← traceless (T) condition

Proof: perform a gauge transf. in Fourier domain

$$H^{\mu\nu} = H_0^{\mu\nu} + i k^\mu \epsilon^\nu + i k^\nu \epsilon^\mu - i \eta^{\mu\rho} k_\rho \epsilon^\nu$$

Then TT conditions are satisfied with gauge vector

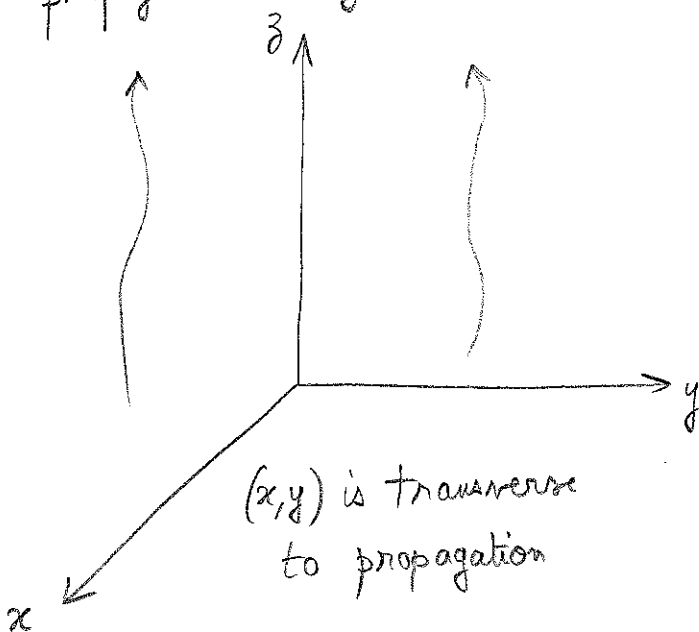
$$\epsilon^\mu = \frac{i}{(uk)} \left[u_\nu \bar{H}_0^{\mu\nu} - \frac{k^\mu}{2(uk)} u_\rho u_\sigma \bar{H}_0^{\rho\sigma} \right]$$

$$\text{where } \bar{H}_0^{\mu\nu} = H_0^{\mu\nu} - \frac{1}{2} \eta^{\mu\nu} H_0$$

$10 - 4 - (4-1) - 1 = 2$ independent components of $H^{\mu\nu}$
2 polarization states

$u^\mu = (1, \vec{0})$ in rest frame of observer

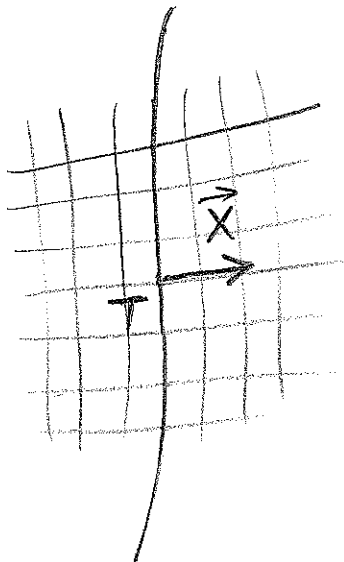
propagation in z-direction



$$h_{\mu\nu}^{TT} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & h_+(t-z/c) & h_x(t-z/c) & 0 \\ 0 & h_x(t-z/c) & -h_+(t-z/c) & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

ACTION OF GRAVITATIONAL WAVES ON MATTER

central geodesics ($X^i=0$)



Fermi coordinates (X^i, T) in the neighborhood of central geodesics

$T =$ proper time along central geodesics

$$g_{\mu\nu}(\vec{X}, T) = \eta_{\mu\nu} + \underbrace{F_{\mu\nu ij}(T)}_{\text{function of time } T} X^i X^j + O(|\vec{X}|^3)$$

Geodesic equ. in vicinity of central geodesic ($|\vec{X}| \ll \lambda^{GW}$)

$$\frac{d^2 X^i}{dT^2} = -c^2 \frac{\partial \Gamma^i_{00}}{\partial X^j}(T, \vec{0}) X^j = -c^2 R^i_{\cdot 0j0}(T, \vec{0}) X^j$$

(to first order in X^i)

↑
Riemann in Fermi coord.
($-c^2 R^i_{\cdot 0j0}$ is a relativistic version of the tidal tensor $\partial_i \partial_j U$)

$$R^i_{\cdot 0j0} = \frac{\partial X^i}{\partial x^\lambda} \frac{\partial x^\mu}{\partial X^0} \dots R^\lambda_{\cdot \mu\nu\rho} \approx \overset{TT}{R^i}_{\cdot 0j0} \approx -\frac{1}{2c^2} \frac{\partial^2 h_{ij}}{\partial t^2}$$

↑
Riemann in TT coordinates

$$\frac{d^2 X^i}{dT^2} = \frac{1}{2} \frac{\partial^2 h_{ij}}{\partial t^2}(T, \vec{0}) X^j$$

↑
acceleration in Fermi coord.

↑
wave form in TT coord. evaluated on central geodesic

$$X^i(T) = X^i(0) + \frac{1}{2} h_{ij}^{TT}(T, \vec{0}) X^j(0)$$

↑
position before passage of GW

(to first order in h)

QUADRUPOLE MOMENT FORMALISM

Matter source is

- isolated ($T^{\mu\nu}$ has a compact support)

- post-Newtonian

$$\epsilon \approx \frac{v}{c} \ll 1$$

- self-gravitating: internal motion is due to gravitational forces

$$\gamma \sim \frac{v^2}{a} \sim \frac{GM}{a^2}$$

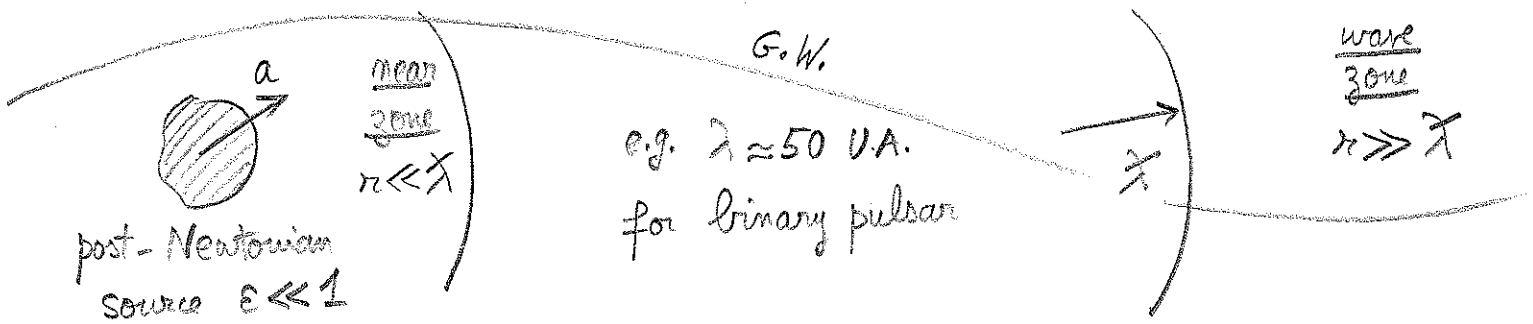
a = size of source
 M = its mass

Period of motion $P \sim \frac{2\pi a}{v}$

Gravitational wave length $\lambda = cP$

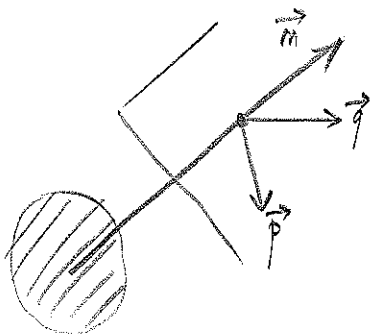
$$\bar{\lambda} = \frac{\lambda}{2\pi}$$

$$\frac{R}{\bar{\lambda}} \sim \frac{v}{c} \approx \epsilon$$



The near zone ($r \ll \bar{\lambda}$) covers entirely the post-Newtonian source

$$Q_{ij}(t) = \int_{\text{source}} d^3x \rho(\vec{x}, t) \left(x_i x_j - \frac{1}{3} \delta_{ij} \vec{x}^2 \right)$$



$$h_{ij}^{TT} = \frac{2G}{c^4 r} P_{ijkl}(\vec{m}) \left\{ \ddot{Q}_{kl} \left(t - \frac{r}{c} \right) + O(\epsilon) \right\} + O\left(\frac{1}{r^2}\right)$$

TT projection operator

$$P_{ijkl} = P_{ik} P_{jl} - \frac{1}{2} P_{ij} P_{kl} \quad \text{where } P_{ij} = \delta_{ij} - m_i m_j$$

Polarization states
w.r.t. \vec{p}, \vec{q}

$$h_+ = \frac{p_i p_j - q_i q_j}{2} h_{ij}^{TT}$$

\vec{p}, \vec{q} polarization vectors

$$h_\times = \frac{p_i q_j + p_j q_i}{2} h_{ij}^{TT}$$

$$\boxed{\mathcal{F}^{GW} \equiv \left(\frac{dE}{dt}\right)^{GW} = \frac{G}{5c^5} \left\{ \overset{\dots}{Q}_{ij} \overset{\dots}{Q}_{ij} + \mathcal{O}(\epsilon^2) \right\}}$$

Einstein quadrupole formula

order of magnitude of radiation reaction $\mathcal{O}(\epsilon^5)$ called also 2.5PN

Typically $Q \sim M a^2$ $\overset{\dots}{Q} \sim M a^2 \omega^3$ $\omega = \frac{2\pi}{P}$
 Self-gravitating source $\omega^2 \sim \frac{GM}{a^3}$

$$\boxed{\mathcal{F}^{GW} \sim \left(\frac{c^5}{G}\right) \left(\frac{GM\omega}{c^3}\right)^{10/3}}$$

Ultra-relativistic source $v \sim c$ or $\frac{GM\omega}{c^3} \sim 1$

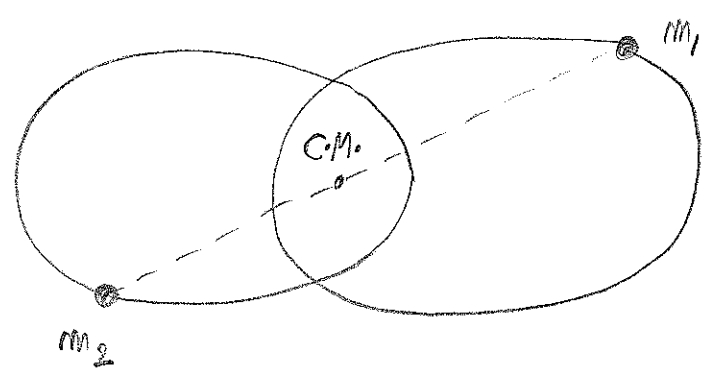
$$\mathcal{F}^{GW} \Big|_{\text{ultra relativistic}} \sim \frac{c^5}{G} = 3.63 \cdot 10^{52} \text{ W}$$

value independent of source

GW has typically the frequency $\omega \sim \frac{c^3}{GM}$

$M \sim 1 M_\odot$	$\omega \sim 10^3 \text{ Hz}$	bandwidth of LIGO/VIRGO
$M \sim 10^6 M_\odot$	$\omega \sim 10^{-3} \text{ Hz}$	bandwidth of LISA

PETERS & MATHEWS FORMULA



Two compact objects (without spin) on a Keplerian ellipse

a = semi-major axis
 e = eccentricity

$$M = m_1 + m_2$$

$$\mu = \frac{m_1 m_2}{M}$$

$$\nu = \frac{\mu}{M} \text{ such that } 0 < \nu \leq \frac{1}{4}$$

↑ test-mass limit ↑ equal masses

$$\langle \dot{F}^{GW} \rangle = \frac{1}{P} \int_0^P dt \dot{F}^{GW}(t) = \frac{32}{5} \frac{c^5}{G} \nu^2 \left(\frac{GM}{ac^2} \right)^5 \frac{1 + \frac{73}{24} e^2 + \frac{37}{96} e^4}{(1-e^2)^{7/2}}$$

↑
 eccentricity dependent "enhancement" factor $f(e)$

Energy balance argument

$$\frac{dE}{dt} = - \langle \dot{F}^{GW} \rangle \quad \text{with} \quad E = - \frac{GM^2}{2a}$$

$$GM = \omega^2 a^3$$

$$\dot{P} = - \frac{192\pi}{5c^5} \left(\frac{2\pi GM}{P} \right)^{5/3} \nu f(e) = - 2.4 \cdot 10^{-12} \text{ s/s}$$

Binary pulsar PSR 1513+16

in agreement with observations (Taylor et al).

INSPIRALLING COMPACT BINARIES

1.1:

Evolution of eccentricity $e(t)$

Orbit's energy and angular momentum

$$\boxed{\begin{aligned}\frac{E}{\nu} &= -\frac{GM^2}{2a} \\ \frac{J}{\nu} &= \sqrt{GM^3 a (1-e^2)}\end{aligned}}$$

$$\nu \equiv \frac{\mu}{M}$$

Apply quadrupole formulas for both E and J

$$\dot{E} = - \left\langle \frac{G}{5c^5} \ddot{Q}_{ij} \ddot{Q}_{ij} \right\rangle$$

$$\dot{J}^i = - \left\langle \frac{2G}{5c^5} \epsilon_{ijk} \ddot{Q}_{jl} \ddot{Q}_{kl} \right\rangle$$

$$\boxed{\frac{e^2}{(1-e^2)^{19/6}} \left(1 + \frac{121}{304} e^2\right)^{145/121} = \left(\frac{\omega}{\omega_0}\right)^{-19/3}}$$

gives $e(t)$ as a function of $\omega(t)$ during the inspiral
(ω_0 is determined from initial conditions) ($e^2 \sim \nu^{19/3}$ for small e)

For the binary pulsar

$$e_{\text{now}} = 0.617$$

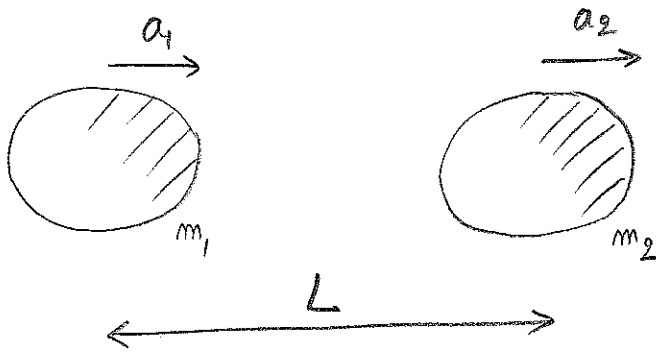
$$\omega_{\text{now}} = 2.24 \cdot 10^{-4} \text{ Hz}$$

hence GWs are visible by VIRGO/LIGO when

$$\boxed{\omega \sim 30 \text{ Hz} \Rightarrow e \sim 5 \cdot 10^{-6}}$$

eccentricity is negligible in general.

Finite size effects



Look for influence of quadrupole moments Q_1 and Q_2 induced by tidal interactions between

non-spinning compact objects

$$Q_1 = k_1 m_2 \frac{a_1^5}{L^3} \quad Q_2 = k_2 m_1 \frac{a_2^5}{L^3}$$

$k_{1,2}$ = Love numbers (depend on internal structure)

$Q_{1,2}$ scale like L^{-3} because of tidal field $\partial_{ij} U \sim \frac{1}{L^3}$

Introduce the compactness parameters

$$K_1 = \frac{2Gm_1}{a_1 c^2}$$

$$K_2 = \frac{2Gm_2}{a_2 c^2}$$

The quadrupoles modify the energy and GW flux and the orbital frequency ω and phase $\phi = \int \omega dt$

$$\dot{E} = -\mathcal{F}^{GW} \Rightarrow \phi = - \int \frac{\omega dE}{\mathcal{F}^{GW}}$$

Effect of quadrupoles is

depends on internal structure

$$\phi^{\text{finite-size}} = \underbrace{\phi_0}_{\text{point-mass result}} - \frac{1}{8x^{5/2}} \left\{ 1 + (\text{const}) \left(\frac{x}{K} \right)^5 \right\}$$

$x \equiv \left(\frac{GM\omega}{c^3} \right)^{2/3}$ Since $K \sim 1$ for compact objects the formal order of magnitude of the finite-size effect is 5PN (namely $x^5 \sim \frac{1}{c^{10}}$)

Orbital phase evolution $\phi(t)$

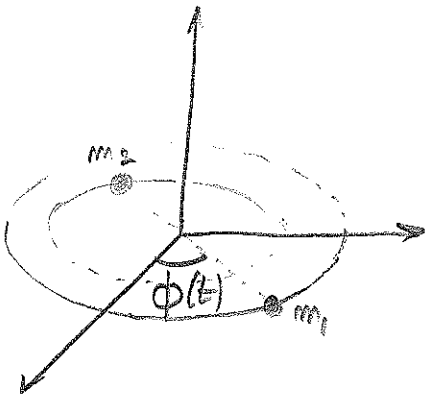
1.13

(same as for binary pulsar, i.e. based on

$$\frac{dE}{dt} = -\mathcal{F}^{GW}$$

where $\frac{E}{M} = -\frac{c^2}{2} v^2$

$$\mathcal{F}^{GW} = \frac{32}{5} \frac{c^5}{G} v^2 \alpha^5$$



$$\alpha = \left(\frac{GM\omega}{c^3} \right)^{2/3} = \text{PN parameter } \mathcal{O}(\epsilon^2)$$

$$\dot{E} = -\mathcal{F}^{GW} \Rightarrow \dot{\alpha} = \frac{64}{5} \frac{c^3}{G} \frac{v}{M} \alpha^5 \Rightarrow \alpha(t) = \left[\frac{256}{5} \frac{c^3}{G} \frac{v}{M} (t_c - t) \right]^{-1/4}$$

$t_c = \text{instant of coalescence}$

$$\phi(t) = \int \omega dt = \frac{5}{64v} \int \alpha^{-7/2} d\alpha \Rightarrow \boxed{\phi(t) = \phi_c - \frac{\alpha(t)^{-5/2}}{32v}}$$

Number of orbital cycles left till coalescence from time t

$$\mathcal{N} = \frac{\phi_0 - \phi(t)}{\pi} = \frac{1}{32\pi v} \left(\frac{GM\omega}{c^3} \right)^{-5/3} = \mathcal{O}(\epsilon^{-5})$$

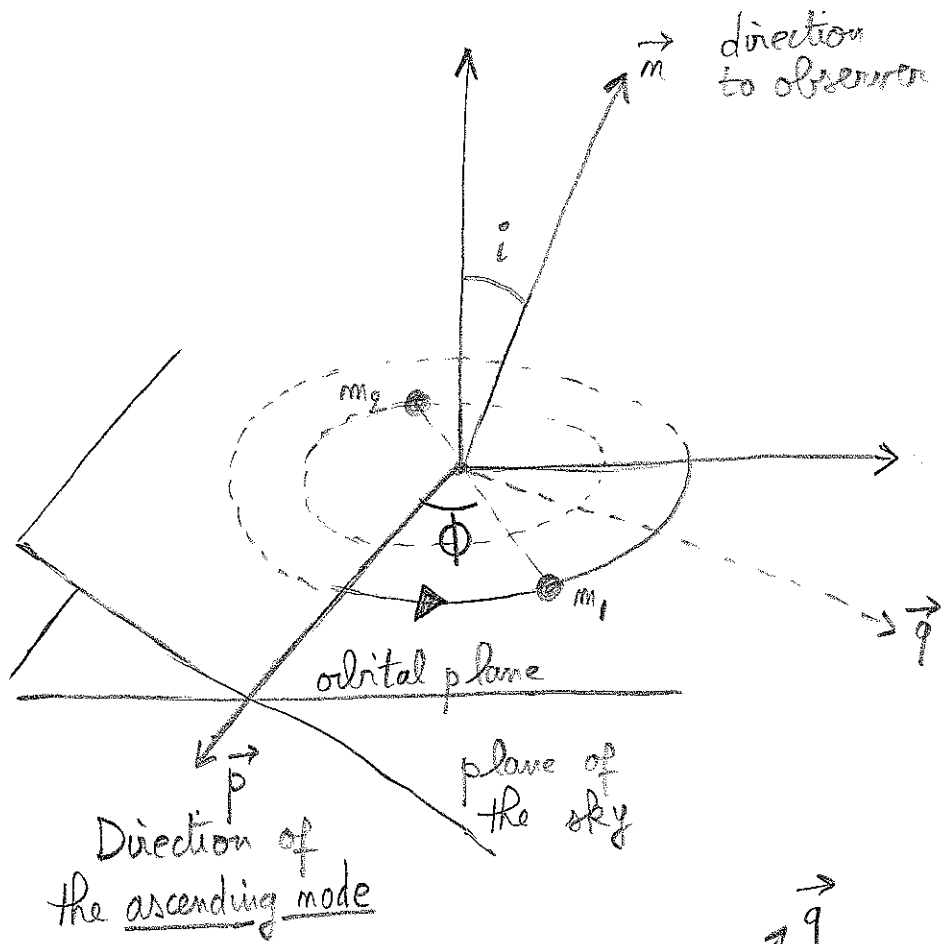
inverse of order of radiation reaction $\epsilon \sim \left(\frac{c}{v} \right)^5$

But \mathcal{N} should be monitored in LIGO/VIRGO with precision

$$\delta \mathcal{N} \sim 1$$

so it is evident that PN corrections in the phase will play a crucial role up to at least the 2.5PN order. Detailed analysis show that good templates for inspiralling compact binaries should have 3PN accuracy. Current theoretical prediction is 3.5PN.

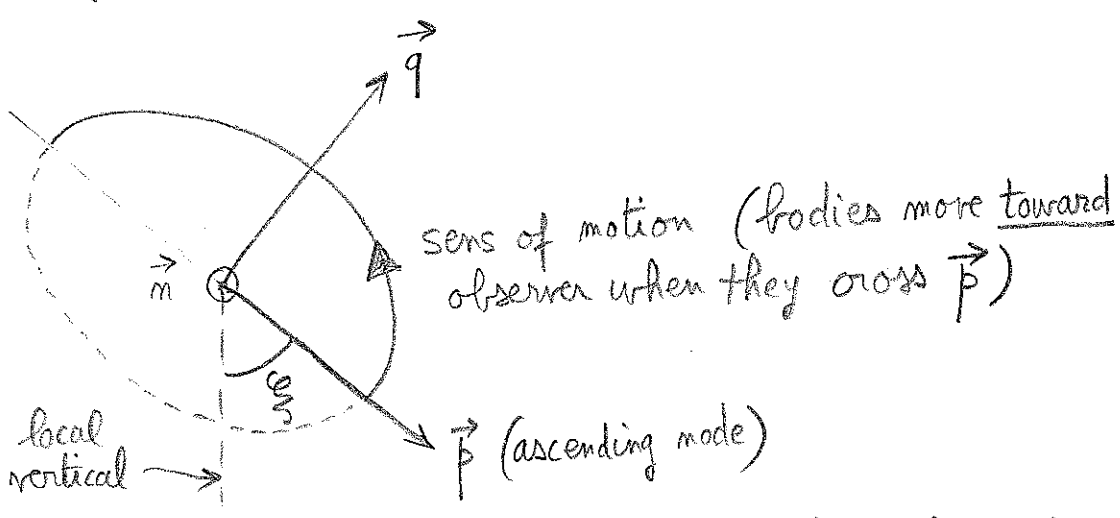
Wave form of inspiralling compact binaries (ICBs)



\vec{p}, \vec{q} = polarization vectors
 (in the plane of sky)
 i = inclination angle
 $\phi(t)$ = orbital phase

Direction of the ascending node

As seen from observers:



ϵ = polarization angle (between \vec{p} and local vertical of observer)

Response of detector

$$h \equiv \frac{2\delta L}{L} = F_+ h_+ + F_x h_x$$

$F_{+,x}$ = detector's pattern functions
 depend on $-\vec{m}$ (direction of source) and ϵ

$$h_+ = \frac{2G\mu}{c^2 D} \left(\frac{GM\omega}{c^3} \right)^{2/3} (1 + \cos^2 i) \cos(2\phi)$$

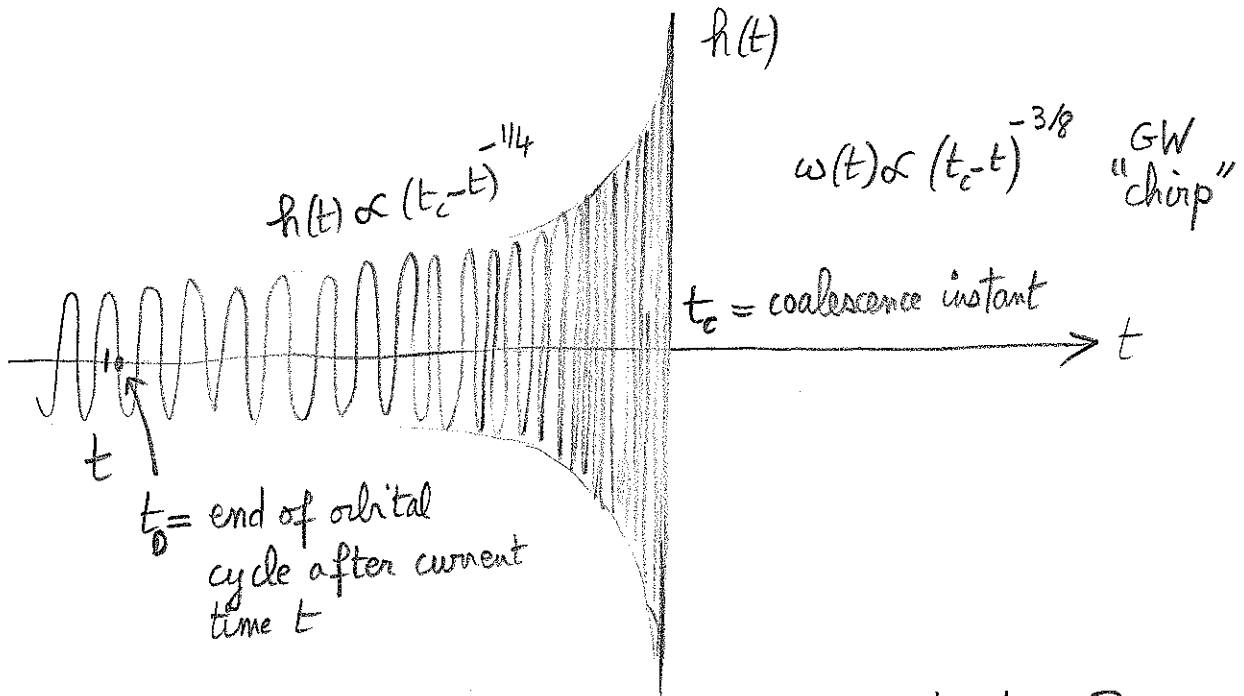
$$h_x = \frac{2G\mu}{c^2 D} \left(\frac{GM\omega}{c^3} \right)^{2/3} (2\cos i) \sin(2\phi)$$

D = distance of source
 = luminosity distance in cosmology

where

$$\phi(t) = \phi_c - \frac{1}{v} \left(\frac{vc^3}{5GM} (t_c - t) \right)^{5/8}$$

$$\omega(t) = \frac{c^3}{8GM} \left(\frac{vc^3}{5GM} (t_c - t) \right)^{-3/8}$$



Suppose current time t is such that $t_c - t \gg P$
 (non-relativistic limit, two bodies are well-separated)

$$t_c - t = (t_c - t_0) \left[1 + \frac{t_0 - t}{t_c - t_0} \right] \quad \text{with} \quad \frac{t_0 - t}{t_c - t_0} \ll 1$$

$$\phi(t) \approx \phi_c - \frac{1}{v} \left(\frac{vc^3}{5GM} (t_c - t_0) \right)^{5/8} \left[1 + \frac{5}{8} \frac{t_0 - t}{t_c - t_0} + \dots \right]$$

$$\approx \phi_0 + \frac{5}{8v} \left(\frac{vc^3}{5GM} \right)^{5/8} (t_c - t_0)^{-3/8} t + \dots$$

thus

$$\phi(t) \approx \phi_0 + \omega_0 t + \dots$$

constant orbital motion
 in the non relativistic limit

Orders of magnitude

1.16

$$h \sim \frac{GMv}{c^2 D} \left(\frac{GM\omega}{c^3} \right)^{2/3}$$

Number of cycles around frequency ω

$$m = \frac{\omega^2}{\dot{\omega}} \sim \frac{1}{v} \left(\frac{GM\omega}{c^3} \right)^{-5/3} = \mathcal{O}(\epsilon^{-5})$$

inverse of
rad. reaction
order

Effective amplitude after matched filtering

$$h_{\text{eff}} = h \sqrt{m} \sim \frac{GM\sqrt{v}}{c^2 D} \left(\frac{GM\omega}{c^3} \right)^{-1/6}$$

Example: coalescence of two supermassive BHs in LISA

Characteristic frequency $\omega_c \sim \omega_{\text{I.C.O.}}$

innermost circular orbit (defined by
the minimum of the energy function)

$$\frac{GM\omega_c}{c^3} \sim 0.1 \quad \Rightarrow \quad f_c \sim 10^4 \text{ Hz} \left(\frac{M_\odot}{M} \right)$$

(from 3PN theory) For LISA $f_c \in [10^{-4} \text{ Hz}, 10^1 \text{ Hz}]$

Hence LISA should observe

$$10^5 M_\odot \lesssim M \lesssim 10^8 M_\odot$$

$$h_{\text{eff}} \sim 10^{-14} \left(\frac{1 \text{ Gpc}}{D} \right) \left(\frac{v}{0.25} \right)^{1/2} \left(\frac{M}{10^7 M_{\odot}} \right)^{-5/6} \left(\frac{f}{10^{-4} \text{ Hz}} \right)^{-1/6}$$

Separation of BHs ($M \sim 10^7 M_{\odot}$) at entry frequency of LISA

$$r = \left(\frac{GM}{\omega^2} \right)^{1/3} \sim 1 \text{ A.U.}$$

Time left till coalescence

$$T = \frac{5GM}{v c^3} \left(\frac{8GM\omega}{c^3} \right)^{-8/3} \sim 10 \text{ days}$$

The signal-to-noise of the supermassive BH coalescence in LISA is enormous

$$\frac{S}{N} = \left(\int_{-\infty}^{+\infty} d\omega \frac{|\tilde{h}(\omega)|^2}{S_m(\omega)} \right)^{1/2} \sim \frac{h_{\text{eff}}}{\sqrt{\omega S_m(\omega)}} \sim 10^4$$

$$S_m(\omega) \sim 10^{-34} \text{ Hz}^{-1} \text{ for LISA}$$