# $3+1$ Formalism 

## and

# Bases of Numerical Relativity 

## Lecture notes

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## Contents

1 Introduction ..... 11
2 Geometry of hypersurfaces ..... 15
2.1 Introduction ..... 15
2.2 Framework and notations ..... 15
2.2.1 Spacetime and tensor fields ..... 15
2.2.2 Scalar products and metric duality ..... 16
2.2.3 Curvature tensor ..... 18
2.3 Hypersurface embedded in spacetime ..... 19
2.3.1 Definition ..... 19
2.3.2 Normal vector ..... 21
2.3.3 Intrinsic curvature ..... 22
2.3.4 Extrinsic curvature ..... 23
2.3.5 Examples: surfaces embedded in the Euclidean space $\mathbb{R}^{3}$ ..... 24
2.4 Spacelike hypersurface ..... 28
2.4.1 The orthogonal projector ..... 29
2.4.2 Relation between $K$ and $\nabla n$ ..... 31
2.4.3 Links between the $\nabla$ and $D$ connections ..... 32
2.5 Gauss-Codazzi relations ..... 34
2.5.1 Gauss relation ..... 34
2.5.2 Codazzi relation ..... 36
3 Geometry of foliations ..... 39
3.1 Introduction ..... 39
3.2 Globally hyperbolic spacetimes and foliations ..... 39
3.2.1 Globally hyperbolic spacetimes ..... 39
3.2.2 Definition of a foliation ..... 40
3.3 Foliation kinematics ..... 41
3.3.1 Lapse function ..... 41
3.3.2 Normal evolution vector ..... 42
3.3.3 Eulerian observers ..... 42
3.3.4 Gradients of $n$ and $m$ ..... 44
3.3.5 Evolution of the 3 -metric ..... 45
3.3.6 Evolution of the orthogonal projector ..... 46
3.4 Last part of the $3+1$ decomposition of the Riemann tensor ..... 47
3.4.1 Last non trivial projection of the spacetime Riemann tensor ..... 47
3.4.2 $3+1$ expression of the spacetime scalar curvature ..... 48
4 3+1 decomposition of Einstein equation ..... 51
4.1 Einstein equation in $3+1$ form ..... 51
4.1.1 The Einstein equation ..... 51
4.1.2 $3+1$ decomposition of the stress-energy tensor ..... 52
4.1.3 Projection of the Einstein equation ..... 53
4.2 Coordinates adapted to the foliation ..... 54
4.2.1 Definition of the adapted coordinates ..... 54
4.2.2 Shift vector ..... 56
4.2.3 $3+1$ writing of the metric components ..... 57
4.2.4 Choice of coordinates via the lapse and the shift ..... 59
4.3 3+1 Einstein equation as a PDE system ..... 59
4.3.1 Lie derivatives along $m$ as partial derivatives ..... 59
4.3.2 $3+1$ Einstein system ..... 60
4.4 The Cauchy problem ..... 61
4.4.1 General relativity as a three-dimensional dynamical system ..... 61
4.4.2 Analysis within Gaussian normal coordinates ..... 61
4.4.3 Constraint equations ..... 64
4.4.4 Existence and uniqueness of solutions to the Cauchy problem ..... 64
4.5 ADM Hamiltonian formulation ..... 65
4.5.1 $3+1$ form of the Hilbert action ..... 66
4.5.2 Hamiltonian approach ..... 67
$53+1$ equations for matter and electromagnetic field ..... 71
5.1 Introduction ..... 71
5.2 Energy and momentum conservation ..... 72
5.2.1 $3+1$ decomposition of the 4-dimensional equation ..... 72
5.2.2 Energy conservation ..... 72
5.2.3 Newtonian limit ..... 73
5.2.4 Momentum conservation ..... 74
5.3 Perfect fluid ..... 75
5.3.1 kinematics ..... 75
5.3.2 Baryon number conservation ..... 78
5.3.3 Dynamical quantities ..... 79
5.3.4 Energy conservation law ..... 81
5.3.5 Relativistic Euler equation ..... 81
5.3.6 Further developments ..... 82
5.4 Electromagnetic field ..... 82
$5.53+1$ magnetohydrodynamics ..... 82
6 Conformal decomposition ..... 83
6.1 Introduction ..... 83
6.2 Conformal decomposition of the 3-metric ..... 85
6.2.1 Unit-determinant conformal "metric" ..... 85
6.2.2 Background metric ..... 85
6.2.3 Conformal metric ..... 86
6.2.4 Conformal connection ..... 88
6.3 Expression of the Ricci tensor ..... 89
6.3.1 General formula relating the two Ricci tensors ..... 90
6.3.2 Expression in terms of the conformal factor ..... 90
6.3.3 Formula for the scalar curvature ..... 91
6.4 Conformal decomposition of the extrinsic curvature ..... 91
6.4.1 Traceless decomposition ..... 91
6.4.2 Conformal decomposition of the traceless part ..... 92
6.5 Conformal form of the $3+1$ Einstein system ..... 95
6.5.1 Dynamical part of Einstein equation ..... 95
6.5.2 Hamiltonian constraint ..... 98
6.5.3 Momentum constraint ..... 98
6.5.4 Summary: conformal $3+1$ Einstein system ..... 98
6.6 Isenberg-Wilson-Mathews approximation to General Relativity ..... 99
7 Asymptotic flatness and global quantities ..... 103
7.1 Introduction ..... 103
7.2 Asymptotic flatness ..... 103
7.2.1 Definition ..... 104
7.2.2 Asymptotic coordinate freedom ..... 105
7.3 ADM mass ..... 105
7.3.1 Definition from the Hamiltonian formulation of GR ..... 105
7.3.2 Expression in terms of the conformal decomposition ..... 108
7.3.3 Newtonian limit ..... 110
7.3.4 Positive energy theorem ..... 111
7.3.5 Constancy of the ADM mass ..... 111
7.4 ADM momentum ..... 112
7.4.1 Definition ..... 112
7.4.2 ADM 4-momentum ..... 112
7.5 Angular momentum ..... 113
7.5.1 The supertranslation ambiguity ..... 113
7.5.2 The "cure" ..... 114
7.5.3 ADM mass in the quasi-isotropic gauge ..... 115
7.6 Komar mass and angular momentum ..... 116
7.6.1 Komar mass ..... 116
7.6.2 $3+1$ expression of the Komar mass and link with the ADM mass ..... 119
7.6.3 Komar angular momentum ..... 121
8 The initial data problem ..... 125
8.1 Introduction ..... 125
8.1.1 The initial data problem ..... 125
8.1.2 Conformal decomposition of the constraints ..... 126
8.2 Conformal transverse-traceless method ..... 127
8.2.1 Longitudinal/transverse decomposition of $\hat{A}^{i j}$ ..... 127
8.2.2 Conformal transverse-traceless form of the constraints ..... 129
8.2.3 Decoupling on hypersurfaces of constant mean curvature ..... 130
8.2.4 Lichnerowicz equation ..... 130
8.2.5 Conformally flat and momentarily static initial data ..... 131
8.2.6 Bowen-York initial data ..... 136
8.3 Conformal thin sandwich method ..... 139
8.3.1 The original conformal thin sandwich method ..... 139
8.3.2 Extended conformal thin sandwich method ..... 141
8.3.3 XCTS at work: static black hole example ..... 142
8.3.4 Uniqueness of solutions ..... 144
8.3.5 Comparing CTT, CTS and XCTS ..... 144
8.4 Initial data for binary systems ..... 145
8.4.1 Helical symmetry ..... 146
8.4.2 Helical symmetry and IWM approximation ..... 147
8.4.3 Initial data for orbiting binary black holes ..... 147
8.4.4 Initial data for orbiting binary neutron stars ..... 149
8.4.5 Initial data for black hole - neutron star binaries ..... 150
9 Choice of foliation and spatial coordinates ..... 151
9.1 Introduction ..... 151
9.2 Choice of foliation ..... 152
9.2.1 Geodesic slicing ..... 152
9.2.2 Maximal slicing ..... 153
9.2.3 Harmonic slicing ..... 159
9.2.4 1+log slicing ..... 161
9.3 Evolution of spatial coordinates ..... 162
9.3.1 Normal coordinates ..... 162
9.3.2 Minimal distortion ..... 163
9.3.3 Approximate minimal distortion ..... 167
9.3.4 Gamma freezing ..... 168
9.3.5 Gamma drivers ..... 170
9.3.6 Other dynamical shift gauges ..... 172
9.4 Full spatial coordinate-fixing choices ..... 173
9.4.1 Spatial harmonic coordinates ..... 173
9.4.2 Dirac gauge ..... 174
10 Evolution schemes ..... 175
10.1 Introduction ..... 175
10.2 Constrained schemes ..... 175
10.3 Free evolution schemes ..... 176
10.3.1 Definition and framework ..... 176
10.3.2 Propagation of the constraints ..... 176
10.3.3 Constraint-violating modes ..... 181
10.3.4 Symmetric hyperbolic formulations ..... 181
10.4 BSSN scheme ..... 181
10.4.1 Introduction ..... 181
10.4.2 Expression of the Ricci tensor of the conformal metric ..... 181
10.4.3 Reducing the Ricci tensor to a Laplace operator ..... 184
10.4.4 The full scheme ..... 186
10.4.5 Applications ..... 187
A Lie derivative ..... 189
A. 1 Lie derivative of a vector field ..... 189
A.1.1 Introduction ..... 189
A.1.2 Definition ..... 189
A. 2 Generalization to any tensor field ..... 191
B Conformal Killing operator and conformal vector Laplacian ..... 193
B. 1 Conformal Killing operator ..... 193
B.1.1 Definition ..... 193
B.1.2 Behavior under conformal transformations ..... 194
B.1.3 Conformal Killing vectors ..... 194
B. 2 Conformal vector Laplacian ..... 195
B.2.1 Definition ..... 195
B.2.2 Elliptic character ..... 195
B.2.3 Kernel ..... 196
B.2.4 Solutions to the conformal vector Poisson equation ..... 198

## Preface

These notes are the written version of lectures given in the fall of 2006 at the General Relativity Trimester at the Institut Henri Poincaré in Paris [1] and (for Chap. 8) at the VII Mexican School on Gravitation and Mathematical Physics in Playa del Carmen (Mexico) [2].

The prerequisites are those of a general relativity course, at the undergraduate or graduate level, like the textbooks by Hartle [155] or Carroll [79], of part I of Wald's book [265], as well as track 1 of Misner, Thorne and Wheeler book [189].

The fact that this is lecture notes and not a review article implies two things:

- the calculations are rather detailed (the experienced reader might say too detailed), with an attempt to made them self-consistent and complete, trying to use as less as possible the famous sentences "as shown in paper XXX" or "see paper XXX for details";
- the bibliographical references do not constitute an extensive survey of the mathematical or numerical relativity literature: articles have been cited in so far as they have a direct connection with the main text.

I thank Thibault Damour and Nathalie Deruelle - the organizers of the IHP Trimester, as well as Miguel Alcubierre, Hugo Garcia-Compean and Luis Urena - the organizers of the VII Mexican school, for their invitation to give these lectures. I also warmly thank Marcelo Salgado for the perfect organization of my stay in Mexico. I am indebted to Nicolas Vasset for his careful reading of the manuscript. Finally, I acknowledge the hospitality of the Centre Émile Borel of the Institut Henri Poincaré, where a part of these notes has been written.

Corrections and suggestions for improvement are welcome at eric.gourgoulhon@obspm.fr.

## Chapter 1

## Introduction

The $\mathbf{3}+\mathbf{1}$ formalism is an approach to general relativity and to Einstein equations that relies on the slicing of the four-dimensional spacetime by three-dimensional surfaces (hypersurfaces). These hypersurfaces have to be spacelike, so that the metric induced on them by the Lorentzian spacetime metric [signature $(-,+,+,+)]$ is Riemannian [signature $(+,+,+)]$. From the mathematical point of view, this procedure allows to formulate the problem of resolution of Einstein equations as a Cauchy problem with constraints. From the pedestrian point of view, it amounts to a decomposition of spacetime into "space" + "time", so that one manipulates only time-varying tensor fields in the "ordinary" three-dimensional space, where the standard scalar product is Riemannian. Notice that this space + time splitting is not an a priori structure of general relativity but relies on the somewhat arbitrary choice of a time coordinate. The $3+1$ formalism should not be confused with the $1+3$ formalism, where the basic structure is a congruence of one-dimensional curves (mostly timelike curves, i.e. worldlines), instead of a family of three-dimensional surfaces.

The $3+1$ formalism originates from works by Georges Darmois in the 1920's [105], André Lichnerowicz in the 1930-40's [176, 177, 178] and Yvonne Choquet-Bruhat (at that time Yvonne Fourès-Bruhat) in the 1950's [127, 128] ${ }^{1}$. Notably, in 1952, Yvonne Choquet-Bruhat was able to show that the Cauchy problem arising from the $3+1$ decomposition has locally a unique solution [127]. In the late 1950's and early 1960's, the $3+1$ formalism received a considerable impulse, serving as foundation of Hamiltonian formulations of general relativity by Paul A.M. Dirac [115, 116], and Richard Arnowitt, Stanley Deser and Charles W. Misner (ADM) [23]. It was also during this time that John A. Wheeler put forward the concept of geometrodynamics and coined the names lapse and shift [267]. In the 1970's, the $3+1$ formalism became the basic tool for the nascent numerical relativity. A primordial role has then been played by James W. York, who developed a general method to solve the initial data problem [274] and who put the $3+1$ equations in the shape used afterwards by the numerical community [276]. In the 1980's and 1990's, numerical computations increased in complexity, from 1D (spherical symmetry) to

[^0]3 D (no symmetry at all). In parallel, a lot of studies have been devoted to formulating the $3+1$ equations in a form suitable for numerical implementation. The authors who participated to this effort are too numerous to be cited here but it is certainly worth to mention Takashi Nakamura and his school, who among other things initiated the formulation which would become the popular $B S S N$ scheme [193, 192, 233]. Needless to say, a strong motivation for the expansion of numerical relativity has been the development of gravitational wave detectors, either groundbased (LIGO, VIRGO, GEO600, TAMA) or in space (LISA project).

Today, most numerical codes for solving Einstein equations are based on the $3+1$ formalism. Other approaches are the $2+2$ formalism or characteristic formulation, as reviewed by Winicour [269], the conformal field equations by Friedrich [134] as reviewed by Frauendiener [129], or the generalized harmonic decomposition used by Pretorius [206, 207, 208] for his recent successful computations of binary black hole merger.

These lectures are devoted to the $3+1$ formalism and theoretical foundations for numerical relativity. They are not covering numerical techniques, which mostly belong to two families: finite difference methods and spectral methods. For a pedagogical introduction to these techniques, we recommend the lectures by Choptuik [84] (finite differences) and the review article by Grandclément and Novak [150] (spectral methods).

We shall start by two purely geometrical ${ }^{2}$ chapters devoted to the study of a single hypersurface embedded in spacetime (Chap. 2) and to the foliation (or slicing) of spacetime by a family of spacelike hypersurfaces (Chap. 3). The presentation is divided in two chapters to distinguish clearly between concepts which are meaningful for a single hypersurface and those who rely on a foliation. In some presentations, these notions are blurred; for instance the extrinsic curvature is defined as the time derivative of the induced metric, giving the impression that it requires a foliation, whereas it is perfectly well defined for a single hypersurface. The decomposition of the Einstein equation relative to the foliation is given in Chap. 4, giving rise to the Cauchy problem with constraints, which constitutes the core of the $3+1$ formalism. The ADM Hamiltonian formulation of general relativity is also introduced in this chapter. Chapter 5 is devoted to the decomposition of the matter and electromagnetic field equations, focusing on the astrophysically relevant cases of a perfect fluid and a perfect conductor (MHD). An important technical chapter occurs then: Chap. 6 introduces some conformal transformation of the 3-metric on each hypersurface and the corresponding rewriting of the $3+1$ Einstein equations. As a byproduct, we also discuss the Isenberg-Wilson-Mathews (or conformally flat) approximation to general relativity. Chapter 7 details the various global quantities associated with asymptotic flatness (ADM mass and ADM linear momentum, angular momentum) or with some symmetries (Komar mass and Komar angular momentum). In Chap. 8, we study the initial data problem, presenting with some examples two classical methods: the conformal transverse-traceless method and the conformal thin sandwich one. Both methods rely on the conformal decomposition that has been introduced in Chap. 6. The choice of spacetime coordinates within the $3+1$ framework is discussed in Chap. 9, starting from the choice of foliation before discussing the choice of the three coordinates in each leaf of the foliation. The major coordinate families used in modern numerical relativity are reviewed. Finally Chap. 10 presents various schemes for the time integration of the $3+1$ Einstein equations, putting some emphasis on the most successful scheme to

[^1]date, the BSSN one. Two appendices are devoted to basic tools of the $3+1$ formalism: the Lie derivative (Appendix A) and the conformal Killing operator and the related vector Laplacian (Appendix B).

## Chapter 2

## Geometry of hypersurfaces

## Contents

2.1 Introduction ..... 15
2.2 Framework and notations ..... 15
2.3 Hypersurface embedded in spacetime ..... 19
2.4 Spacelike hypersurface ..... 28
2.5 Gauss-Codazzi relations ..... 34

### 2.1 Introduction

The notion of hypersurface is the basis of the $3+1$ formalism of general relativity. This first chapter is thus devoted to hypersurfaces. It is fully independent of the Einstein equation, i.e. all results are valid for any spacetime endowed with a Lorentzian metric, whether the latter is a solution or not of Einstein equation. Otherwise stated, the properties discussed below are purely geometric, hence the title of this chapter.

Elementary presentations of hypersurfaces are given in numerous textbooks. To mention a few in the physics literature, let us quote Chap. 3 of Poisson's book [205], Appendix D of Carroll's one [79] and Appendix A of Straumann's one [251]. The presentation performed here is relatively self-contained and requires only some elementary knowledge of differential geometry, at the level of an introductory course in general relativity (e.g. [108]).

### 2.2 Framework and notations

### 2.2.1 Spacetime and tensor fields

We consider a spacetime $(\mathcal{M}, \boldsymbol{g})$ where $\mathcal{M}$ is a real smooth (i.e. $\left.\mathcal{C}^{\infty}\right)$ manifold of dimension 4 and $\boldsymbol{g}$ a Lorentzian metric on $\mathcal{M}$, of signature $(-,+,+,+)$. We assume that $(\mathcal{M}, \boldsymbol{g})$ is time orientable, that is, it is possible to divide continuously over $\mathcal{M}$ each light cone of the metric $\boldsymbol{g}$
in two parts, past and future [156, 265]. We denote by $\nabla$ the affine connection associated with $\boldsymbol{g}$, and call it the spacetime connection to distinguish it from other connections introduced in the text.

At a given point $p \in \mathcal{M}$, we denote by $\mathcal{T}_{p}(\mathcal{M})$ the tangent space, i.e. the (4-dimensional) space of vectors at $p$. Its dual space (also called cotangent space) is denoted by $\mathcal{T}_{p}^{*}(\mathcal{M})$ and is constituted by all linear forms at $p$. We denote by $\mathcal{T}(\mathcal{M})\left(\operatorname{resp} . \mathcal{T}^{*}(\mathcal{M})\right.$ ) the space of smooth vector fields (resp. 1-forms) on $\mathcal{M}^{1}$.

When dealing with indices, we adopt the following conventions: all Greek indices run in $\{0,1,2,3\}$. We will use letters from the beginning of the alphabet $(\alpha, \beta, \gamma, \ldots)$ for free indices, and letters starting from $\mu(\mu, \nu, \rho, \ldots)$ as dumb indices for contraction (in this way the tensorial degree (valence) of any equation is immediately apparent). Lower case Latin indices starting from the letter $i(i, j, k, \ldots)$ run in $\{1,2,3\}$, while those starting from the beginning of the alphabet $(a, b, c, \ldots)$ run in $\{2,3\}$ only.

For the sake of clarity, let us recall that if $\left(\boldsymbol{e}_{\alpha}\right)$ is a vector basis of the tangent space $\mathcal{T}_{p}(\mathcal{M})$ and $\left(\boldsymbol{e}^{\alpha}\right)$ is the associate dual basis, i.e. the basis of $\mathcal{T}_{p}^{*}(\mathcal{M})$ such that $\boldsymbol{e}^{\alpha}\left(\boldsymbol{e}_{\beta}\right)=\delta^{\alpha}{ }_{\beta}$, the components $T_{\beta_{1} \ldots \beta_{q}}^{\alpha_{1} \ldots \alpha_{p}}$ of a tensor $\boldsymbol{T}$ of type $\binom{p}{q}$ with respect to the bases $\left(\boldsymbol{e}_{\alpha}\right)$ and $\left(\boldsymbol{e}^{\alpha}\right)$ are given by the expansion

$$
\begin{equation*}
\boldsymbol{T}=T_{\beta_{1} \ldots \beta_{q}}^{\alpha_{1} \ldots \alpha_{p}} \boldsymbol{e}_{\alpha_{1}} \otimes \ldots \otimes \boldsymbol{e}_{\alpha_{p}} \otimes \boldsymbol{e}^{\beta_{1}} \otimes \ldots \otimes \boldsymbol{e}^{\beta_{q}} \tag{2.1}
\end{equation*}
$$

The components $\nabla_{\gamma} T^{\alpha_{1} \ldots \alpha_{p}}{ }_{\beta_{1} \ldots \beta_{q}}$ of the covariant derivative $\boldsymbol{\nabla} \boldsymbol{T}$ are defined by the expansion

$$
\begin{equation*}
\boldsymbol{\nabla} \boldsymbol{T}=\nabla_{\gamma} T_{\beta_{1} \ldots \beta_{q}}^{\alpha_{1} \ldots \alpha_{p}} \boldsymbol{e}_{\alpha_{1}} \otimes \ldots \otimes \boldsymbol{e}_{\alpha_{p}} \otimes \boldsymbol{e}^{\beta_{1}} \otimes \ldots \otimes \boldsymbol{e}^{\beta_{q}} \otimes \boldsymbol{e}^{\gamma} \tag{2.2}
\end{equation*}
$$

Note the position of the "derivative index" $\gamma: \boldsymbol{e}^{\gamma}$ is the last 1-form of the tensorial product on the right-hand side. In this respect, the notation $T^{\alpha_{1} \ldots \alpha_{p}}{ }_{\beta_{1} \ldots \beta_{q} ; \gamma}$ instead of $\nabla_{\gamma} T^{\alpha_{1} \ldots \alpha_{p}}{ }_{\beta_{1} \ldots \beta_{q}}$ would have been more appropriate. This index convention agrees with that of MTW [189] [cf. their Eq. (10.17)]. As a result, the covariant derivative of the tensor $\boldsymbol{T}$ along any vector field $\boldsymbol{u}$ is related to $\boldsymbol{\nabla} \boldsymbol{T}$ by

$$
\begin{equation*}
\boldsymbol{\nabla}_{\boldsymbol{u}} \boldsymbol{T}=\boldsymbol{\nabla} \boldsymbol{T}(\underbrace{., \ldots, .}_{p+q \text { slots }}, \boldsymbol{u}) \tag{2.3}
\end{equation*}
$$

The components of $\nabla_{\boldsymbol{u}} \boldsymbol{T}$ are then $u^{\mu} \nabla_{\mu} T^{\alpha_{1} \ldots \alpha_{p}}{ }_{\beta_{1} \ldots \beta_{q}}$.

### 2.2.2 Scalar products and metric duality

We denote the scalar product of two vectors with respect to the metric $\boldsymbol{g}$ by a dot:

$$
\begin{equation*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}_{p}(\mathcal{M}) \times \mathcal{T}_{p}(\mathcal{M}), \quad \boldsymbol{u} \cdot \boldsymbol{v}:=\boldsymbol{g}(\boldsymbol{u}, \boldsymbol{v})=g_{\mu \nu} u^{\mu} v^{\nu} \tag{2.4}
\end{equation*}
$$

We also use a dot for the contraction of two tensors $\boldsymbol{A}$ and $\boldsymbol{B}$ on the last index of $\boldsymbol{A}$ and the first index of $\boldsymbol{B}$ (provided of course that these indices are of opposite types). For instance if $\boldsymbol{A}$

[^2]is a bilinear form and $\boldsymbol{B}$ a vector, $\boldsymbol{A} \cdot \boldsymbol{B}$ is the linear form which components are
\[

$$
\begin{equation*}
(A \cdot B)_{\alpha}=A_{\alpha \mu} B^{\mu} . \tag{2.5}
\end{equation*}
$$

\]

However, to denote the action of linear forms on vectors, we will use brackets instead of a dot:

$$
\begin{equation*}
\forall(\boldsymbol{\omega}, \boldsymbol{v}) \in \mathcal{T}_{p}^{*}(\mathcal{M}) \times \mathcal{T}_{p}(\mathcal{M}), \quad\langle\boldsymbol{\omega}, \boldsymbol{v}\rangle=\boldsymbol{\omega} \cdot \boldsymbol{v}=\omega_{\mu} v^{\mu} \tag{2.6}
\end{equation*}
$$

Given a 1 -form $\boldsymbol{\omega}$ and a vector field $\boldsymbol{u}$, the directional covariant derivative $\boldsymbol{\nabla}_{\boldsymbol{u}} \boldsymbol{\omega}$ is a 1 -form and we have [combining the notations (2.6) and (2.3)]

$$
\begin{equation*}
\forall(\boldsymbol{\omega}, \boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}^{*}(\mathcal{M}) \times \mathcal{T}(\mathcal{M}) \times \mathcal{T}(\mathcal{M}), \quad\left\langle\boldsymbol{\nabla}_{\boldsymbol{u}} \boldsymbol{\omega}, \boldsymbol{v}\right\rangle=\boldsymbol{\nabla} \boldsymbol{\omega}(\boldsymbol{v}, \boldsymbol{u}) \tag{2.7}
\end{equation*}
$$

Again, notice the ordering in the arguments of the bilinear form $\boldsymbol{\nabla} \boldsymbol{\omega}$. Taking the risk of insisting outrageously, let us stress that this is equivalent to say that the components $(\nabla \omega)_{\alpha \beta}$ of $\boldsymbol{\nabla} \boldsymbol{\omega}$ with respect to a given basis $\left(\boldsymbol{e}^{\alpha} \otimes \boldsymbol{e}^{\beta}\right)$ of $\mathcal{T}^{*}(\mathcal{M}) \otimes \mathcal{T}^{*}(\mathcal{M})$ are $\nabla_{\beta} \omega_{\alpha}$ :

$$
\begin{equation*}
\nabla \omega=\nabla_{\beta} \omega_{\alpha} e^{\alpha} \otimes e^{\beta} \tag{2.8}
\end{equation*}
$$

this relation constituting a particular case of Eq. (2.2).
The metric $\boldsymbol{g}$ induces an isomorphism between $\mathcal{T}_{p}(\mathcal{M})$ (vectors) and $\mathcal{T}_{p}^{*}(\mathcal{M})$ (linear forms) which, in the index notation, corresponds to the lowering or raising of the index by contraction with $g_{\alpha \beta}$ or $g^{\alpha \beta}$. In the present lecture, an index-free symbol will always denote a tensor with a fixed covariance type (e.g. a vector, a 1 -form, a bilinear form, etc...). We will therefore use a different symbol to denote its image under the metric isomorphism. In particular, we denote by an underbar the isomorphism $\mathcal{T}_{p}(\mathcal{M}) \rightarrow \mathcal{T}_{p}^{*}(\mathcal{M})$ and by an arrow the reverse isomorphism $\mathcal{T}_{p}^{*}(\mathcal{M}) \rightarrow \mathcal{T}_{p}(\mathcal{M}):$

1. for any vector $\boldsymbol{u}$ in $\mathcal{T}_{p}(\mathcal{M}), \underline{\boldsymbol{u}}$ stands for the unique linear form such that

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}_{p}(\mathcal{M}), \quad\langle\underline{\boldsymbol{u}}, \boldsymbol{v}\rangle=\boldsymbol{g}(\boldsymbol{u}, \boldsymbol{v}) . \tag{2.9}
\end{equation*}
$$

However, we will omit the underlining on the components of $\underline{\boldsymbol{u}}$, since the position of the index allows to distinguish between vectors and linear forms, following the standard usage: if the components of $\boldsymbol{u}$ in a given basis $\left(\boldsymbol{e}_{\alpha}\right)$ are denoted by $u^{\alpha}$, the components of $\underline{\boldsymbol{u}}$ in the dual basis ( $\boldsymbol{e}^{\alpha}$ ) are then denoted by $u_{\alpha}$ [in agreement with Eq. (2.1)].
2. for any linear form $\boldsymbol{\omega}$ in $\mathcal{T}_{p}^{*}(\mathcal{M}), \overrightarrow{\boldsymbol{\omega}}$ stands for the unique vector of $\mathcal{T}_{p}(\mathcal{M})$ such that

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}_{p}(\mathcal{M}), \quad \boldsymbol{g}(\overrightarrow{\boldsymbol{\omega}}, \boldsymbol{v})=\langle\boldsymbol{\omega}, \boldsymbol{v}\rangle . \tag{2.10}
\end{equation*}
$$

As for the underbar, we will omit the arrow over the components of $\overrightarrow{\boldsymbol{\omega}}$ by denoting them $\omega^{\alpha}$.
3. we extend the arrow notation to bilinear forms on $\mathcal{T}_{p}(\mathcal{M})$ : for any bilinear form $\boldsymbol{T}$ : $\mathcal{T}_{p}(\mathcal{M}) \times \mathcal{T}_{p}(\mathcal{M}) \rightarrow \mathbb{R}$, we denote by $\overrightarrow{\boldsymbol{T}}$ the (unique) endomorphism $T(\mathcal{M}) \rightarrow T(\mathcal{M})$ which satisfies

$$
\begin{equation*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}_{p}(\mathcal{M}) \times \mathcal{T}_{p}(\mathcal{M}), \quad \boldsymbol{T}(\boldsymbol{u}, \boldsymbol{v})=\boldsymbol{u} \cdot \overrightarrow{\boldsymbol{T}}(\boldsymbol{v}) \tag{2.11}
\end{equation*}
$$

If $T_{\alpha \beta}$ are the components of the bilinear form $\boldsymbol{T}$ in some basis $\boldsymbol{e}^{\alpha} \otimes \boldsymbol{e}^{\beta}$, the matrix of the endomorphism $\overrightarrow{\boldsymbol{T}}$ with respect to the vector basis $\boldsymbol{e}_{\alpha}$ (dual to $\boldsymbol{e}^{\alpha}$ ) is $T^{\alpha}{ }_{\beta}$.

### 2.2.3 Curvature tensor

We follow the MTW convention [189] and define the Riemann curvature tensor of the spacetime connection $\boldsymbol{\nabla}$ by $^{2}$

$$
\left.\begin{array}{rl}
{ }^{4} \text { Riem : } \mathcal{T}^{*}(\mathcal{M}) \times \mathcal{T}(\mathcal{M})^{3} & \longrightarrow
\end{array} \begin{array}{c}
\mathcal{C}^{\infty}(\mathcal{M}, \mathbb{R}) \\
(\boldsymbol{\omega}, \boldsymbol{w}, \boldsymbol{u}, \boldsymbol{v}) \tag{2.12}
\end{array}\right) \longmapsto\left\langle\boldsymbol{\omega}, \nabla_{u} \nabla_{\boldsymbol{v}} \boldsymbol{w}-\nabla_{v} \nabla_{{ }_{u}} \boldsymbol{w} .\right.
$$

where $\mathcal{C}^{\infty}(\mathcal{M}, \mathbb{R})$ denotes the space of smooth scalar fields on $\mathcal{M}$. As it is well known, the above formula does define a tensor field on $\mathcal{M}$, i.e. the value of ${ }^{4} \operatorname{Riem}(\boldsymbol{\omega}, \boldsymbol{w}, \boldsymbol{u}, \boldsymbol{v})$ at a given point $p \in \mathcal{M}$ depends only upon the values of the fields $\boldsymbol{\omega}, \boldsymbol{w}, \boldsymbol{u}$ and $\boldsymbol{v}$ at $p$ and not upon their behaviors away from $p$, as the gradients in Eq. (2.12) might suggest. We denote the components of this tensor in a given basis $\left(\boldsymbol{e}_{\alpha}\right)$, not by ${ }^{4} \mathrm{Riem}^{\gamma}{ }_{\delta \alpha \beta}$, but by ${ }^{4} R^{\gamma}{ }_{\delta \alpha \beta}$. The definition (2.12) leads then to the following writing (called Ricci identity):

$$
\begin{equation*}
\forall \boldsymbol{w} \in \mathcal{T}(\mathcal{M}), \quad\left(\nabla_{\alpha} \nabla_{\beta}-\nabla_{\beta} \nabla_{\alpha}\right) w^{\gamma}={ }^{4} R^{\gamma}{ }_{\mu \alpha \beta} w^{\mu}, \tag{2.13}
\end{equation*}
$$

From the definition (2.12), the Riemann tensor is clearly antisymmetric with respect to its last two arguments $(\boldsymbol{u}, \boldsymbol{v})$. The fact that the connection $\boldsymbol{\nabla}$ is associated with a metric (i.e. $\boldsymbol{g})$ implies the additional well-known antisymmetry:

$$
\begin{equation*}
\forall(\boldsymbol{\omega}, \boldsymbol{w}) \in \mathcal{T}^{*}(\mathcal{M}) \times \mathcal{T}(\mathcal{M}),{ }^{4} \operatorname{Riem}(\boldsymbol{\omega}, \boldsymbol{w}, \cdot, \cdot)=-{ }^{4} \operatorname{Riem}(\underline{\boldsymbol{w}}, \overrightarrow{\boldsymbol{\omega}}, \cdot, \cdot) \tag{2.14}
\end{equation*}
$$

In addition, the Riemann tensor satisfies the cyclic property

$$
\begin{align*}
& \forall(\boldsymbol{u}, \boldsymbol{v}, \boldsymbol{w}) \in \mathcal{T}(\mathcal{M})^{3}, \\
& \quad{ }^{4} \operatorname{Riem}(\cdot, \boldsymbol{u}, \boldsymbol{v}, \boldsymbol{w})+{ }^{4} \operatorname{Riem}(\cdot, \boldsymbol{w}, \boldsymbol{u}, \boldsymbol{v})+{ }^{4} \operatorname{Riem}(\cdot, \boldsymbol{v}, \boldsymbol{w}, \boldsymbol{u})=0 \tag{2.15}
\end{align*}
$$

The Ricci tensor of the spacetime connection $\boldsymbol{\nabla}$ is the bilinear form ${ }^{4} \boldsymbol{R}$ defined by

$$
\begin{array}{clc}
{ }^{4} \boldsymbol{R}: \mathcal{T}(\mathcal{M}) \times \mathcal{T}(\mathcal{M}) & \longrightarrow & \mathcal{C}^{\infty}(\mathcal{M}, \mathbb{R}) \\
(\boldsymbol{u}, \boldsymbol{v}) & \longmapsto{ }^{4} \operatorname{Riem}\left(e^{\mu}, \boldsymbol{u}, \boldsymbol{e}_{\mu}, \boldsymbol{v}\right) . \tag{2.16}
\end{array}
$$

This definition is independent of the choice of the basis ( $\boldsymbol{e}_{\alpha}$ ) and its dual counterpart ( $\boldsymbol{e}^{\alpha}$ ). Moreover the bilinear form ${ }^{4} \boldsymbol{R}$ is symmetric. In terms of components:

$$
\begin{equation*}
{ }^{4} R_{\alpha \beta}={ }^{4} R^{\mu}{ }_{\alpha \mu \beta} . \tag{2.17}
\end{equation*}
$$

Note that, following the standard usage, we are denoting the components of both the Riemann and Ricci tensors by the same letter $R$, the number of indices allowing to distinguish between the two tensors. On the contrary we are using different symbols, ${ }^{4}$ Riem and ${ }^{4} \boldsymbol{R}$, when dealing with the 'intrinsic' notation.

[^3]Finally, the Riemann tensor can be split into (i) a "trace-trace" part, represented by the Ricci scalar ${ }^{4} R:=g^{\mu \nu 4} R_{\mu \nu}$ (also called scalar curvature), (ii) a "trace" part, represented by the Ricci tensor ${ }^{4} \boldsymbol{R}$ [cf. Eq. (2.17)], and (iii) a "traceless" part, which is constituted by the Weyl conformal curvature tensor, ${ }^{4} C$ :

$$
\begin{align*}
{ }^{4} R^{\gamma}{ }_{\delta \alpha \beta}= & { }^{4} C^{\gamma}{ }_{\delta \alpha \beta}+\frac{1}{2}\left({ }^{4} R^{\gamma}{ }_{\alpha} g_{\delta \beta}-{ }^{4} R^{\gamma}{ }_{\beta} g_{\delta \alpha}+{ }^{4} R_{\delta \beta} \delta^{\gamma}{ }_{\alpha}-{ }^{4} R_{\delta \alpha} \delta^{\gamma}{ }_{\beta}\right) \\
& +\frac{1}{6}{ }^{4} R\left(g_{\delta \alpha} \delta^{\gamma}{ }_{\beta}-g_{\delta \beta} \delta^{\gamma}{ }_{\alpha}\right) . \tag{2.18}
\end{align*}
$$

The above relation can be taken as the definition of ${ }^{4} \boldsymbol{C}$. It implies that ${ }^{4} \boldsymbol{C}$ is traceless:

$$
\begin{equation*}
{ }^{4} C^{\mu}{ }_{\alpha \mu \beta}=0 . \tag{2.19}
\end{equation*}
$$

The other possible traces are zero thanks to the symmetry properties of the Riemann tensor. It is well known that the 20 independent components of the Riemann tensor distribute in the 10 components in the Ricci tensor, which are fixed by Einstein equation, and 10 independent components in the Weyl tensor.

### 2.3 Hypersurface embedded in spacetime

### 2.3.1 Definition

A hypersurface $\Sigma$ of $\mathcal{M}$ is the image of a 3-dimensional manifold $\hat{\Sigma}$ by an embedding $\Phi: \hat{\Sigma} \rightarrow$ $\mathcal{M}$ (Fig. 2.1) :

$$
\begin{equation*}
\Sigma=\Phi(\hat{\Sigma}) . \tag{2.20}
\end{equation*}
$$

Let us recall that embedding means that $\Phi: \hat{\Sigma} \rightarrow \Sigma$ is a homeomorphism, i.e. a one-to-one mapping such that both $\Phi$ and $\Phi^{-1}$ are continuous. The one-to-one character guarantees that $\Sigma$ does not "intersect itself". A hypersurface can be defined locally as the set of points for which a scalar field on $\mathcal{M}, t$ let say, is constant:

$$
\begin{equation*}
\forall p \in \mathcal{M}, \quad p \in \Sigma \Longleftrightarrow t(p)=0 \tag{2.21}
\end{equation*}
$$

For instance, let us assume that $\Sigma$ is a connected submanifold of $\mathcal{M}$ with topology $\mathbb{R}^{3}$. Then we may introduce locally a coordinate system of $\mathcal{M}, x^{\alpha}=(t, x, y, z)$, such that $t$ spans $\mathbb{R}$ and $(x, y, z)$ are Cartesian coordinates spanning $\mathbb{R}^{3} . \Sigma$ is then defined by the coordinate condition $t=0$ [Eq. (2.21)] and an explicit form of the mapping $\Phi$ can be obtained by considering $x^{i}=(x, y, z)$ as coordinates on the 3 -manifold $\hat{\Sigma}$ :

$$
\begin{array}{l:ccc}
\Phi: & \hat{\Sigma} & \longrightarrow & \mathcal{M} \\
(x, y, z) & \longmapsto & (0, x, y, z) . \tag{2.22}
\end{array}
$$

The embedding $\Phi$ "carries along" curves in $\hat{\Sigma}$ to curves in $\mathcal{M}$. Consequently it also "carries along" vectors on $\hat{\Sigma}$ to vectors on $\mathcal{M}$ (cf. Fig. 2.1). In other words, it defines a mapping between


Figure 2.1: Embedding $\Phi$ of the 3-dimensional manifold $\hat{\Sigma}$ into the 4-dimensional manifold $\mathcal{M}$, defining the hypersurface $\Sigma=\Phi(\hat{\Sigma})$. The push-forward $\Phi_{*} \boldsymbol{v}$ of a vector $\boldsymbol{v}$ tangent to some curve $C$ in $\hat{\Sigma}$ is a vector tangent to $\Phi(C)$ in $\mathcal{M}$.
$\mathcal{T}_{p}(\hat{\Sigma})$ and $\mathcal{T}_{p}(\mathcal{M})$. This mapping is denoted by $\Phi_{*}$ and is called the push-forward mapping; thanks to the adapted coordinate systems $x^{\alpha}=(t, x, y, z)$, it can be explicited as follows

$$
\begin{array}{l:l}
\Phi_{*}: & \begin{array}{c}
\mathcal{T}_{p}(\hat{\Sigma}) \\
\boldsymbol{v}=\left(v^{x}, v^{y}, v^{z}\right)
\end{array}  \tag{2.23}\\
\longmapsto
\end{array} \Phi_{*} \boldsymbol{v}=\begin{gathered}
\mathcal{T}_{p}(\mathcal{M}) \\
\left(0, v^{x}, v^{y}, v^{z}\right),
\end{gathered}
$$

where $v^{i}=\left(v^{x}, v^{y}, v^{z}\right)$ denotes the components of the vector $\boldsymbol{v}$ with respect to the natural basis $\partial / \partial x^{i}$ of $\mathcal{T}_{p}(\Sigma)$ associated with the coordinates $\left(x^{i}\right)$.

Conversely, the embedding $\Phi$ induces a mapping, called the pull-back mapping and denoted $\Phi^{*}$, between the linear forms on $\mathcal{T}_{p}(\mathcal{M})$ and those on $\mathcal{T}_{p}(\hat{\Sigma})$ as follows

$$
\begin{array}{cccccc}
\Phi^{*}: \mathcal{T}_{p}^{*}(\mathcal{M}) & \longrightarrow & \mathcal{T}_{p}^{*}(\hat{\Sigma}) & & & \\
\boldsymbol{\omega} & \longmapsto \Phi^{*} \boldsymbol{\omega}: & \mathcal{T}_{p}(\hat{\Sigma}) & \rightarrow & \mathbb{R}  \tag{2.24}\\
& & & \boldsymbol{v} & \longmapsto & \left.\longmapsto \boldsymbol{\omega}, \Phi_{*} \boldsymbol{v}\right\rangle .
\end{array}
$$

Taking into account (2.23), the pull-back mapping can be explicited:

$$
\left.\begin{array}{ccc}
\Phi^{*}: & \mathcal{T}_{p}^{*}(\mathcal{M}) & \longrightarrow
\end{array} \begin{array}{c}
\mathcal{T}_{p}^{*}(\hat{\Sigma})  \tag{2.25}\\
\boldsymbol{\omega}=\left(\omega_{t}, \omega_{x}, \omega_{y}, \omega_{z}\right)
\end{array}\right) \longmapsto \Phi^{*} \boldsymbol{\omega}=\left(\omega_{x}, \omega_{y}, \omega_{z}\right),
$$

where $\omega_{\alpha}$ denotes the components of the 1-form $\boldsymbol{\omega}$ with respect to the basis $\mathbf{d} x^{\alpha}$ associated with the coordinates $\left(x^{\alpha}\right)$.

In what follows, we identify $\hat{\Sigma}$ and $\Sigma=\Phi(\hat{\Sigma})$. In particular, we identify any vector on $\hat{\Sigma}$ with its push-forward image in $\mathcal{M}$, writing simply $\boldsymbol{v}$ instead of $\Phi_{*} \boldsymbol{v}$.

The pull-back operation can be extended to the multi-linear forms on $\mathcal{T}_{p}(\mathcal{M})$ in an obvious way: if $\boldsymbol{T}$ is a $n$-linear form on $\mathcal{T}_{p}(\mathcal{M}), \Phi^{*} \boldsymbol{T}$ is the $n$-linear form on $\mathcal{T}_{p}(\Sigma)$ defined by

$$
\begin{equation*}
\forall\left(\boldsymbol{v}_{1}, \ldots, \boldsymbol{v}_{n}\right) \in \mathcal{T}_{p}(\Sigma)^{n}, \quad \Phi^{*} \boldsymbol{T}\left(\boldsymbol{v}_{1}, \ldots, \boldsymbol{v}_{n}\right)=\boldsymbol{T}\left(\Phi_{*} \boldsymbol{v}_{1}, \ldots, \Phi_{*} \boldsymbol{v}_{n}\right) . \tag{2.26}
\end{equation*}
$$

Remark : By itself, the embedding $\Phi$ induces a mapping from vectors on $\Sigma$ to vectors on $\mathcal{M}$ (push-forward mapping $\Phi_{*}$ ) and a mapping from 1-forms on $\mathcal{M}$ to 1-forms on $\Sigma$ (pullback mapping $\left.\Phi^{*}\right)$, but not in the reverse way. For instance, one may define "naively" a reverse mapping $F: \mathcal{T}_{p}(\mathcal{M}) \longrightarrow \mathcal{T}_{p}(\Sigma)$ by $\boldsymbol{v}=\left(v^{t}, v^{x}, v^{y}, v^{z}\right) \longmapsto F \boldsymbol{v}=\left(v^{x}, v^{y}, v^{z}\right)$, but it would then depend on the choice of coordinates $(t, x, y, z)$, which is not the case of the push-forward mapping defined by Eq. (2.23). As we shall see below, if $\Sigma$ is a spacelike hypersurface, a coordinate-independent reverse mapping is provided by the orthogonal projector (with respect to the ambient metric $\boldsymbol{g}$ ) onto $\Sigma$.

A very important case of pull-back operation is that of the bilinear form $\boldsymbol{g}$ (i.e. the spacetime metric), which defines the induced metric on $\Sigma$ :

$$
\begin{equation*}
\gamma:=\Phi^{*} \boldsymbol{g} \tag{2.27}
\end{equation*}
$$

$\gamma$ is also called the first fundamental form of $\Sigma$. We shall also use the short-hand name 3 -metric to design it. Notice that

$$
\begin{equation*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}_{p}(\Sigma) \times \mathcal{T}_{p}(\Sigma), \quad \boldsymbol{u} \cdot \boldsymbol{v}=\boldsymbol{g}(\boldsymbol{u}, \boldsymbol{v})=\gamma(\boldsymbol{u}, \boldsymbol{v}) \tag{2.28}
\end{equation*}
$$

In terms of the coordinate system ${ }^{3} x^{i}=(x, y, z)$ of $\Sigma$, the components of $\gamma$ are deduced from (2.25):

$$
\begin{equation*}
\gamma_{i j}=g_{i j} \text {. } \tag{2.29}
\end{equation*}
$$

The hypersurface is said to be

- spacelike iff the metric $\gamma$ is definite positive, i.e. has signature $(+,+,+)$;
- timelike iff the metric $\gamma$ is Lorentzian, i.e. has signature $(-,+,+)$;
- null iff the metric $\gamma$ is degenerate, i.e. has signature $(0,+,+)$.


### 2.3.2 Normal vector

Given a scalar field $t$ on $\mathcal{M}$ such that the hypersurface $\Sigma$ is defined as a level surface of $t$ [cf. Eq. (2.21)], the gradient 1-form $\mathbf{d} t$ is normal to $\Sigma$, in the sense that for every vector $\boldsymbol{v}$ tangent to $\Sigma,\langle\mathbf{d} t, \boldsymbol{v}\rangle=0$. The metric dual to $\mathbf{d} t$, i.e. the vector $\vec{\nabla} t$ (the component of which are $\left.\nabla^{\alpha} t=g^{\alpha \mu} \nabla_{\mu} t=g^{\alpha \mu}(\mathbf{d} t)_{\mu}\right)$ is a vector normal to $\Sigma$ and satisfies to the following properties

- $\vec{\nabla} t$ is timelike iff $\Sigma$ is spacelike;
- $\vec{\nabla} t$ is spacelike iff $\Sigma$ is timelike;

[^4]- $\vec{\nabla} t$ is null iff $\Sigma$ is null.

The vector $\vec{\nabla} t$ defines the unique direction normal to $\Sigma$. In other words, any other vector $\boldsymbol{v}$ normal to $\Sigma$ must be collinear to $\vec{\nabla} t: v=\lambda \vec{\nabla} t$. Notice a characteristic property of null hypersurfaces: a vector normal to them is also tangent to them. This is because null vectors are orthogonal to themselves.

In the case where $\Sigma$ is not null, we can re-normalize $\vec{\nabla} t$ to make it a unit vector, by setting

$$
\begin{equation*}
n:=( \pm \vec{\nabla} t \cdot \vec{\nabla} t)^{-1 / 2} \vec{\nabla} t \tag{2.30}
\end{equation*}
$$

with the sign + for a timelike hypersurface and the sign - for a spacelike one. The vector $\boldsymbol{n}$ is by construction a unit vector:

$$
\begin{align*}
\boldsymbol{n} \cdot \boldsymbol{n}=-1 & \text { if } \Sigma \text { is spacelike, }  \tag{2.31}\\
\boldsymbol{n} \cdot \boldsymbol{n}=1 & \text { if } \Sigma \text { is timelike. } \tag{2.32}
\end{align*}
$$

$\boldsymbol{n}$ is one of the two unit vectors normal to $\Sigma$, the other one being $\boldsymbol{n}^{\prime}=-\boldsymbol{n}$. In the case where $\Sigma$ is a null hypersurface, such a construction is not possible since $\vec{\nabla} t \cdot \vec{\nabla} t=0$. Therefore there is no natural way to pick a privileged normal vector in this case. Actually, given a null normal $\boldsymbol{n}$, any vector $\boldsymbol{n}^{\prime}=\lambda \boldsymbol{n}$, with $\lambda \in \mathbb{R}^{*}$, is a perfectly valid alternative to $\boldsymbol{n}$.

### 2.3.3 Intrinsic curvature

If $\Sigma$ is a spacelike or timelike hypersurface, then the induced metric $\gamma$ is not degenerate. This implies that there is a unique connection (or covariant derivative) $\boldsymbol{D}$ on the manifold $\Sigma$ that is torsion-free and satisfies

$$
\begin{equation*}
D \gamma=0 \text {. } \tag{2.33}
\end{equation*}
$$

$\boldsymbol{D}$ is the so-called Levi-Civita connection associated with the metric $\gamma$ (see Sec. 2.IV. 2 of N. Deruelle's lectures [108]). The Riemann tensor associated with this connection represents what can be called the intrinsic curvature of $(\Sigma, \gamma)$. We shall denote it by Riem (without any superscript ' 4 '), and its components by the letter $R$, as $R^{k}{ }_{l i j}$. Riem measures the noncommutativity of two successive covariant derivatives $\boldsymbol{D}$, as expressed by the Ricci identity, similar to Eq. (2.13) but at three dimensions:

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}(\Sigma),\left(D_{i} D_{j}-D_{j} D_{i}\right) v^{k}=R^{k}{ }_{l i j} v^{l} \tag{2.34}
\end{equation*}
$$

The corresponding Ricci tensor is denoted $\boldsymbol{R}: R_{i j}=R^{k}{ }_{i k j}$ and the Ricci scalar (scalar curvature) is denoted $R: R=\gamma^{i j} R_{i j} . R$ is also called the Gaussian curvature of $(\Sigma, \gamma)$.

Let us remind that in dimension 3, the Riemann tensor can be fully determined from the knowledge of the Ricci tensor, according to the formula

$$
\begin{equation*}
R^{i}{ }_{j k l}=\delta^{i}{ }_{k} R_{j l}-\delta^{i}{ }_{l} R_{j k}+\gamma_{j l} R^{i}{ }_{k}-\gamma_{j k} R^{i}{ }_{l}+\frac{1}{2} R\left(\delta^{i}{ }_{l} \gamma_{j k}-\delta^{i}{ }_{k} \gamma_{j l}\right) . \tag{2.35}
\end{equation*}
$$

In other words, the Weyl tensor vanishes identically in dimension 3 [compare Eq. (2.35) with Eq. (2.18)].

### 2.3.4 Extrinsic curvature

Beside the intrinsic curvature discussed above, one may consider another type of "curvature" regarding hypersurfaces, namely that related to the "bending" of $\Sigma$ in $\mathcal{M}$. This "bending" corresponds to the change of direction of the normal $\boldsymbol{n}$ as one moves on $\Sigma$. More precisely, one defines the Weingarten map (sometimes called the shape operator) as the endomorphism of $\mathcal{T}_{p}(\Sigma)$ which associates with each vector tangent to $\Sigma$ the variation of the normal along that vector, the variation being evaluated via the spacetime connection $\nabla$ :

$$
\begin{align*}
\chi: \mathcal{T}_{p}(\Sigma) & \longrightarrow \mathcal{T}_{p}(\Sigma) \\
\boldsymbol{v} & \longmapsto \boldsymbol{\nabla}_{\boldsymbol{v}} \boldsymbol{n} \tag{2.36}
\end{align*}
$$

This application is well defined (i.e. its image is in $\mathcal{T}_{p}(\Sigma)$ ) since

$$
\begin{equation*}
n \cdot \chi(v)=n \cdot \nabla_{v} n=\frac{1}{2} \nabla_{v}(n \cdot n)=0 \tag{2.37}
\end{equation*}
$$

which shows that $\chi(\boldsymbol{v}) \in \mathcal{T}_{p}(\Sigma)$. If $\Sigma$ is not a null hypersurface, the Weingarten map is uniquely defined (modulo the choice $+\boldsymbol{n}$ or $-\boldsymbol{n}$ for the unit normal), whereas if $\Sigma$ is null, the definition of $\boldsymbol{\chi}$ depends upon the choice of the null normal $\boldsymbol{n}$.

The fundamental property of the Weingarten map is to be self-adjoint with respect to the induced metric $\gamma$ :

$$
\begin{equation*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}_{p}(\Sigma) \times \mathcal{T}_{p}(\Sigma), \quad \boldsymbol{u} \cdot \boldsymbol{\chi}(\boldsymbol{v})=\chi(\boldsymbol{u}) \cdot \boldsymbol{v} \tag{2.38}
\end{equation*}
$$

where the dot means the scalar product with respect to $\gamma[$ considering $\boldsymbol{u}$ and $\boldsymbol{v}$ as vectors of $\left.\mathcal{T}_{p}(\Sigma)\right]$ or $\boldsymbol{g}$ [considering $\boldsymbol{u}$ and $\boldsymbol{v}$ as vectors of $\left.\mathcal{T}_{p}(\mathcal{M})\right]$. Indeed, one obtains from the definition of $\chi$

$$
\begin{align*}
u \cdot \chi(v) & =u \cdot \nabla_{v} n=\nabla_{v}(\underbrace{u \cdot n}_{=0})-n \cdot \nabla_{v} u=-n \cdot\left(\nabla_{u} v-[u, v]\right) \\
& =-\nabla_{u}(\underbrace{n \cdot v}_{=0})+v \cdot \nabla_{u} n+n \cdot[u, v] \\
& =v \cdot \chi(u)+n \cdot[u, v] . \tag{2.39}
\end{align*}
$$

Now the Frobenius theorem states that the commutator $[\boldsymbol{u}, \boldsymbol{v}]$ of two vectors of the hyperplane $\mathcal{T}(\Sigma)$ belongs to $\mathcal{T}(\Sigma)$ since $\mathcal{T}(\Sigma)$ is surface-forming (see e.g. Theorem B.3.1 in Wald's textbook [265]). It is straightforward to establish it:

$$
\begin{align*}
\vec{\nabla} t \cdot[\boldsymbol{u}, \boldsymbol{v}] & =\langle\mathbf{d} t,[\boldsymbol{u}, \boldsymbol{v}]\rangle=\nabla_{\mu} t u^{\nu} \nabla_{\nu} v^{\mu}-\nabla_{\mu} t v^{\nu} \nabla_{\nu} u^{\mu} \\
& =u^{\nu}[\nabla_{\nu}(\underbrace{\nabla_{\mu} t v^{\mu}}_{=0})-v^{\mu} \nabla_{\nu} \nabla_{\mu} t]-v^{\nu}[\nabla_{\nu}(\underbrace{\nabla_{\mu} t u^{\mu}}_{=0})-u^{\mu} \nabla_{\nu} \nabla_{\mu} t] \\
& =u^{\mu} v^{\nu}\left(\nabla_{\nu} \nabla_{\mu} t-\nabla_{\mu} \nabla_{\nu} t\right)=0, \tag{2.40}
\end{align*}
$$

where the last equality results from the lack of torsion of the connection $\nabla: \nabla_{\nu} \nabla_{\mu} t=\nabla_{\mu} \nabla_{\nu} t$. Since $\boldsymbol{n}$ is collinear to $\overrightarrow{\boldsymbol{\nabla}} t$, we have as well $\boldsymbol{n} \cdot[\boldsymbol{u}, \boldsymbol{v}]=0$. Once inserted into Eq. (2.39), this establishes that the Weingarten map is self-adjoint.

The eigenvalues of the Weingarten map, which are all real numbers since $\chi$ is self-adjoint, are called the principal curvatures of the hypersurface $\Sigma$ and the corresponding eigenvectors define the so-called principal directions of $\Sigma$. The mean curvature of the hypersurface $\Sigma$ is the arithmetic mean of the principal curvature:

$$
\begin{equation*}
H:=\frac{1}{3}\left(\kappa_{1}+\kappa_{2}+\kappa_{3}\right) \tag{2.41}
\end{equation*}
$$

where the $\kappa_{i}$ are the three eigenvalues of $\chi$.
Remark : The curvatures defined above are not to be confused with the Gaussian curvature introduced in Sec. 2.3.3. The latter is an intrinsic quantity, independent of the way the manifold $(\Sigma, \gamma)$ is embedded in $(\mathcal{M}, \boldsymbol{g})$. On the contrary the principal curvatures and mean curvature depend on the embedding. For this reason, they are qualified of extrinsic.

The self-adjointness of $\chi$ implies that the bilinear form defined on $\Sigma$ 's tangent space by

$$
\begin{array}{ccc}
\hline \boldsymbol{K}: \mathcal{T}_{p}(\Sigma) \times \mathcal{T}_{p}(\Sigma) & \longrightarrow & \mathbb{R}  \tag{2.42}\\
(\boldsymbol{u}, \boldsymbol{v}) & \longmapsto & -\boldsymbol{u} \cdot \boldsymbol{\chi}(\boldsymbol{v}) \\
\hline
\end{array}
$$

is symmetric. It is called the second fundamental form of the hypersurface $\Sigma$. It is also called the extrinsic curvature tensor of $\Sigma$ (cf. the remark above regarding the qualifier 'extrinsic'). $\boldsymbol{K}$ contains the same information as the Weingarten map.
Remark : The minus sign in the definition (2.42) is chosen so that $\boldsymbol{K}$ agrees with the convention used in the numerical relativity community, as well as in the MTW book [189]. Some other authors (e.g. Carroll [79], Poisson [205], Wald [265]) choose the opposite convention.

If we make explicit the value of $\chi$ in the definition (2.42), we get [see Eq. (2.7)]

$$
\begin{equation*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}_{p}(\Sigma) \times \mathcal{T}_{p}(\Sigma), \quad \boldsymbol{K}(\boldsymbol{u}, \boldsymbol{v})=-\boldsymbol{u} \cdot \boldsymbol{\nabla}_{\boldsymbol{v}} \boldsymbol{n} . \tag{2.43}
\end{equation*}
$$

We shall denote by $K$ the trace of the bilinear form $\boldsymbol{K}$ with respect to the metric $\gamma$; it is the opposite of the trace of the endomorphism $\chi$ and is equal to -3 times the mean curvature of $\Sigma$ :

$$
\begin{equation*}
K:=\gamma^{i j} K_{i j}=-3 H . \tag{2.44}
\end{equation*}
$$

### 2.3.5 Examples: surfaces embedded in the Euclidean space $\mathbb{R}^{3}$

Let us illustrate the previous definitions with some hypersurfaces of a space which we are very familiar with, namely $\mathbb{R}^{3}$ endowed with the standard Euclidean metric. In this case, the dimension is reduced by one unit with respect to the spacetime $\mathcal{M}$ and the ambient metric $\boldsymbol{g}$ is Riemannian (signature $(+,+,+$ )) instead of Lorentzian. The hypersurfaces are 2-dimensional submanifolds of $\mathbb{R}^{3}$, namely they are surfaces by the ordinary meaning of this word.

In this section, and in this section only, we change our index convention to take into account that the base manifold is of dimension 3 and not 4: until the next section, the Greek indices run in $\{1,2,3\}$ and the Latin indices run in $\{1,2\}$.


Figure 2.2: Plane $\Sigma$ as a hypersurface of the Euclidean space $\mathbb{R}^{3}$. Notice that the unit normal vector $\boldsymbol{n}$ stays constant along $\Sigma$; this implies that the extrinsic curvature of $\Sigma$ vanishes identically. Besides, the sum of angles of any triangle lying in $\Sigma$ is $\alpha+\beta+\gamma=\pi$, which shows that the intrinsic curvature of $(\Sigma, \gamma)$ vanishes as well.

## Example 1 : a plane in $\mathbb{R}^{3}$

Let us take for $\Sigma$ the simplest surface one may think of: a plane (cf. Fig. 2.2). Let us consider Cartesian coordinates $\left(X^{\alpha}\right)=(x, y, z)$ on $\mathbb{R}^{3}$, such that $\Sigma$ is the $z=0$ plane. The scalar function $t$ defining $\Sigma$ according to Eq. (2.21) is then simply $t=z . \quad\left(x^{i}\right)=$ $(x, y)$ constitutes a coordinate system on $\Sigma$ and the metric $\boldsymbol{\gamma}$ induced by $\boldsymbol{g}$ on $\Sigma$ has the components $\gamma_{i j}=\operatorname{diag}(1,1)$ with respect to these coordinates. It is obvious that this metric is flat: $\operatorname{Riem}(\gamma)=0$. The unit normal $\boldsymbol{n}$ has components $n^{\alpha}=(0,0,1)$ with respect to the coordinates $\left(X^{\alpha}\right)$. The components of the gradient $\boldsymbol{\nabla} \boldsymbol{n}$ being simply given by the partial derivatives $\nabla_{\beta} n^{\alpha}=\partial n^{\alpha} / \partial X^{\beta}$ [the Christoffel symbols vanishes for the coordinates $\left(X^{\alpha}\right)$ ], we get immediately $\nabla \boldsymbol{n}=0$. Consequently, the Weingarten map and the extrinsic curvature vanish identically: $\chi=0$ and $\boldsymbol{K}=0$.

## Example 2 : a cylinder in $\mathbb{R}^{3}$

Let us at present consider for $\Sigma$ the cylinder defined by the equation $t:=\rho-R=0$, where $\rho:=\sqrt{x^{2}+y^{2}}$ and $R$ is a positive constant - the radius of the cylinder (cf Fig. 2.3). Let us introduce the cylindrical coordinates $\left(x^{\alpha}\right)=(\rho, \varphi, z)$, such that $\varphi \in[0,2 \pi), x=r \cos \varphi$ and $y=r \sin \varphi$. Then $\left(x^{i}\right)=(\varphi, z)$ constitutes a coordinate system on $\Sigma$. The components of the induced metric in this coordinate system are given by

$$
\begin{equation*}
\gamma_{i j} d x^{i} d x^{j}=R^{2} d \varphi^{2}+d z^{2} . \tag{2.45}
\end{equation*}
$$

It appears that this metric is flat, as for the plane considered above. Indeed, the change of coordinate $\eta:=R \varphi$ (remember $R$ is a constant !) transforms the metric components into

$$
\begin{equation*}
\gamma_{i^{\prime} j^{\prime}} d x^{i^{\prime}} d x^{j^{\prime}}=d \eta^{2}+d z^{2} \tag{2.46}
\end{equation*}
$$



Figure 2.3: Cylinder $\Sigma$ as a hypersurface of the Euclidean space $\mathbb{R}^{3}$. Notice that the unit normal vector $\boldsymbol{n}$ stays constant when $z$ varies at fixed $\varphi$, whereas its direction changes as $\varphi$ varies at fixed $z$. Consequently the extrinsic curvature of $\Sigma$ vanishes in the $z$ direction, but is non zero in the $\varphi$ direction. Besides, the sum of angles of any triangle lying in $\Sigma$ is $\alpha+\beta+\gamma=\pi$, which shows that the intrinsic curvature of $(\Sigma, \gamma)$ is identically zero.
which exhibits the standard Cartesian shape.
To evaluate the extrinsic curvature of $\Sigma$, let us consider the unit normal $\boldsymbol{n}$ to $\Sigma$. Its components with respect to the Cartesian coordinates $\left(X^{\alpha}\right)=(x, y, z)$ are

$$
\begin{equation*}
n^{\alpha}=\left(\frac{x}{\sqrt{x^{2}+y^{2}}}, \frac{y}{\sqrt{x^{2}+y^{2}}}, 0\right) \tag{2.47}
\end{equation*}
$$

It is then easy to compute $\nabla_{\beta} n^{\alpha}=\partial n^{\alpha} / \partial X^{\beta}$. We get

$$
\nabla_{\beta} n^{\alpha}=\left(x^{2}+y^{2}\right)^{-3 / 2}\left(\begin{array}{ccc}
y^{2} & -x y & 0  \tag{2.48}\\
-x y & x^{2} & 0 \\
0 & 0 & 0
\end{array}\right) .
$$

From Eq. (2.43), the components of the extrinsic curvature $\boldsymbol{K}$ with respect to the basis $\left(x^{i}\right)=(\varphi, z)$ are

$$
\begin{equation*}
K_{i j}=\boldsymbol{K}\left(\boldsymbol{\partial}_{i}, \boldsymbol{\partial}_{j}\right)=-\nabla_{\beta} n_{\alpha}\left(\partial_{i}\right)^{\alpha}\left(\partial_{j}\right)^{\beta}, \tag{2.49}
\end{equation*}
$$

where $\left(\boldsymbol{\partial}_{i}\right)=\left(\boldsymbol{\partial}_{\varphi}, \boldsymbol{\partial}_{z}\right)=(\partial / \partial \varphi, \partial / \partial z)$ denotes the natural basis associated with the coordinates $(\varphi, z)$ and $\left(\partial_{i}\right)^{\alpha}$ the components of the vector $\boldsymbol{\partial}_{i}$ with respect to the natural basis $\left(\boldsymbol{\partial}_{\alpha}\right)=\left(\boldsymbol{\partial}_{x}, \boldsymbol{\partial}_{y}, \boldsymbol{\partial}_{z}\right)$ associated with the Cartesian coordinates $\left(X^{\alpha}\right)=(x, y, z)$. Specifically,


Figure 2.4: Sphere $\Sigma$ as a hypersurface of the Euclidean space $\mathbb{R}^{3}$. Notice that the unit normal vector $\boldsymbol{n}$ changes its direction when displaced on $\Sigma$. This shows that the extrinsic curvature of $\Sigma$ does not vanish. Moreover all directions being equivalent at the surface of the sphere, $\boldsymbol{K}$ is necessarily proportional to the induced metric $\gamma$, as found by the explicit calculation leading to Eq. (2.58). Besides, the sum of angles of any triangle lying in $\Sigma$ is $\alpha+\beta+\gamma>\pi$, which shows that the intrinsic curvature of $(\Sigma, \gamma)$ does not vanish either.
since $\boldsymbol{\partial}_{\varphi}=-y \boldsymbol{\partial}_{x}+x \boldsymbol{\partial}_{y}$, one has $\left(\partial_{\varphi}\right)^{\alpha}=(-y, x, 0)$ and $\left(\partial_{z}\right)^{\alpha}=(0,0,1)$. From Eq. (2.48) and (2.49), we then obtain

$$
K_{i j}=\left(\begin{array}{cc}
K_{\varphi \varphi} & K_{\varphi z}  \tag{2.50}\\
K_{z \varphi} & K_{z z}
\end{array}\right)=\left(\begin{array}{cc}
-R & 0 \\
0 & 0
\end{array}\right) .
$$

From Eq. (2.45), $\gamma^{i j}=\operatorname{diag}\left(R^{-2}, 1\right)$, so that the trace of $\boldsymbol{K}$ is

$$
\begin{equation*}
K=-\frac{1}{R} . \tag{2.51}
\end{equation*}
$$

Example 3: a sphere in $\mathbb{R}^{3}$ Our final simple example is constituted by the sphere of radius $R$ (cf. Fig. 2.4), the equation of which is $t:=r-R=0$, with $r=\sqrt{x^{2}+y^{2}+z^{2}}$. Introducing the spherical coordinates $\left(x^{\alpha}\right)=(r, \theta, \varphi)$ such that $x=r \sin \theta \cos \varphi, y=r \sin \theta \sin \varphi$ and $z=r \cos \theta,\left(x^{i}\right)=(\theta, \varphi)$ constitutes a coordinate system on $\Sigma$. The components of the induced metric $\gamma$ in this coordinate system are given by

$$
\begin{equation*}
\gamma_{i j} d x^{i} d x^{j}=R^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right) \tag{2.52}
\end{equation*}
$$

Contrary to the previous two examples, this metric is not flat: the Ricci scalar, Ricci tensor and Riemann tensor of $(\Sigma, \gamma)$ are respectively ${ }^{4}$

$$
\begin{equation*}
{ }^{\Sigma} R=\frac{2}{R^{2}}, \quad R_{i j}=\frac{1}{R^{2}} \gamma_{i j}, \quad R^{i}{ }_{j k l}=\frac{1}{R^{2}}\left(\delta^{i}{ }_{k} \gamma_{j l}-\delta^{i}{ }_{l} \gamma_{j k}\right) . \tag{2.53}
\end{equation*}
$$

[^5]The non vanishing of the Riemann tensor is reflected by the well-known property that the sum of angles of any triangle drawn at the surface of a sphere is larger than $\pi$ (cf. Fig. 2.4).

The unit vector normal to $\Sigma$ (and oriented towards the exterior of the sphere) has the following components with respect to the coordinates $\left(X^{\alpha}\right)=(x, y, z)$ :

$$
\begin{equation*}
n^{\alpha}=\left(\frac{x}{\sqrt{x^{2}+y^{2}+z^{2}}}, \frac{y}{\sqrt{x^{2}+y^{2}+z^{2}}}, \frac{z}{\sqrt{x^{2}+y^{2}+z^{2}}}\right) \tag{2.54}
\end{equation*}
$$

It is then easy to compute $\nabla_{\beta} n^{\alpha}=\partial n^{\alpha} / \partial X^{\beta}$ to get

$$
\nabla_{\beta} n^{\alpha}=\left(x^{2}+y^{2}+z^{2}\right)^{-3 / 2}\left(\begin{array}{ccc}
y^{2}+z^{2} & -x y & -x z  \tag{2.55}\\
-x y & x^{2}+z^{2} & -y z \\
-x z & -y z & x^{2}+y^{2}
\end{array}\right)
$$

The natural basis associated with the coordinates $\left(x^{i}\right)=(\theta, \varphi)$ on $\Sigma$ is

$$
\begin{align*}
\boldsymbol{\partial}_{\theta} & =\left(x^{2}+y^{2}\right)^{-1 / 2}\left[x z \boldsymbol{\partial}_{x}+y z \boldsymbol{\partial}_{y}-\left(x^{2}+y^{2}\right) \boldsymbol{\partial}_{z}\right]  \tag{2.56}\\
\boldsymbol{\partial}_{\varphi} & =-y \boldsymbol{\partial}_{x}+x \boldsymbol{\partial}_{y} \tag{2.57}
\end{align*}
$$

The components of the extrinsic curvature tensor in this basis are obtained from $K_{i j}=$ $\boldsymbol{K}\left(\boldsymbol{\partial}_{i}, \boldsymbol{\partial}_{j}\right)=-\nabla_{\beta} n_{\alpha}\left(\partial_{i}\right)^{\alpha}\left(\partial_{j}\right)^{\beta}$. We get

$$
K_{i j}=\left(\begin{array}{cc}
K_{\theta \theta} & K_{\theta \varphi}  \tag{2.58}\\
K_{\varphi \theta} & K_{\varphi \varphi}
\end{array}\right)=\left(\begin{array}{cc}
-R & 0 \\
0 & -R \sin ^{2} \theta
\end{array}\right)=-\frac{1}{R} \gamma_{i j}
$$

The trace of $\boldsymbol{K}$ with respect to $\gamma$ is then

$$
\begin{equation*}
K=-\frac{2}{R} \tag{2.59}
\end{equation*}
$$

With these examples, we have encountered hypersurfaces with intrinsic and extrinsic curvature both vanishing (the plane), the intrinsic curvature vanishing but not the extrinsic one (the cylinder), and with both curvatures non vanishing (the sphere). As we shall see in Sec. 2.5, the extrinsic curvature is not fully independent from the intrinsic one: they are related by the Gauss equation.

### 2.4 Spacelike hypersurface

From now on, we focus on spacelike hypersurfaces, i.e. hypersurfaces $\Sigma$ such that the induced metric $\gamma$ is definite positive (Riemannian), or equivalently such that the unit normal vector $\boldsymbol{n}$ is timelike (cf. Secs. 2.3.1 and 2.3.2).

### 2.4.1 The orthogonal projector

At each point $p \in \Sigma$, the space of all spacetime vectors can be orthogonally decomposed as

$$
\begin{equation*}
\mathcal{T}_{p}(\mathcal{M})=\mathcal{T}_{p}(\Sigma) \oplus \operatorname{Vect}(\boldsymbol{n}) \tag{2.60}
\end{equation*}
$$

where $\operatorname{Vect}(\boldsymbol{n})$ stands for the 1-dimensional subspace of $\mathcal{T}_{p}(\mathcal{M})$ generated by the vector $\boldsymbol{n}$.
Remark : The orthogonal decomposition (2.60) holds for spacelike and timelike hypersurfaces, but not for the null ones. Indeed for any normal $\boldsymbol{n}$ to a null hypersurface $\Sigma$, $\operatorname{Vect}(\boldsymbol{n}) \subset$ $\mathcal{T}_{p}(\Sigma)$.

The orthogonal projector onto $\Sigma$ is the operator $\vec{\gamma}$ associated with the decomposition (2.60) according to

$$
\begin{array}{rlc}
\vec{\gamma}: \mathcal{T}_{p}(\mathcal{M}) & \longrightarrow & \mathcal{T}_{p}(\Sigma) \\
\boldsymbol{v} & \longmapsto \boldsymbol{v}+(\boldsymbol{n} \cdot \boldsymbol{v}) \boldsymbol{n}  \tag{2.61}\\
\hline
\end{array}
$$

In particular, as a direct consequence of $\boldsymbol{n} \cdot \boldsymbol{n}=-1, \vec{\gamma}$ satisfies

$$
\begin{equation*}
\vec{\gamma}(\boldsymbol{n})=0 . \tag{2.62}
\end{equation*}
$$

Besides, it reduces to the identity operator for any vector tangent to $\Sigma$ :

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}_{p}(\Sigma), \quad \vec{\gamma}(\boldsymbol{v})=\boldsymbol{v} \tag{2.63}
\end{equation*}
$$

According to Eq. (2.61), the components of $\vec{\gamma}$ with respect to any basis $\left(\boldsymbol{e}_{\alpha}\right)$ of $\mathcal{T}_{p}(\mathcal{M})$ are

$$
\begin{equation*}
\gamma^{\alpha}{ }_{\beta}=\delta^{\alpha}{ }_{\beta}+n^{\alpha} n_{\beta} \text {. } \tag{2.64}
\end{equation*}
$$

We have noticed in Sec. 2.3.1 that the embedding $\Phi$ of $\Sigma$ in $\mathcal{M}$ induces a mapping $\mathcal{T}_{p}(\Sigma) \rightarrow$ $\mathcal{T}_{p}(\mathcal{M})$ (push-forward) and a mapping $\mathcal{T}_{p}^{*}(\mathcal{M}) \rightarrow \mathcal{T}_{p}^{*}(\Sigma)$ (pull-back), but does not provide any mapping in the reverse ways, i.e. from $\mathcal{T}_{p}(\mathcal{M})$ to $\mathcal{T}_{p}(\Sigma)$ and from $\mathcal{T}_{p}^{*}(\Sigma)$ to $\mathcal{T}_{p}^{*}(\mathcal{M})$. The orthogonal projector naturally provides these reverse mappings: from its very definition, it is a mapping $\mathcal{T}_{p}(\mathcal{M}) \rightarrow \mathcal{T}_{p}(\Sigma)$ and we can construct from it a mapping $\vec{\gamma}_{\mathcal{M}}^{*}: \mathcal{T}_{p}^{*}(\Sigma) \rightarrow \mathcal{T}_{p}^{*}(\mathcal{M})$ by setting, for any linear form $\boldsymbol{\omega} \in \mathcal{T}_{p}^{*}(\Sigma)$,

$$
\begin{array}{rlc}
\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{\omega}: \mathcal{T}_{p}(\mathcal{M}) & \longrightarrow & \mathbb{R} \\
\boldsymbol{v} & \longmapsto \omega(\vec{\gamma}(\boldsymbol{v})) . \tag{2.65}
\end{array}
$$

This clearly defines a linear form belonging to $\mathcal{T}_{p}^{*}(\mathcal{M})$. Obviously, we can extend the operation $\vec{\gamma}_{\mathcal{M}}^{*}$ to any multilinear form $\boldsymbol{A}$ acting on $\mathcal{T}_{p}(\Sigma)$, by setting

$$
\begin{array}{cccc}
\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{A}: & \mathcal{T}_{p}(\mathcal{M})^{n} & \longrightarrow & \mathbb{R}  \tag{2.66}\\
\left(\boldsymbol{v}_{1}, \ldots, \boldsymbol{v}_{n}\right) & \longmapsto & \boldsymbol{A}\left(\vec{\gamma}\left(\boldsymbol{v}_{1}\right), \ldots, \vec{\gamma}\left(\boldsymbol{v}_{n}\right)\right) .
\end{array}
$$

Let us apply this definition to the bilinear form on $\Sigma$ constituted by the induced metric $\gamma$ : $\vec{\gamma}_{\mathcal{M}}^{*} \gamma$ is then a bilinear form on $\mathcal{M}$, which coincides with $\gamma$ if its two arguments are vectors tangent to $\Sigma$ and which gives zero if any of its argument is a vector orthogonal to $\Sigma$, i.e. parallel to $\boldsymbol{n}$.

Since it constitutes an "extension" of $\gamma$ to all vectors in $\mathcal{T}_{p}(\mathcal{M})$, we shall denote it by the same symbol:

$$
\begin{equation*}
\gamma:=\vec{\gamma}_{\mathcal{M}}^{*} \gamma \text {. } \tag{2.67}
\end{equation*}
$$

This extended $\gamma$ can be expressed in terms of the metric tensor $\boldsymbol{g}$ and the linear form $\underline{\boldsymbol{n}}$ dual to the normal vector $\boldsymbol{n}$ according to

$$
\begin{equation*}
\gamma=\boldsymbol{g}+\underline{n} \otimes \underline{n} . \tag{2.68}
\end{equation*}
$$

In components:

$$
\begin{equation*}
\gamma_{\alpha \beta}=g_{\alpha \beta}+n_{\alpha} n_{\beta} . \tag{2.69}
\end{equation*}
$$

Indeed, if $\boldsymbol{v}$ and $\boldsymbol{u}$ are vectors both tangent to $\Sigma, \gamma(\boldsymbol{u}, \boldsymbol{v})=\boldsymbol{g}(\boldsymbol{u}, \boldsymbol{v})+\langle\underline{\boldsymbol{n}}, \boldsymbol{u}\rangle\langle\underline{\boldsymbol{n}}, \boldsymbol{v}\rangle=\boldsymbol{g}(\boldsymbol{u}, \boldsymbol{v})+0=$ $\boldsymbol{g}(\boldsymbol{u}, \boldsymbol{v})$, and if $\boldsymbol{u}=\lambda \boldsymbol{n}$, then, for any $\boldsymbol{v} \in \mathcal{T}_{p}(\mathcal{M}), \gamma(\boldsymbol{u}, \boldsymbol{v})=\lambda \boldsymbol{g}(\boldsymbol{n}, \boldsymbol{v})+\lambda\langle\underline{\boldsymbol{n}}, \boldsymbol{n}\rangle\langle\underline{\boldsymbol{n}}, \boldsymbol{v}\rangle=$ $\lambda[\boldsymbol{g}(\boldsymbol{n}, \boldsymbol{v})-\langle\underline{\boldsymbol{n}}, \boldsymbol{v}\rangle]=0$. This establishes Eq. (2.68). Comparing Eq. (2.69) with Eq. (2.64) justifies the notation $\vec{\gamma}$ employed for the orthogonal projector onto $\Sigma$, according to the convention set in Sec. 2.2.2 [see Eq. (2.11)]: $\vec{\gamma}$ is nothing but the "extended" induced metric $\gamma$ with the first index raised by the metric $\boldsymbol{g}$.

Similarly, we may use the $\overrightarrow{\boldsymbol{\gamma}}_{\mathcal{M}}^{*}$ operation to extend the extrinsic curvature tensor $\boldsymbol{K}$, defined a priori as a bilinear form on $\Sigma$ [Eq. (2.42)], to a bilinear form on $\mathcal{M}$, and we shall use the same symbol to denote this extension:

$$
\begin{equation*}
\boldsymbol{K}:=\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{K} \text {. } \tag{2.70}
\end{equation*}
$$

Remark : In this lecture, we will very often use such a "four-dimensional point of view", i.e. we shall treat tensor fields defined on $\Sigma$ as if they were defined on $\mathcal{M}$. For covariant tensors (multilinear forms), if not mentioned explicitly, the four-dimensional extension is performed via the $\vec{\gamma}_{\mathcal{M}}^{*}$ operator, as above for $\boldsymbol{\gamma}$ and $\boldsymbol{K}$. For contravariant tensors, the identification is provided by the push-forward mapping $\Phi_{*}$ discussed in Sec. 2.3.1. This four-dimensional point of view has been advocated by Carter [80, 81, 82] and results in an easier manipulation of tensors defined in $\Sigma$, by treating them as ordinary tensors on $\mathcal{M}$. In particular this avoids the introduction of special coordinate systems and complicated notations.

In addition to the extension of three dimensional tensors to four dimensional ones, we use the orthogonal projector $\vec{\gamma}$ to define an "orthogonal projection operation" for all tensors on $\mathcal{M}$ in the following way. Given a tensor $\boldsymbol{T}$ of type $\binom{p}{q}$ on $\mathcal{M}$, we denote by $\vec{\gamma}^{*} \boldsymbol{T}$ another tensor on $\mathcal{M}$, of the same type and such that its components in any basis $\left(\boldsymbol{e}_{\alpha}\right)$ of $\mathcal{T}_{p}(\mathcal{M})$ are expressed in terms of those of $\boldsymbol{T}$ by

$$
\begin{equation*}
\left(\vec{\gamma}^{*} \boldsymbol{T}\right)^{\alpha_{1} \ldots \alpha_{p}}{ }_{\beta_{1} \ldots \beta_{q}}=\gamma^{\alpha_{1}}{ }_{\mu_{1}} \ldots \gamma^{\alpha_{p}}{ }_{\mu_{p}} \gamma^{\nu_{1}}{ }_{\beta_{1}} \ldots \gamma^{\nu_{q}}{ }_{\beta_{q}} T^{\mu_{1} \ldots \mu_{p}}{ }_{\nu_{1} \ldots \nu_{q}} . \tag{2.71}
\end{equation*}
$$

Notice that for any multilinear form $\boldsymbol{A}$ on $\Sigma, \vec{\gamma}^{*}\left(\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{A}\right)=\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{A}$, for a vector $\boldsymbol{v} \in \mathcal{T}_{p}(\mathcal{M})$, $\vec{\gamma}^{*} \boldsymbol{v}=\vec{\gamma}(\boldsymbol{v})$, for a linear form $\boldsymbol{\omega} \in \mathcal{T}_{p}^{*}(\mathcal{M}), \vec{\gamma}^{*} \boldsymbol{\omega}=\boldsymbol{\omega} \circ \vec{\gamma}$, and for any tensor $\boldsymbol{T}, \vec{\gamma}^{*} \boldsymbol{T}$ is tangent to $\Sigma$, in the sense that $\vec{\gamma}^{*} \boldsymbol{T}$ results in zero if one of its arguments is $\boldsymbol{n}$ or $\underline{\boldsymbol{n}}$.

### 2.4.2 Relation between $K$ and $\nabla n$

A priori the unit vector $\boldsymbol{n}$ normal to $\Sigma$ is defined only at points belonging to $\Sigma$. Let us consider some extension of $\boldsymbol{n}$ in an open neighbourhood of $\Sigma$. If $\Sigma$ is a level surface of some scalar field $t$, such a natural extension is provided by the gradient of $t$, according to Eq. (2.30). Then the tensor fields $\nabla \boldsymbol{n}$ and $\boldsymbol{\nabla} \underline{\boldsymbol{n}}$ are well defined quantities. In particular, we can introduce the vector

$$
\begin{equation*}
a:=\nabla_{n} n . \tag{2.72}
\end{equation*}
$$

Since $\boldsymbol{n}$ is a timelike unit vector, it can be regarded as the 4 -velocity of some observer, and $\boldsymbol{a}$ is then the corresponding 4 -acceleration. $\boldsymbol{a}$ is orthogonal to $\boldsymbol{n}$ and hence tangent to $\Sigma$, since $\boldsymbol{n} \cdot \boldsymbol{a}=\boldsymbol{n} \cdot \boldsymbol{\nabla}_{\boldsymbol{n}} \boldsymbol{n}=1 / 2 \boldsymbol{\nabla}_{\boldsymbol{n}}(\boldsymbol{n} \cdot \boldsymbol{n})=1 / 2 \boldsymbol{\nabla}_{\boldsymbol{n}}(-1)=0$.

Let us make explicit the definition of the tensor $\boldsymbol{K}$ extend to $\mathcal{M}$ by Eq. (2.70). From the definition of the operator $\vec{\gamma}_{\mathcal{M}}^{*}$ [Eq. (2.66)] and the original definition of $\boldsymbol{K}$ [Eq. (2.43)], we have

$$
\begin{align*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}_{p}(\mathcal{M})^{2}, \quad \boldsymbol{K}(\boldsymbol{u}, \boldsymbol{v})= & \boldsymbol{K}(\vec{\gamma}(\boldsymbol{u}), \vec{\gamma}(\boldsymbol{v}))=-\vec{\gamma}(\boldsymbol{u}) \cdot \nabla_{\vec{\gamma}(v)} \boldsymbol{n} \\
= & -\vec{\gamma}(\boldsymbol{u}) \cdot \nabla_{\boldsymbol{v}+(\boldsymbol{n} \cdot \boldsymbol{v}) \boldsymbol{n}} \boldsymbol{n} \\
= & -[\boldsymbol{u}+(\boldsymbol{n} \cdot \boldsymbol{u}) \boldsymbol{n}] \cdot\left[\nabla_{\boldsymbol{v}} \boldsymbol{n}+(\boldsymbol{n} \cdot \boldsymbol{v}) \nabla_{n} \boldsymbol{n}\right] \\
= & -\boldsymbol{u} \cdot \nabla_{\boldsymbol{v}} n-(\boldsymbol{n} \cdot \boldsymbol{v}) \boldsymbol{u} \cdot \underbrace{\nabla_{n} n}_{=a}-(\boldsymbol{n} \cdot \boldsymbol{u}) \underbrace{\boldsymbol{n} \cdot \nabla_{v} \boldsymbol{n}}_{=0} \\
& -(\boldsymbol{n} \cdot \boldsymbol{u})(\boldsymbol{n} \cdot \boldsymbol{v}) \underbrace{\boldsymbol{n} \cdot \nabla_{n} \boldsymbol{n}}_{=0} \\
= & -\boldsymbol{u} \cdot \nabla_{v} \boldsymbol{n}-(\boldsymbol{a} \cdot \boldsymbol{u})(\boldsymbol{n} \cdot \boldsymbol{v}), \\
= & -\nabla \underline{\boldsymbol{n}}(\boldsymbol{u}, \boldsymbol{v})-\langle\underline{a}, \boldsymbol{u}\rangle\langle\underline{\boldsymbol{n}}, \boldsymbol{v}\rangle, \tag{2.73}
\end{align*}
$$

where we have used the fact that $\boldsymbol{n} \cdot \boldsymbol{n}=-1$ to set $\boldsymbol{n} \cdot \boldsymbol{\nabla}_{\boldsymbol{x}} \boldsymbol{n}=0$ for any vector $\boldsymbol{x}$. Since Eq. (2.73) is valid for any pair of vectors $(\boldsymbol{u}, \boldsymbol{v})$ in $\mathcal{T}_{p}(\mathcal{M})$, we conclude that

$$
\begin{equation*}
\nabla \underline{n}=-K-\underline{a} \otimes \underline{n} \text {. } \tag{2.74}
\end{equation*}
$$

In components:

$$
\begin{equation*}
\nabla_{\beta} n_{\alpha}=-K_{\alpha \beta}-a_{\alpha} n_{\beta} \text {. } \tag{2.75}
\end{equation*}
$$

Notice that Eq. (2.74) implies that the (extended) extrinsic curvature tensor is nothing but the gradient of the 1 -form $\underline{\boldsymbol{n}}$ to which the projector operator $\overrightarrow{\boldsymbol{\gamma}}^{*}$ is applied:

$$
\begin{equation*}
K=-\vec{\gamma}^{*} \nabla \underline{n} \text {. } \tag{2.76}
\end{equation*}
$$

Remark : Whereas the bilinear form $\boldsymbol{\nabla} \underline{\boldsymbol{n}}$ is a priori not symmetric, its projected part $-\boldsymbol{K}$ is a symmetric bilinear form.

Taking the trace of Eq. (2.74) with respect to the metric $\boldsymbol{g}$ (i.e. contracting Eq. (2.75) with $\left.g^{\alpha \beta}\right)$ yields a simple relation between the divergence of the vector $\boldsymbol{n}$ and the trace of the extrinsic curvature tensor:

$$
\begin{equation*}
K=-\boldsymbol{\nabla} \cdot \boldsymbol{n} \text {. } \tag{2.77}
\end{equation*}
$$

### 2.4.3 Links between the $\nabla$ and $D$ connections

Given a tensor field $\boldsymbol{T}$ on $\Sigma$, its covariant derivative $\boldsymbol{D} \boldsymbol{T}$ with respect to the Levi-Civita connection $\boldsymbol{D}$ of the metric $\boldsymbol{\gamma}$ (cf. Sec. 2.3.3) is expressible in terms of the covariant derivative $\boldsymbol{\nabla} \boldsymbol{T}$ with respect to the spacetime connection $\boldsymbol{\nabla}$ according to the formula

$$
\begin{equation*}
D T=\vec{\gamma}^{*} \nabla T \tag{2.78}
\end{equation*}
$$

the component version of which is [cf. Eq. (2.71)]:

$$
\begin{equation*}
D_{\rho} T^{\alpha_{1} \ldots \alpha_{p}}{ }_{\beta_{1} \ldots \beta_{q}}=\gamma^{\alpha_{1}}{ }_{\mu_{1}} \cdots \gamma^{\alpha_{p}}{ }_{\mu_{p}} \gamma^{\nu_{1}}{ }_{\beta_{1}} \cdots \gamma^{\nu_{q}}{ }_{\beta_{q}} \gamma^{\sigma}{ }_{\rho} \nabla_{\sigma} T^{\mu_{1} \ldots \mu_{p}}{ }_{\nu_{1} \ldots \nu_{q}} \text {. } \tag{2.79}
\end{equation*}
$$

Various comments are appropriate: first of all, the $\boldsymbol{T}$ in the right-hand side of Eq. (2.78) should be the four-dimensional extension $\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{T}$ provided by Eq. (2.66). Following the remark made above, we write $\boldsymbol{T}$ instead of $\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{T}$. Similarly the right-hand side should write $\overrightarrow{\boldsymbol{\gamma}}_{\mathcal{M}}^{*} \boldsymbol{D T}$, so that Eq. (2.78) is a equality between tensors on $\mathcal{M}$. Therefore the rigorous version of Eq. (2.78) is

$$
\begin{equation*}
\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{D T}=\vec{\gamma}^{*}\left[\nabla\left(\vec{\gamma}_{\mathcal{M}}^{*} \boldsymbol{T}\right)\right] . \tag{2.80}
\end{equation*}
$$

Besides, even if $\boldsymbol{T}:=\overrightarrow{\boldsymbol{\gamma}}_{\mathcal{M}}^{*} \boldsymbol{T}$ is a four-dimensional tensor, its suppport (domain of definition) remains the hypersurface $\Sigma$. In order to define the covariant derivative $\boldsymbol{\nabla} \boldsymbol{T}$, the support must be an open set of $\mathcal{M}$, which $\Sigma$ is not. Accordingly, one must first construct some extension $\boldsymbol{T}^{\prime}$ of $\boldsymbol{T}$ in an open neighbourhood of $\Sigma$ in $\mathcal{M}$ and then compute $\boldsymbol{\nabla} \boldsymbol{T}^{\prime}$. The key point is that thanks to the operator $\vec{\gamma}^{*}$ acting on $\boldsymbol{\nabla} \boldsymbol{T}^{\prime}$, the result does not depend of the choice of the extension $\boldsymbol{T}^{\prime}$, provided that $\boldsymbol{T}^{\prime}=\boldsymbol{T}$ at every point in $\Sigma$.

The demonstration of the formula (2.78) takes two steps. First, one can show easily that $\vec{\gamma}^{*} \boldsymbol{\nabla}$ (or more precisely the pull-back of $\vec{\gamma}^{*} \nabla \vec{\gamma}_{\mathcal{M}}^{*}$ ) is a torsion-free connection on $\Sigma$, for it satisfies all the defining properties of a connection (linearity, reduction to the gradient for a scalar field, commutation with contractions and Leibniz' rule) and its torsion vanishes. Secondly, this connection vanishes when applied to the metric tensor $\boldsymbol{\gamma}$ : indeed, using Eqs. (2.71) and (2.69),

$$
\begin{align*}
\left(\vec{\gamma}^{*} \nabla \gamma\right)_{\alpha \beta \gamma} & =\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \gamma^{\rho}{ }_{\gamma} \nabla_{\rho} \gamma_{\mu \nu} \\
& =\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \gamma^{\rho}{ }_{\gamma}(\underbrace{\nabla_{\rho} g_{\mu \nu}}_{=0}+\nabla_{\rho} n_{\mu} n_{\nu}+n_{\mu} \nabla_{\rho} n_{\nu}) \\
& =\gamma^{\rho}{ }_{\gamma}(\gamma^{\mu}{ }_{\alpha} \underbrace{\gamma^{\nu}{ }_{\beta} n_{\nu} \nabla_{\rho} n_{\mu}}_{=0}+\underbrace{\gamma^{\mu}{ }_{\alpha} n_{\mu}}_{=0} \nabla_{\rho} n_{\nu}) \\
& =0 . \tag{2.81}
\end{align*}
$$

Invoking the uniqueness of the torsion-free connection associated with a given non-degenerate metric (the Levi-Civita connection, cf. Sec. 2.IV. 2 of N. Deruelle's lecture [108]), we conclude that necessarily $\vec{\gamma}^{*} \nabla=D$.

One can deduce from Eq. (2.78) an interesting formula about the derivative of a vector field $\boldsymbol{v}$ along another vector field $\boldsymbol{u}$, when both vectors are tangent to $\Sigma$. Indeed, from Eq. (2.78),

$$
\begin{align*}
\left(\boldsymbol{D}_{u} \boldsymbol{v}\right)^{\alpha} & =u^{\sigma} D_{\sigma} v^{\alpha}=\underbrace{u^{\sigma} \gamma^{\nu}}_{=u^{\nu}} \gamma^{\gamma^{\alpha}}{ }_{\mu} \nabla_{\nu} v^{\mu}=u^{\nu}\left(\delta^{\alpha}{ }_{\mu}+n^{\alpha} n_{\mu}\right) \nabla_{\nu} v^{\mu} \\
& =u^{\nu} \nabla_{\nu} v^{\alpha}+n^{\alpha} u^{\nu} \underbrace{n_{\mu} \nabla_{\nu} v^{\mu}}_{=-v^{\mu} \nabla_{\nu} n_{\mu}}=u^{\nu} \nabla_{\nu} v^{\alpha}-n^{\alpha} u^{\nu} v^{\mu} \nabla_{\mu} n_{\nu}, \tag{2.82}
\end{align*}
$$



Figure 2.5: In the Euclidean space $\mathbb{R}^{3}$, the plane $\Sigma$ is a totally geodesic hypersurface, for the geodesic between two points $A$ and $B$ within ( $\Sigma, \gamma)$ (solid line) coincides with the geodesic in the ambient space (dashed line). On the contrary, for the sphere, the two geodesics are distinct, whatever the position of points $A$ and $B$.
where we have used $n_{\mu} v^{\mu}=0(\boldsymbol{v}$ being tangent to $\Sigma)$ to write $n_{\mu} \nabla_{\nu} v^{\mu}=-v^{\mu} \nabla_{\nu} n_{\mu}$. Now, from Eq. (2.43), $-u^{\nu} v^{\mu} \nabla_{\mu} n_{\nu}=\boldsymbol{K}(\boldsymbol{u}, \boldsymbol{v})$, so that the above formula becomes

$$
\begin{equation*}
\forall(u, v) \in \mathcal{T}(\Sigma) \times \mathcal{T}(\Sigma), \quad D_{\boldsymbol{u}} v=\nabla_{u} v+K(u, v) n . \tag{2.83}
\end{equation*}
$$

This equation provides another interpretation of the extrinsic curvature tensor $\boldsymbol{K}$ : $\boldsymbol{K}$ measures the deviation of the derivative of any vector of $\Sigma$ along another vector of $\Sigma$, taken with the intrinsic connection $\boldsymbol{D}$ of $\Sigma$ from the derivative taken with the spacetime connection $\boldsymbol{\nabla}$. Notice from Eq. (2.83) that this deviation is always in the direction of the normal vector $\boldsymbol{n}$.

Consider a geodesic curve $\mathcal{L}$ in $(\Sigma, \gamma)$ and the tangent vector $\boldsymbol{u}$ associated with some affine parametrization of $\mathcal{L}$. Then $\boldsymbol{D}_{\boldsymbol{u}} \boldsymbol{u}=0$ and Eq. (2.83) leads to $\boldsymbol{\nabla}_{\boldsymbol{u}} \boldsymbol{u}=-\boldsymbol{K}(\boldsymbol{u}, \boldsymbol{u}) \boldsymbol{n}$. If $\mathcal{L}$ were a geodesic of $(\mathcal{M}, \boldsymbol{g})$, one should have $\boldsymbol{\nabla}_{\boldsymbol{u}} \boldsymbol{u}=\kappa \boldsymbol{u}$, for some non-affinity parameter $\kappa$. Since $\boldsymbol{u}$ is never parallel to $\boldsymbol{n}$, we conclude that the extrinsic curvature tensor $\boldsymbol{K}$ measures the failure of a geodesic of $(\Sigma, \gamma)$ to be a geodesic of $(\mathcal{M}, \boldsymbol{g})$. Only in the case where $\boldsymbol{K}$ vanishes, the two notions of geodesics coincide. For this reason, hypersurfaces for which $\boldsymbol{K}=0$ are called totally geodesic hypersurfaces.

Example : The plane in the Euclidean space $\mathbb{R}^{3}$ discussed as Example 1 in Sec. 2.3.5 is a totally geodesic hypersurface: $\boldsymbol{K}=0$. This is obvious since the geodesics of the plane are straight lines, which are also geodesics of $\mathbb{R}^{3}$ (cf. Fig. 2.5). A counter-example is provided by the sphere embedded in $\mathbb{R}^{3}$ (Example 3 in Sec. 2.3.5): given two points $A$ and $B$, the geodesic curve with respect to $(\Sigma, \gamma)$ joining them is a portion of a sphere's great circle, whereas from the point of view of $\mathbb{R}^{3}$, the geodesic from $A$ to $B$ is a straight line (cf. Fig. 2.5).

### 2.5 Gauss-Codazzi relations

We derive here equations that will constitute the basis of the $3+1$ formalism for general relativity. They are decompositions of the spacetime Riemann tensor, ${ }^{4}$ Riem [Eq. (2.12)], in terms of quantities relative to the spacelike hypersurface $\Sigma$, namely the Riemann tensor associated with the induced metric $\boldsymbol{\gamma}$, Riem [Eq. (2.34)] and the extrinsic curvature tensor of $\Sigma, \boldsymbol{K}$.

### 2.5.1 Gauss relation

Let us consider the Ricci identity (2.34) defining the (three-dimensional) Riemann tensor Riem as measuring the lack of commutation of two successive covariant derivatives with respect to the connection $\boldsymbol{D}$ associated with $\Sigma$ 's metric $\gamma$. The four-dimensional version of this identity is

$$
\begin{equation*}
D_{\alpha} D_{\beta} v^{\gamma}-D_{\beta} D_{\alpha} v^{\gamma}=R_{\mu \alpha \beta}^{\gamma} v^{\mu}, \tag{2.84}
\end{equation*}
$$

where $\boldsymbol{v}$ is a generic vector field tangent to $\Sigma$. Let us use formula (2.79) which relates the $D$-derivative to the $\boldsymbol{\nabla}$-derivative, to write

$$
\begin{equation*}
D_{\alpha} D_{\beta} v^{\gamma}=D_{\alpha}\left(D_{\beta} v^{\gamma}\right)=\gamma_{\alpha}^{\mu} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho} \nabla_{\mu}\left(D_{\nu} v^{\rho}\right) . \tag{2.85}
\end{equation*}
$$

Using again formula (2.79) to express $D_{\nu} v^{\rho}$ yields

$$
\begin{equation*}
D_{\alpha} D_{\beta} v^{\gamma}=\gamma_{\alpha}^{\mu} \gamma_{\beta}^{\nu} \gamma^{\gamma}{ }_{\rho} \nabla_{\mu}\left(\gamma^{\sigma}{ }_{\nu} \gamma_{\lambda}^{\rho} \nabla_{\sigma} v^{\lambda}\right) . \tag{2.86}
\end{equation*}
$$

Let us expand this formula by making use of Eq. (2.64) to write $\nabla_{\mu} \gamma^{\sigma}{ }_{\nu}=\nabla_{\mu}\left(\delta^{\sigma}{ }_{\nu}+n^{\sigma} n_{\nu}\right)=$ $\nabla_{\mu} n^{\sigma} n_{\nu}+n^{\sigma} \nabla_{\mu} n_{\nu}$. Since $\gamma^{\nu}{ }_{\beta} n_{\nu}=0$, we get

$$
\begin{align*}
D_{\alpha} D_{\beta} v^{\gamma} & =\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho}(n^{\sigma} \nabla_{\mu} n_{\nu} \gamma^{\rho}{ }_{\lambda} \nabla_{\sigma} v^{\lambda}+\gamma^{\sigma}{ }_{\nu} \nabla_{\mu} n^{\rho} \underbrace{n_{\lambda} \nabla_{\sigma} v^{\lambda}}_{=-v^{\lambda} \nabla_{\sigma} n_{\lambda}}+\gamma_{\nu}^{\sigma} \gamma^{\rho}{ }_{\lambda} \nabla_{\mu} \nabla_{\sigma} v^{\lambda}) \\
& =\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\lambda} \nabla_{\mu} n_{\nu} n^{\sigma} \nabla_{\sigma} v^{\lambda}-\gamma^{\mu}{ }_{\alpha} \gamma^{\sigma}{ }_{\beta} \gamma^{\gamma}{ }_{\rho} v^{\lambda} \nabla_{\mu} n^{\rho} \nabla_{\sigma} n_{\lambda}+\gamma^{\mu}{ }_{\alpha} \gamma^{\sigma}{ }_{\beta} \gamma^{\gamma}{ }_{\lambda} \nabla_{\mu} \nabla_{\sigma} v^{\lambda} \\
& =-K_{\alpha \beta} \gamma^{\gamma}{ }_{\lambda} n^{\sigma} \nabla_{\sigma} v^{\lambda}-K^{\gamma}{ }_{\alpha} K_{\beta \lambda} v^{\lambda}+\gamma^{\mu}{ }_{\alpha} \gamma^{\sigma}{ }_{\beta} \gamma^{\gamma}{ }_{\lambda} \nabla_{\mu} \nabla_{\sigma} v^{\lambda}, \tag{2.87}
\end{align*}
$$

where we have used the idempotence of the projection operator $\vec{\gamma}$, i.e. $\gamma^{\gamma}{ }_{\rho} \gamma^{\rho}{ }_{\lambda}=\gamma^{\gamma}{ }_{\lambda}$ to get the second line and $\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \nabla_{\mu} n_{\nu}=-K_{\beta \alpha}$ [Eq. (2.76)] to get the third one. When we permute the indices $\alpha$ and $\beta$ and substract from Eq. (2.87) to form $D_{\alpha} D_{\beta} v^{\gamma}-D_{\beta} D_{\gamma} v^{\gamma}$, the first term vanishes since $K_{\alpha \beta}$ is symmetric in $(\alpha, \beta)$. There remains

$$
\begin{equation*}
D_{\alpha} D_{\beta} v^{\gamma}-D_{\beta} D_{\gamma} v^{\gamma}=\left(K_{\alpha \mu} K_{\beta}^{\gamma}-K_{\beta \mu} K_{\alpha}^{\gamma}\right) v^{\mu}+\gamma_{\alpha}^{\rho} \gamma_{\beta}^{\sigma} \gamma_{\lambda}^{\gamma}\left(\nabla_{\rho} \nabla_{\sigma} v^{\lambda}-\nabla_{\sigma} \nabla_{\rho} v^{\lambda}\right) . \tag{2.88}
\end{equation*}
$$

Now the Ricci identity (2.13) for the connection $\boldsymbol{\nabla}$ gives $\nabla_{\rho} \nabla_{\sigma} v^{\lambda}-\nabla_{\sigma} \nabla_{\rho} v^{\lambda}={ }^{4} R^{\lambda}{ }_{\mu \rho \sigma} v^{\mu}$. Therefore

$$
\begin{equation*}
D_{\alpha} D_{\beta} v^{\gamma}-D_{\beta} D_{\gamma} v^{\gamma}=\left(K_{\alpha \mu} K_{\beta}^{\gamma}-K_{\beta \mu} K_{\alpha}^{\gamma}\right) v^{\mu}+\gamma_{\alpha}^{\rho} \gamma_{\beta}^{\sigma} \gamma_{\lambda}^{\gamma}{ }_{\lambda}^{4} R^{\lambda}{ }_{\mu \rho \sigma} v^{\mu} . \tag{2.89}
\end{equation*}
$$

Substituting this relation for the left-hand side of Eq. (2.84) results in

$$
\begin{equation*}
\left(K_{\alpha \mu} K_{\beta}^{\gamma}-K_{\beta \mu} K_{\alpha}^{\gamma}\right) v^{\mu}+\gamma_{\alpha}^{\rho} \gamma^{\sigma}{ }_{\beta} \gamma_{\lambda}^{\gamma}{ }_{\lambda} R^{\lambda}{ }_{\mu \rho \sigma} v^{\mu}=R^{\gamma}{ }_{\mu \alpha \beta} v^{\mu}, \tag{2.90}
\end{equation*}
$$

or equivalently, since $v^{\mu}=\gamma^{\mu}{ }_{\sigma} v^{\sigma}$,

$$
\begin{equation*}
\gamma_{\alpha}^{\mu} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho} \gamma^{\sigma}{ }_{\lambda}{ }^{4} R^{\rho}{ }_{\sigma \mu \nu} v^{\lambda}=R^{\gamma}{ }_{\lambda \alpha \beta} v^{\lambda}+\left(K_{\alpha}^{\gamma} K_{\lambda \beta}-K_{\beta}^{\gamma} K_{\alpha \lambda}\right) v^{\lambda} . \tag{2.91}
\end{equation*}
$$

In this identity, $\boldsymbol{v}$ can be replaced by any vector of $\mathcal{T}(\mathcal{M})$ without changing the results, thanks to the presence of the projector operator $\vec{\gamma}$ and to the fact that both $\boldsymbol{K}$ and Riem are tangent to $\Sigma$. Therefore we conclude that

$$
\begin{equation*}
\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho} \gamma^{\sigma}{ }_{\delta}^{4} R^{\rho}{ }_{\sigma \mu \nu}=R^{\gamma}{ }_{\delta \alpha \beta}+K^{\gamma}{ }_{\alpha} K_{\delta \beta}-K_{\beta}^{\gamma} K_{\alpha \delta} . \tag{2.92}
\end{equation*}
$$

This is the Gauss relation.
If we contract the Gauss relation on the indices $\gamma$ and $\alpha$ and use $\gamma^{\mu}{ }_{\alpha} \gamma^{\alpha}{ }_{\rho}=\gamma^{\mu}{ }_{\rho}=\delta^{\mu}{ }_{\rho}+n^{\mu} n_{\rho}$, we obtain an expression that lets appear the Ricci tensors ${ }^{4} \boldsymbol{R}$ and $\boldsymbol{R}$ associated with $\boldsymbol{g}$ and $\boldsymbol{\gamma}$ respectively:

$$
\begin{equation*}
\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta}^{4} R_{\mu \nu}+\gamma_{\alpha \mu} n^{\nu} \gamma_{\beta}^{\rho}{ }_{\beta} n^{\sigma} R^{\mu}{ }_{\nu \rho \sigma}=R_{\alpha \beta}+K K_{\alpha \beta}-K_{\alpha \mu} K_{\beta}^{\mu} . \tag{2.93}
\end{equation*}
$$

We call this equation the contracted Gauss relation. Let us take its trace with respect to $\gamma$, taking into account that $K^{\mu}{ }_{\mu}=K^{i}{ }_{i}=K, K_{\mu \nu} K^{\mu \nu}=K_{i j} K^{i j}$ and

$$
\begin{equation*}
\gamma^{\alpha \beta} \gamma_{\alpha \mu} n^{\nu} \gamma^{\rho}{ }_{\beta} n^{\sigma}{ }^{4} R^{\mu}{ }_{\nu \rho \sigma}=\gamma^{\rho}{ }_{\mu} n^{\nu} n^{\sigma 4} R^{\mu}{ }_{\nu \rho \sigma}=\underbrace{{ }^{4} R^{\mu}{ }_{\nu \mu \sigma}}_{={ }^{4} R_{\nu \sigma}} n^{\nu} n^{\sigma}+\underbrace{{ }^{4} R^{\mu}{ }_{\nu \rho \sigma} n^{\rho} n_{\mu} n^{\nu} n^{\sigma}}_{=0}={ }^{4} R_{\mu \nu} n^{\mu} n^{\nu} . \tag{2.94}
\end{equation*}
$$

We obtain

$$
\begin{equation*}
{ }^{4} R+2{ }^{4} R_{\mu \nu} n^{\mu} n^{\nu}=R+K^{2}-K_{i j} K^{i j} . \tag{2.95}
\end{equation*}
$$

Let us call this equation the scalar Gauss relation. It constitutes a generalization of Gauss' famous Theorema Egregium (remarkable theorem) [52, 53]. It relates the intrinsic curvature of $\Sigma$, represented by the Ricci scalar $R$, to its extrinsic curvature, represented by $K^{2}-K_{i j} K^{i j}$. Actually, the original version of Gauss' theorem was for two-dimensional surfaces embedded in the Euclidean space $\mathbb{R}^{3}$. Since the curvature of the latter is zero, the left-hand side of Eq. (2.95) vanishes identically in this case. Moreover, the metric $\boldsymbol{g}$ of the Euclidean space $\mathbb{R}^{3}$ is Riemannian, not Lorentzian. Consequently the term $K^{2}-K_{i j} K^{i j}$ has the opposite sign, so that Eq. (2.95) becomes

$$
\begin{equation*}
R-K^{2}+K_{i j} K^{i j}=0 \quad(\boldsymbol{g} \text { Euclidean }) \tag{2.96}
\end{equation*}
$$

This change of sign stems from the fact that for a Riemannian ambient metric, the unit normal vector $\boldsymbol{n}$ is spacelike and the orthogonal projector is $\gamma^{\alpha}{ }_{\beta}=\delta^{\alpha}{ }_{\beta}-n^{\alpha} n_{\beta}$ instead of $\gamma^{\alpha}{ }_{\beta}=\delta^{\alpha}{ }_{\beta}+n^{\alpha} n_{\beta}$ [the latter form has been used explicitly in the calculation leading to Eq. (2.87)]. Moreover, in dimension 2, formula (2.96) can be simplified by letting appear the principal curvatures $\kappa_{1}$ and $\kappa_{2}$ of $\Sigma$ (cf. Sec. 2.3.4). Indeed, $\boldsymbol{K}$ can be diagonalized in an orthonormal basis (with respect to $\gamma$ ) so that $K_{i j}=\operatorname{diag}\left(\kappa_{1}, \kappa_{2}\right)$ and $K^{i j}=\operatorname{diag}\left(\kappa_{1}, \kappa_{2}\right)$. Consequently, $K=\kappa_{1}+\kappa_{2}$ and $K_{i j} K^{i j}=\kappa_{1}^{2}+\kappa_{2}^{2}$ and Eq. (2.96) becomes

$$
\begin{equation*}
R=2 \kappa_{1} \kappa_{2} \quad(\boldsymbol{g} \text { Euclidean, } \Sigma \text { dimension } 2) . \tag{2.97}
\end{equation*}
$$

Example : We may check the Theorema Egregium (2.96) for the examples of Sec. 2.3.5. It is trivial for the plane, since each term vanishes separately. For the cylinder of radius $r$, $R=0, K=-1 / r$ [Eq. (2.51)], $K_{i j} K^{i j}=1 / r^{2}$ [Eq. (2.50)], so that Eq. (2.96) is satisfied. For the sphere of radius $r$, $R=2 / r^{2}$ [Eq. (2.53)], $K=-2 / r$ [Eq. (2.59)], $K_{i j} K^{i j}=2 / r^{2}$ [Eq. (2.58)], so that Eq. (2.96) is satisfied as well.

### 2.5.2 Codazzi relation

Let us at present apply the Ricci identity (2.13) to the normal vector $\boldsymbol{n}$ (or more precisely to any extension of $\boldsymbol{n}$ around $\Sigma$, cf. Sec. 2.4.2):

$$
\begin{equation*}
\left(\nabla_{\alpha} \nabla_{\beta}-\nabla_{\beta} \nabla_{\alpha}\right) n^{\gamma}={ }^{4} R_{\mu \alpha \beta}^{\gamma} n^{\mu} \tag{2.98}
\end{equation*}
$$

If we project this relation onto $\Sigma$, we get

$$
\begin{equation*}
\gamma_{\alpha}^{\mu} \gamma_{\beta}^{\nu} \gamma_{\rho}^{\gamma}{ }_{\rho}^{4} R_{\sigma \mu \nu}^{\rho} n^{\sigma}=\gamma_{\alpha}^{\mu} \gamma_{\beta}^{\nu} \gamma_{\rho}^{\gamma}\left(\nabla_{\mu} \nabla_{\nu} n^{\rho}-\nabla_{\nu} \nabla_{\mu} n^{\rho}\right) . \tag{2.99}
\end{equation*}
$$

Now, from Eq. (2.75),

$$
\begin{align*}
\gamma_{\alpha}^{\mu} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho} \nabla_{\mu} \nabla_{\nu} n^{\rho} & =\gamma_{\alpha}^{\mu} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho} \nabla_{\mu}\left(-K^{\rho}{ }_{\nu}-a^{\rho} n_{\nu}\right) \\
& =-\gamma_{\alpha}^{\mu} \gamma^{\nu}{ }_{\beta} \gamma^{\gamma}{ }_{\rho}\left(\nabla_{\mu} K^{\rho}{ }_{\nu}+\nabla_{\mu} a^{\rho} n_{\nu}+a^{\rho} \nabla_{\mu} n_{\nu}\right) \\
& =-D_{\alpha} K^{\gamma}{ }_{\beta}+a^{\gamma} K_{\alpha \beta}, \tag{2.100}
\end{align*}
$$

where we have used Eq. (2.79), as well as $\gamma^{\nu}{ }_{\beta} n_{\nu}=0, \gamma^{\gamma}{ }_{\rho} a^{\rho}=a^{\gamma}$, and $\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \nabla_{\mu} n_{\nu}=-K_{\alpha \beta}$ to get the last line. After permutation of the indices $\alpha$ and $\beta$ and substraction from Eq. (2.100), taking into account the symmetry of $K_{\alpha \beta}$, we see that Eq. (2.99) becomes

$$
\begin{equation*}
\gamma_{\rho}^{\gamma} n^{\sigma} \gamma_{\alpha}^{\mu} \gamma_{\beta}^{\nu}{ }^{4} R_{\sigma \mu \nu}^{\rho}=D_{\beta} K_{\alpha}^{\gamma}-D_{\alpha} K_{\beta}^{\gamma} \tag{2.101}
\end{equation*}
$$

This is the Codazzi relation, also called Codazzi-Mainardi relation in the mathematical litterature [52].
Remark : Thanks to the symmetries of the Riemann tensor (cf. Sec. 2.2.3), changing the index contracted with $\boldsymbol{n}$ in Eq. (2.101) (for instance considering $n_{\rho} \gamma^{\gamma \sigma} \gamma_{\alpha}^{\mu} \gamma^{\nu}{ }_{\beta}{ }^{4} R^{\rho}{ }_{\sigma \mu \nu}$ or $\gamma^{\gamma}{ }_{\rho} \gamma_{\alpha}^{\sigma} n^{\mu} \gamma^{\nu}{ }_{\beta}{ }^{4} R^{\rho}{ }_{\sigma \mu \nu}$ ) would not give an independent relation: at most it would result in a change of sign of the right-hand side.

Contracting the Codazzi relation on the indices $\alpha$ and $\gamma$ yields to

$$
\begin{equation*}
\gamma_{\rho}^{\mu} n^{\sigma} \gamma_{\beta}^{\nu}{ }^{4} R_{\sigma \mu \nu}^{\rho}=D_{\beta} K-D_{\mu} K_{\beta}^{\mu} \tag{2.102}
\end{equation*}
$$

with $\gamma_{\rho}^{\mu} n^{\sigma} \gamma_{\beta}{ }_{\beta}{ }^{4} R^{\rho}{ }_{\sigma \mu \nu}=\left(\delta^{\mu}{ }_{\rho}+n^{\mu} n_{\rho}\right) n^{\sigma} \gamma^{\nu}{ }_{\beta}{ }^{4} R^{\rho}{ }_{\sigma \mu \nu}=n^{\sigma} \gamma_{\beta}{ }_{\beta}{ }^{4} R_{\sigma \nu}+\gamma_{\beta}{ }_{\beta}{ }^{4} R^{\rho}{ }_{\sigma \mu \nu} n_{\rho} n^{\sigma} n^{\mu}$. Now, from the antisymmetry of the Riemann tensor with respect to its first two indices [Eq. (2.14), the last term vanishes, so that one is left with

$$
\begin{equation*}
\gamma_{\alpha}^{\mu} n^{\nu 4} R_{\mu \nu}=D_{\alpha} K-D_{\mu} K_{\alpha}^{\mu} \tag{2.103}
\end{equation*}
$$

We shall call this equation the contracted Codazzi relation.

Example : The Codazzi relation is trivially satisfied by the three examples of Sec. 2.3 .5 because the Riemann tensor vanishes for the Euclidean space $\mathbb{R}^{3}$ and for each of the considered surfaces, either $\boldsymbol{K}=0$ (plane) or $\boldsymbol{K}$ is constant on $\Sigma$, in the sense that $\boldsymbol{D} \boldsymbol{K}=0$.

## Chapter 3

## Geometry of foliations

## Contents

3.1 Introduction ..... 39
3.2 Globally hyperbolic spacetimes and foliations ..... 39
3.3 Foliation kinematics ..... 41
3.4 Last part of the $3+1$ decomposition of the Riemann tensor ..... 47

### 3.1 Introduction

In the previous chapter, we have studied a single hypersurface $\Sigma$ embedded in the spacetime $(\mathcal{M}, \boldsymbol{g})$. At present, we consider a continuous set of hypersurfaces $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ that covers the manifold $\mathcal{M}$. This is possible for a wide class of spacetimes to which we shall restrict ourselves: the so-called globally hyperbolic spacetimes. Actually the latter ones cover most of the spacetimes of astrophysical or cosmological interest. Again the title of this chapter is "Geometry...", since as in Chap. 2, all the results are independent of the Einstein equation.

### 3.2 Globally hyperbolic spacetimes and foliations

### 3.2.1 Globally hyperbolic spacetimes

A Cauchy surface is a spacelike hypersurface $\Sigma$ in $\mathcal{M}$ such that each causal (i.e. timelike or null) curve without end point intersects $\Sigma$ once and only once [156]. Equivalently, $\Sigma$ is a Cauchy surface iff its domain of dependence is the whole spacetime $\mathcal{M}$. Not all spacetimes admit a Cauchy surface. For instance spacetimes with closed timelike curves do not. Other examples are provided in Ref. [131]. A spacetime $(\mathcal{M}, \boldsymbol{g})$ that admits a Cauchy surface $\Sigma$ is said to be globally hyperbolic. The name globally hyperbolic stems from the fact that the scalar wave equation is well posed,


Figure 3.1: Foliation of the spacetime $\mathcal{M}$ by a family of spacelike hypersurfaces $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$.

The topology of a globally hyperbolic spacetime $\mathcal{M}$ is necessarily $\Sigma \times \mathbb{R}$ (where $\Sigma$ is the Cauchy surface entering in the definition of global hyperbolicity).

Remark : The original definition of a globally hyperbolic spacetime is actually more technical that the one given above, but the latter has been shown to be equivalent to the original one (see e.g. Ref. [88] and references therein).

### 3.2.2 Definition of a foliation

Any globally hyperbolic spacetime $(\mathcal{M}, \boldsymbol{g})$ can be foliated by a family of spacelike hypersurfaces $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$. By foliation or slicing, it is meant that there exists a smooth scalar field $\hat{t}$ on $\mathcal{M}$, which is regular (in the sense that its gradient never vanishes), such that each hypersurface is a level surface of this scalar field:

$$
\begin{equation*}
\forall t \in \mathbb{R}, \quad \Sigma_{t}:=\{p \in \mathcal{M}, \hat{t}(p)=t\} \tag{3.1}
\end{equation*}
$$

Since $\hat{t}$ is regular, the hypersurfaces $\Sigma_{t}$ are non-intersecting:

$$
\begin{equation*}
\Sigma_{t} \cap \Sigma_{t^{\prime}}=\emptyset \quad \text { for } t \neq t^{\prime} \tag{3.2}
\end{equation*}
$$

In the following, we do no longer distinguish between $t$ and $\hat{t}$, i.e. we skip the hat in the name of the scalar field. Each hypersurface $\Sigma_{t}$ is called a leaf or a slice of the foliation. We assume that all $\Sigma_{t}$ 's are spacelike and that the foliation covers $\mathcal{M}$ (cf. Fig. 3.1):

$$
\begin{equation*}
\mathcal{M}=\bigcup_{t \in \mathbb{R}} \Sigma_{t} \tag{3.3}
\end{equation*}
$$



Figure 3.2: The point $p^{\prime}$ deduced from $p \in \Sigma_{t}$ by the displacement $\delta t \boldsymbol{m}$ belongs to $\Sigma_{t+\delta t}$, i.e. the hypersurface $\Sigma_{t}$ is transformed to $\Sigma_{t+\delta t}$ by the vector field $\delta t \boldsymbol{m}$ (Lie dragging).

### 3.3 Foliation kinematics

### 3.3.1 Lapse function

As already noticed in Sec. 2.3.2, the timelike and future-directed unit vector $\boldsymbol{n}$ normal to the slice $\Sigma_{t}$ is necessarily collinear to the vector $\vec{\nabla} t$ associated with the gradient 1-form $\mathbf{d} t$. Hence we may write

$$
\begin{equation*}
n:=-N \vec{\nabla} t \tag{3.4}
\end{equation*}
$$

with

$$
\begin{equation*}
N:=(-\vec{\nabla} t \cdot \vec{\nabla} t)^{-1 / 2}=(-\langle\mathbf{d} t, \vec{\nabla} t\rangle)^{-1 / 2} \tag{3.5}
\end{equation*}
$$

The minus sign in (3.4) is chosen so that the vector $\boldsymbol{n}$ is future-oriented if the scalar field $t$ is increasing towards the future. Notice that the value of $N$ ensures that $\boldsymbol{n}$ is a unit vector: $\boldsymbol{n} \cdot \boldsymbol{n}=-1$. The scalar field $N$ hence defined is called the lapse function. The name lapse has been coined by Wheeler in 1964 [267].

Remark : In most of the numerical relativity literature, the lapse function is denoted $\alpha$ instead of $N$. We follow here the ADM [23] and MTW [189] notation.

Notice that by construction [Eq. (3.5)],

$$
\begin{equation*}
N>0 \tag{3.6}
\end{equation*}
$$

In particular, the lapse function never vanishes for a regular foliation. Equation (3.4) also says that $-N$ is the proportionality factor between the gradient 1-form $\mathrm{d} t$ and the 1 -form $\underline{n}$ associated to the vector $\boldsymbol{n}$ by the metric duality:

$$
\begin{equation*}
\underline{n}=-N \mathrm{~d} t . \tag{3.7}
\end{equation*}
$$

### 3.3.2 Normal evolution vector

Let us define the normal evolution vector as the timelike vector normal to $\Sigma_{t}$ such that

$$
\begin{equation*}
m:=N n \text {. } \tag{3.8}
\end{equation*}
$$

Since $\boldsymbol{n}$ is a unit vector, the scalar square of $\boldsymbol{m}$ is

$$
\begin{equation*}
\boldsymbol{m} \cdot \boldsymbol{m}=-N^{2} \tag{3.9}
\end{equation*}
$$

Besides, we have

$$
\begin{equation*}
\langle\mathbf{d} t, \boldsymbol{m}\rangle=N\langle\mathbf{d} t, \boldsymbol{n}\rangle=N^{2} \underbrace{(-\langle\mathbf{d} t, \vec{\nabla} t\rangle)}_{=N^{-2}}=1, \tag{3.10}
\end{equation*}
$$

where we have used Eqs. (3.4) and (3.5). Hence

$$
\begin{equation*}
\langle\mathbf{d} t, \boldsymbol{m}\rangle=\nabla_{\boldsymbol{m}} t=m^{\mu} \nabla_{\mu} t=1 \text {. } \tag{3.11}
\end{equation*}
$$

This relation means that the normal vector $\boldsymbol{m}$ is "adapted" to the scalar field $t$, contrary to the normal vector $\boldsymbol{n}$. A geometrical consequence of this property is that the hypersurface $\Sigma_{t+\delta t}$ can be obtained from the neighbouring hypersurface $\Sigma_{t}$ by the small displacement $\delta t \boldsymbol{m}$ of each point of $\Sigma_{t}$. Indeed consider some point $p$ in $\Sigma_{t}$ and displace it by the infinitesimal vector $\delta t \boldsymbol{m}$ to the point $p^{\prime}=p+\delta t \boldsymbol{m}$ (cf. Fig. 3.2). From the very definition of the gradient 1 -form $\mathbf{d} t$, the value of the scalar field $t$ at $p^{\prime}$ is

$$
\begin{align*}
t\left(p^{\prime}\right) & =t(p+\delta t \boldsymbol{m})=t(p)+\langle\mathbf{d} t, \delta t \boldsymbol{m}\rangle=t(p)+\delta t \underbrace{\langle\mathbf{d} t, \boldsymbol{m}\rangle}_{=1} \\
& =t(p)+\delta t . \tag{3.12}
\end{align*}
$$

This last equality shows that $p^{\prime} \in \Sigma_{t+\delta t}$. Hence the vector $\delta t \boldsymbol{m}$ carries the hypersurface $\Sigma_{t}$ into the neighbouring one $\Sigma_{t+\delta t}$. One says equivalently that the hypersurfaces $\left(\Sigma_{t}\right)$ are Lie dragged by the vector $\boldsymbol{m}$. This justifies the name normal evolution vector given to $\boldsymbol{m}$.

An immediate consequence of the Lie dragging of the hypersurfaces $\Sigma_{t}$ by the vector $\boldsymbol{m}$ is that the Lie derivative along $\boldsymbol{m}$ of any vector tangent to $\Sigma_{t}$ is also a vector tangent to $\Sigma_{t}$ :

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right), \quad \mathcal{L}_{\boldsymbol{m}} \boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right) \tag{3.13}
\end{equation*}
$$

This is obvious from the geometric definition of the Lie derivative (cf. Fig. 3.3). The reader not familiar with the concept of Lie derivative may consult Appendix A.

### 3.3.3 Eulerian observers

Since $\boldsymbol{n}$ is a unit timelike vector, it can be regarded as the 4 -velocity of some observer. We call such observer an Eulerian observer. It follows that the worldlines of the Eulerian observers are orthogonal to the hypersurfaces $\Sigma_{t}$. Physically, this means that the hypersurface $\Sigma_{t}$ is locally the set of events that are simultaneous from the point of view of the Eulerian observer, according to Einstein's simultaneity convention.


Figure 3.3: Geometrical construction showing that $\mathcal{L}_{m} \boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right)$ for any vector $\boldsymbol{v}$ tangent to the hypersurface $\Sigma_{t}$ : on $\Sigma_{t}$, a vector can be identified to a infinitesimal displacement between two points, $p$ and $q$ say. These points are transported onto the neighbouring hypersurface $\Sigma_{t+\delta t}$ along the field lines of the vector field $\boldsymbol{m}$ (thin lines on the figure) by the diffeomorphism $\Phi_{\delta t}$ associated with $m$ : the displacement between $p$ and $\Phi_{\delta t}(p)$ is the vector $\delta t \boldsymbol{m}$. The couple of points $\left(\Phi_{\delta t}(p), \Phi_{\delta t}(q)\right)$ defines the vector $\Phi_{\delta t} \boldsymbol{v}(t)$, which is tangent to $\Sigma_{t+\delta t}$ since both points $\Phi_{\delta t}(p)$ and $\Phi_{\delta t}(q)$ belong to $\Sigma_{t+\delta t}$. The Lie derivative of $\boldsymbol{v}$ along $\boldsymbol{m}$ is then defined by the difference between the value of the vector field $\boldsymbol{v}$ at the point $\Phi_{\delta t}(p)$, i.e. $\boldsymbol{v}(t+\delta t)$, and the vector transported from $\Sigma_{t}$ along $\boldsymbol{m}$ 's field lines, i.e. $\Phi_{\delta t} \boldsymbol{v}(t): \mathcal{L}_{m} \boldsymbol{v}(t+\delta t)=\lim _{\delta t \rightarrow 0}\left[\boldsymbol{v}(t+\delta t)-\Phi_{\delta t} \boldsymbol{v}(t)\right] / \delta t$. Since both vectors $\boldsymbol{v}(t+\delta t)$ and $\Phi_{\delta t} \boldsymbol{v}(t)$ are in $\mathcal{T}\left(\Sigma_{t+\delta t}\right)$, it follows then that $\mathcal{L}_{m} \boldsymbol{v}(t+\delta t) \in \mathcal{T}\left(\Sigma_{t+\delta t}\right)$.

Remark : The Eulerian observers are sometimes called fiducial observers (e.g. [258]). In the special case of axisymmetric and stationary spacetimes, they are called locally nonrotating observers [34] or zero-angular-momentum observers (ZAMO) [258].

Let us consider two close events $p$ and $p^{\prime}$ on the worldline of some Eulerian observer. Let $t$ be the "coordinate time" of the event $p$ and $t+\delta t(\delta t>0)$ that of $p^{\prime}$, in the sense that $p \in \Sigma_{t}$ and $p^{\prime} \in \Sigma_{t+\delta t}$. Then $p^{\prime}=p+\delta t \boldsymbol{m}$, as above. The proper time $\delta \tau$ between the events $p$ and $p^{\prime}$, as measured the Eulerian observer, is given by the metric length of the vector linking $p$ and $p^{\prime}$ :

$$
\begin{equation*}
\delta \tau=\sqrt{-\boldsymbol{g}(\delta t \boldsymbol{m}, \delta t \boldsymbol{m})}=\sqrt{-\boldsymbol{g}(\boldsymbol{m}, \boldsymbol{m})} \delta t . \tag{3.14}
\end{equation*}
$$

Since $\boldsymbol{g}(\boldsymbol{m}, \boldsymbol{m})=-N^{2}[$ Eq. (3.9)], we get (assuming $N>0$ )

$$
\begin{equation*}
\delta \tau=N \delta t \text {. } \tag{3.15}
\end{equation*}
$$

This equality justifies the name lapse function given to $N$ : $N$ relates the "coordinate time" $t$ labelling the leaves of the foliation to the physical time $\tau$ measured by the Eulerian observer.

The 4-acceleration of the Eulerian observer is

$$
\begin{equation*}
a=\nabla_{n} n . \tag{3.16}
\end{equation*}
$$

As already noticed in Sec. 2.4.2, the vector $\boldsymbol{a}$ is orthogonal to $\boldsymbol{n}$ and hence tangent to $\Sigma_{t}$. Moreover, it can be expressed in terms of the spatial gradient of the lapse function. Indeed, by
means Eq. (3.7), we have

$$
\begin{align*}
a_{\alpha} & =n^{\mu} \nabla_{\mu} n_{\alpha}=-n^{\mu} \nabla_{\mu}\left(N \nabla_{\alpha} t\right)=-n^{\mu} \nabla_{\mu} N \nabla_{\alpha} t-N n^{\mu} \underbrace{\nabla_{\mu} \nabla_{\alpha} t}_{=\nabla_{\alpha} \nabla_{\mu} t} \\
& =\frac{1}{N} n_{\alpha} n^{\mu} \nabla_{\mu} N+N n^{\mu} \nabla_{\alpha}\left(-\frac{1}{N} n_{\mu}\right)=\frac{1}{N} n_{\alpha} n^{\mu} \nabla_{\mu} N+\frac{1}{N} \nabla_{\alpha} N \underbrace{n^{\mu} n_{\mu}}_{=-1}-\underbrace{n^{\mu} \nabla_{\alpha} n_{\mu}}_{=0} \\
& =\frac{1}{N}\left(\nabla_{\alpha} N+n_{\alpha} n^{\mu} \nabla_{\mu} N\right)=\frac{1}{N} \gamma^{\mu}{ }_{\alpha} \nabla_{\mu} N \\
& =\frac{1}{N} D_{\alpha} N=D_{\alpha} \ln N, \tag{3.17}
\end{align*}
$$

where we have used the torsion-free character of the connection $\nabla$ to write $\nabla_{\mu} \nabla_{\alpha} t=\nabla_{\alpha} \nabla_{\mu} t$, as well as the expression (2.64) of the orthogonal projector onto $\Sigma_{t}, \vec{\gamma}$, and the relation (2.79) between $\boldsymbol{\nabla}$ and $\boldsymbol{D}$ derivatives. Thus we have

$$
\begin{equation*}
\underline{\boldsymbol{a}}=\boldsymbol{D} \ln N \quad \text { and } \quad \boldsymbol{a}=\overrightarrow{\boldsymbol{D}} \ln N . \tag{3.18}
\end{equation*}
$$

Thus, the 4 -acceleration of the Eulerian observer appears to be nothing but the gradient within $\left(\Sigma_{t}, \gamma\right)$ of the logarithm of the lapse function. Notice that since a spatial gradient is always tangent to $\Sigma_{t}$, we recover immediately from formula (3.18) that $\boldsymbol{n} \cdot \boldsymbol{a}=0$.

Remark : Because they are hypersurface-orthogonal, the congruence formed by all the Eulerian observers' worldlines has a vanishing vorticity, hence the name "non-rotating" observer given sometimes to the Eulerian observer.

### 3.3.4 Gradients of $n$ and $m$

Substituting Eq. (3.18) for $\underline{\boldsymbol{a}}$ into Eq. (2.74) leads to the following relation between the extrinsic curvature tensor, the gradient of $\underline{\boldsymbol{n}}$ and the spatial gradient of the lapse function:

$$
\begin{equation*}
\boldsymbol{\nabla} \underline{\boldsymbol{n}}=-\boldsymbol{K}-\boldsymbol{D} \ln N \otimes \underline{\boldsymbol{n}}, \tag{3.19}
\end{equation*}
$$

or, in components:

$$
\begin{equation*}
\nabla_{\beta} n_{\alpha}=-K_{\alpha \beta}-D_{\alpha} \ln N n_{\beta} . \tag{3.20}
\end{equation*}
$$

The covariant derivative of the normal evolution vector is deduced from $\boldsymbol{\nabla} \underline{\boldsymbol{m}}=\boldsymbol{\nabla}(N \underline{\boldsymbol{n}})=$ $N \nabla \underline{\boldsymbol{n}}+\underline{\boldsymbol{n}} \otimes \nabla N$. We get

$$
\begin{equation*}
\nabla \boldsymbol{m}=-N \overrightarrow{\boldsymbol{K}}-\overrightarrow{\boldsymbol{D}} N \otimes \underline{\boldsymbol{n}}+\boldsymbol{n} \otimes \nabla N \tag{3.21}
\end{equation*}
$$

or, in components:

$$
\begin{equation*}
\nabla_{\beta} m^{\alpha}=-N K_{\beta}^{\alpha}-D^{\alpha} N n_{\beta}+n^{\alpha} \nabla_{\beta} N \text {. } \tag{3.22}
\end{equation*}
$$

### 3.3.5 Evolution of the 3 -metric

The evolution of $\Sigma_{t}$ 's metric $\gamma$ is naturally given by the Lie derivative of $\gamma$ along the normal evolution vector $\boldsymbol{m}$ (see Appendix A). By means of Eqs. (A.8) and (3.22), we get

$$
\begin{align*}
\mathcal{L}_{m} \gamma_{\alpha \beta}= & m^{\mu} \nabla_{\mu} \gamma_{\alpha \beta}+\gamma_{\mu \beta} \nabla_{\alpha} m^{\mu}+\gamma_{\alpha \mu} \nabla_{\beta} m^{\mu} \\
= & N n^{\mu} \nabla_{\mu}\left(n_{\alpha} n_{\beta}\right)-\gamma_{\mu \beta}\left(N K_{\alpha}^{\mu}+D^{\mu} N n_{\alpha}-n^{\mu} \nabla_{\alpha} N\right) \\
& -\gamma_{\alpha \mu}\left(N K^{\mu}{ }_{\beta}+D^{\mu} N n_{\beta}-n^{\mu} \nabla_{\beta} N\right) \\
= & N(\underbrace{n_{\alpha}}_{N^{n_{\alpha}} \nabla_{\mu} n_{\alpha}} n_{\beta}+n_{\alpha} \underbrace{n^{\mu} \nabla_{\mu} n_{\beta}}_{N^{-1} \underbrace{}_{D_{\alpha} N}})-N K_{\beta \alpha}-D_{\beta} N n_{\alpha}-N K_{\alpha \beta}-D_{\alpha} N n_{\beta} \\
= & -2 N K_{\alpha \beta} . \tag{3.23}
\end{align*}
$$

Hence the simple result:

$$
\begin{equation*}
\mathcal{L}_{m} \gamma=-2 N K \text {. } \tag{3.24}
\end{equation*}
$$

One can deduce easily from this relation the value of the Lie derivative of the 3-metric along the unit normal $\boldsymbol{n}$. Indeed, since $\boldsymbol{m}=N \boldsymbol{n}$,

$$
\begin{align*}
\mathcal{L}_{m} \gamma_{\alpha \beta} & =\mathcal{L}_{N n} \gamma_{\alpha \beta} \\
& =N n^{\mu} \nabla_{\mu} \gamma_{\alpha \beta}+\gamma_{\mu \beta} \nabla_{\alpha}\left(N n^{\mu}\right)+\gamma_{\alpha \mu} \nabla_{\beta}\left(N n^{\mu}\right) \\
& =N n^{\mu} \nabla_{\mu} \gamma_{\alpha \beta}+\underbrace{\gamma_{\mu \beta} n^{\mu}}_{=0} \nabla_{\alpha} N+N \gamma_{\mu \beta} \nabla_{\alpha} n^{\mu}+\underbrace{\gamma_{\alpha \mu} n^{\mu}}_{=0} \nabla_{\beta} N+N \gamma_{\alpha \mu} \nabla_{\beta} n^{\mu} \\
& =N \mathcal{L}_{n} \gamma_{\alpha \beta} . \tag{3.25}
\end{align*}
$$

Hence

$$
\begin{equation*}
\mathcal{L}_{n} \gamma=\frac{1}{N} \mathcal{L}_{m} \gamma \tag{3.26}
\end{equation*}
$$

Consequently, Eq. (3.24) leads to

$$
\begin{equation*}
\boldsymbol{K}=-\frac{1}{2} \mathcal{L}_{n} \gamma \text {. } \tag{3.27}
\end{equation*}
$$

This equation sheds some new light on the extrinsic curvature tensor $\boldsymbol{K}$. In addition to being the projection on $\Sigma_{t}$ of the gradient of the unit normal to $\Sigma_{t}$ [cf. Eq. (2.76)],

$$
\begin{equation*}
K=-\vec{\gamma}^{*} \nabla \underline{n}, \tag{3.28}
\end{equation*}
$$

as well as the measure of the difference between $\boldsymbol{D}$-derivatives and $\boldsymbol{\nabla}$-derivatives for vectors tangent to $\Sigma_{t}$ [cf. Eq. (2.83)],

$$
\begin{equation*}
\forall(\boldsymbol{u}, \boldsymbol{v}) \in \mathcal{T}(\Sigma)^{2}, \boldsymbol{K}(\boldsymbol{u}, \boldsymbol{v}) \boldsymbol{n}=\boldsymbol{D}_{\boldsymbol{u}} \boldsymbol{v}-\boldsymbol{\nabla}_{\boldsymbol{u}} \boldsymbol{v} \tag{3.29}
\end{equation*}
$$

$\boldsymbol{K}$ is also minus one half the Lie derivative of $\Sigma_{t}$ 's metric along the unit timelike normal.

Remark : In many numerical relativity articles, Eq. (3.27) is used to define the extrinsic curvature tensor of the hypersurface $\Sigma_{t}$. It is worth to keep in mind that this equation has a meaning only because $\Sigma_{t}$ is member of a foliation. Indeed the right-hand side is the derivative of the induced metric in a direction which is not parallel to the hypersurface and therefore this quantity could not be defined for a single hypersurface, as considered in Chap. 2.

### 3.3.6 Evolution of the orthogonal projector

Let us now evaluate the Lie derivative of the orthogonal projector onto $\Sigma_{t}$ along the normal evolution vector. Using Eqs. (A.8) and (3.22), we have

$$
\begin{align*}
\mathcal{L}_{\boldsymbol{m}} \gamma^{\alpha}{ }_{\beta}= & m^{\mu} \nabla_{\mu} \gamma^{\alpha}{ }_{\beta}-\gamma^{\mu}{ }_{\beta} \nabla_{\mu} m^{\alpha}+\gamma^{\alpha}{ }_{\mu} \nabla_{\beta} m^{\mu} \\
= & N n^{\mu} \nabla_{\mu}\left(n^{\alpha} n_{\beta}\right)+\gamma^{\mu}{ }_{\beta}\left(N K^{\alpha}{ }_{\mu}+D^{\alpha} N n_{\mu}-n^{\alpha} \nabla_{\mu} N\right) \\
& -\gamma^{\alpha}{ }_{\mu}\left(N K^{\mu}{ }_{\beta}+D^{\mu} N n_{\beta}-n^{\mu} \nabla_{\beta} N\right) \\
= & N(\underbrace{n^{\mu} \nabla_{\mu} n^{\alpha}}_{=N^{-1} D^{\alpha} N} n_{\beta}+n^{\alpha} \underbrace{n^{\mu} \nabla_{\mu} n_{\beta}}_{=N^{-1} D_{\beta} N})+N K^{\alpha}{ }_{\beta}-n^{\alpha} D_{\beta} N-N K^{\alpha}{ }_{\beta}-D^{\alpha} N n_{\beta} \\
= & 0, \tag{3.30}
\end{align*}
$$

i.e.

$$
\begin{equation*}
\mathcal{L}_{m} \vec{\gamma}=0 \text {. } \tag{3.31}
\end{equation*}
$$

An important consequence of this is that the Lie derivative along $\boldsymbol{m}$ of any tensor field $\boldsymbol{T}$ tangent to $\Sigma_{t}$ is a tensor field tangent to $\Sigma_{t}$ :

$$
\begin{equation*}
\boldsymbol{T} \text { tangent to } \Sigma_{t} \Longrightarrow \mathcal{L}_{m} \boldsymbol{T} \text { tangent to } \Sigma_{t} \text {. } \tag{3.32}
\end{equation*}
$$

Indeed a distinctive feature of a tensor field tangent to $\Sigma_{t}$ is

$$
\begin{equation*}
\vec{\gamma}^{*} T=T . \tag{3.33}
\end{equation*}
$$

Assume for instance that $\boldsymbol{T}$ is a tensor field of type $\binom{1}{1}$. Then the above equation writes [cf. Eq. (2.71)]

$$
\begin{equation*}
\gamma_{\mu}^{\alpha} \gamma^{\nu}{ }_{\beta} T^{\mu}{ }_{\nu}=T^{\alpha}{ }_{\beta} . \tag{3.34}
\end{equation*}
$$

Taking the Lie derivative along $\boldsymbol{m}$ of this relation, employing the Leibniz rule and making use of Eq. (3.31), leads to

$$
\begin{align*}
& \mathcal{L}_{m}\left(\gamma^{\alpha}{ }_{\mu} \gamma^{\nu}{ }_{\beta} T^{\mu}{ }_{\nu}\right)=\mathcal{L}_{m} T^{\alpha}{ }_{\beta} \\
& \underbrace{\mathcal{L}_{m} \gamma^{\alpha}{ }_{\mu}}_{=0} \gamma^{\nu}{ }_{\beta} T^{\mu}{ }_{\nu}+\gamma^{\alpha}{ }_{\mu} \underbrace{\mathcal{L}_{m} \gamma^{\nu}}_{=0}{ }_{\beta} \\
& T^{\mu}{ }_{\nu}+\gamma^{\alpha}{ }_{\mu} \gamma^{\nu}{ }_{\beta} \mathcal{L}_{\boldsymbol{m}} T^{\mu}{ }_{\nu}=\mathcal{L}_{\boldsymbol{m}} T^{\alpha}{ }_{\beta}  \tag{3.35}\\
& \vec{\gamma}^{*} \mathcal{L}_{\boldsymbol{m}} \boldsymbol{T}=\mathcal{L}_{m} \boldsymbol{T} .
\end{align*}
$$

This shows that $\mathcal{L}_{m} \boldsymbol{T}$ is tangent to $\Sigma_{t}$. The proof is readily extended to any type of tensor field tangent to $\Sigma_{t}$. Notice that the property (3.32) generalizes that obtained for vectors in Sec. 3.3.2 [cf. Eq. (3.13)].

Remark : An illustration of property (3.32) is provided by Eq. (3.24), which says that $\mathcal{L}_{\boldsymbol{m}} \gamma$ is $-2 N K$ : $\boldsymbol{K}$ being tangent to $\Sigma_{t}$, we have immediately that $\mathcal{L}_{m} \gamma$ is tangent to $\Sigma_{t}$.

Remark : Contrary to $\mathcal{L}_{n} \gamma$ and $\mathcal{L}_{m} \gamma$, which are related by Eq. (3.26), $\mathcal{L}_{n} \vec{\gamma}$ and $\mathcal{L}_{m} \vec{\gamma}$ are not proportional. Indeed a calculation similar to that which lead to Eq. (3.26) gives

$$
\begin{equation*}
\mathcal{L}_{n} \vec{\gamma}=\frac{1}{N} \mathcal{L}_{m} \vec{\gamma}+\boldsymbol{n} \otimes \boldsymbol{D} \ln N \tag{3.36}
\end{equation*}
$$

Therefore the property $\mathcal{L}_{m} \vec{\gamma}=0$ implies

$$
\begin{equation*}
\mathcal{L}_{n} \vec{\gamma}=\boldsymbol{n} \otimes \boldsymbol{D} \ln N \neq 0 . \tag{3.37}
\end{equation*}
$$

Hence the privileged role played by $\boldsymbol{m}$ regarding the evolution of the hypersurfaces $\Sigma_{t}$ is not shared by $\boldsymbol{n}$; this merely reflects that the hypersurfaces are Lie dragged by $\boldsymbol{m}$, not by $n$.

### 3.4 Last part of the $3+1$ decomposition of the Riemann tensor

### 3.4.1 Last non trivial projection of the spacetime Riemann tensor

In Chap. 2, we have formed the fully projected part of the spacetime Riemann tensor, i.e. $\vec{\gamma}^{* 4}$ Riem, yielding the Gauss equation [Eq. (2.92)], as well as the part projected three times onto $\Sigma_{t}$ and once along the normal $\boldsymbol{n}$, yielding the Codazzi equation [Eq. (2.101)]. These two decompositions involve only fields tangents to $\Sigma_{t}$ and their derivatives in directions parallel to $\Sigma_{t}$, namely $\gamma, \boldsymbol{K}$, Riem and $\boldsymbol{D} \boldsymbol{K}$. This is why they could be defined for a single hypersurface. In the present section, we form the projection of the spacetime Riemann tensor twice onto $\Sigma_{t}$ and twice along $\boldsymbol{n}$. As we shall see, this involves a derivative in the direction normal to the hypersurface.

As for the Codazzi equation, the starting point of the calculation is the Ricci identity applied to the vector $\boldsymbol{n}$, i.e. Eq. (2.98). But instead of projecting it totally onto $\Sigma_{t}$, let us project it only twice onto $\Sigma_{t}$ and once along $\boldsymbol{n}$ :

$$
\begin{equation*}
\gamma_{\alpha \mu} n^{\sigma} \gamma_{\beta}^{\nu}\left(\nabla_{\nu} \nabla_{\sigma} n^{\mu}-\nabla_{\sigma} \nabla_{\nu} n^{\mu}\right)=\gamma_{\alpha \mu} n^{\sigma} \gamma^{\nu}{ }_{\beta}^{4} R^{\mu}{ }_{\rho \nu \sigma} n^{\rho} . \tag{3.38}
\end{equation*}
$$

By means of Eq. (3.20), we get successively

$$
\begin{align*}
\gamma_{\alpha \mu} n^{\rho} \gamma^{\nu}{ }_{\beta} n^{\sigma}{ }^{4} R^{\mu}{ }_{\rho \nu \sigma}= & \gamma_{\alpha \mu} n^{\sigma} \gamma^{\nu}{ }_{\beta}\left[-\nabla_{\nu}\left(K^{\mu}{ }_{\sigma}+D^{\mu} \ln N n_{\sigma}\right)+\nabla_{\sigma}\left(K^{\mu}{ }_{\nu}+D^{\mu} \ln N n_{\nu}\right)\right] \\
= & \gamma_{\alpha \mu} n^{\sigma} \gamma^{\nu}{ }_{\beta}\left[-\nabla_{\nu} K^{\mu}{ }_{\sigma}-\nabla_{\nu} n_{\sigma} D^{\mu} \ln N-n_{\sigma} \nabla_{\nu} D^{\mu} \ln N\right. \\
& \left.+\nabla_{\sigma} K^{\mu}{ }_{\nu}+\nabla_{\sigma} n_{\nu} D^{\mu} \ln N+n_{\nu} \nabla_{\sigma} D^{\mu} \ln N\right] \\
= & \gamma_{\alpha \mu} \gamma^{\nu}{ }_{\beta}\left[K^{\mu}{ }_{\sigma} \nabla_{\nu} n^{\sigma}+\nabla_{\nu} D^{\mu} \ln N+n^{\sigma} \nabla_{\sigma} K^{\mu}{ }_{\nu}+D_{\nu} \ln N D^{\mu} \ln N\right] \\
= & -K_{\alpha \sigma} K^{\sigma}{ }_{\beta}+D_{\beta} D_{\alpha} \ln N+\gamma^{\mu}{ }_{\alpha} \nu^{\nu}{ }_{\beta} n^{\sigma} \nabla_{\sigma} K_{\mu \nu}+D_{\alpha} \ln N D_{\beta} \ln N \\
= & -K_{\alpha \sigma} K^{\sigma}{ }_{\beta}+\frac{1}{N} D_{\beta} D_{\alpha} N+\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} n^{\sigma} \nabla_{\sigma} K_{\mu \nu} . \tag{3.39}
\end{align*}
$$

Note that we have used $K^{\mu}{ }_{\sigma} n^{\sigma}=0, n^{\sigma} \nabla_{\nu} n_{\sigma}=0, n_{\sigma} n^{\sigma}=-1, n^{\sigma} \nabla_{\sigma} n_{\nu}=D_{\nu} \ln N$ and $\gamma^{\nu}{ }_{\beta} n_{\nu}=0$ to get the third equality. Let us now show that the term $\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} n^{\sigma} \nabla_{\sigma} K_{\mu \nu}$ is related to $\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}$. Indeed, from the expression (A.8) of the Lie derivative:

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} K_{\alpha \beta}=m^{\mu} \nabla_{\mu} K_{\alpha \beta}+K_{\mu \beta} \nabla_{\alpha} m^{\mu}+K_{\alpha \mu} \nabla_{\beta} m^{\mu} \tag{3.40}
\end{equation*}
$$

Substituting Eq. (3.22) for $\nabla_{\alpha} m^{\mu}$ and $\nabla_{\beta} m^{\mu}$ leads to

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} K_{\alpha \beta}=N n^{\mu} \nabla_{\mu} K_{\alpha \beta}-2 N K_{\alpha \mu} K_{\beta}^{\mu}-K_{\alpha \mu} D^{\mu} N n_{\beta}-K_{\beta \mu} D^{\mu} N n_{\alpha} \tag{3.41}
\end{equation*}
$$

Let us project this equation onto $\Sigma_{t}$, i.e. apply the operator $\vec{\gamma}^{*}$ to both sides. Using the property $\vec{\gamma}^{*} \mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}=\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}$, which stems from the fact that $\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}$ is tangent to $\Sigma_{t}$ since $\boldsymbol{K}$ is [property (3.32)], we get

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} K_{\alpha \beta}=N \gamma_{\alpha}^{\mu} \gamma_{\beta}^{\nu} n^{\sigma} \nabla_{\sigma} K_{\mu \nu}-2 N K_{\alpha \mu} K_{\beta}^{\mu} . \tag{3.42}
\end{equation*}
$$

Extracting $\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} n^{\sigma} \nabla_{\sigma} K_{\mu \nu}$ from this relation and plugging it into Eq. (3.39) results in

$$
\begin{equation*}
\gamma_{\alpha \mu} n^{\rho} \gamma_{\beta}^{\nu} n^{\sigma 4} R^{\mu}{ }_{\rho \nu \sigma}=\frac{1}{N} \mathcal{L}_{\boldsymbol{m}} K_{\alpha \beta}+\frac{1}{N} D_{\alpha} D_{\beta} N+K_{\alpha \mu} K_{\beta}^{\mu} \tag{3.43}
\end{equation*}
$$

Note that we have written $D_{\beta} D_{\alpha} N=D_{\alpha} D_{\beta} N$ ( $\boldsymbol{D}$ has no torsion). Equation (3.43) is the relation we sought. It is sometimes called the Ricci equation [not to be confused with the Ricci identity (2.13)]. Together with the Gauss equation (2.92) and the Codazzi equation (2.101), it completes the $3+1$ decomposition of the spacetime Riemann tensor. Indeed the part projected three times along $\boldsymbol{n}$ vanish identically, since ${ }^{4} \operatorname{Riem}(\underline{\boldsymbol{n}}, \boldsymbol{n}, \boldsymbol{n},)=$.0 and ${ }^{4} \operatorname{Riem}(., \boldsymbol{n}, \boldsymbol{n}, \boldsymbol{n})=0$ thanks to the partial antisymmetry of the Riemann tensor. Accordingly one can project ${ }^{4}$ Riem at most twice along $\boldsymbol{n}$ to get some non-vanishing result.

It is worth to note that the left-hand side of the Ricci equation (3.43) is a term which appears in the contracted Gauss equation (2.93). Therefore, by combining the two equations, we get a formula which does no longer contain the spacetime Riemann tensor, but only the spacetime Ricci tensor:

$$
\begin{equation*}
\gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta}{ }^{4} R_{\mu \nu}=-\frac{1}{N} \mathcal{L}_{m} K_{\alpha \beta}-\frac{1}{N} D_{\alpha} D_{\beta} N+R_{\alpha \beta}+K K_{\alpha \beta}-2 K_{\alpha \mu} K_{\beta}^{\mu}, \tag{3.44}
\end{equation*}
$$

or in index-free notation:

$$
\begin{equation*}
\vec{\gamma}^{* 4} \boldsymbol{R}=-\frac{1}{N} \mathcal{L}_{m} \boldsymbol{K}-\frac{1}{N} \boldsymbol{D} \boldsymbol{D} N+\boldsymbol{R}+K \boldsymbol{K}-2 \boldsymbol{K} \cdot \overrightarrow{\boldsymbol{K}} \tag{3.45}
\end{equation*}
$$

### 3.4.2 $3+1$ expression of the spacetime scalar curvature

Let us take the trace of Eq. (3.45) with respect to the metric $\gamma$. This amounts to contracting Eq. (3.44) with $\gamma^{\alpha \beta}$. In the left-hand side, we have $\gamma^{\alpha \beta} \gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta}=\gamma^{\mu \nu}$ and in the right-hand we
can limit the range of variation of the indices to $\{1,2,3\}$ since all the involved tensors are spatial ones [including $\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}$, thanks to the property (3.32)] Hence

$$
\begin{equation*}
\gamma^{\mu \nu 4} R_{\mu \nu}=-\frac{1}{N} \gamma^{i j} \mathcal{L}_{m} K_{i j}-\frac{1}{N} D_{i} D^{i} N+R+K^{2}-2 K_{i j} K^{i j} \tag{3.46}
\end{equation*}
$$

Now $\gamma^{\mu \nu}{ }^{4} R_{\mu \nu}=\left(g^{\mu \nu}+n^{\mu} n^{\nu}\right){ }^{4} R_{\mu \nu}={ }^{4} R+{ }^{4} R_{\mu \nu} n^{\mu} n^{\nu}$ and

$$
\begin{equation*}
-\gamma^{i j} \mathcal{L}_{\boldsymbol{m}} K_{i j}=-\mathcal{L}_{\boldsymbol{m}}(\underbrace{\gamma^{i j} K_{i j}}_{=K})+K_{i j} \mathcal{L}_{\boldsymbol{m}} \gamma^{i j}, \tag{3.47}
\end{equation*}
$$

with $\mathcal{L}_{m} \gamma^{i j}$ evaluted from the very definition of the inverse 3 -metric:

$$
\begin{align*}
& \gamma_{i k} \gamma^{k j}=\delta^{j}{ }_{i} \\
\Rightarrow & \mathcal{L}_{\boldsymbol{m}} \gamma_{i k} \gamma^{k j}+\gamma_{i k} \mathcal{L}_{m} \gamma^{k j}=0 \\
\Rightarrow & \gamma^{i l} \gamma^{k j} \mathcal{L}_{\boldsymbol{m}} \gamma_{l k}+\underbrace{\gamma^{i l} \gamma_{l k}}_{=\delta^{i}{ }_{k}} \mathcal{L}_{\boldsymbol{m}} \gamma^{l j}=0 \\
\Rightarrow & \mathcal{L}_{\boldsymbol{m}} \gamma^{i j}=-\gamma^{i k} \gamma^{j l} \mathcal{L}_{\boldsymbol{m}} \gamma_{k l} \\
\Rightarrow & \mathcal{L}_{\boldsymbol{m}} \gamma^{i j}=2 N \gamma^{i k} \gamma^{k l} K_{k l} \\
\Rightarrow & \mathcal{L}_{\boldsymbol{m}} \gamma^{i j}=2 N K^{i j}, \tag{3.48}
\end{align*}
$$

where we have used Eq. (3.24). Pluging Eq. (3.48) into Eq. (3.47) gives

$$
\begin{equation*}
-\gamma^{i j} \mathcal{L}_{m} K_{i j}=-\mathcal{L}_{m} K+2 N K_{i j} K^{i j} . \tag{3.49}
\end{equation*}
$$

Consequently Eq. (3.46) becomes

$$
\begin{equation*}
{ }^{4} R+{ }^{4} R_{\mu \nu} n^{\mu} n^{\nu}=R+K^{2}-\frac{1}{N} \mathcal{L}_{m} K-\frac{1}{N} D_{i} D^{i} N . \tag{3.50}
\end{equation*}
$$

It is worth to combine with equation with the scalar Gauss relation (2.95) to get rid of the Ricci tensor term ${ }^{4} R_{\mu \nu} n^{\mu} n^{\nu}$ and obtain an equation which involves only the spacetime scalar curvature ${ }^{4} R$ :

$$
\begin{equation*}
{ }^{4} R=R+K^{2}+K_{i j} K^{i j}-\frac{2}{N} \mathcal{L}_{m} K-\frac{2}{N} D_{i} D^{i} N \text {. } \tag{3.51}
\end{equation*}
$$

## Chapter 4

## 3+1 decomposition of Einstein equation

## Contents

4.1 Einstein equation in $3+1$ form ..... 51
4.2 Coordinates adapted to the foliation ..... 54
4.3 3+1 Einstein equation as a PDE system ..... 59
4.4 The Cauchy problem ..... 61
4.5 ADM Hamiltonian formulation ..... 65

### 4.1 Einstein equation in $3+1$ form

### 4.1.1 The Einstein equation

After the first two chapters devoted to the geometry of hypersurfaces and foliations, we are now back to physics: we consider a spacetime $(\mathcal{M}, \boldsymbol{g})$ such that $\boldsymbol{g}$ obeys to the Einstein equation (with zero cosmological constant):

$$
\begin{equation*}
{ }^{4} \boldsymbol{R}-\frac{1}{2}{ }^{4} R \boldsymbol{g}=8 \pi \boldsymbol{T}, \tag{4.1}
\end{equation*}
$$

where ${ }^{4} \boldsymbol{R}$ is the Ricci tensor associated with $\boldsymbol{g}$ [cf. Eq. (2.16)], ${ }^{4} R$ the corresponding Ricci scalar, and $\boldsymbol{T}$ is the matter stress-energy tensor.

We shall also use the equivalent form

$$
\begin{equation*}
{ }^{4} \boldsymbol{R}=8 \pi\left(\boldsymbol{T}-\frac{1}{2} T \boldsymbol{g}\right) \tag{4.2}
\end{equation*}
$$

where $T:=g^{\mu \nu} T_{\mu \nu}$ stands for the trace (with respect to $\boldsymbol{g}$ ) of the stress-energy tensor $\boldsymbol{T}$.

Let us assume that the spacetime $(\mathcal{M}, \boldsymbol{g})$ is globally hyperbolic (cf. Sec. 3.2.1) and let be $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ by a foliation of $\mathcal{M}$ by a family of spacelike hypersurfaces. The foundation of the $3+1$ formalism amounts to projecting the Einstein equation (4.1) onto $\Sigma_{t}$ and perpendicularly to $\Sigma_{t}$. To this purpose let us first consider the $3+1$ decomposition of the stress-energy tensor.

### 4.1.2 $3+1$ decomposition of the stress-energy tensor

From the very definition of a stress-energy tensor, the matter energy density as measured by the Eulerian observer introduced in Sec. 3.3.3 is

$$
\begin{equation*}
E:=\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{n}) \text {. } \tag{4.3}
\end{equation*}
$$

This follows from the fact that the 4 -velocity of the Eulerian observer in the unit normal vector $n$.

Similarly, also from the very definition of a stress-energy tensor, the matter momentum density as measured by the Eulerian observer is the linear form

$$
\begin{equation*}
p:=-\boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}(.)) \tag{4.4}
\end{equation*}
$$

i.e. the linear form defined by

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}_{p}(\mathcal{M}), \quad\langle\boldsymbol{p}, \boldsymbol{v}\rangle=-\boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}(\boldsymbol{v})) . \tag{4.5}
\end{equation*}
$$

In components:

$$
\begin{equation*}
p_{\alpha}=-T_{\mu \nu} n^{\mu} \gamma^{\nu}{ }_{\alpha} . \tag{4.6}
\end{equation*}
$$

Notice that, thanks to the projector $\vec{\gamma}, \boldsymbol{p}$ is a linear form tangent to $\Sigma_{t}$.
Remark : The momentum density $\boldsymbol{p}$ is often denoted $\boldsymbol{j}$. Here we reserve the latter for electric current density.

Finally, still from the very definition of a stress-energy tensor, the matter stress tensor as measured by the Eulerian observer is the bilinear form

$$
\begin{equation*}
S:=\vec{\gamma}^{*} T \tag{4.7}
\end{equation*}
$$

or, in components,

$$
\begin{equation*}
S_{\alpha \beta}=T_{\mu \nu} \gamma^{\mu}{ }_{\alpha} \gamma^{\nu}{ }_{\beta} \tag{4.8}
\end{equation*}
$$

As for $\boldsymbol{p}, \boldsymbol{S}$ is a tensor field tangent to $\Sigma_{t}$. Let us recall the physical interpretation of the stress tensor $S$ : given two spacelike unit vectors $\boldsymbol{e}$ and $\boldsymbol{e}^{\prime}$ (possibly equal) in the rest frame of the Eulerian observer (i.e. two unit vectors orthogonal to $\boldsymbol{n}), S\left(\boldsymbol{e}, \boldsymbol{e}^{\prime}\right)$ is the force in the direction $\boldsymbol{e}$ acting on the unit surface whose normal is $\boldsymbol{e}^{\prime}$. Let us denote by $S$ the trace of $\boldsymbol{S}$ with respect to the metric $\gamma$ (or equivalently with respect to the metric $\boldsymbol{g}$ ):

$$
\begin{equation*}
S:=\gamma^{i j} S_{i j}=g^{\mu \nu} S_{\mu \nu} \text {. } \tag{4.9}
\end{equation*}
$$

The knowledge of $(E, \boldsymbol{p}, \boldsymbol{S})$ is sufficient to reconstruct $\boldsymbol{T}$ since

$$
\begin{equation*}
T=S+\underline{n} \otimes p+p \otimes \underline{n}+E \underline{n} \otimes \underline{n} \tag{4.10}
\end{equation*}
$$

This formula is easily established by substituting Eq. (2.64) for $\gamma^{\alpha}{ }_{\beta}$ into Eq. (4.8) and expanding the result. Taking the trace of Eq. (4.10) with respect to the metric $\boldsymbol{g}$ yields

$$
\begin{equation*}
T=S+2 \underbrace{\langle\boldsymbol{p}, \boldsymbol{n}\rangle}_{=0}+E \underbrace{\langle\underline{\boldsymbol{n}}, \boldsymbol{n}\rangle}_{=-1}, \tag{4.11}
\end{equation*}
$$

hence

$$
\begin{equation*}
T=S-E \tag{4.12}
\end{equation*}
$$

### 4.1.3 Projection of the Einstein equation

With the above $3+1$ decomposition of the stress-energy tensor and the $3+1$ decompositions of the spacetime Ricci tensor obtained in Chapters 2 and 3, we are fully equipped to perform the projection of the Einstein equation (4.1) onto the hypersurface $\Sigma_{t}$ and along its normal. There are only three possibilities:

## (1) Full projection onto $\Sigma_{t}$

This amounts to applying the operator $\vec{\gamma}^{*}$ to the Einstein equation. It is convenient to take the version (4.2) of the latter; we get

$$
\begin{equation*}
\overrightarrow{\boldsymbol{\gamma}}^{* 4} \boldsymbol{R}=8 \pi\left(\vec{\gamma}^{*} \boldsymbol{T}-\frac{1}{2} T \vec{\gamma}^{*} \boldsymbol{g}\right) \tag{4.13}
\end{equation*}
$$

$\vec{\gamma}^{* 4} \boldsymbol{R}$ is given by Eq. (3.45) (combination of the contracted Gauss equation with the Ricci equation), $\vec{\gamma}^{*} \boldsymbol{T}$ is by definition $\boldsymbol{S}, T=S-E[E q . ~(4.12)]$, and $\vec{\gamma}^{*} \boldsymbol{g}$ is simply $\boldsymbol{\gamma}$. Therefore

$$
\begin{equation*}
-\frac{1}{N} \mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}-\frac{1}{N} \boldsymbol{D} \boldsymbol{D} N+\boldsymbol{R}+K \boldsymbol{K}-2 \boldsymbol{K} \cdot \overrightarrow{\boldsymbol{K}}=8 \pi\left[\boldsymbol{S}-\frac{1}{2}(S-E) \gamma\right] \tag{4.14}
\end{equation*}
$$

or equivalently

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}=-\boldsymbol{D} \boldsymbol{D} N+N\{\boldsymbol{R}+K \boldsymbol{K}-2 \boldsymbol{K} \cdot \overrightarrow{\boldsymbol{K}}+4 \pi[(S-E) \gamma-2 \boldsymbol{S}]\} \tag{4.15}
\end{equation*}
$$

In components:

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} K_{\alpha \beta}=-D_{\alpha} D_{\beta} N+N\left\{R_{\alpha \beta}+K K_{\alpha \beta}-2 K_{\alpha \mu} K_{\beta}^{\mu}+4 \pi\left[(S-E) \gamma_{\alpha \beta}-2 S_{\alpha \beta}\right]\right\} \tag{4.16}
\end{equation*}
$$

Notice that each term in the above equation is a tensor field tangent to $\Sigma_{t}$. For $\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}$, this results from the fundamental property (3.32) of $\mathcal{L}_{\boldsymbol{m}}$. Consequently, we may restrict to spatial indices without any loss of generality and write Eq. (4.16) as

$$
\begin{equation*}
\mathcal{L}_{m} K_{i j}=-D_{i} D_{j} N+N\left\{R_{i j}+K K_{i j}-2 K_{i k} K_{j}^{k}+4 \pi\left[(S-E) \gamma_{i j}-2 S_{i j}\right]\right\} \tag{4.17}
\end{equation*}
$$

## (2) Full projection perpendicular to $\Sigma_{t}$

This amounts to applying the Einstein equation (4.1), which is an identity between bilinear forms, to the couple $(\boldsymbol{n}, \boldsymbol{n})$; we get, since $\boldsymbol{g}(\boldsymbol{n}, \boldsymbol{n})=-1$,

$$
\begin{equation*}
{ }^{4} \boldsymbol{R}(\boldsymbol{n}, \boldsymbol{n})+\frac{1}{2}{ }_{4}^{4} R=8 \pi \boldsymbol{T}(\boldsymbol{n}, \boldsymbol{n}) . \tag{4.18}
\end{equation*}
$$

Using the scalar Gauss equation (2.95), and noticing that $\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{n})=E$ [Eq. (4.3)] yields

$$
\begin{equation*}
R+K^{2}-K_{i j} K^{i j}=16 \pi E \text {. } \tag{4.19}
\end{equation*}
$$

This equation is called the Hamiltonian constraint. The word 'constraint' will be justified in Sec. 4.4.3 and the qualifier 'Hamiltonian' in Sec. 4.5.2.

## (3) Mixed projection

Finally, let us project the Einstein equation (4.1) once onto $\Sigma_{t}$ and once along the normal $\boldsymbol{n}$ :

$$
\begin{equation*}
{ }^{4} \boldsymbol{R}(\boldsymbol{n}, \vec{\gamma}(.))-\frac{1}{2}{ }^{4} R \underbrace{\boldsymbol{g}(\boldsymbol{n}, \vec{\gamma}(.))}_{=0}=8 \pi \boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}(.)) . \tag{4.20}
\end{equation*}
$$

By means of the contracted Codazzi equation (2.103) and $\boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}())=.-\boldsymbol{p}$ [Eq. (4.4)], we get

$$
\begin{equation*}
\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{K}}-\boldsymbol{D} K=8 \pi \boldsymbol{p}, \tag{4.21}
\end{equation*}
$$

or, in components,

$$
\begin{equation*}
D_{j} K_{i}^{j}-D_{i} K=8 \pi p_{i} . \tag{4.22}
\end{equation*}
$$

This equation is called the momentum constraint. Again, the word 'constraint' will be justified in Sec. 4.4.

## Summary

The Einstein equation is equivalent to the system of three equations: (4.15), (4.19) and (4.21). Equation (4.15) is a rank 2 tensorial (bilinear forms) equation within $\Sigma_{t}$, involving only symmetric tensors: it has therefore 6 independent components. Equation (4.19) is a scalar equation and Eq. (4.21) is a rank 1 tensorial (linear forms) within $\Sigma_{t}$ : it has therefore 3 independent components. The total number of independent components is thus $6+1+3=10$, i.e. the same as the original Einstein equation (4.1).

### 4.2 Coordinates adapted to the foliation

### 4.2.1 Definition of the adapted coordinates

The system $(4.15)+(4.19)+(4.21)$ is a system of tensorial equations. In order to transform it into a system of partial differential equations (PDE), one must introduce coordinates on the


Figure 4.1: Coordinates $\left(x^{i}\right)$ on the hypersurfaces $\Sigma_{t}$ : each line $x^{i}=$ const cuts across the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ and defines the time vector $\boldsymbol{\partial}_{t}$ and the shift vector $\boldsymbol{\beta}$ of the spacetime coordinate system $\left(x^{\alpha}\right)=\left(t, x^{i}\right)$.
spacetime manifold $\mathcal{M}$, which we have not done yet. Coordinates adapted to the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ are set in the following way. On each hypersurface $\Sigma_{t}$ one introduces some coordinate system $\left(x^{i}\right)=\left(x^{1}, x^{2}, x^{3}\right)$. If this coordinate system varies smoothly between neighbouring hypersurfaces, then $\left(x^{\alpha}\right)=\left(t, x^{1}, x^{2}, x^{3}\right)$ constitutes a well-behaved coordinate system on $\mathcal{M}$. We shall call $\left(x^{i}\right)=\left(x^{1}, x^{2}, x^{3}\right)$ the spatial coordinates.

Let us denote by $\left(\boldsymbol{\partial}_{\alpha}\right)=\left(\boldsymbol{\partial}_{t}, \boldsymbol{\partial}_{i}\right)$ the natural basis of $\mathcal{T}_{p}(\mathcal{M})$ associated with the coordinates $\left(x^{\alpha}\right)$, i.e. the set of vectors

$$
\begin{align*}
& \partial_{t}:=\frac{\partial}{\partial t}  \tag{4.23}\\
& \partial_{i}:=\frac{\partial}{\partial x^{i}}, \quad i \in\{1,2,3\} . \tag{4.24}
\end{align*}
$$

Notice that the vector $\partial_{t}$ is tangent to the lines of constant spatial coordinates, i.e. the curves of $\mathcal{M}$ defined by $\left(x^{1}=K^{1}, x^{2}=K^{2}, x^{3}=K^{3}\right.$ ), where $K^{1}, K^{2}$ and $K^{3}$ are three constants (cf. Fig. 4.1). We shall call $\partial_{t}$ the time vector.

Remark : $\partial_{t}$ is not necessarily a timelike vector. This will be discussed further below [Eqs. (4.33)(4.35)].

For any $i \in\{1,2,3\}$, the vector $\boldsymbol{\partial}_{i}$ is tangent to the lines $t=K^{0}, x^{j}=K^{j}(j \neq i)$, where $K^{0}$ and $K^{j}(j \neq i)$ are three constants. Having $t$ constant, these lines belong to the hypersurfaces $\Sigma_{t}$. This implies that $\partial_{i}$ is tangent to $\Sigma_{t}$ :

$$
\begin{equation*}
\partial_{i} \in \mathcal{T}_{p}\left(\Sigma_{t}\right), \quad i \in\{1,2,3\} \tag{4.25}
\end{equation*}
$$

### 4.2.2 Shift vector

The dual basis associated with $\left(\boldsymbol{\partial}_{\alpha}\right)$ is the gradient 1 -form basis ( $\mathbf{d} x^{\alpha}$ ), which is a basis of the space of linear forms $\mathcal{T}_{p}^{*}(\mathcal{M})$ :

$$
\begin{equation*}
\left\langle\mathbf{d} x^{\alpha}, \boldsymbol{\partial}_{\beta}\right\rangle=\delta^{\alpha}{ }_{\beta} . \tag{4.26}
\end{equation*}
$$

In particular, the 1 -form $\mathbf{d} t$ is dual to the vector $\partial_{t}$ :

$$
\begin{equation*}
\left\langle\mathbf{d} t, \boldsymbol{\partial}_{t}\right\rangle=1 . \tag{4.27}
\end{equation*}
$$

Hence the time vector $\boldsymbol{\partial}_{t}$ obeys to the same property as the normal evolution vector $\boldsymbol{m}$, since $\langle\mathbf{d} t, \boldsymbol{m}\rangle=1$ [Eq. (3.11)]. In particular, $\boldsymbol{\partial}_{t}$ Lie drags the hypersurfaces $\Sigma_{t}$, as $\boldsymbol{m}$ does (cf. Sec. 3.3.2). In general the two vectors $\boldsymbol{\partial}_{t}$ and $\boldsymbol{m}$ differ. They coincide only if the coordinates $\left(x^{i}\right)$ are such that the lines $x^{i}=$ const are orthogonal to the hypersurfaces $\Sigma_{t}$ (cf. Fig. 4.1). The difference between $\boldsymbol{\partial}_{t}$ and $\boldsymbol{m}$ is called the shift vector and is denoted $\boldsymbol{\beta}$ :

$$
\begin{equation*}
\partial_{t}=: m+\beta \text {. } \tag{4.28}
\end{equation*}
$$

As for the lapse, the name shift vector has been coined by Wheeler (1964) [267]. By combining Eqs. (4.27) and (3.11), we get

$$
\begin{equation*}
\langle\mathbf{d} t, \boldsymbol{\beta}\rangle=\left\langle\mathbf{d} t, \boldsymbol{\partial}_{t}\right\rangle-\langle\mathbf{d} t, \boldsymbol{m}\rangle=1-1=0, \tag{4.29}
\end{equation*}
$$

or equivalently, since $\mathbf{d} t=-N^{-1} \underline{\boldsymbol{n}}$ [Eq. (3.7)],

$$
\begin{equation*}
n \cdot \beta=0 \text {. } \tag{4.30}
\end{equation*}
$$

Hence the vector $\boldsymbol{\beta}$ is tangent to the hypersurfaces $\Sigma_{t}$.
The lapse function and the shift vector have been introduced for the first time explicitly, although without their present names, by Y. Choquet-Bruhat in 1956 [128].

It usefull to rewrite Eq. (4.28) by means of the relation $\boldsymbol{m}=N \boldsymbol{n}$ [Eq. (3.8)]:

$$
\begin{equation*}
\partial_{t}=N \boldsymbol{n}+\boldsymbol{\beta} \text {. } \tag{4.31}
\end{equation*}
$$

Since the vector $\boldsymbol{n}$ is normal to $\Sigma_{t}$ and $\boldsymbol{\beta}$ tangent to $\Sigma_{t}$, Eq. (4.31) can be seen as a 3+1 decomposition of the time vector $\partial_{t}$.

The scalar square of $\boldsymbol{\partial}_{t}$ is deduced immediately from Eq. (4.31), taking into account $\boldsymbol{n} \cdot \boldsymbol{n}=-1$ and Eq. (4.30):

$$
\begin{equation*}
\partial_{t} \cdot \boldsymbol{\partial}_{t}=-N^{2}+\boldsymbol{\beta} \cdot \boldsymbol{\beta} . \tag{4.32}
\end{equation*}
$$

Hence we have the following:

$$
\begin{align*}
\boldsymbol{\partial}_{t} \text { is timelike } & \Longleftrightarrow \boldsymbol{\beta} \cdot \boldsymbol{\beta}<N^{2},  \tag{4.33}\\
\boldsymbol{\partial}_{t} \text { is null } & \Longleftrightarrow \boldsymbol{\beta} \cdot \boldsymbol{\beta}=N^{2},  \tag{4.34}\\
\boldsymbol{\partial}_{t} \text { is spacelike } & \Longleftrightarrow \boldsymbol{\beta} \cdot \boldsymbol{\beta}>N^{2} . \tag{4.35}
\end{align*}
$$

Remark : A shift vector that fulfills the condition (4.35) is sometimes called a superluminal shift. Notice that, since a priori the time vector $\boldsymbol{\partial}_{t}$ is a pure coordinate quantity and is not associated with the 4-velocity of some observer (contrary to $\boldsymbol{m}$, which is proportional to the 4-velocity of the Eulerian observer), there is nothing unphysical in having $\boldsymbol{\partial}_{t}$ spacelike.

Since $\boldsymbol{\beta}$ is tangent to $\Sigma_{t}$, let us introduce the components of $\boldsymbol{\beta}$ and the metric dual form $\underline{\boldsymbol{\beta}}$ with respect to the spatial coordinates $\left(x^{i}\right)$ according to

$$
\begin{equation*}
\boldsymbol{\beta}=: \beta^{i} \boldsymbol{\partial}_{i} \quad \text { and } \quad \underline{\boldsymbol{\beta}}=: \beta_{i} \mathbf{d} x^{i} \tag{4.36}
\end{equation*}
$$

Equation (4.31) then shows that the components of the unit normal vector $\boldsymbol{n}$ with respect to the natural basis $\left(\boldsymbol{\partial}_{\alpha}\right)$ are expressible in terms of $N$ and $\left(\beta^{i}\right)$ as

$$
\begin{equation*}
n^{\alpha}=\left(\frac{1}{N},-\frac{\beta^{1}}{N},-\frac{\beta^{2}}{N},-\frac{\beta^{3}}{N}\right) \tag{4.37}
\end{equation*}
$$

Notice that the covariant components (i.e. the components of $\underline{\boldsymbol{n}}$ with respect to the basis ( $\mathbf{d} x^{\alpha}$ ) of $\left.\mathcal{T}_{p}^{*}(\mathcal{M})\right)$ are immediately deduced from the relation $\underline{\boldsymbol{n}}=-N \mathbf{d} t[$ Eq. (3.7)] :

$$
\begin{equation*}
n_{\alpha}=(-N, 0,0,0) \tag{4.38}
\end{equation*}
$$

### 4.2.3 $3+1$ writing of the metric components

Let us introduce the components $\gamma_{i j}$ of the 3 -metric $\gamma$ with respect to the coordinates $\left(x^{i}\right)$

$$
\begin{equation*}
\gamma=: \gamma_{i j} \mathbf{d} x^{i} \otimes \mathbf{d} x^{j} \tag{4.39}
\end{equation*}
$$

From the definition of $\underline{\boldsymbol{\beta}}$, we have

$$
\begin{equation*}
\beta_{i}=\gamma_{i j} \beta^{j} \tag{4.40}
\end{equation*}
$$

The components $g_{\alpha \beta}$ of the metric $\boldsymbol{g}$ with respect to the coordinates $\left(x^{\alpha}\right)$ are defined by

$$
\begin{equation*}
\boldsymbol{g}=: g_{\alpha \beta} \mathbf{d} x^{\alpha} \otimes \mathbf{d} x^{\beta} \tag{4.41}
\end{equation*}
$$

Each component can be computed as

$$
\begin{equation*}
g_{\alpha \beta}=\boldsymbol{g}\left(\boldsymbol{\partial}_{\alpha}, \boldsymbol{\partial}_{\beta}\right) \tag{4.42}
\end{equation*}
$$

Accordingly, thanks to Eq. (4.32),

$$
\begin{equation*}
g_{00}=\boldsymbol{g}\left(\boldsymbol{\partial}_{t}, \boldsymbol{\partial}_{t}\right)=\boldsymbol{\partial}_{t} \cdot \boldsymbol{\partial}_{t}=-N^{2}+\boldsymbol{\beta} \cdot \boldsymbol{\beta}=-N^{2}+\beta_{i} \beta^{i} \tag{4.43}
\end{equation*}
$$

and, thanks to Eq. (4.28)

$$
\begin{equation*}
g_{0 i}=\boldsymbol{g}\left(\boldsymbol{\partial}_{t}, \boldsymbol{\partial}_{i}\right)=(\boldsymbol{m}+\boldsymbol{\beta}) \cdot \boldsymbol{\partial}_{i} \tag{4.44}
\end{equation*}
$$

Now, as noticed above [cf. Eq. (4.25)], the vector $\boldsymbol{\partial}_{i}$ is tangent to $\Sigma_{t}$, so that $\boldsymbol{m} \cdot \boldsymbol{\partial}_{i}=0$. Hence

$$
\begin{equation*}
g_{0 i}=\boldsymbol{\beta} \cdot \boldsymbol{\partial}_{i}=\left\langle\underline{\boldsymbol{\beta}}, \boldsymbol{\partial}_{i}\right\rangle=\left\langle\beta_{j} \mathbf{d} x^{j}, \boldsymbol{\partial}_{i}\right\rangle=\beta_{j} \underbrace{\left\langle\mathbf{d} x^{j}, \boldsymbol{\partial}_{i}\right\rangle}_{=\delta_{i}^{j}}=\beta_{i} \tag{4.45}
\end{equation*}
$$

Besides, since $\boldsymbol{\partial}_{i}$ and $\boldsymbol{\partial}_{j}$ are tangent to $\Sigma_{t}$,

$$
\begin{equation*}
g_{i j}=\boldsymbol{g}\left(\boldsymbol{\partial}_{i}, \boldsymbol{\partial}_{j}\right)=\gamma\left(\boldsymbol{\partial}_{i}, \boldsymbol{\partial}_{j}\right)=\gamma_{i j} \tag{4.46}
\end{equation*}
$$

Collecting Eqs. (4.43), (4.45) and (4.46), we get the following expression of the metric components in terms of $3+1$ quantities:

$$
g_{\alpha \beta}=\left(\begin{array}{cc}
g_{00} & g_{0 j}  \tag{4.47}\\
g_{i 0} & g_{i j}
\end{array}\right)=\left(\begin{array}{cc}
-N^{2}+\beta_{k} \beta^{k} & \beta_{j} \\
\beta_{i} & \gamma_{i j}
\end{array}\right)
$$

or, in terms of line elements [using Eq. (4.40)],

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-N^{2} d t^{2}+\gamma_{i j}\left(d x^{i}+\beta^{i} d t\right)\left(d x^{j}+\beta^{j} d t\right) . \tag{4.48}
\end{equation*}
$$

The components of the inverse metric are given by the matrix inverse of (4.47):

$$
g^{\alpha \beta}=\left(\begin{array}{cc}
g^{00} & g^{0 j}  \tag{4.49}\\
g^{i 0} & g^{i j}
\end{array}\right)=\left(\begin{array}{cc}
-\frac{1}{N^{2}} & \frac{\beta^{j}}{N^{2}} \\
\frac{\beta^{2}}{N^{2}} & \gamma^{i j}-\frac{\beta^{i} \beta^{j}}{N^{2}}
\end{array}\right)
$$

Indeed, it is easily checked that the matrix product $g^{\alpha \mu} g_{\mu \beta}$ is equal to the identity matrix $\delta^{\alpha}{ }_{\beta}$.
Remark : Notice that $g_{i j}=\gamma_{i j}$ but that in general $g^{i j} \neq \gamma^{i j}$.
One can deduce from the above formulæ a simple relation between the determinants of $\boldsymbol{g}$ and $\gamma$. Let us first define the latter ones by

$$
\begin{gather*}
g:=\operatorname{det}\left(g_{\alpha \beta}\right),  \tag{4.50}\\
\gamma:=\operatorname{det}\left(\gamma_{i j}\right) . \tag{4.51}
\end{gather*}
$$

Notice that $g$ and $\gamma$ depend upon the choice of the coordinates $\left(x^{\alpha}\right)$. They are not scalar quantities, but scalar densities. Using Cramer's rule for expressing the inverse $\left(g^{\alpha \beta}\right)$ of the $\operatorname{matrix}\left(g_{\alpha \beta}\right)$, we have

$$
\begin{equation*}
g^{00}=\frac{C_{00}}{\operatorname{det}\left(g_{\alpha \beta}\right)}=\frac{C_{00}}{g} \tag{4.52}
\end{equation*}
$$

where $C_{00}$ is the element $(0,0)$ of the cofactor matrix associated with $\left(g_{\alpha \beta}\right)$. It is given by $C_{00}=(-1)^{0} M_{00}=M_{00}$, where $M_{00}$ is the minor $(0,0)$ of the matrix $\left(g_{\alpha \beta}\right)$, i.e. the determinant of the $3 \times 3$ matrix deduced from $\left(g_{\alpha \beta}\right)$ by suppressing the first line and the first column. From Eq. (4.47), we read

$$
\begin{equation*}
M_{00}=\operatorname{det}\left(\gamma_{i j}\right)=\gamma \tag{4.53}
\end{equation*}
$$

Hence Eq. (4.52) becomes

$$
\begin{equation*}
g^{00}=\frac{\gamma}{g} \tag{4.54}
\end{equation*}
$$

Expressing $g^{00}$ from Eq. (4.49) yields then $g=-N^{2} \gamma$, or equivalently,

$$
\begin{equation*}
\sqrt{-g}=N \sqrt{\gamma} \tag{4.55}
\end{equation*}
$$

### 4.2.4 Choice of coordinates via the lapse and the shift

We have seen above that giving a coordinate system $\left(x^{\alpha}\right)$ on $\mathcal{M}$ such that the hypersurfaces $x^{0}=$ const. are spacelike determines uniquely a lapse function $N$ and a shift vector $\boldsymbol{\beta}$. The converse is true in the following sense: setting on some hypersurface $\Sigma_{0}$ a scalar field $N$, a vector field $\boldsymbol{\beta}$ and a coordinate system ( $x^{i}$ ) uniquely specifies a coordinate system $\left(x^{\alpha}\right)$ in some neighbourhood of $\Sigma_{0}$, such that the hypersurface $x^{0}=0$ is $\Sigma_{0}$. Indeed, the knowledge of the lapse function a each point of $\Sigma_{0}$ determines a unique vector $\boldsymbol{m}=N \boldsymbol{n}$ and consequently the location of the "next" hypersurface $\Sigma_{\delta t}$ by Lie transport along $\boldsymbol{m}$ (cf. Sec. 3.3.2). Graphically, we may also say that for each point of $\Sigma_{0}$ the lapse function specifies how far is the point of $\Sigma_{\delta t}$ located "above" it ("above" meaning perpendicularly to $\Sigma_{0}$, cf. Fig. 3.2). Then the shift vector tells how to propagate the coordinate system $\left(x^{i}\right)$ from $\Sigma_{0}$ to $\Sigma_{\delta t}$ (cf. Fig. 4.1).

This way of choosing coordinates via the lapse function and the shift vector is one of the main topics in $3+1$ numerical relativity and will be discussed in detail in Chap. 9 .

### 4.3 3+1 Einstein equation as a PDE system

### 4.3.1 Lie derivatives along $m$ as partial derivatives

Let us consider the term $\mathcal{L}_{m} \boldsymbol{K}$ which occurs in the 3+1 Einstein equation (4.15). Thanks to Eq. (4.28), we can write

$$
\begin{equation*}
\mathcal{L}_{m} \boldsymbol{K}=\mathcal{L}_{\partial_{t}} \boldsymbol{K}-\mathcal{L}_{\beta} \boldsymbol{K} . \tag{4.56}
\end{equation*}
$$

This implies that $\mathcal{L}_{\partial_{t}} \boldsymbol{K}$ is a tensor field tangent to $\Sigma_{t}$, since both $\mathcal{L}_{\boldsymbol{m}} \boldsymbol{K}$ and $\mathcal{L}_{\boldsymbol{\beta}} \boldsymbol{K}$ are tangent to $\Sigma_{t}$, the former by the property (3.32) and the latter because $\boldsymbol{\beta}$ and $\boldsymbol{K}$ are tangent to $\Sigma_{t}$. Moreover, if one uses tensor components with respect to a coordinate system $\left(x^{\alpha}\right)=\left(t, x^{i}\right)$ adapted to the foliation, the Lie derivative along $\partial_{t}$ reduces simply to the partial derivative with respect to $t$ [cf. Eq. (A.3)]:

$$
\begin{equation*}
\mathcal{L}_{\partial_{t}} K_{i j}=\frac{\partial K_{i j}}{\partial t} . \tag{4.57}
\end{equation*}
$$

By means of formula (A.6), one can also express $\mathcal{L}_{\boldsymbol{\beta}} \boldsymbol{K}$ in terms of partial derivatives:

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{\beta}} K_{i j}=\beta^{k} \frac{\partial K_{i j}}{\partial x^{k}}+K_{k j} \frac{\partial \beta^{k}}{\partial x^{i}}+K_{i k} \frac{\partial \beta^{k}}{\partial x^{j}} . \tag{4.58}
\end{equation*}
$$

Similarly, the relation (3.24) between $\mathcal{L}_{\boldsymbol{m}} \boldsymbol{\gamma}$ and $\boldsymbol{K}$ becomes

$$
\begin{equation*}
\mathcal{L}_{\partial_{t}} \gamma-\mathcal{L}_{\beta} \gamma=-2 N \boldsymbol{K}, \tag{4.59}
\end{equation*}
$$

with

$$
\begin{equation*}
\mathcal{L}_{\partial_{t}} \gamma_{i j}=\frac{\partial \gamma_{i j}}{\partial t} \tag{4.60}
\end{equation*}
$$

and, evaluating the Lie derivative with the connection $\boldsymbol{D}$ instead of partial derivatives [cf. Eq. (A.8)]:

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{\beta}} \gamma_{i j}=\beta^{k} \underbrace{D_{k} \gamma_{i j}}_{=0}+\gamma_{k j} D_{i} \beta^{k}+\gamma_{i k} D_{j} \beta^{k}, \tag{4.61}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{\beta}} \gamma_{i j}=D_{i} \beta_{j}+D_{j} \beta_{i} . \tag{4.62}
\end{equation*}
$$

### 4.3.2 3+1 Einstein system

Using Eqs. (4.56) and (4.57), as well as (4.59) and (4.60), we rewrite the $3+1$ Einstein system (4.17), (4.19) and (4.22) as

$$
\begin{align*}
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \gamma_{i j}=-2 N K_{i j}  \tag{4.63}\\
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) K_{i j}=-D_{i} D_{j} N+N\left\{R_{i j}+K K_{i j}-2 K_{i k} K_{j}^{k}+4 \pi\left[(S-E) \gamma_{i j}-2 S_{i j}\right]\right\}  \tag{4.64}\\
& \hline
\end{align*}
$$

$$
\begin{align*}
& \hline R+K^{2}-K_{i j} K^{i j}=16 \pi E  \tag{4.65}\\
& \hline D_{j} K_{i}^{j}{ }_{i}-D_{i} K=8 \pi p_{i} . \tag{4.66}
\end{align*}
$$

In this system, the covariant derivatives $D_{i}$ can be expressed in terms of partial derivatives with respect to the spatial coordinates $\left(x^{i}\right)$ by means of the Christoffel symbols $\Gamma^{i}{ }_{j k}$ of $\boldsymbol{D}$ associated with $\left(x^{i}\right)$ :

$$
\begin{align*}
& D_{i} D_{j} N=\frac{\partial^{2} N}{\partial x^{i} \partial x^{j}}-\Gamma^{k}{ }_{i j} \frac{\partial N}{\partial x^{k}},  \tag{4.67}\\
& D_{j} K^{j}{ }_{i}=\frac{\partial K^{j}}{\partial x^{j}}+\Gamma^{j}{ }_{j k} K_{i}^{k}-\Gamma^{k}{ }_{j i} K^{j}{ }_{k},  \tag{4.68}\\
& D_{i} K=\frac{\partial K}{\partial x^{i}} . \tag{4.69}
\end{align*}
$$

The Lie derivatives along $\boldsymbol{\beta}$ can be expressed in terms of partial derivatives with respect to the spatial coordinates $\left(x^{i}\right)$, via Eqs. (4.58) and (4.62):

$$
\begin{align*}
& \mathcal{L}_{\boldsymbol{\beta}} \gamma_{i j}=\frac{\partial \beta_{i}}{\partial x^{j}}+\frac{\partial \beta_{j}}{\partial x^{i}}-2 \Gamma^{k}{ }_{i j} \beta_{k}  \tag{4.70}\\
& \mathcal{L}_{\boldsymbol{\beta}} K_{i j}=\beta^{k} \frac{\partial K_{i j}}{\partial x^{k}}+K_{k j} \frac{\partial \beta^{k}}{\partial x^{i}}+K_{i k} \frac{\partial \beta^{k}}{\partial x^{j}} . \tag{4.71}
\end{align*}
$$

Finally, the Ricci tensor and scalar curvature of $\gamma$ are expressible according to the standard expressions:

$$
\begin{align*}
& R_{i j}=\frac{\partial \Gamma^{k}{ }_{i j}}{\partial x^{k}}-\frac{\partial \Gamma^{k}{ }_{i k}}{\partial x^{j}}+\Gamma^{k}{ }_{i j} \Gamma^{l}{ }_{k l}-\Gamma^{l}{ }_{i k} \Gamma^{k}{ }_{l j}  \tag{4.72}\\
& R=\gamma^{i j} R_{i j} . \tag{4.73}
\end{align*}
$$

For completeness, let us recall the expression of the Christoffel symbols in terms of partial derivatives of the metric:

$$
\begin{equation*}
\Gamma^{k}{ }_{i j}=\frac{1}{2} \gamma^{k l}\left(\frac{\partial \gamma_{l j}}{\partial x^{i}}+\frac{\partial \gamma_{i l}}{\partial x^{j}}-\frac{\partial \gamma_{i j}}{\partial x^{l}}\right) . \tag{4.74}
\end{equation*}
$$

Assuming that matter "source terms" $\left(E, p_{i}, S_{i j}\right)$ are given, the system (4.63)-(4.66), with all the terms explicited according to Eqs. (4.67)-(4.74) constitutes a second-order non-linear

PDE system for the unknowns $\left(\gamma_{i j}, K_{i j}, N, \beta^{i}\right)$. It has been first derived by Darmois, as early as 1927 [105], in the special case $N=1$ and $\boldsymbol{\beta}=0$ (Gaussian normal coordinates, to be discussed in Sec. 4.4.2). The case $N \neq 1$, but still with $\boldsymbol{\beta}=0$, has been obtained by Lichnerowicz in 1939 [176, 177] and the general case (arbitrary lapse and shift) by Choquet-Bruhat in 1948 [126, 128]. A slightly different form, with $K_{i j}$ replaced by the "momentum conjugate to $\gamma_{i j}$ ", namely $\pi^{i j}:=\sqrt{\gamma}\left(K \gamma^{i j}-K^{i j}\right)$, has been derived by Arnowitt, Deser and Misner (1962) [23] from their Hamiltonian formulation of general relativity (to be discussed in Sec. 4.5).

Remark : In the numerical relativity literature, the 3+1 Einstein equations (4.63)-(4.66) are sometimes called the "ADM equations", in reference of the above mentioned work by Arnowitt, Deser and Misner [23]. However, the major contribution of ADM is an Hamiltonian formulation of general relativity (which we will discuss succinctly in Sec. 4.5). This Hamiltonian approach is not used in numerical relativity, which proceeds by integrating the system (4.63)-(4.66). The latter was known before ADM work. In particular, the recognition of the extrinsic curvature $\boldsymbol{K}$ as a fundamental $3+1$ variable was already achieved by Darmois in 1927 [105]. Moreoever, as stressed by York [279] (see also Ref. [12]), Eq. (4.64) is the spatial projection of the spacetime Ricci tensor [i.e. is derived from the Einstein equation in the form (4.2), cf. Sec. 4.1.3] whereas the dynamical equation in the ADM work [23] is instead the spatial projection of the Einstein tensor [i.e. is derived from the Einstein equation in the form (4.1)].

### 4.4 The Cauchy problem

### 4.4.1 General relativity as a three-dimensional dynamical system

The system (4.63)-(4.74) involves only three-dimensional quantities, i.e. tensor fields defined on the hypersurface $\Sigma_{t}$, and their time derivatives. Consequently one may forget about the four-dimensional origin of the system and consider that (4.63)-(4.74) describes time evolving tensor fields on a single three-dimensional manifold $\Sigma$, without any reference to some ambient four-dimensional spacetime. This constitutes the geometrodynamics point of view developed by Wheeler [267] (see also Fischer and Marsden [122, 123] for a more formal treatment).

It is to be noticed that the system (4.63)-(4.74) does not contain any time derivative of the lapse function $N$ nor of the shift vector $\boldsymbol{\beta}$. This means that $N$ and $\boldsymbol{\beta}$ are not dynamical variables. This should not be surprising if one remembers that they are associated with the choice of coordinates $\left(t, x^{i}\right)$ (cf. Sec. 4.2.4). Actually the coordinate freedom of general relativity implies that we may choose the lapse and shift freely, without changing the physical solution $\boldsymbol{g}$ of the Einstein equation. The only things to avoid are coordinate singularities, to which a arbitrary choice of lapse and shift might lead.

### 4.4.2 Analysis within Gaussian normal coordinates

To gain some insight in the nature of the system (4.63)-(4.74), let us simplify it by using the freedom in the choice of lapse and shift: we set

$$
\begin{equation*}
N=1 \tag{4.75}
\end{equation*}
$$

$$
\begin{equation*}
\boldsymbol{\beta}=0, \tag{4.76}
\end{equation*}
$$

in some neighbourhood a given hypersurface $\Sigma_{0}$ where the coordinates $\left(x^{i}\right)$ are specified arbitrarily. This means that the lines of constant spatial coordinates are orthogonal to the hypersurfaces $\Sigma_{t}$ (see Fig. 4.1). Moreover, with $N=1$, the coordinate time $t$ coincides with the proper time measured by the Eulerian observers between neighbouring hypersurfaces $\Sigma_{t}$ [cf. Eq. (3.15)]. Such coordinates are called Gaussian normal coordinates. The foliation away from $\Sigma_{0}$ selected by the choice (4.75) of the lapse function is called a geodesic slicing. This name stems from the fact that the worldlines of the Eulerian observers are geodesics, the parameter $t$ being then an affine parameter along them. This is immediate from Eq. (3.18), which, for $N=1$, implies the vanishing of the 4 -accelerations of the Eulerian observers (free fall).

In Gaussian normal coordinates, the spacetime metric tensor takes a simple form [cf. Eq. (4.48)]:

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-d t^{2}+\gamma_{i j} d x^{i} d x^{j} . \tag{4.77}
\end{equation*}
$$

In general it is not possible to get a Gaussian normal coordinate system that covers all $\mathcal{M}$. This results from the well known tendencies of timelike geodesics without vorticity (such as the worldlines of the Eulerian observers) to focus and eventually cross. This reflects the attractive nature of gravity and is best seen on the Raychaudhuri equation (cf. Lemma 9.2.1 in [265]). However, for the purpose of the present discussion it is sufficient to consider Gaussian normal coordinates in some neighbourhood of the hypersurface $\Sigma_{0}$; provided that the neighbourhood is small enough, this is always possible. The $3+1$ Einstein system (4.63)-(4.66) reduces then to

$$
\begin{align*}
& \frac{\partial \gamma_{i j}}{\partial t}=-2 K_{i j}  \tag{4.78}\\
& \frac{\partial K_{i j}}{\partial t}=R_{i j}+K K_{i j}-2 K_{i k} K^{k}{ }_{j}+4 \pi\left[(S-E) \gamma_{i j}-2 S_{i j}\right]  \tag{4.79}\\
& R+K^{2}-K_{i j} K^{i j}=16 \pi E  \tag{4.80}\\
& D_{j} K^{j}{ }_{i}-D_{i} K=8 \pi p_{i} . \tag{4.81}
\end{align*}
$$

Using the short-hand notation

$$
\begin{equation*}
\dot{\gamma}_{i j}:=\frac{\partial \gamma_{i j}}{\partial t} \tag{4.82}
\end{equation*}
$$

and replacing everywhere $K_{i j}$ thanks to Eq. (4.78), we get

$$
\begin{align*}
& -\frac{\partial^{2} \gamma_{i j}}{\partial t^{2}}=2 R_{i j}+\frac{1}{2} \gamma^{k l} \dot{\gamma}_{k l} \dot{\gamma}_{i j}-2 \gamma^{k l} \dot{\gamma}_{i k} \dot{\gamma}_{l j}+8 \pi\left[(S-E) \gamma_{i j}-2 S_{i j}\right]  \tag{4.83}\\
& R+\frac{1}{4}\left(\gamma^{i j} \dot{\gamma}_{i j}\right)^{2}-\frac{1}{4} \gamma^{i k} \gamma^{j l} \dot{\gamma}_{i j} \dot{\gamma}_{k l}=16 \pi E  \tag{4.84}\\
& D_{j}\left(\gamma^{j k} \dot{\gamma}_{k i}\right)-\frac{\partial}{\partial x^{i}}\left(\gamma^{k l} \dot{\gamma}_{k l}\right)=-16 \pi p_{i} . \tag{4.85}
\end{align*}
$$

As far as the gravitational field is concerned, this equation contains only the 3 -metric $\gamma$. In particular the Ricci tensor can be explicited by plugging Eq. (4.74) into Eq. (4.72). We need only the principal part for our analysis, that is the part containing the derivative of $\gamma_{i j}$ of
hightest degree (two in the present case). We get, denoting by "..." everything but a second order derivative of $\gamma_{i j}$ :

$$
\begin{align*}
R_{i j} & =\frac{\partial \Gamma_{i j}^{k}}{\partial x^{k}}-\frac{\partial \Gamma_{i k}^{k}}{\partial x^{j}}+\cdots \\
& =\frac{1}{2} \frac{\partial}{\partial x^{k}}\left[\gamma^{k l}\left(\frac{\partial \gamma_{l j}}{\partial x^{i}}+\frac{\partial \gamma_{i l}}{\partial x^{j}}-\frac{\partial \gamma_{i j}}{\partial x^{l}}\right)\right]-\frac{1}{2} \frac{\partial}{\partial x^{j}}\left[\gamma^{k l}\left(\frac{\partial \gamma_{l k}}{\partial x^{i}}+\frac{\partial \gamma_{i l}}{\partial x^{k}}-\frac{\partial \gamma_{i k}}{\partial x^{l}}\right)\right]+\cdots \\
& =\frac{1}{2} \gamma^{k l}\left(\frac{\partial^{2} \gamma_{l j}}{\partial x^{k} \partial x^{i}}+\frac{\partial^{2} \gamma_{i l}}{\partial x^{k} \partial x^{j}}-\frac{\partial^{2} \gamma_{i j}}{\partial x^{k} \partial x^{l}}-\frac{\partial^{2} \gamma_{l k}}{\partial x^{j} \partial x^{i}}-\frac{\partial^{2} \gamma_{i l}}{\partial x^{j} \partial x^{k}}+\frac{\partial^{2} \gamma_{i k}}{\partial x^{j} \partial x^{l}}\right)+\cdots \\
R_{i j} & =-\frac{1}{2} \gamma^{k l}\left(\frac{\partial^{2} \gamma_{i j}}{\partial x^{k} \partial x^{l}}+\frac{\partial^{2} \gamma_{k l}}{\partial x^{i} \partial x^{j}}-\frac{\partial^{2} \gamma_{l j}}{\partial x^{i} \partial x^{k}}-\frac{\partial^{2} \gamma_{i l}}{\partial x^{j} \partial x^{k}}\right)+\mathcal{Q}_{i j}\left(\gamma_{k l}, \frac{\partial \gamma_{k l}}{\partial x^{m}}\right) \tag{4.86}
\end{align*}
$$

where $\mathcal{Q}_{i j}\left(\gamma_{k l}, \partial \gamma_{k l} / \partial x^{m}\right)$ is a (non-linear) expression containing the components $\gamma_{k l}$ and their first spatial derivatives only. Taking the trace of (4.86) (i.e. contracting with $\gamma^{i j}$ ), we get

$$
\begin{equation*}
R=\gamma^{i k} \gamma^{j l} \frac{\partial^{2} \gamma_{i j}}{\partial x^{k} \partial x^{l}}-\gamma^{i j} \gamma^{k l} \frac{\partial^{2} \gamma_{i j}}{\partial x^{k} \partial x^{l}}+\mathcal{Q}\left(\gamma_{k l}, \frac{\partial \gamma_{k l}}{\partial x^{m}}\right) . \tag{4.87}
\end{equation*}
$$

Besides

$$
\begin{align*}
D_{j}\left(\gamma^{j k} \dot{\gamma}_{k i}\right) & =\gamma^{j k} D_{j} \dot{\gamma}_{k i}=\gamma^{j k}\left(\frac{\partial \dot{\gamma}_{k i}}{\partial x^{j}}-\Gamma^{l}{ }_{j k} \dot{\gamma}_{l i}-\Gamma^{l}{ }_{j i} \dot{\gamma}_{k l}\right) \\
& =\gamma^{j k} \frac{\partial^{2} \gamma_{k i}}{\partial x^{j} \partial t}+\mathcal{Q}_{i}\left(\gamma_{k l}, \frac{\partial \gamma_{k l}}{\partial x^{m}}, \frac{\partial \gamma_{k l}}{\partial t}\right) \tag{4.88}
\end{align*}
$$

where $\mathcal{Q}_{i}\left(\gamma_{k l}, \partial \gamma_{k l} / \partial x^{m}, \partial \gamma_{k l} / \partial t\right)$ is some expression that does not contain any second order derivative of $\gamma_{k l}$. Substituting Eqs. (4.86), (4.87) and (4.88) in Eqs. (4.83)-(4.85) gives

$$
\begin{align*}
& -\frac{\partial^{2} \gamma_{i j}}{\partial t^{2}}+\gamma^{k l}\left(\frac{\partial^{2} \gamma_{i j}}{\partial x^{k} \partial x^{l}}+\frac{\partial^{2} \gamma_{k l}}{\partial x^{i} \partial x^{j}}-\frac{\partial^{2} \gamma_{l j}}{\partial x^{i} \partial x^{k}}-\frac{\partial^{2} \gamma_{i l}}{\partial x^{j} \partial x^{k}}\right)=8 \pi\left[(S-E) \gamma_{i j}-2 S_{i j}\right] \\
& +\mathcal{Q}_{i j}\left(\gamma_{k l}, \frac{\partial \gamma_{k l}}{\partial x^{m}}, \frac{\partial \gamma_{k l}}{\partial t}\right) \tag{4.89}
\end{align*}
$$

Notice that we have incorporated the first order time derivatives into the $\mathcal{Q}$ terms.
Equations (4.89)-(4.91) constitute a system of PDEs for the unknowns $\gamma_{i j}$. This system is of second order and non linear, but quasi-linear, i.e. linear with respect to all the second order derivatives. Let us recall that, in this system, the $\gamma^{i j}$ 's are to be considered as functions of the $\gamma_{i j}$ 's, these functions being given by expressing the matrix $\left(\gamma_{i j}\right)$ as the inverse of the matrix $\left(\gamma_{i j}\right)$ (e.g. via Cramer's rule).

A key feature of the system (4.89)-(4.91) is that it contains $6+1+3=10$ equations for the 6 unknowns $\gamma_{i j}$. Hence it is an over-determined system. Among the three sub-systems
(4.89), (4.90) and (4.91), only the first one involves second-order time derivatives. Moreover the sub-system (4.89) contains the same numbers of equations than unknowns (six) and it is in a form tractable as a Cauchy problem, namely one could search for a solution, given some initial data. More precisely, the sub-system (4.89) being of second order and in the form

$$
\begin{equation*}
\frac{\partial^{2} \gamma_{i j}}{\partial t^{2}}=F_{i j}\left(\gamma_{k l}, \frac{\partial \gamma_{k l}}{\partial x^{m}}, \frac{\partial \gamma_{k l}}{\partial t}, \frac{\partial^{2} \gamma_{k l}}{\partial x^{m} \partial x^{n}}\right) \tag{4.92}
\end{equation*}
$$

the Cauchy problem amounts to finding a solution $\gamma_{i j}$ for $t>0$ given the knowledge of $\gamma_{i j}$ and $\partial \gamma_{i j} / \partial t$ at $t=0$, i.e. the values of $\gamma_{i j}$ and $\partial \gamma_{i j} / \partial t$ on the hypersurface $\Sigma_{0}$. Since $F_{i j}$ is a analytical function ${ }^{1}$, we can invoke the Cauchy-Kovalevskaya theorem (see e.g. [100]) to guarantee the existence and uniqueness of a solution $\gamma_{i j}$ in a neighbourhood of $\Sigma_{0}$, for any initial data $\left(\gamma_{i j}, \partial \gamma_{i j} / \partial t\right)$ on $\Sigma_{0}$ that are analytical functions of the coordinates $\left(x^{i}\right)$.

The complication arises because of the extra equations (4.90) and (4.91), which must be fulfilled to ensure that the metric $\boldsymbol{g}$ reconstructed from $\gamma_{i j}$ via Eq. (4.77) is indeed a solution of Einstein equation. Equations (4.90) and (4.91), which cannot be put in the form such that the Cauchy-Kovalevskaya theorem applies, constitute constraints for the Cauchy problem (4.89). In particular one has to make sure that the initial data $\left(\gamma_{i j}, \partial \gamma_{i j} / \partial t\right)$ on $\Sigma_{0}$ satisfies these constraints. A natural question which arises is then: suppose that we prepare initial data $\left(\gamma_{i j}, \partial \gamma_{i j} / \partial t\right)$ which satisfy the constraints (4.90)-(4.91) and that we get a solution of the Cauchy problem (4.89) from these initial data, are the constraints satisfied by the solution for $t>0$ ? The answer is yes, thanks to the Bianchi identities, as we shall see in Sec. 10.3.2.

### 4.4.3 Constraint equations

The main conclusions of the above discussion remain valid for the general $3+1$ Einstein system as given by Eqs. (4.63)-(4.66): Eqs. (4.63)-(4.64) constitute a time evolution system tractable as a Cauchy problem, whereas Eqs. (4.65)-(4.66) constitute constraints. This partly justifies the names Hamiltonian constraint and momentum constraint given respectively to Eq. (4.65) and to Eq. (4.66).

The existence of constraints is not specific to general relativity. For instance the Maxwell equations for the electromagnetic field can be treated as a Cauchy problem subject to the constraints $\boldsymbol{D} \cdot \boldsymbol{B}=0$ and $\boldsymbol{D} \cdot \boldsymbol{E}=\rho / \epsilon_{0}$ (see Ref. [171] or Sec. 2.3 of Ref. [44] for details of the electromagnetic analogy).

### 4.4.4 Existence and uniqueness of solutions to the Cauchy problem

In the general case of arbitrary lapse and shift, the time derivative $\dot{\gamma}_{i j}$ introduced in Sec. 4.4.2 has to be replaced by the extrinsic curvature $K_{i j}$, so that the initial data on a given hypersurface $\Sigma_{0}$ is $(\gamma, \boldsymbol{K})$. The couple $(\gamma, \boldsymbol{K})$ has to satisfy the constraint equations (4.65)-(4.66) on $\Sigma_{0}$. One may then ask the question: given a set $\left(\Sigma_{0}, \gamma, \boldsymbol{K}, E, \boldsymbol{p}\right)$, where $\Sigma_{0}$ is a three-dimensional manifold, $\gamma$ a Riemannian metric on $\Sigma_{0}, \boldsymbol{K}$ a symmetric bilinear form field on $\Sigma_{0}, E$ a scalar

[^6]field on $\Sigma_{0}$ and $\boldsymbol{p}$ a vector field on $\Sigma_{0}$, which obeys the constraint equations (4.65)-(4.66):
\[

$$
\begin{align*}
& R+K^{2}-K_{i j} K^{i j}=16 \pi E  \tag{4.93}\\
& D_{j} K_{i}^{j}-D_{i} K=8 \pi p_{i}, \tag{4.94}
\end{align*}
$$
\]

does there exist a spacetime $(\mathcal{M}, \boldsymbol{g}, \boldsymbol{T})$ such that $(\boldsymbol{g}, \boldsymbol{T})$ fulfills the Einstein equation and $\Sigma_{0}$ can be embedded as an hypersurface of $\mathcal{M}$ with induced metric $\gamma$ and extrinsic curvature $\boldsymbol{K}$ ?

Darmois (1927) [105] and Lichnerowicz (1939) [176] have shown that the answer is yes for the vacuum case ( $E=0$ and $p_{i}=0$ ), when the initial data $(\boldsymbol{\gamma}, \boldsymbol{K})$ are analytical functions of the coordinates $\left(x^{i}\right)$ on $\Sigma_{0}$. Their analysis is based on the Cauchy-Kovalevskaya theorem mentioned in Sec. 4.4.2 (cf. Chap. 10 of Wald's textbook [265] for details). However, on physical grounds, the analytical case is too restricted. One would like to deal instead with smooth (i.e. differentiable) initial data. There are at least two reasons for this:

- The smooth manifold structure of $\mathcal{M}$ imposes only that the change of coordinates are differentiable, not necessarily analytical. Consequently if $(\boldsymbol{\gamma}, \boldsymbol{K})$ are analytical functions of the coordinates, they might not be analytical functions of another coordinate system $\left(x^{\prime i}\right)$.
- An analytical function is fully determined by its value and those of all its derivatives at a single point. Equivalently an analytical function is fully determined by its value in some small open domain $D$. This fits badly with causality requirements, because a small change to the initial data, localized in a small region, should not change the whole solution at all points of $\mathcal{M}$. The change should take place only in the so-called domain of dependence of D.

This is why the major breakthrough in the Cauchy problem of general relativity has been achieved by Choquet-Bruhat in 1952 [127] when she showed existence and uniqueness of the solution in a small neighbourhood of $\Sigma_{0}$ for smooth (at least $C^{5}$ ) initial data $(\boldsymbol{\gamma}, \boldsymbol{K})$. We shall not give any sketch on the proof (beside the original publication [127], see the review articles [39] and [88]) but simply mentioned that it is based on harmonic coordinates.

A major improvement has been then the global existence and uniqueness theorem by ChoquetBruhat and Geroch (1969) [87]. The latter tells that among all the spacetimes ( $\mathcal{M}, \boldsymbol{g}$ ) solution of the Einstein equation and such that $\left(\Sigma_{0}, \gamma, \boldsymbol{K}\right)$ is an embedded Cauchy surface, there exists a maximal spacetime $\left(\mathcal{M}^{*}, \boldsymbol{g}^{*}\right)$ and it is unique. Maximal means that any spacetime $(\mathcal{M}, \boldsymbol{g})$ solution of the Cauchy problem is isometric to a subpart of $\left(\mathcal{M}^{*}, \boldsymbol{g}^{*}\right)$. For more details about the existence and uniqueness of solutions to the Cauchy problem, see the reviews by Choquet-Bruhat and York [88], Klainerman and Nicolò [169], Andersson [15] and Rendall [212].

### 4.5 ADM Hamiltonian formulation

Further insight in the $3+1$ Einstein equations is provided by the Hamiltonian formulation of general relativity. Indeed the latter makes use of the $3+1$ formalism, since any Hamiltonian approach involves the concept of a physical state "at a certain time", which is translated in general relativity by the state on a spacelike hypersurface $\Sigma_{t}$. The Hamiltonian formulation
of general relativity has been developed notably by Dirac in the late fifties [115, 116] (see also Ref. [109]), by Arnowitt, Deser and Misner (ADM) in the early sixties [23] and by Regge and Teitelboim in the seventies [209]. Pedagogical presentations are given in Chap. 21 of MTW [189], in Chap. 4 of Poisson's book [205], in M. Henneaux's lectures [157] and in G. Schäfer's ones [218]. Here we focuss on the ADM approach, which makes a direct use of the lapse function and shift vector (contrary to Dirac's one). For simplicity, we consider only the vacuum Einstein equation in this section. Also we shall disregard any boundary term in the action integrals. Such terms will be restored in Chap. 7 in order to discuss total energy and momentum.

### 4.5.1 $3+1$ form of the Hilbert action

Let us consider the standard Hilbert action for general relativity (see N. Deruelle's lecture [108]):

$$
\begin{equation*}
S=\int_{\mathcal{V}}{ }^{4} R \sqrt{-g} d^{4} x \tag{4.95}
\end{equation*}
$$

where $\mathcal{V}$ is a part of $\mathcal{M}$ delimited by two hypersurfaces $\Sigma_{t_{1}}$ and $\Sigma_{t_{2}}\left(t_{1}<t_{2}\right)$ of the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ :

$$
\begin{equation*}
\mathcal{V}:=\bigcup_{t=t_{1}}^{t_{2}} \Sigma_{t} \tag{4.96}
\end{equation*}
$$

Thanks to the $3+1$ decomposition of ${ }^{4} R$ provided by Eq. (3.51) and to the relation $\sqrt{-g}=N \sqrt{\gamma}$ [Eq. (4.55)] we can write

$$
\begin{equation*}
S=\int_{\mathcal{V}}\left[N\left(R+K^{2}+K_{i j} K^{i j}\right)-2 \mathcal{L}_{m} K-2 D_{i} D^{i} N\right] \sqrt{\gamma} d^{4} x . \tag{4.97}
\end{equation*}
$$

Now

$$
\begin{align*}
\mathcal{L}_{\boldsymbol{m}} K & =m^{\mu} \nabla_{\mu} K=N n^{\mu} \nabla_{\mu} K=N[\nabla_{\mu}\left(K n^{\mu}\right)-K \underbrace{\nabla_{\mu} n^{\mu}}_{=-K}] \\
& =N\left[\nabla_{\mu}\left(K n^{\mu}\right)+K^{2}\right] . \tag{4.98}
\end{align*}
$$

Hence Eq. (4.97) becomes

$$
\begin{equation*}
S=\int_{\mathcal{V}}\left[N\left(R+K_{i j} K^{i j}-K^{2}\right)-2 N \nabla_{\mu}\left(K n^{\mu}\right)-2 D_{i} D^{i} N\right] \sqrt{\gamma} d^{4} x . \tag{4.99}
\end{equation*}
$$

But

$$
\begin{equation*}
\int_{\mathcal{V}} N \nabla_{\mu}\left(K n^{\mu}\right) \sqrt{\gamma} d^{4} x=\int_{\mathcal{V}} \nabla_{\mu}\left(K n^{\mu}\right) \sqrt{-g} d^{4} x=\int_{\mathcal{V}} \frac{\partial}{\partial x^{\mu}}\left(\sqrt{-g} K n^{\mu}\right) d^{4} x \tag{4.100}
\end{equation*}
$$

is the integral of a pure divergence and we can disregard this term in the action. Accordingly, the latter becomes

$$
\begin{equation*}
S=\int_{t_{1}}^{t_{2}}\left\{\int_{\Sigma_{t}}\left[N\left(R+K_{i j} K^{i j}-K^{2}\right)-2 D_{i} D^{i} N\right] \sqrt{\gamma} d^{3} x\right\} d t \tag{4.101}
\end{equation*}
$$

where we have used (4.96) to split the four-dimensional integral into a time integral and a three-dimensional one. Again we have a divergence term:

$$
\begin{equation*}
\int_{\Sigma_{t}} D_{i} D^{i} N \sqrt{\gamma} d^{3} x=\int_{\Sigma_{t}} \frac{\partial}{\partial x^{i}}\left(\sqrt{\gamma} D^{i} N\right) d^{3} x \tag{4.102}
\end{equation*}
$$

which we can disregard. Hence the $3+1$ writing of the Hilbert action is

$$
\begin{equation*}
S=\int_{t_{1}}^{t_{2}}\left\{\int_{\Sigma_{t}} N\left(R+K_{i j} K^{i j}-K^{2}\right) \sqrt{\gamma} d^{3} x\right\} d t \tag{4.103}
\end{equation*}
$$

### 4.5.2 Hamiltonian approach

The action (4.103) is to be considered as a functional of the "configuration" variables $q=$ $\left(\gamma_{i j}, N, \beta^{i}\right)$ [which describe the full spacetime metric components $g_{\alpha \beta}$, cf. Eq. (4.47)] and their time derivatives ${ }^{2} \dot{q}=\left(\dot{\gamma}_{i j}, \dot{N}, \dot{\beta}^{i}\right): S=S[q, \dot{q}]$. In particular $K_{i j}$ in Eq. (4.103) is the function of $\dot{\gamma}_{i j}, \gamma_{i j}, N$ and $\beta^{i}$ given by Eqs. (4.63) and (4.62):

$$
\begin{equation*}
K_{i j}=\frac{1}{2 N}\left(\gamma_{i k} D_{j} \beta^{k}+\gamma_{j k} D_{i} \beta^{k}-\dot{\gamma}_{i j}\right) \tag{4.104}
\end{equation*}
$$

From Eq. (4.103), we read that the gravitational field Lagrangian density is

$$
\begin{equation*}
L(q, \dot{q})=N \sqrt{\gamma}\left(R+K_{i j} K^{i j}-K^{2}\right)=N \sqrt{\gamma}\left[R+\left(\gamma^{i k} \gamma^{j l}-\gamma^{i j} \gamma^{k l}\right) K_{i j} K_{k l}\right] \tag{4.105}
\end{equation*}
$$

with $K_{i j}$ and $K_{k l}$ expressed as (4.104). Notice that this Lagrangian does not depend upon the time derivatives of $N$ and $\beta^{i}$ : this shows that the lapse function and the shift vector are not dynamical variables. Consequently the only dynamical variable is $\gamma_{i j}$. The momentum canonically conjugate to it is

$$
\begin{equation*}
\pi^{i j}:=\frac{\partial L}{\partial \dot{\gamma}_{i j}} \tag{4.106}
\end{equation*}
$$

From Eqs. (4.105) and (4.104), we get

$$
\begin{equation*}
\pi^{i j}=N \sqrt{\gamma}\left[\left(\gamma^{i k} \gamma^{j l}-\gamma^{i j} \gamma^{k l}\right) K_{k l}+\left(\gamma^{k i} \gamma^{l j}-\gamma^{k l} \gamma^{i j}\right) K_{k l}\right] \times\left(-\frac{1}{2 N}\right) \tag{4.107}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\pi^{i j}=\sqrt{\gamma}\left(K \gamma^{i j}-K^{i j}\right) \tag{4.108}
\end{equation*}
$$

The Hamiltonian density is given by the Legendre transform

$$
\begin{equation*}
\mathcal{H}=\pi^{i j} \dot{\gamma}_{i j}-L \tag{4.109}
\end{equation*}
$$

[^7]Using Eqs. (4.104), (4.108) and (4.105), we have

$$
\begin{align*}
\mathcal{H}= & \sqrt{\gamma}\left(K \gamma^{i j}-K^{i j}\right)\left(-2 N K_{i j}+D_{i} \beta_{j}+D_{j} \beta_{i}\right)-N \sqrt{\gamma}\left(R+K_{i j} K^{i j}-K^{2}\right) \\
= & \sqrt{\gamma}\left[-N\left(R+K^{2}-K_{i j} K^{i j}\right)+2\left(K \gamma^{j}{ }_{i}-K^{j}{ }_{i}\right) D_{j} \beta^{i}\right] \\
= & -\sqrt{\gamma}\left[N\left(R+K^{2}-K_{i j} K^{i j}\right)+2 \beta^{i}\left(D_{i} K-D_{j} K^{j}{ }_{i}\right)\right] \\
& +2 \sqrt{\gamma} D_{j}\left(K \beta^{j}-K_{i}^{j}{ }_{i} \beta^{i}\right) . \tag{4.110}
\end{align*}
$$

The corresponding Hamiltonian is

$$
\begin{equation*}
H=\int_{\Sigma_{t}} \mathcal{H} d^{3} x \tag{4.111}
\end{equation*}
$$

Noticing that the last term in Eq. (4.110) is a divergence and therefore does not contribute to the integral, we get

$$
\begin{equation*}
H=-\int_{\Sigma_{t}}\left(N C_{0}-2 \beta^{i} C_{i}\right) \sqrt{\gamma} d^{3} x, \tag{4.112}
\end{equation*}
$$

where

$$
\begin{align*}
C_{0} & :=R+K^{2}-K_{i j} K^{i j},  \tag{4.113}\\
C_{i} & :=D_{j} K^{j}{ }_{i}-D_{i} K \tag{4.114}
\end{align*}
$$

are the left-hand sides of the constraint equations (4.65) and (4.66) respectively.
The Hamiltonian $H$ is a functional of the configuration variables $\left(\gamma_{i j}, N, \beta^{i}\right)$ and their conjugate momenta $\left(\pi^{i j}, \pi^{N}, \pi_{i}^{\boldsymbol{\beta}}\right)$, the last two ones being identically zero since

$$
\begin{equation*}
\pi^{N}:=\frac{\partial L}{\partial \dot{N}}=0 \quad \text { and } \quad \pi_{i}^{\boldsymbol{\beta}}:=\frac{\partial L}{\partial \dot{\beta}^{i}}=0 . \tag{4.115}
\end{equation*}
$$

The scalar curvature $R$ which appears in $H$ via $C_{0}$ is a function of $\gamma_{i j}$ and its spatial derivatives, via Eqs. (4.72)-(4.74), whereas $K_{i j}$ which appears in both $C_{0}$ and $C_{i}$ is a function of $\gamma_{i j}$ and $\pi^{i j}$, obtained by "inverting" relation (4.108):

$$
\begin{equation*}
K_{i j}=K_{i j}[\gamma, \boldsymbol{\pi}]=\frac{1}{\sqrt{\gamma}}\left(\frac{1}{2} \gamma_{k l} \pi^{k l} \gamma_{i j}-\gamma_{i k} \gamma_{j l} \pi^{k l}\right) \tag{4.116}
\end{equation*}
$$

The minimization of the Hilbert action is equivalent to the Hamilton equations

$$
\begin{align*}
& \frac{\delta H}{\delta \pi^{i j}}=\dot{\gamma}_{i j}  \tag{4.117}\\
& \frac{\delta H}{\delta \gamma_{i j}}=-\dot{\pi}^{i j}  \tag{4.118}\\
& \frac{\delta H}{\delta N}=-\dot{\pi}^{N}=0  \tag{4.119}\\
& \frac{\delta H}{\delta \beta^{i}}=-\dot{\pi}_{i}^{\boldsymbol{\beta}}=0 . \tag{4.120}
\end{align*}
$$

Computing the functional derivatives from the expression (4.112) of $H$ leads the equations

$$
\begin{align*}
& \frac{\delta H}{\delta \pi^{i j}}=-2 N K_{i j}+D_{i} \beta_{j}+D_{j} \beta_{i}=\dot{\gamma}_{i j}  \tag{4.121}\\
& \frac{\delta H}{\delta \gamma_{i j}}=-\dot{\pi}^{i j}  \tag{4.122}\\
& \frac{\delta H}{\delta N}=-C_{0}=0  \tag{4.123}\\
& \frac{\delta H}{\delta \beta^{i}}=2 C_{i}=0 . \tag{4.124}
\end{align*}
$$

Equation (4.121) is nothing but the first equation of the 3+1 Einstein system (4.63)-(4.66). We do not perform the computation of the variation (4.122) but the explicit calculation (see e.g. Sec. 4.2 .7 of Ref. [205]) yields an equation which is equivalent to the dynamical Einstein equation (4.64). Finally, Eq. (4.123) is the Hamiltonian constraint (4.65) with $E=0$ (vacuum) and Eq. (4.124) is the momentum constraint (4.66) with $p_{i}=0$.

Equations (4.123) and (4.124) show that in the ADM Hamiltonian approach, the lapse function and the shift vector turn out to be Lagrange multipliers to enforce respectively the Hamiltonian constraint and the momentum constraint, the true dynamical variables being $\gamma_{i j}$ and $\pi^{i j}$.

## Chapter 5

## $3+1$ equations for matter and electromagnetic field

## Contents

5.1 Introduction . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 71
5.2 Energy and momentum conservation . . . . . . . . . . . . . . . . . . . 72
5.3 Perfect fluid . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 75
5.4 Electromagnetic field . . . . . . . . . . . . . . . . . . . . . . . . . . . . 82
5.5 3+1 magnetohydrodynamics . . . . . . . . . . . . . . . . . . . . . . . . 82

### 5.1 Introduction

After having considered mostly the left-hand side of Einstein equation, in this chapter we focus on the right-hand side, namely on the matter represented by its stress-energy tensor $\boldsymbol{T}$. By "matter", we actually mean any kind of non-gravitational field, which is minimally coupled to gravity. This includes the electromagnetic field, which we shall treat in Sec. 5.4. The matter obeys two types of equations. The first one is the vanishing of the spacetime divergence of the stress-energy tensor:

$$
\begin{equation*}
\vec{\nabla} \cdot \boldsymbol{T}=0 \tag{5.1}
\end{equation*}
$$

which, thanks to the contracted Bianchi identities, is a consequence of Einstein equation (4.1) (see N. Deruelle's lectures [108]). The second type of equations is the field equations that must be satisfied independently of the Einstein equation, for instance the baryon number conservation law or the Maxwell equations for the electromagnetic field.

### 5.2 Energy and momentum conservation

### 5.2.1 $3+1$ decomposition of the 4 -dimensional equation

Let us replace $\boldsymbol{T}$ in Eq. (5.1) by its $3+1$ expression (4.10) in terms of the energy density $E$, the momentum density $\boldsymbol{p}$ and the stress tensor $\boldsymbol{S}$, all of them as measured by the Eulerian observer. We get, successively,

$$
\begin{align*}
& \nabla_{\mu} T^{\mu}{ }_{\alpha}=0 \\
& \begin{array}{l}
\nabla_{\mu}\left(S^{\mu}{ }_{\alpha}+n^{\mu} p_{\alpha}+p^{\mu} n_{\alpha}+E n^{\mu} n_{\alpha}\right)=0 \\
\nabla_{\mu} S^{\mu}{ }_{\alpha}- \\
\quad K p_{\alpha}+n^{\mu} \nabla_{\mu} p_{\alpha}+\nabla_{\mu} p^{\mu} n_{\alpha}-p^{\mu} K_{\mu \alpha}-K E n_{\alpha}+E D_{\alpha} \ln N \\
\quad \quad+n^{\mu} \nabla_{\mu} E n_{\alpha}=0,
\end{array}
\end{align*}
$$

where we have used Eq. (3.20) to express the $\boldsymbol{\nabla} \underline{\boldsymbol{n}}$ in terms of $\boldsymbol{K}$ and $\boldsymbol{D} \ln N$.

### 5.2.2 Energy conservation

Let us project Eq. (5.2) along the normal to the hypersurfaces $\Sigma_{t}$, i.e. contract Eq. (5.2) with $n^{\alpha}$. We get, since $\boldsymbol{p}, \boldsymbol{K}$ and $\boldsymbol{D} \ln N$ are all orthogonal to $\boldsymbol{n}$ :

$$
\begin{equation*}
n^{\nu} \nabla_{\mu} S_{\nu}^{\mu}+n^{\mu} n^{\nu} \nabla_{\mu} p_{\nu}-\nabla_{\mu} p^{\mu}+K E-n^{\mu} \nabla_{\mu} E=0 \tag{5.3}
\end{equation*}
$$

Now, since $\boldsymbol{n} \cdot \boldsymbol{S}=0$,

$$
\begin{equation*}
n^{\nu} \nabla_{\mu}{S^{\mu}}_{\nu}=-S_{\nu}^{\mu} \nabla_{\mu} n^{\nu}=S_{\nu}^{\mu}\left(K_{\mu}^{\nu}+D^{\nu} \ln N n_{\mu}\right)=K_{\mu \nu} S^{\mu \nu} \tag{5.4}
\end{equation*}
$$

Similarly

$$
\begin{equation*}
n^{\mu} n^{\nu} \nabla_{\mu} p_{\nu}=-p_{\nu} n^{\mu} \nabla_{\mu} n^{\nu}=-p_{\nu} D^{\nu} \ln N \tag{5.5}
\end{equation*}
$$

Besides, let us express the 4-dimensional divergence $\nabla_{\mu} p^{\mu}$ is terms of the 3 -dimensional one, $D_{\mu} p^{\mu}$. For any vector $\boldsymbol{v}$ tangent to $\Sigma_{t}$, like $\overrightarrow{\boldsymbol{p}}$, Eq. (2.79) gives
$D_{\mu} v^{\mu}=\gamma^{\rho}{ }_{\mu} \gamma^{\mu}{ }_{\sigma} \nabla_{\rho} v^{\sigma}=\gamma^{\rho}{ }_{\sigma} \nabla_{\rho} v^{\sigma}=\left(\delta^{\rho}{ }_{\sigma}+n^{\rho} n_{\sigma}\right) \nabla_{\rho} v^{\sigma}=\nabla_{\rho} v^{\rho}-v^{\sigma} n^{\rho} \nabla_{\rho} n_{\sigma}=\nabla_{\rho} v^{\rho}-v^{\sigma} D_{\sigma} \ln N$
Hence the usefull relation between the two divergences

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right), \quad \nabla \cdot \boldsymbol{v}=\boldsymbol{D} \cdot \boldsymbol{v}+\boldsymbol{v} \cdot \boldsymbol{D} \ln N \tag{5.7}
\end{equation*}
$$

or in terms of components,

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right), \quad \nabla_{\mu} v^{\mu}=D_{i} v^{i}+v^{i} D_{i} \ln N \tag{5.8}
\end{equation*}
$$

Applying this relation to $\boldsymbol{v}=\boldsymbol{p}$ and taking into account Eqs. (5.4) and (5.5), Eq. (5.3) becomes

$$
\begin{equation*}
\mathcal{L}_{n} E+\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{p}}+2 \overrightarrow{\boldsymbol{p}} \cdot \boldsymbol{D} \ln N-K E-K_{i j} S^{i j}=0 \tag{5.9}
\end{equation*}
$$

Remark : We have written the derivative of $E$ along $\boldsymbol{n}$ as a Lie derivative. E being a scalar field, we have of course the alternative expressions

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{n}} E=\nabla_{\boldsymbol{n}} E=\boldsymbol{n} \cdot \nabla E=n^{\mu} \nabla_{\mu} E=n^{\mu} \frac{\partial E}{\partial x^{\mu}}=\langle\mathbf{d} E, \boldsymbol{n}\rangle \tag{5.10}
\end{equation*}
$$

$\mathcal{L}_{\boldsymbol{n}} E$ is the derivative of $E$ with respect to the proper time of the Eulerian observers: $\mathcal{L}_{\boldsymbol{n}} E=$ $d E / d \tau$, for $\boldsymbol{n}$ is the 4 -velocity of these observers. It is easy to let appear the derivative with respect to the coordinate time $t$ instead, thanks to the relation $\boldsymbol{n}=N^{-1}\left(\boldsymbol{\partial}_{t}-\boldsymbol{\beta}\right)$ [cf. Eq. (4.31)]:

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{n}} E=\frac{1}{N}\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) E \tag{5.11}
\end{equation*}
$$

Then

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) E+N\left(\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{p}}-K E-K_{i j} S^{i j}\right)+2 \overrightarrow{\boldsymbol{p}} \cdot \boldsymbol{D} N=0 \tag{5.12}
\end{equation*}
$$

in components:

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\beta^{i} \frac{\partial}{\partial x^{i}}\right) E+N\left(D_{i} p^{i}-K E-K_{i j} S^{i j}\right)+2 p^{i} D_{i} N=0 \tag{5.13}
\end{equation*}
$$

This equation has been obtained by York (1979) in his seminal article [276].

### 5.2.3 Newtonian limit

As a check, let us consider the Newtonian limit of Eq. (5.12). For this purpose let us assume that the gravitational field is weak and static. It is then always possible to find a coordinate system $\left(x^{\alpha}\right)=\left(x^{0}=c t, x^{i}\right)$ such that the metric components take the form (cf. N. Deruelle's lectures [108])

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-(1+2 \Phi) d t^{2}+(1-2 \Phi) f_{i j} d x^{i} d x^{j} \tag{5.14}
\end{equation*}
$$

where $\Phi$ is the Newtonian gravitational potential (solution of Poisson equation $\Delta \Phi=4 \pi G \rho$ ) and $f_{i j}$ are the components the flat Euclidean metric $\boldsymbol{f}$ in the 3 -dimensional space. For a weak gravitational field (Newtonian limit), $|\Phi| \ll 1$ (in units where the light velocity is not one, this should read $|\Phi| / c^{2} \ll 1$ ). Comparing Eq. (5.14) with (4.48), we get $N=\sqrt{1+2 \Phi} \simeq 1+\Phi$, $\boldsymbol{\beta}=0$ and $\boldsymbol{\gamma}=(1-2 \Phi) \boldsymbol{f}$. From Eq. (4.63), we then obtain immediately that $\boldsymbol{K}=0$. To summarize:

$$
\begin{equation*}
\text { Newtonian limit: } \quad N=1+\Phi, \quad \boldsymbol{\beta}=0, \quad \boldsymbol{\gamma}=(1-2 \Phi) \boldsymbol{f}, \quad \boldsymbol{K}=0, \quad|\Phi| \ll 1 \tag{5.15}
\end{equation*}
$$

Notice that the Eulerian observer becomes a Galilean (inertial) observer for he is non-rotating (cf. remark page 44).

Taking into account the limits (5.15), Eq. (5.12) reduces to

$$
\begin{equation*}
\frac{\partial E}{\partial t}+\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{p}}=-2 \overrightarrow{\boldsymbol{p}} \cdot \boldsymbol{D} \Phi \tag{5.16}
\end{equation*}
$$

Let us denote by $\mathcal{D}$ the Levi-Civita connection associated with the flat metric $f$. Obviously $\boldsymbol{D} \Phi=\mathcal{D} \Phi$. On the other side, let us express the divergence $\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{p}}$ in terms of the divergence $\mathcal{D} \cdot \overrightarrow{\boldsymbol{p}}$. From Eq. (5.15), we have $\gamma^{i j}=(1-2 \Phi)^{-1} f^{i j} \simeq(1+2 \Phi) f^{i j}$ as well as the relation $\sqrt{\gamma}=\sqrt{(1-2 \Phi)^{3} f} \simeq(1-3 \Phi) \sqrt{f}$ between the determinants $\gamma$ and $f$ of respectively $\left(\gamma_{i j}\right)$ and $\left(f_{i j}\right)$. Therefore

$$
\begin{align*}
\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{p}} & =\frac{1}{\sqrt{\gamma}} \frac{\partial}{\partial x^{i}}\left(\sqrt{\gamma} p^{i}\right)=\frac{1}{\sqrt{\gamma}} \frac{\partial}{\partial x^{i}}\left(\sqrt{\gamma} \gamma^{i j} p_{j}\right) \\
& \simeq \frac{1}{(1-3 \Phi) \sqrt{f}} \frac{\partial}{\partial x^{i}}\left[(1-3 \Phi) \sqrt{f}(1+2 \Phi) f^{i j} p_{j}\right] \simeq \frac{1}{\sqrt{f}} \frac{\partial}{\partial x^{i}}\left[(1-\Phi) \sqrt{f} f^{i j} p_{j}\right] \\
& \simeq \frac{1}{\sqrt{f}} \frac{\partial}{\partial x^{i}}\left(\sqrt{f} f^{i j} p_{j}\right)-f^{i j} p_{j} \frac{\partial \Phi}{\partial x^{i}} \\
& \simeq \mathcal{D} \cdot \overrightarrow{\boldsymbol{p}}-\overrightarrow{\boldsymbol{p}} \cdot \mathcal{D} \Phi . \tag{5.17}
\end{align*}
$$

Consequently Eq. (5.16) becomes

$$
\begin{equation*}
\frac{\partial E}{\partial t}+\mathcal{D} \cdot \overrightarrow{\boldsymbol{p}}=-\overrightarrow{\boldsymbol{p}} \cdot \mathcal{D} \Phi \tag{5.18}
\end{equation*}
$$

This is the standard energy conservation relation in a Galilean frame with the source term $-\vec{p} \cdot \mathcal{D} \Phi$. The latter constitutes the density of power provided to the system by the gravitational field (this will be clear in the perfect fluid case, to be discussed below).

Remark : In the left-hand side of Eq. (5.18), the quantity p plays the role of an energy flux, whereas it had been defined in Sec. 4.1.2 as a momentum density. It is well known that both aspects are equivalent (see e.g. Chap. 22 of [155]).

### 5.2.4 Momentum conservation

Let us now project Eq. (5.2) onto $\Sigma_{t}$ :

$$
\begin{equation*}
\gamma_{\alpha}^{\nu} \nabla_{\mu} S^{\mu}{ }_{\nu}-K p_{\alpha}+\gamma^{\nu}{ }_{\alpha} n^{\mu} \nabla_{\mu} p_{\nu}-K_{\alpha \mu} p^{\mu}+E D_{\alpha} \ln N=0 . \tag{5.19}
\end{equation*}
$$

Now, from relation (2.79),

$$
\begin{align*}
D_{\mu} S^{\mu}{ }_{\alpha} & =\gamma^{\rho}{ }_{\mu} \gamma^{\mu}{ }_{\sigma} \gamma^{\nu}{ }_{\alpha} \nabla_{\rho} S^{\sigma}{ }_{\nu}=\gamma^{\rho}{ }_{\sigma} \gamma^{\nu}{ }_{\alpha} \nabla_{\rho} S^{\sigma}{ }_{\nu} \\
& =\gamma^{\nu}{ }_{\alpha}\left(\delta^{\rho}{ }_{\sigma}+n^{\rho} n_{\sigma}\right) \nabla_{\rho} S^{\sigma}{ }_{\nu}=\gamma^{\nu}{ }_{\alpha}(\nabla_{\rho} S^{\rho}{ }_{\nu}-S^{\sigma}{ }_{\nu} \underbrace{n^{\rho} \nabla_{\rho} n_{\sigma}}_{=D_{\sigma} \ln N}) \\
& =\gamma^{\nu}{ }_{\alpha} \nabla_{\mu} S^{\mu}{ }_{\nu}-S^{\mu}{ }_{\alpha} D_{\mu} \ln N . \tag{5.20}
\end{align*}
$$

Besides

$$
\begin{align*}
\gamma_{\alpha}^{\nu} n^{\mu} \nabla_{\mu} p_{\nu} & =N^{-1} \gamma^{\nu}{ }_{\alpha} m^{\mu} \nabla_{\mu} p_{\nu}=N^{-1} \gamma^{\nu}{ }_{\alpha}\left(\mathcal{L}_{\boldsymbol{m}} p_{\nu}-p_{\mu} \nabla_{\nu} m^{\mu}\right) \\
& =N^{-1} \mathcal{L}_{\boldsymbol{m}} p_{\alpha}+K_{\alpha \mu} p^{\mu}, \tag{5.21}
\end{align*}
$$

where use has been made of Eqs. (3.22) and (3.22) to get the second line. In view of Eqs. (5.19) and (5.20), Eq. (5.21) becomes

$$
\begin{equation*}
\frac{1}{N} \mathcal{L}_{m} p_{\alpha}+D_{\mu} S_{\alpha}^{\mu}+S_{\alpha}^{\mu} D_{\mu} \ln N-K p_{\alpha}+E D_{\alpha} \ln N=0 \tag{5.22}
\end{equation*}
$$

Writing $\mathcal{L}_{\boldsymbol{m}}=\partial / \partial t-\mathcal{L}_{\boldsymbol{\beta}}$, we obtain

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \boldsymbol{p}+N \boldsymbol{D} \cdot \overrightarrow{\boldsymbol{S}}+\boldsymbol{S} \cdot \overrightarrow{\boldsymbol{D}} N-N K \boldsymbol{p}+E \boldsymbol{D} N=0 \tag{5.23}
\end{equation*}
$$

or in components

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) p_{i}+N D_{j} S_{i}^{j}+S_{i j} D^{j} N-N K p_{i}+E D_{i} N=0 \tag{5.24}
\end{equation*}
$$

Again, this equation appears in York's article [276]. Actually York's version [his Eq. (41)] contains an additional term, for it is written for the vector $\overrightarrow{\boldsymbol{p}}$ dual to the linear form $\boldsymbol{p}$, and since $\mathcal{L}_{\boldsymbol{m}} \gamma^{i j} \neq 0$, this generates the extra term $p_{j} \mathcal{L}_{\boldsymbol{m}} \gamma^{i j}=2 N K^{i j} p_{j}$.

To take the Newtonian limit of Eq. (5.23), we shall consider not only Eq. (5.15), which provides the Newtonian limit of the gravitational field, by in addition the relation

$$
\begin{equation*}
\text { Newtonian limit: } \quad\left|S_{j}^{i}\right| \ll E \tag{5.25}
\end{equation*}
$$

which expresses that the matter is not relativistic. Then the Newtonian limit of (5.23) is

$$
\begin{equation*}
\frac{\partial \boldsymbol{p}}{\partial t}+\mathcal{D} \cdot \overrightarrow{\boldsymbol{S}}=-E \mathcal{D} \Phi \tag{5.26}
\end{equation*}
$$

Note that in relating $\boldsymbol{D} \cdot \overrightarrow{\boldsymbol{S}}$ to $\mathcal{D} \cdot \overrightarrow{\boldsymbol{S}}$, there should appear derivatives of $\Phi$, as in Eq. (5.17), but thanks to property (5.25), these terms are negligible in front of $E \mathcal{D} \Phi$. Equation (5.26) is the standard momentum conservation law, with $-E \mathcal{D} \Phi$ being the gravitational force density.

### 5.3 Perfect fluid

### 5.3.1 kinematics

The perfect fluid model of matter relies on a vector field $\boldsymbol{u}$ of 4 -velocities, giving at each point the 4 -velocity of a fluid particle. In addition the perfect fluid is characterized by an isotropic pressure in the fluid frame. More precisely, the perfect fluid model is entirely defined by the following stress-energy tensor:

$$
\begin{equation*}
\boldsymbol{T}=(\rho+P) \underline{\boldsymbol{u}} \otimes \underline{\boldsymbol{u}}+P \boldsymbol{g} \tag{5.27}
\end{equation*}
$$

where $\rho$ and $P$ are two scalar fields, representing respectively the matter energy density and the pressure, both measured in the fluid frame (i.e. by an observer who is comoving with the fluid), and $\underline{\boldsymbol{u}}$ is the 1 -form associated to the 4 -velocity $\boldsymbol{u}$ by the metric tensor $\boldsymbol{g}$ [cf. Eq. (2.9)].


Figure 5.1: Worldine $\mathcal{L}$ of a fluid element crossing the spacetime foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$. $\boldsymbol{u}$ is the fluid 4-velocity and $\boldsymbol{U}=d \ell / d \tau$ the relative velocity of the fluid with respect to the Eulerian observer, whose 4 -velocity is $\boldsymbol{n} . \boldsymbol{U}$ is tangent to $\Sigma_{t}$ and enters in the orthogonal decomposition of $\boldsymbol{u}$ with respect to $\Sigma_{t}$, via $\boldsymbol{u}=\Gamma(\boldsymbol{n}+\boldsymbol{U})$. NB: contrary to what the figure might suggest, $d \tau>d \tau_{0}$ (conflict between the figure's underlying Euclidean geometry and the actual Lorentzian geometry of spacetime).

Let us consider a fluid element at point $p \in \Sigma_{t}$ (cf. Fig. 5.1). Let $\tau$ be the Eulerian observer's proper time at $p$. At the coordinate time $t+d t$, the fluid element has moved to the point $q \in \Sigma_{t+d t}$. The date $\tau+d \tau$ attributed to the event $q$ by the Eulerian observer moving through $p$ is given by the orthogonal projection $q^{\prime}$ of $q$ onto the wordline of that observer. Indeed, let us recall that the space of simultaneous events (local rest frame) for the Eulerian observer is the space orthogonal to his 4 -velocity $\boldsymbol{u}$, i.e. locally $\Sigma_{t}$ (cf. Sec. 3.3.3). Let $d \boldsymbol{\ell}$ be the infinitesimal vector connecting $q^{\prime}$ to $q$. Let $d \tau_{0}$ be the increment of the fluid proper time between the events $p$ and $q$. The Lorentz factor of the fluid with respect to the Eulerian observer is defined as being the proportionality factor $\Gamma$ between the proper times $d \tau_{0}$ and $d \tau$ :

$$
\begin{equation*}
d \tau=: \Gamma d \tau_{0} \text {. } \tag{5.28}
\end{equation*}
$$

One has the triangle identity (cf. Fig. 5.1):

$$
\begin{equation*}
d \tau_{0} \boldsymbol{u}=d \tau \boldsymbol{n}+d \boldsymbol{\ell} \tag{5.29}
\end{equation*}
$$

Taking the scalar product with $\boldsymbol{n}$ yields

$$
\begin{equation*}
d \tau_{0} \boldsymbol{n} \cdot \boldsymbol{u}=d \tau \underbrace{\boldsymbol{n} \cdot \boldsymbol{n}}_{=-1}+\underbrace{\boldsymbol{n} \cdot d \boldsymbol{\ell} \boldsymbol{\ell}}_{=0}, \tag{5.30}
\end{equation*}
$$

hence, using relation (5.28),

$$
\begin{equation*}
\Gamma=-\boldsymbol{n} \cdot \boldsymbol{u} \text {. } \tag{5.31}
\end{equation*}
$$

From a pure geometrical point of view, the Lorentz factor is thus nothing but minus the scalar product of the two 4 -velocities, the fluid's one and the Eulerian observer's one.

Remark : Whereas $\Gamma$ has been defined in an asymmetric way as the "Lorentz factor of the fluid observer with respect to the Eulerian observer", the above formula shows that the Lorentz factor is actually a symmetric quantity in terms of the two observers.

Using the components $n_{\alpha}$ of $\underline{\boldsymbol{n}}$ given by Eq. (4.38), Eq. (5.31) gives an expression of the Lorentz factor in terms of the component $u^{0}$ of $\boldsymbol{u}$ with respect to the coordinates $\left(t, x^{i}\right)$ :

$$
\begin{equation*}
\Gamma=N u^{0} . \tag{5.32}
\end{equation*}
$$

The fluid velocity relative to the Eulerian observer is defined as the quotient of the displacement $d \boldsymbol{\ell}$ by the proper time $d \tau$, both quantities being relative to the Eulerian observer (cf. Fig. 5.1):

$$
\begin{equation*}
\boldsymbol{U}:=\frac{d \boldsymbol{\ell}}{d \tau} \text {. } \tag{5.33}
\end{equation*}
$$

Notice that by construction, $\boldsymbol{U}$ is tangent to $\Sigma_{t}$. Dividing the identity (5.29) by $d \tau$ and making use of Eq. (5.28) results in

$$
\begin{equation*}
\boldsymbol{u}=\Gamma(\boldsymbol{n}+\boldsymbol{U}) \text {. } \tag{5.34}
\end{equation*}
$$

Since $\boldsymbol{n} \cdot \boldsymbol{U}=0$, the above writting constitutes the orthogonal $3+1$ decomposition of the fluid 4 -velocity $\boldsymbol{u}$. The normalization relation of the fluid 4 -velocity, i.e. $\boldsymbol{u} \cdot \boldsymbol{u}=-1$, combined with Eq. (5.34), results in

$$
\begin{equation*}
-1=\Gamma^{2}(\underbrace{\boldsymbol{n} \cdot \boldsymbol{n}}_{=-1}+2 \underbrace{\boldsymbol{n} \cdot \boldsymbol{U}}_{=0}+\boldsymbol{U} \cdot \boldsymbol{U}), \tag{5.35}
\end{equation*}
$$

hence

$$
\begin{equation*}
\Gamma=(1-\boldsymbol{U} \cdot \boldsymbol{U})^{-1 / 2} . \tag{5.36}
\end{equation*}
$$

Thus, in terms of the velocity $\boldsymbol{U}$, the Lorentz factor is expressed by a formula identical of that of special relativity, except of course that the scalar product in Eq. (5.36) is to be taken with the (curved) metric $\gamma$, whereas in special relativity it is taken with a flat metric.

It is worth to introduce another type of fluid velocity, namely the fluid coordinate velocity defined by

$$
\begin{equation*}
\boldsymbol{V}:=\frac{d \boldsymbol{x}}{d t} \tag{5.37}
\end{equation*}
$$

where $d \boldsymbol{x}$ is the displacement of the fluid worldline with respect to the line of constant spatial coordinates (cf. Fig. 5.2). More precisely, if the fluid moves from the point $p$ of coordinates $\left(t, x^{i}\right)$ to the point $q$ of coordinates $\left(t+d t, x^{i}+d x^{i}\right)$, the fluid coordinate velocity is defined as the vector tangent to $\Sigma_{t}$, the components of which are

$$
\begin{equation*}
V^{i}=\frac{d x^{i}}{d t} \tag{5.38}
\end{equation*}
$$

Noticing that the components of the fluid 4 -velocity are $u^{\alpha}=d x^{\alpha} / d \tau_{0}$, the above formula can be written

$$
\begin{equation*}
V^{i}=\frac{u^{i}}{u^{0}} . \tag{5.39}
\end{equation*}
$$



Figure 5.2: Coordinate velocity $\boldsymbol{V}$ of the fluid defined as the ratio of the fluid displacement with respect to the line of constant spatial coordinates to the coordinate time increment $d t$.

From the very definition of the shift vector (cf. Sec. 4.2.2), the drift of the coordinate line $x^{i}=$ const from the Eulerian observer worldline between $t$ and $t+d t$ is the vector $d t \boldsymbol{\beta}$. Hence we have (cf. Fig. 5.2)

$$
\begin{equation*}
d \boldsymbol{\ell}=d t \boldsymbol{\beta}+d \boldsymbol{x} . \tag{5.40}
\end{equation*}
$$

Dividing this relation by $d \tau$, using Eqs. (5.33), (3.15) and (5.37) yields

$$
\begin{equation*}
\boldsymbol{U}=\frac{1}{N}(\boldsymbol{V}+\boldsymbol{\beta}) \text {. } \tag{5.41}
\end{equation*}
$$

On this expression, it is clear that at the Newtonian limit as given by (5.15), $\boldsymbol{U}=\boldsymbol{V}$.

### 5.3.2 Baryon number conservation

In addition to $\boldsymbol{\nabla} \cdot \boldsymbol{T}=0$, the perfect fluid must obey to the fundamental law of baryon number conservation:

$$
\begin{equation*}
\nabla \cdot \boldsymbol{j}_{\mathrm{B}}=0 \tag{5.42}
\end{equation*}
$$

where $\boldsymbol{j}_{\mathrm{B}}$ is the baryon number 4-current, expressible in terms of the fluid 4 -velocity and the fluid proper baryon number density $n_{B}$ as

$$
\begin{equation*}
\boldsymbol{j}_{\mathrm{B}}=n_{\mathrm{B}} \boldsymbol{u} \tag{5.43}
\end{equation*}
$$

The baryon number density measured by the Eulerian observer is

$$
\begin{equation*}
\mathcal{N}_{\mathrm{B}}:=-\boldsymbol{j}_{\mathrm{B}} \cdot \boldsymbol{n} \tag{5.44}
\end{equation*}
$$

Combining Eqs. (5.31) and (5.43), we get

$$
\begin{equation*}
\mathcal{N}_{\mathrm{B}}=\Gamma n_{\mathrm{B}} \text {. } \tag{5.45}
\end{equation*}
$$

This relation is easily interpretable by remembering that $\mathcal{N}_{\mathrm{B}}$ and $n_{\mathrm{B}}$ are volume densities and invoking the Lorentz-FitzGerald "length contraction" in the direction of motion.

The baryon number current measured by the Eulerian observer is given by the orthogonal projection of $\boldsymbol{j}_{\mathrm{B}}$ onto $\Sigma_{t}$ :

$$
\begin{equation*}
J_{\mathrm{B}}:=\vec{\gamma}\left(j_{\mathrm{B}}\right) . \tag{5.46}
\end{equation*}
$$

Taking into account that $\vec{\gamma}(\boldsymbol{u})=\Gamma \boldsymbol{U}$ [Eq. (5.34)], we get the simple relation

$$
\begin{equation*}
J_{\mathrm{B}}=\mathcal{N}_{\mathrm{B}} \boldsymbol{U} \text {. } \tag{5.47}
\end{equation*}
$$

Using the above formulæ, as well as the orthogonal decomposition (5.34) of $\boldsymbol{u}$, the baryon number conservation law (5.42) can be written

$$
\begin{align*}
& \boldsymbol{\nabla} \cdot\left(n_{\mathrm{B}} \boldsymbol{u}\right)=0 \\
\Rightarrow & \boldsymbol{\nabla} \cdot\left[n_{\mathrm{B}} \Gamma(\boldsymbol{n}+\boldsymbol{U})\right]=0 \\
\Rightarrow & \boldsymbol{\nabla} \cdot\left[\mathcal{N}_{\mathrm{B}} \boldsymbol{n}+\mathcal{N}_{\mathrm{B}} \boldsymbol{U}\right]=0 \\
\Rightarrow & \boldsymbol{n} \cdot \boldsymbol{\nabla} \mathcal{N}_{\mathrm{B}}+\mathcal{N}_{\mathrm{B}} \underbrace{\boldsymbol{\nabla} \cdot \boldsymbol{n}}_{=-K}+\boldsymbol{\nabla} \cdot\left(\mathcal{N}_{\mathrm{B}} \boldsymbol{U}\right)=0 \tag{5.48}
\end{align*}
$$

Since $\mathcal{N}_{B} \boldsymbol{U} \in \mathcal{T}\left(\Sigma_{t}\right)$, we may use the divergence formula (5.7) and obtain

$$
\begin{equation*}
\mathcal{L}_{n} \mathcal{N}_{\mathrm{B}}-K \mathcal{N}_{\mathrm{B}}+\boldsymbol{D} \cdot\left(\mathcal{N}_{\mathrm{B}} \boldsymbol{U}\right)+\mathcal{N}_{\mathrm{B}} \boldsymbol{U} \cdot \boldsymbol{D} \ln N=0 \tag{5.49}
\end{equation*}
$$

where we have written $\boldsymbol{n} \cdot \nabla \mathcal{N}_{\mathrm{B}}=\mathcal{L}_{\boldsymbol{n}} \mathcal{N}_{\mathrm{B}}$. Since $\boldsymbol{n}=N^{-1}\left(\boldsymbol{\partial}_{t}-\boldsymbol{\beta}\right)$ [Eq. (4.31)], we may rewrite the above equation as

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \mathcal{N}_{\mathrm{B}}+\boldsymbol{D} \cdot\left(N \mathcal{N}_{\mathrm{B}} \boldsymbol{U}\right)-N K \mathcal{N}_{\mathrm{B}}=0 . \tag{5.50}
\end{equation*}
$$

Using Eq. (5.41), we can put this equation in an alternative form

$$
\begin{equation*}
\frac{\partial}{\partial t} \mathcal{N}_{\mathrm{B}}+\boldsymbol{D} \cdot\left(\mathcal{N}_{\mathrm{B}} \boldsymbol{V}\right)+\mathcal{N}_{\mathrm{B}}(\boldsymbol{D} \cdot \boldsymbol{\beta}-N K)=0 \tag{5.51}
\end{equation*}
$$

### 5.3.3 Dynamical quantities

The fluid energy density as measured by the Eulerian observer is given by formula (4.3): $E=$ $\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{n})$, with the stress-energy tensor (5.27). Hence $E=(\rho+P)(\boldsymbol{u} \cdot \boldsymbol{n})^{2}+P \boldsymbol{g}(\boldsymbol{n}, \boldsymbol{n})$. Since $\boldsymbol{u} \cdot \boldsymbol{n}=-\Gamma$ [Eq. (5.31)] and $\boldsymbol{g}(\boldsymbol{n}, \boldsymbol{n})=-1$, we get

$$
\begin{equation*}
E=\Gamma^{2}(\rho+P)-P \text {. } \tag{5.52}
\end{equation*}
$$

Remark : For pressureless matter (dust), the above formula reduces to $E=\Gamma^{2} \rho$. The reader familiar with the formula $E=\Gamma m c^{2}$ may then be puzzled by the $\Gamma^{2}$ factor in (5.52). However he should remind that $E$ is not an energy, but an energy per unit volume: the extra $\Gamma$ factor arises from "length contraction" in the direction of motion.

Introducing the proper baryon density $n_{\mathrm{B}}$, one may decompose the proper energy density $\rho$ in terms of a proper rest-mass energy density $\rho_{0}$ and an proper internal energy $\varepsilon_{\text {int }}$ as

$$
\begin{equation*}
\rho=\rho_{0}+\varepsilon_{\mathrm{int}}, \quad \text { with } \quad \rho_{0}:=m_{\mathrm{B}} n_{\mathrm{B}} \tag{5.53}
\end{equation*}
$$

$m_{\mathrm{B}}$ being a constant, namely the mean baryon rest mass ( $m_{\mathrm{B}} \simeq 1.66 \times 10^{-27} \mathrm{~kg}$ ). Inserting the above relation into Eq. (5.52) and writting $\Gamma^{2} \rho=\Gamma \rho+(\Gamma-1) \Gamma \rho$ leads to the following decomposition of $E$ :

$$
\begin{equation*}
E=E_{0}+E_{\text {kin }}+E_{\text {int }}, \tag{5.54}
\end{equation*}
$$

with the rest-mass energy density

$$
\begin{equation*}
E_{0}:=m_{\mathrm{B}} \mathcal{N}_{\mathrm{B}} \tag{5.55}
\end{equation*}
$$

the kinetic energy density

$$
\begin{equation*}
E_{\text {kin }}:=(\Gamma-1) E_{0}=(\Gamma-1) m_{\mathrm{B}} \mathcal{N}_{\mathrm{B}}, \tag{5.56}
\end{equation*}
$$

the internal energy density

$$
\begin{equation*}
E_{\mathrm{int}}:=\Gamma^{2}\left(\varepsilon_{\mathrm{int}}+P\right)-P . \tag{5.57}
\end{equation*}
$$

The three quantities $E_{0}, E_{\text {kin }}$ and $E_{\text {int }}$ are relative to the Eulerian observer.
At the Newtonian limit, we shall suppose that the fluid is not relativistic [cf. (5.25)]:

$$
\begin{equation*}
P \ll \rho_{0}, \quad\left|\epsilon_{\text {int }}\right| \ll \rho_{0}, \quad U^{2}:=\boldsymbol{U} \cdot \boldsymbol{U} \ll 1 . \tag{5.58}
\end{equation*}
$$

Then we get

$$
\begin{equation*}
\text { Newtonian limit: } \quad \Gamma \simeq 1+\frac{U^{2}}{2}, \quad E \simeq E+P \simeq E_{0} \simeq \rho_{0}, \quad E-E_{0} \simeq \frac{1}{2} \rho_{0} U^{2}+\varepsilon_{\mathrm{int}} . \tag{5.59}
\end{equation*}
$$

The fluid momentum density as measured by the Eulerian observer is obtained by applying formula (4.4):

$$
\begin{align*}
\boldsymbol{p} & =-\boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}(.))=-(\rho+P) \underbrace{\langle\boldsymbol{u}, \boldsymbol{n}\rangle}_{=-\Gamma} \underbrace{\langle\boldsymbol{u}, \vec{\gamma}(.)\rangle}_{=\Gamma \underline{\boldsymbol{U}}}-P \underbrace{\boldsymbol{g}(\boldsymbol{n}, \vec{\gamma}(.))}_{=0} \\
& =\Gamma^{2}(\rho+P) \underline{\boldsymbol{U}}, \tag{5.60}
\end{align*}
$$

where Eqs. (5.31) and (5.34) have been used to get the second line. Taking into account Eq. (5.52), the above relation becomes

$$
\begin{equation*}
\boldsymbol{p = ( E + P ) \underline { \boldsymbol { U } } .} \tag{5.61}
\end{equation*}
$$

Finally, by applying formula (4.7), we get the fluid stress tensor with respect to the Eulerian observer:

$$
\begin{align*}
\boldsymbol{S} & =\vec{\gamma}^{*} \boldsymbol{T}=(\rho+P) \underbrace{\vec{\gamma}^{*} \underline{\boldsymbol{u}}}_{=\Gamma \underline{\boldsymbol{\gamma}}} \otimes \underbrace{\vec{\gamma}^{*} \underline{\boldsymbol{u}}}_{=\Gamma \underline{\boldsymbol{U}}}+P \underbrace{\vec{\gamma}^{*} \boldsymbol{g}}_{=\gamma} \\
& =P \gamma+\Gamma^{2}(\rho+P) \underline{\boldsymbol{U}} \otimes \underline{\boldsymbol{U}}, \tag{5.62}
\end{align*}
$$

or, taking into account Eq. (5.52),

$$
\begin{equation*}
\boldsymbol{S}=P \gamma+(E+P) \underline{\boldsymbol{U}} \otimes \underline{\boldsymbol{U}} . \tag{5.63}
\end{equation*}
$$

### 5.3.4 Energy conservation law

By means of Eqs. (5.61) and (5.63), the energy conservation law (5.12) becomes

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) E+N\left\{\boldsymbol{D} \cdot[(E+P) \boldsymbol{U}]-(E+P)\left(K+K_{i j} U^{i} U^{j}\right)\right\}+2(E+P) \boldsymbol{U} \cdot \boldsymbol{D} N=0 \tag{5.64}
\end{equation*}
$$

To take the Newtonian limit, we may combine the Newtonian limit of the baryon number conservation law (5.50) with Eq. (5.18) to get

$$
\begin{equation*}
\frac{\partial E^{\prime}}{\partial t}+\mathcal{D} \cdot\left[\left(E^{\prime}+P\right) \boldsymbol{U}\right]=-\boldsymbol{U} \cdot\left(\rho_{0} \mathcal{D} \Phi\right) \tag{5.65}
\end{equation*}
$$

where $E^{\prime}:=E-E_{0}=E_{\text {kin }}+E_{\text {int }}$ and we clearly recognize in the right-hand side the power provided to a unit volume fluid element by the gravitational force.

### 5.3.5 Relativistic Euler equation

Injecting the expressions (5.61) and (5.63) into the momentum conservation law (5.23), we get

$$
\begin{align*}
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right)\left[(E+P) U_{i}\right]+N D_{j}\left[P \delta_{i}^{j}+(E+P) U^{j} U_{i}\right]+\left[P \gamma_{i j}+(E+P) U_{i} U_{j}\right] D^{j} N \\
& -N K(E+P) U_{i}+E D_{i} N=0 \tag{5.66}
\end{align*}
$$

Expanding and making use of Eq. (5.64) yields

$$
\begin{gather*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) U_{i}+N U^{j} D_{j} U_{i}-U^{j} D_{j} N U_{i}+D_{i} N+N K_{k l} U^{k} U^{l} U_{i} \\
\quad+\frac{1}{E+P}\left[N D_{i} P+U_{i}\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) P\right]=0 \tag{5.67}
\end{gather*}
$$

Now, from Eq. (5.41), $N U^{j} D_{j} U_{i}=V^{j} D_{j} U_{i}+\beta^{j} D_{j} U_{i}$, so that $-\mathcal{L}_{\boldsymbol{\beta}} U_{i}+N U^{j} D_{j} U_{i}=V^{j} D_{j} U_{i}-$ $U_{j} D_{i} \beta^{j}$ [cf. Eq. (A.7)]. Hence the above equation can be written

$$
\begin{align*}
\frac{\partial U_{i}}{\partial t}+V^{j} D_{j} U_{i}+N K_{k l} U^{k} U^{l} U_{i}-U_{j} D_{i} \beta^{j}= & -\frac{1}{E+P}\left[N D_{i} P+U_{i}\left(\frac{\partial P}{\partial t}-\beta^{j} \frac{\partial P}{\partial x^{j}}\right)\right] \\
& -D_{i} N+U_{i} U^{j} D_{j} N \tag{5.68}
\end{align*}
$$

The Newtonian limit of this equation is [cf. Eqs. (5.15) and (5.59)]

$$
\begin{equation*}
\frac{\partial U_{i}}{\partial t}+U^{j} \mathcal{D}_{j} U_{i}=-\frac{1}{\rho_{0}} \mathcal{D}_{i} P-\mathcal{D}_{i} \Phi \tag{5.69}
\end{equation*}
$$

i.e. the standard Euler equation in presence of a gravitational field of potential $\Phi$.

### 5.3.6 Further developments

For further developments in $3+1$ relativistic hydrodynamics, we refer to the review article by Font [124]. Let us also point out that the $3+1$ decomposition presented above is not very convenient for discussing conservation laws, such as the relativistic generalizations of Bernoulli's theorem or Kelvin's circulation theorem. For this purpose the Carter-Lichnerowicz approach, which is based on exterior calculus, is much more powerfull, as discussed in Ref. [143].

### 5.4 Electromagnetic field

not written up yet; see Ref. [258].

## $5.53+1$ magnetohydrodynamics

not written up yet; see Refs. [45, 235, 22].

## Chapter 6

## Conformal decomposition

## Contents

6.1 Introduction ..... 83
6.2 Conformal decomposition of the 3-metric ..... 85
6.3 Expression of the Ricci tensor ..... 89
6.4 Conformal decomposition of the extrinsic curvature ..... 91
6.5 Conformal form of the $3+1$ Einstein system ..... 95
6.6 Isenberg-Wilson-Mathews approximation to General Relativity ..... 99

### 6.1 Introduction

Historically, conformal decompositions in $3+1$ general relativity have been introduced in two contexts. First of all, Lichnerowicz [177] ${ }^{1}$ has introduced in 1944 a decomposition of the induced metric $\gamma$ of the hypersurfaces $\Sigma_{t}$ of the type

$$
\begin{equation*}
\gamma=\Psi^{4} \tilde{\gamma} \tag{6.1}
\end{equation*}
$$

where $\Psi$ is some strictly positive scalar field and $\tilde{\gamma}$ an auxiliary metric on $\Sigma_{t}$, which is necessarily Riemannian (i.e. positive definite), as $\gamma$ is. The relation (6.1) is called a conformal transformation and $\tilde{\gamma}$ will be called hereafter the conformal metric. Lichnerowicz has shown that the conformal decomposition of $\gamma$, along with some specific conformal decomposition of the extrinsic curvature provides a fruitful tool for the resolution of the constraint equations to get valid initial data for the Cauchy problem. This will be discussed in Chap. 8.

Then, in 1971-72, York [271, 272] has shown that conformal decompositions are also important for the time evolution problem, by demonstrating that the two degrees of freedom of the gravitational field are carried by the conformal equivalence classes of 3 -metrics. A conformal

[^8]equivalence class is defined as the set of all metrics that can be related to a given metric $\gamma$ by a transform like (6.1). The argument of York is based on the Cotton tensor [99], which is a rank-3 covariant tensor defined from the covariant derivative of the Ricci tensor $\boldsymbol{R}$ of $\boldsymbol{\gamma}$ by
\[

$$
\begin{equation*}
\mathcal{C}_{i j k}:=D_{k}\left(R_{i j}-\frac{1}{4} R \gamma_{i j}\right)-D_{j}\left(R_{i k}-\frac{1}{4} R \gamma_{i k}\right) . \tag{6.2}
\end{equation*}
$$

\]

The Cotton tensor is conformally invariant and shows the same property with respect to 3 dimensional metric manifolds than the Weyl tensor [cf. Eq. (2.18)] for metric manifolds of dimension strictly greater than 3 , namely its vanishing is a necessary and sufficient condition for the metric to be conformally flat, i.e. to be expressible as $\gamma=\Psi^{4} \boldsymbol{f}$, where $\Psi$ is some scalar field and $\boldsymbol{f}$ a flat metric. Let us recall that in dimension 3, the Weyl tensor vanishes identically. More precisely, York [271] constructed from the Cotton tensor the following rank-2 tensor

$$
\begin{equation*}
C^{i j}:=-\frac{1}{2} \epsilon^{i k l} \mathcal{C}_{m k l} \gamma^{m j}=\epsilon^{i k l} D_{k}\left(R^{j}{ }_{l}-\frac{1}{4} R \delta^{j}{ }_{l}\right), \tag{6.3}
\end{equation*}
$$

where $\boldsymbol{\epsilon}$ is the Levi-Civita alternating tensor associated with the metric $\boldsymbol{\gamma}$. This tensor is called the Cotton-York tensor and exhibits the following properties:

- symmetric: $C^{j i}=C^{i j}$
- traceless: $\gamma_{i j} C^{i j}=0$
- divergence-free (one says also transverse): $D_{j} C^{i j}=0$

Moreover, if one consider, instead of $\boldsymbol{C}$, the following tensor density of weight $5 / 3$,

$$
\begin{equation*}
C_{*}^{i j}:=\gamma^{5 / 6} C^{i j}, \tag{6.4}
\end{equation*}
$$

where $\gamma:=\operatorname{det}\left(\gamma_{i j}\right)$, then one gets a conformally invariant quantity. Indeed, under a conformal transformation of the type (6.1), $\epsilon^{i k l}=\Psi^{-6} \tilde{\epsilon}^{i k l}, \mathcal{C}_{m k l}=\tilde{\mathcal{C}}_{m k l}$ (conformal invariance of the Cotton tensor), $\gamma^{m l}=\Psi^{-4} \tilde{\gamma}^{m l}$ and $\gamma^{5 / 6}=\Psi^{10} \tilde{\gamma}^{5 / 6}$, so that $C_{*}^{i j}=\tilde{C}_{*}^{i j}$. The traceless and transverse (TT) properties being characteristic of the pure spin 2 representations of the gravitational field (cf. T. Damour's lectures [103]), the conformal invariance of $C_{*}^{i j}$ shows that the true degrees of freedom of the gravitational field are carried by the conformal equivalence class.

Remark : The remarkable feature of the Cotton-York tensor is to be a TT object constructed from the physical metric $\gamma$ alone, without the need of some extra-structure on the manifold $\Sigma_{t}$. Usually, TT objects are defined with respect to some extra-structure, such as privileged Cartesian coordinates or a flat background metric, as in the post-Newtonian approach to general relativity (see L. Blanchet's lectures [58]).

Remark : The Cotton and Cotton-York tensors involve third derivatives of the metric tensor.

### 6.2 Conformal decomposition of the 3-metric

### 6.2.1 Unit-determinant conformal "metric"

A somewhat natural representative of a conformal equivalence class is the unit-determinant conformal "metric"

$$
\begin{equation*}
\hat{\gamma}:=\gamma^{-1 / 3} \gamma, \tag{6.5}
\end{equation*}
$$

where $\gamma:=\operatorname{det}\left(\gamma_{i j}\right)$. This would correspond to the choice $\Psi=\gamma^{1 / 12}$ in Eq. (6.1). All the metrics $\gamma$ in the same conformal equivalence class lead to the same value of $\hat{\boldsymbol{\gamma}}$. However, since the determinant $\gamma$ depends upon the choice of coordinates to express the components $\gamma_{i j}, \Psi=\gamma^{1 / 12}$ would not be a scalar field. Actually, the quantity $\hat{\gamma}$ is not a tensor field, but a tensor density, of weight $-2 / 3$.

Let us recall that a tensor density of weight $n \in \mathbb{Q}$ is a quantity $\boldsymbol{\tau}$ such that

$$
\begin{equation*}
\boldsymbol{\tau}=\gamma^{n / 2} \boldsymbol{T} \tag{6.6}
\end{equation*}
$$

where $\boldsymbol{T}$ is a tensor field.
Remark : The conformal "metric" (6.5) has been used notably in the BSSN formulation [233, 43] for the time evolution of $3+1$ Einstein system, to be discussed in Chap. 9. An "associated" connection $\hat{D}$ has been introduced, such that $\hat{D} \hat{\gamma}=0$. However, since $\hat{\gamma}$ is a tensor density and not a tensor field, there is not a unique connection associated with it (LeviCivita connection). In particular one has $\boldsymbol{D} \hat{\gamma}=0$, so that the connection $\boldsymbol{D}$ associated with the metric $\gamma$ is "associated" with $\hat{\boldsymbol{\gamma}}$, in addition to $\hat{\boldsymbol{D}}$. As a consequence, some of the formula presented in the original references $[233,43]$ for the BSSN formalism have a meaning only for Cartesian coordinates.

### 6.2.2 Background metric

To clarify the meaning of $\hat{\boldsymbol{D}}$ (i.e. to avoid to work with tensor densities) and to allow for the use of spherical coordinates, we introduce an extra structure on the hypersurfaces $\Sigma_{t}$, namely a background metric $\boldsymbol{f}$ [63]. It is asked that the signature of $\boldsymbol{f}$ is $(+,+,+)$, i.e. that $\boldsymbol{f}$ is a Riemannian metric, as $\boldsymbol{\gamma}$. Moreover, we tight $\boldsymbol{f}$ to the coordinates $\left(x^{i}\right)$ by demanding that the components $f_{i j}$ of $\boldsymbol{f}$ with respect to $\left(x^{i}\right)$ obey to

$$
\begin{equation*}
\frac{\partial f_{i j}}{\partial t}=0 \tag{6.7}
\end{equation*}
$$

An equivalent writing of this is

$$
\begin{equation*}
\mathcal{L}_{\partial_{t}} f=0 \tag{6.8}
\end{equation*}
$$

i.e. the metric $f$ is Lie-dragged along the coordinate time evolution vector $\boldsymbol{\partial}_{t}$.

If the topology of $\Sigma_{t}$ enables it, it is quite natural to choose $\boldsymbol{f}$ to be flat, i.e. such that its Riemann tensor vanishes. However, in this chapter, we shall not make such hypothesis, except in Sec. 6.6.

As an example of background metric, let us consider a coordinate system $\left(x^{i}\right)=(x, y, z)$ on $\Sigma_{t}$ and define the metric $f$ as the bilinear form whose components with respect to that coordinate system are $f_{i j}=\operatorname{diag}(1,1,1)$ (in this example, $\boldsymbol{f}$ is flat).

The inverse metric is denoted by $f^{i j}$ :

$$
\begin{equation*}
f^{i k} f_{k j}=\delta^{i}{ }_{j} . \tag{6.9}
\end{equation*}
$$

In particular note that, except for the very special case $\gamma_{i j}=f_{i j}$, one has

$$
\begin{equation*}
f^{i j} \neq \gamma^{i k} \gamma^{j l} f_{k l} . \tag{6.10}
\end{equation*}
$$

We denote by $\mathcal{D}$ the Levi-Civita connection associated with $\boldsymbol{f}$ :

$$
\begin{equation*}
\mathcal{D}_{k} f_{i j}=0 \tag{6.11}
\end{equation*}
$$

and define

$$
\begin{equation*}
\mathcal{D}^{i}=f^{i j} \mathcal{D}_{j} . \tag{6.12}
\end{equation*}
$$

The Christoffel symbols of the connection $\mathcal{D}$ with respect to the coordinates $\left(x^{i}\right)$ are denoted by $\bar{\Gamma}^{k}{ }_{i j}$; they are given by the standard expression:

$$
\begin{equation*}
\bar{\Gamma}^{k}{ }_{i j}=\frac{1}{2} f^{k l}\left(\frac{\partial f_{l j}}{\partial x^{i}}+\frac{\partial f_{i l}}{\partial x^{j}}-\frac{\partial f_{i j}}{\partial x^{l}}\right) . \tag{6.13}
\end{equation*}
$$

### 6.2.3 Conformal metric

Thanks to $f$, we define

$$
\begin{equation*}
\tilde{\gamma}:=\Psi^{-4} \gamma \tag{6.14}
\end{equation*}
$$

where

$$
\begin{equation*}
\Psi:=\left(\frac{\gamma}{f}\right)^{1 / 12}, \quad \gamma:=\operatorname{det}\left(\gamma_{i j}\right), \quad f:=\operatorname{det}\left(f_{i j}\right) \text {. } \tag{6.15}
\end{equation*}
$$

The key point is that, contrary to $\gamma, \Psi$ is a tensor field on $\Sigma_{t}$. Indeed a change of coordinates $\left(x^{i}\right) \mapsto\left(x^{i^{\prime}}\right)$ induces the following changes in the determinants:

$$
\begin{align*}
\gamma^{\prime} & =(\operatorname{det} J)^{2} \gamma  \tag{6.16}\\
f^{\prime} & =(\operatorname{det} J)^{2} f, \tag{6.17}
\end{align*}
$$

where $J$ denotes the Jacobian matrix

$$
\begin{equation*}
J^{i}{ }_{i^{\prime}}:=\frac{\partial x^{i}}{\partial x^{i^{\prime}}} . \tag{6.18}
\end{equation*}
$$

From Eqs. (6.16)-(6.17) it is obvious that $\gamma^{\prime} / f^{\prime}=\gamma / f$, which shows that $\gamma / f$, and hence $\Psi$, is a scalar field. Of course, this scalar field depends upon the choice of the background metric $f$. $\Psi$ being a scalar field, the quantity $\tilde{\gamma}$ defined by (6.14) is a tensor field on $\Sigma_{t}$. Moreover, it is a Riemannian metric on $\Sigma_{t}$. We shall call it the conformal metric. By construction, it satisfies

$$
\begin{equation*}
\operatorname{det}\left(\tilde{\gamma}_{i j}\right)=f \text {. } \tag{6.19}
\end{equation*}
$$

This is the "unit-determinant" condition fulfilled by $\tilde{\gamma}$. Indeed, if one uses for ( $x^{i}$ ) Cartesiantype coordinates, then $f=1$. But the condition (6.19) is more flexible and allows for the use of e.g. spherical type coordinates $\left(x^{i}\right)=(r, \theta, \varphi)$, for which $f=r^{4} \sin ^{2} \theta$.

We define the inverse conformal metric $\tilde{\gamma}^{i j}$ by the requirement

$$
\begin{equation*}
\tilde{\gamma}_{i k} \tilde{\gamma}^{k j}=\delta_{i}{ }^{j}, \tag{6.20}
\end{equation*}
$$

which is equivalent to

$$
\begin{equation*}
\tilde{\gamma}^{i j}=\Psi^{4} \gamma^{i j} . \tag{6.21}
\end{equation*}
$$

Hence, combining with Eq. (6.14),

$$
\begin{equation*}
\gamma_{i j}=\Psi^{4} \tilde{\gamma}_{i j} \quad \text { and } \quad \gamma^{i j}=\Psi^{-4} \tilde{\gamma}^{i j} \text {. } \tag{6.22}
\end{equation*}
$$

Note also that although we are using the same notation $\tilde{\gamma}$ for both $\tilde{\gamma}_{i j}$ and $\tilde{\gamma}^{i j}$, one has

$$
\begin{equation*}
\tilde{\gamma}^{i j} \neq \gamma^{i k} \gamma^{j l} \tilde{\gamma}_{k l}, \tag{6.23}
\end{equation*}
$$

except in the special case $\Psi=1$.
Example : A simple example of a conformal decomposition is provided by the Schwarzschild spacetime described with isotropic coordinates $\left(x^{\alpha}\right)=(t, r, \theta, \varphi)$; the latter are related to the standard Schwarzschild coordinates $(t, R, \theta, \varphi)$ by $R=r\left(1+\frac{m}{2 r}\right)^{2}$. The components of the spacetime metric tensor in the isotropic coordinates are given by (see e.g.

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-\left(\frac{1-\frac{m}{2 r}}{1+\frac{m}{2 r}}\right)^{2} d t^{2}+\left(1+\frac{m}{2 r}\right)^{4}\left[d r^{2}+r^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right)\right] \tag{6.24}
\end{equation*}
$$

where the constant $m$ is the mass of the Schwarzschild solution. If we define the background metric to be $f_{i j}=\operatorname{diag}\left(1, r^{2}, r^{2} \sin ^{2} \theta\right)$, we read on this line element that $\gamma=\Psi^{4} \tilde{\gamma}$ with

$$
\begin{equation*}
\Psi=1+\frac{m}{2 r} \tag{6.25}
\end{equation*}
$$

and $\tilde{\gamma}=f$. Notice that in this example, the background metric $\boldsymbol{f}$ is flat and that the conformal metric coincides with the background metric.

Example : Another example is provided by the weak field metric introduced in Sec. 5.2.3 to take Newtonian limits. We read on the line element (5.14) that the conformal metric is $\tilde{\gamma}=\boldsymbol{f}$ and that the conformal factor is

$$
\begin{equation*}
\Psi=(1-2 \Phi)^{1 / 4} \simeq 1-\frac{1}{2} \Phi, \tag{6.26}
\end{equation*}
$$

where $|\Phi| \ll 1$ and $\Phi$ reduces to the gravitational potential at the Newtonian limit. As a side remark, notice that if we identify expressions (6.25) and (6.26), we recover the standard expression $\Phi=-m / r$ (remember $G=1$ !) for the Newtonian gravitational potential outside a spherical distribution of mass.

### 6.2.4 Conformal connection

$\tilde{\gamma}$ being a well defined metric on $\Sigma_{t}$, let $\tilde{D}$ be the Levi-Civita connection associated to it:

$$
\begin{equation*}
\tilde{D} \tilde{\gamma}=0 . \tag{6.27}
\end{equation*}
$$

Let us denote by $\tilde{\Gamma}^{k}{ }_{i j}$ the Christoffel symbols of $\tilde{\boldsymbol{D}}$ with respect to the coordinates $\left(x^{i}\right)$ :

$$
\begin{equation*}
\tilde{\Gamma}^{k}{ }_{i j}=\frac{1}{2} \tilde{\gamma}^{k l}\left(\frac{\partial \tilde{\gamma}_{l j}}{\partial x^{i}}+\frac{\partial \tilde{\gamma}_{i l}}{\partial x^{j}}-\frac{\partial \tilde{\gamma}_{i j}}{\partial x^{l}}\right) . \tag{6.28}
\end{equation*}
$$

Given a tensor field $\boldsymbol{T}$ of type $\binom{p}{q}$ on $\Sigma_{t}$, the covariant derivatives $\tilde{\boldsymbol{D}} \boldsymbol{T}$ and $\boldsymbol{D} \boldsymbol{T}$ are related by the formula

$$
\begin{equation*}
D_{k} T^{i_{1} \ldots i_{p}}{ }_{j_{1} \ldots j_{q}}=\tilde{D}_{k} T^{i_{1} \ldots i_{p}}{ }_{j_{1} \ldots j_{q}}+\sum_{r=1}^{p} C_{k l}^{i_{r}} T^{i_{1} \ldots l \ldots i_{p}}{ }_{j_{1} \ldots j_{q}}-\sum_{r=1}^{q} C^{l}{ }_{k j_{r}} T_{j_{1} \ldots l \ldots j_{q}}^{i_{1} \ldots i_{p}}, \tag{6.29}
\end{equation*}
$$

where ${ }^{2}$

$$
\begin{equation*}
C^{k}{ }_{i j}:=\Gamma^{k}{ }_{i j}-\tilde{\Gamma}^{k}{ }_{i j}, \tag{6.30}
\end{equation*}
$$

$\Gamma^{k}{ }_{i j}$ being the Christoffel symbols of the connection $\boldsymbol{D}$. The formula (6.29) follows immediately from the expressions of $\boldsymbol{D} \boldsymbol{T}$ and $\tilde{\boldsymbol{D}} \boldsymbol{T}$ in terms of respectively the Christoffel symbols $\Gamma^{k}{ }_{i j}$ and $\tilde{\Gamma}^{k}{ }_{i j}$. Since $D_{k} T^{i_{1} \ldots i_{p}}{ }_{j_{1} \ldots j_{q}}-\tilde{D}_{k} T^{i_{1} \ldots i_{p}}{ }_{j_{1} \ldots j_{q}}$ are the components of a tensor field, namely $\boldsymbol{D} \boldsymbol{T}-\tilde{\boldsymbol{D}} \boldsymbol{T}$, it follows from Eq. (6.29) that the $C^{k}{ }_{i j}$ are also the components of a tensor field. Hence we recover a well known property: although the Christoffel symbols are not the components of any tensor field, the difference between two sets of them represents the components of a tensor field. We may express the tensor $C^{k}{ }_{i j}$ in terms of the $\tilde{\boldsymbol{D}}$-derivatives of the metric $\gamma$, by the same formula than the one for the Christoffel symbols $\Gamma^{k}{ }_{i j}$, except that the partial derivatives are replaced by $\tilde{D}$-derivatives:

$$
\begin{equation*}
C^{k}{ }_{i j}=\frac{1}{2} \gamma^{k l}\left(\tilde{D}_{i} \gamma_{l j}+\tilde{D}_{j} \gamma_{i l}-\tilde{D}_{l} \gamma_{i j}\right) . \tag{6.31}
\end{equation*}
$$

It is easy to establish this relation by evaluating the right-hand side, expressing the $\tilde{\boldsymbol{D}}$-derivatives of $\gamma$ in terms of the Christoffel symbols $\tilde{\Gamma}^{k}{ }_{i j}$ :

$$
\begin{align*}
\frac{1}{2} \gamma^{k l}\left(\tilde{D}_{i} \gamma_{l j}+\tilde{D}_{j} \gamma_{i l}-\tilde{D}_{l} \gamma_{i j}\right)= & \frac{1}{2} \gamma^{k l}\left(\frac{\partial \gamma_{l j}}{\partial x^{i}}-\tilde{\Gamma}^{m}{ }_{i l} \gamma_{m j}-\tilde{\Gamma}^{m}{ }_{i j} \gamma_{l m}+\frac{\partial \gamma_{i l}}{\partial x^{j}}-\tilde{\Gamma}^{m}{ }_{j i} \gamma_{m l}-\tilde{\Gamma}^{m}{ }_{j l} \gamma_{i m}\right. \\
& \left.-\frac{\partial \gamma_{i j}}{\partial x^{l}}+\tilde{\Gamma}^{m}{ }_{l i} \gamma_{m j}+\tilde{\Gamma}^{m}{ }_{l j} \gamma_{i m}\right) \\
= & \Gamma^{k}{ }_{i j}+\frac{1}{2} \gamma^{k l}(-2) \tilde{\Gamma}^{m}{ }_{i j} \gamma_{l m} \\
= & \Gamma^{k}{ }_{i j}-\delta^{k}{ }_{m} \tilde{\Gamma}^{m}{ }_{i j} \\
= & C^{k}{ }_{i j}, \tag{6.32}
\end{align*}
$$

[^9]where we have used the symmetry with respect to $(i, j)$ of the Christoffel symbols $\tilde{\Gamma}^{k}{ }_{i j}$ to get the second line.

Let us replace $\gamma_{i j}$ and $\gamma^{i j}$ in Eq. (6.31) by their expressions (6.22) in terms of $\tilde{\gamma}_{i j}, \tilde{\gamma}^{i j}$ and $\Psi$ :

$$
\begin{aligned}
C_{i j}^{k} & =\frac{1}{2} \Psi^{-4} \tilde{\gamma}^{k l}\left[\tilde{D}_{i}\left(\Psi^{4} \tilde{\gamma}_{l j}\right)+\tilde{D}_{j}\left(\Psi^{4} \gamma_{i l}\right)-\tilde{D}_{l}\left(\Psi^{4} \tilde{\gamma}_{i j}\right)\right] \\
& =\frac{1}{2} \Psi^{-4} \tilde{\gamma}^{k l}\left(\tilde{\gamma}_{l j} \tilde{D}_{i} \Psi^{4}+\tilde{\gamma}_{i l} \tilde{D}_{j} \Psi^{4}-\tilde{\gamma}_{i j} \tilde{D}_{l} \Psi^{4}\right) \\
& =\frac{1}{2} \Psi^{-4}\left(\delta^{k}{ }_{j} \tilde{D}_{i} \Psi^{4}+\delta^{k}{ }_{i} \tilde{D}_{j} \Psi^{4}-\tilde{\gamma}_{i j} \tilde{D}^{k} \Psi^{4}\right)
\end{aligned}
$$

Hence

$$
\begin{equation*}
C^{k}{ }_{i j}=2\left(\delta^{k}{ }_{i} \tilde{D}_{j} \ln \Psi+\delta^{k}{ }_{j} \tilde{D}_{i} \ln \Psi-\tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j}\right) . \tag{6.33}
\end{equation*}
$$

A usefull application of this formula is to derive the relation between the two covariant derivatives $\boldsymbol{D} \boldsymbol{v}$ and $\tilde{\boldsymbol{D}} \boldsymbol{v}$ of a vector field $\boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right)$. From Eq. (6.29), we have

$$
\begin{equation*}
D_{j} v^{i}=\tilde{D}_{j} v^{i}+C_{j k}^{i} v^{k} \tag{6.34}
\end{equation*}
$$

so that expression (6.33) yields

$$
\begin{equation*}
D_{j} v^{i}=\tilde{D}_{j} v^{i}+2\left(v^{k} \tilde{D}_{k} \ln \Psi \delta_{j}^{i}+v^{i} \tilde{D}_{j} \ln \Psi-\tilde{D}^{i} \ln \Psi \tilde{\gamma}_{j k} v^{k}\right) \tag{6.35}
\end{equation*}
$$

Taking the trace, we get a relation between the two divergences:

$$
\begin{equation*}
D_{i} v^{i}=\tilde{D}_{i} v^{i}+6 v^{i} \tilde{D}_{i} \ln \Psi \tag{6.36}
\end{equation*}
$$

or equivalently,

$$
\begin{equation*}
D_{i} v^{i}=\Psi^{-6} \tilde{D}_{i}\left(\Psi^{6} v^{i}\right) \tag{6.37}
\end{equation*}
$$

Remark : The above formula could have been obtained directly from the standard expression of the divergence of a vector field in terms of partial derivatives and the determinant $\gamma$ of $\gamma$, both with respect to some coordinate system $\left(x^{i}\right)$ :

$$
\begin{equation*}
D_{i} v^{i}=\frac{1}{\sqrt{\gamma}} \frac{\partial}{\partial x^{i}}\left(\sqrt{\gamma} v^{i}\right) \tag{6.38}
\end{equation*}
$$

Noticing that $\gamma_{i j}=\Psi^{4} \tilde{\gamma}_{i j}$ implies $\sqrt{\gamma}=\Psi^{6} \sqrt{\tilde{\gamma}}$, we get immediately Eq. (6.37).

### 6.3 Expression of the Ricci tensor

In this section, we express the Ricci tensor $\boldsymbol{R}$ which appears in the $3+1$ Einstein system (4.63)(4.66), in terms of the Ricci tensor $\tilde{\boldsymbol{R}}$ associated with the metric $\tilde{\gamma}$ and derivatives of the conformal factor $\Psi$.

### 6.3.1 General formula relating the two Ricci tensors

The starting point of the calculation is the Ricci identity (2.34) applied to a generic vector field $\boldsymbol{v} \in \mathcal{T}\left(\Sigma_{t}\right):$

$$
\begin{equation*}
\left(D_{i} D_{j}-D_{j} D_{i}\right) v^{k}=R^{k}{ }_{l i j} v^{l} . \tag{6.39}
\end{equation*}
$$

Contracting this relation on the indices $i$ and $k$ (and relabelling $i \leftrightarrow j$ ) let appear the Ricci tensor:

$$
\begin{equation*}
R_{i j} v^{j}=D_{j} D_{i} v^{j}-D_{i} D_{j} v^{j} . \tag{6.40}
\end{equation*}
$$

Expressing the $\boldsymbol{D}$-derivatives in term of the $\tilde{\boldsymbol{D}}$-derivatives via formula (6.29), we get

$$
\begin{align*}
R_{i j} v^{j}= & \tilde{D}_{j}\left(D_{i} v^{j}\right)-C^{k}{ }_{j i} D_{k} v^{j}+C^{j}{ }_{j k} D_{i} v^{k}-\tilde{D}_{i}\left(D_{j} v^{j}\right) \\
= & \tilde{D}_{j}\left(\tilde{D}_{i} v^{j}+C^{j}{ }_{i k} v^{k}\right)-C^{k}{ }_{j i}\left(\tilde{D}_{k} v^{j}+C^{j}{ }_{k l} v^{l}\right)+C^{j}{ }_{j k}\left(\tilde{D}_{i} v^{k}+C^{k}{ }_{i l} v^{l}\right)-\tilde{D}_{i}\left(\tilde{D}_{j} v^{j}+C^{j}{ }_{j k} v^{k}\right) \\
= & \tilde{D}_{j} \tilde{D}_{i} v^{j}+\tilde{D}_{j} C^{j}{ }_{i k} v^{k}+C^{j}{ }_{i k} \tilde{D}_{j} v^{k}-C^{k}{ }_{j i} \tilde{D}_{k} v^{j}-C^{k}{ }_{j i} C^{j}{ }_{k l} v^{l}+C^{j}{ }_{j k} \tilde{D}_{i} v^{k}+C^{j}{ }_{j k} C^{k}{ }_{i l} v^{l} \\
& -\tilde{D}_{i} \tilde{D}_{j} v^{j}-\tilde{D}_{i} C^{j}{ }_{j k} v^{k}-C^{j}{ }_{j k} \tilde{D}_{i} v^{k} \\
= & \tilde{D}_{j} \tilde{D}_{i} v^{j}-\tilde{D}_{i} \tilde{D}_{j} v^{j}+\tilde{D}_{j} C^{j}{ }_{i k} v^{k}-C^{k}{ }_{j i} C^{j}{ }_{k l} v^{l}+C^{j}{ }_{j k} C^{k}{ }_{i l} v^{l}-\tilde{D}_{i} C^{j}{ }_{j k} v^{k} . \tag{6.41}
\end{align*}
$$

We can replace the first two terms in the right-hand side via the contracted Ricci identity similar to Eq. (6.40) but regarding the connection $\tilde{\boldsymbol{D}}$ :

$$
\begin{equation*}
\tilde{D}_{j} \tilde{D}_{i} v^{j}-\tilde{D}_{i} \tilde{D}_{j} v^{j}=\tilde{R}_{i j} v^{j} \tag{6.42}
\end{equation*}
$$

Then, after some relabelling $j \leftrightarrow k$ or $j \leftrightarrow l$ of dumb indices, Eq. (6.41) becomes

$$
\begin{equation*}
R_{i j} v^{j}=\tilde{R}_{i j} v^{j}+\tilde{D}_{k} C^{k}{ }_{i j} v^{j}-\tilde{D}_{i} C^{k}{ }_{j k} v^{j}+C^{l}{ }_{l k} C^{k}{ }_{i j} v^{j}-C^{k}{ }_{l i} C^{l}{ }_{k j} v^{j} . \tag{6.43}
\end{equation*}
$$

This relation being valid for any vector field $\boldsymbol{v}$, we conclude that

$$
\begin{equation*}
R_{i j}=\tilde{R}_{i j}+\tilde{D}_{k} C^{k}{ }_{i j}-\tilde{D}_{i} C^{k}{ }_{k j}+C^{k}{ }_{i j} C^{l}{ }_{l k}-C^{k}{ }_{i l} C^{l}{ }_{k j}, \tag{6.44}
\end{equation*}
$$

where we have used the symmetry of $C^{k}{ }_{i j}$ in its two last indices.
Remark : Eq. (6.44) is the general formula relating the Ricci tensors of two connections, with the $C^{k}{ }_{i j}$ 's being the differences of their Christoffel symbols [Eq. (6.30)]. This formula does not rely on the fact that the metrics $\gamma$ and $\tilde{\gamma}$ associated with the two connections are conformally related.

### 6.3.2 Expression in terms of the conformal factor

Let now replace $C^{k}{ }_{i j}$ in Eq. (6.44) by its expression in terms of the derivatives of $\Psi$, i.e. Eq. (6.33). First of all, by contracting Eq. (6.33) on the indices $j$ and $k$, we have

$$
\begin{equation*}
C_{k i}^{k}=2\left(\tilde{D}_{i} \ln \Psi+3 \tilde{D}_{i} \ln \Psi-\tilde{D}_{i} \ln \Psi\right) \tag{6.45}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
C_{k i}^{k}=6 \tilde{D}_{i} \ln \Psi \tag{6.46}
\end{equation*}
$$

whence $\tilde{D}_{i} C^{k}{ }_{k j}=6 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi$. Besides,

$$
\begin{align*}
\tilde{D}_{k} C^{k}{ }_{i j} & =2\left(\tilde{D}_{i} \tilde{D}_{j} \ln \Psi+\tilde{D}_{j} \tilde{D}_{i} \ln \Psi-\tilde{D}_{k} \tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j}\right) \\
& =4 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi-2 \tilde{D}_{k} \tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j} . \tag{6.47}
\end{align*}
$$

Consequently, Eq. (6.44) becomes

$$
\begin{aligned}
R_{i j}= & \tilde{R}_{i j}+4 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi-2 \tilde{D}_{k} \tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j}-6 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi \\
& +2\left(\delta^{k}{ }_{i} \tilde{D}_{j} \ln \Psi+\delta^{k}{ }_{j} \tilde{D}_{i} \ln \Psi-\tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j}\right) \times 6 \tilde{D}_{k} \ln \Psi \\
& -4\left(\delta^{k}{ }_{i} \tilde{D}_{l} \ln \Psi+\delta^{k}{ }_{l} \tilde{D}_{i} \ln \Psi-\tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i l}\right)\left(\delta^{l}{ }_{k} \tilde{D}_{j} \ln \Psi+\delta^{l}{ }_{j} \tilde{D}_{k} \ln \Psi-\tilde{D}^{l} \ln \Psi \tilde{\gamma}_{k j}\right) .
\end{aligned}
$$

Expanding and simplifying, we get

$$
\begin{equation*}
R_{i j}=\tilde{R}_{i j}-2 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi-2 \tilde{D}_{k} \tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j}+4 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} \ln \Psi-4 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j} . \tag{6.48}
\end{equation*}
$$

### 6.3.3 Formula for the scalar curvature

The relation between the scalar curvatures is obtained by taking the trace of Eq. (6.48) with respect to $\gamma$ :

$$
\begin{align*}
R & =\gamma^{i j} R_{i j}=\Psi^{-4} \tilde{\gamma}^{i j} R_{i j} \\
& =\Psi^{-4}\left(\tilde{\gamma}^{i j} \tilde{R}_{i j}-2 \tilde{D}_{i} \tilde{D}^{i} \ln \Psi-2 \tilde{D}_{k} \tilde{D}^{k} \ln \Psi \times 3+4 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} \ln \Psi-4 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} \ln \Psi \times 3\right) \\
R & =\Psi^{-4}\left[\tilde{R}-8\left(\tilde{D}_{i} \tilde{D}^{i} \ln \Psi+\tilde{D}_{i} \ln \Psi \tilde{D}^{i} \ln \Psi\right)\right], \tag{6.49}
\end{align*}
$$

where

$$
\begin{equation*}
\tilde{R}:=\tilde{\gamma}^{i j} \tilde{R}_{i j} \tag{6.50}
\end{equation*}
$$

is the scalar curvature associated with the conformal metric. Noticing that

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \ln \Psi=\Psi^{-1} \tilde{D}_{i} \tilde{D}^{i} \Psi-\tilde{D}_{i} \ln \Psi \tilde{D}^{i} \ln \Psi \tag{6.51}
\end{equation*}
$$

we can rewrite the above formula as

$$
\begin{equation*}
R=\Psi^{-4} \tilde{R}-8 \Psi^{-5} \tilde{D}_{i} \tilde{D}^{i} \Psi \text {. } \tag{6.52}
\end{equation*}
$$

### 6.4 Conformal decomposition of the extrinsic curvature

### 6.4.1 Traceless decomposition

The first step is to decompose the extrinsic curvature $\boldsymbol{K}$ of the hypersurface $\Sigma_{t}$ into a trace part and a traceless one, the trace being taken with the metric $\gamma$, i.e. we define

$$
\begin{equation*}
\boldsymbol{A}:=\boldsymbol{K}-\frac{1}{3} K \gamma, \tag{6.53}
\end{equation*}
$$

where $K:=\operatorname{tr}_{\gamma} \boldsymbol{K}=K^{i}{ }_{i}=\gamma^{i j} K_{i j}$ is the trace of $\boldsymbol{K}$ with respect to $\gamma$, i.e. (minus three times) the mean curvature of $\Sigma_{t}$ embedded in ( $\left.\mathcal{M}, \boldsymbol{g}\right)$ (cf. Sec. 2.3.4). The bilinear form $\boldsymbol{A}$ is by construction traceless:

$$
\begin{equation*}
\operatorname{tr}_{\boldsymbol{\gamma}} \boldsymbol{A}=\gamma^{i j} A_{i j}=0 \tag{6.54}
\end{equation*}
$$

In what follows, we shall work occasionally with the twice contravariant version of $\boldsymbol{K}$, i.e. the tensor $\overrightarrow{\boldsymbol{K}}$, the components of which are ${ }^{3}$

$$
\begin{equation*}
K^{i j}=\gamma^{i k} \gamma^{j l} K_{k l} . \tag{6.55}
\end{equation*}
$$

Similarly, we define $\overrightarrow{\boldsymbol{A}}$ as the twice contravariant tensor, the components of which are

$$
\begin{equation*}
A^{i j}=\gamma^{i k} \gamma^{j l} A_{k l} . \tag{6.56}
\end{equation*}
$$

Hence the traceless decomposition of $\boldsymbol{K}$ and $\overrightarrow{\boldsymbol{K}}$ :

$$
\begin{equation*}
K_{i j}=A_{i j}+\frac{1}{3} K \gamma_{i j} \quad \text { and } \quad K^{i j}=A^{i j}+\frac{1}{3} K \gamma^{i j} \text {. } \tag{6.57}
\end{equation*}
$$

### 6.4.2 Conformal decomposition of the traceless part

Let us now perform the conformal decomposition of the traceless part of $\boldsymbol{K}$, namely, let us write

$$
\begin{equation*}
A^{i j}=\Psi^{\alpha} \tilde{A}^{i j} \tag{6.58}
\end{equation*}
$$

for some power $\alpha$ to be determined. Actually there are two natural choices: $\alpha=-4$ and $\alpha=-10$, as we discuss hereafter:

1) "Time-evolution" scaling: $\alpha=-4$

Let us consider Eq. (3.24) which express the time evolution of the $\boldsymbol{\gamma}$ in terms of $\boldsymbol{K}$ :

$$
\begin{equation*}
\mathcal{L}_{m} \gamma_{i j}=-2 N K_{i j} . \tag{6.59}
\end{equation*}
$$

By means of Eqs. (6.22) and (6.57), this equation becomes

$$
\begin{equation*}
\mathcal{L}_{m}\left(\Psi^{4} \tilde{\gamma}_{i j}\right)=-2 N A_{i j}-\frac{2}{3} N K \gamma_{i j} \tag{6.60}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\mathcal{L}_{m} \tilde{\gamma}_{i j}=-2 N \Psi^{-4} A_{i j}-\frac{2}{3}\left(N K+6 \mathcal{L}_{m} \ln \Psi\right) \tilde{\gamma}_{i j} \tag{6.61}
\end{equation*}
$$

The trace of this relation with respect to $\tilde{\gamma}$ is, since $A_{i j}$ is traceless,

$$
\begin{equation*}
\tilde{\gamma}^{i j} \mathcal{L}_{m} \tilde{\gamma}_{i j}=-2\left(N K+6 \mathcal{L}_{m} \ln \Psi\right) . \tag{6.62}
\end{equation*}
$$

[^10]Now

$$
\begin{equation*}
\tilde{\gamma}^{i j} \mathcal{L}_{\boldsymbol{m}} \tilde{\gamma}_{i j}=\mathcal{L}_{\boldsymbol{m}} \ln \operatorname{det}\left(\tilde{\gamma}_{i j}\right) \tag{6.63}
\end{equation*}
$$

This follows from the general law of variation of the determinant of any invertible matrix $A$ :

$$
\begin{equation*}
\delta(\ln \operatorname{det} A)=\operatorname{tr}\left(A^{-1} \times \delta A\right) \tag{6.64}
\end{equation*}
$$

where $\delta$ denotes any variation (derivative) that fulfills the Leibniz rule, tr stands for the trace and $\times$ for the matrix product. Applying Eq. (6.64) to $A=\left(\tilde{\gamma}_{i j}\right)$ and $\delta=\mathcal{L}_{\boldsymbol{m}}$ gives Eq. (6.63). By construction, $\operatorname{det}\left(\tilde{\gamma}_{i j}\right)=f\left[\right.$ Eq. (6.19)], so that, replacing $\boldsymbol{m}$ by $\boldsymbol{\partial}_{t}-\boldsymbol{\beta}$, we get

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} \ln \operatorname{det}\left(\tilde{\gamma}_{i j}\right)=\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \ln f \tag{6.65}
\end{equation*}
$$

But, as a consequence of Eq. (6.7), $\partial f / \partial t=0$, so that

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} \ln \operatorname{det}\left(\tilde{\gamma}_{i j}\right)=-\mathcal{L}_{\boldsymbol{\beta}} \ln f=-\mathcal{L}_{\boldsymbol{\beta}} \ln \operatorname{det}\left(\tilde{\gamma}_{i j}\right) \tag{6.66}
\end{equation*}
$$

Applying again formula (6.64) to $A=\left(\tilde{\gamma}_{i j}\right)$ and $\delta=\mathcal{L}_{\boldsymbol{\beta}}$, we get

$$
\begin{align*}
\mathcal{L}_{\boldsymbol{m}} \ln \operatorname{det}\left(\tilde{\gamma}_{i j}\right) & =-\tilde{\gamma}^{i j} \mathcal{L}_{\boldsymbol{\beta}} \tilde{\gamma}_{i j} \\
& =-\tilde{\gamma}^{i j}(\beta^{k} \underbrace{\tilde{D}_{k} \tilde{\gamma}_{i j}}_{=0}+\tilde{\gamma}_{k j} \tilde{D}_{i} \beta^{k}+\tilde{\gamma}_{i k} \tilde{D}_{j} \beta^{k}) \\
& =-\delta^{i}{ }_{k} \tilde{D}_{i} \beta^{k}-\delta^{j}{ }_{k} \tilde{D}_{j} \beta^{k} \\
& =-2 \tilde{D}_{i} \beta^{i} \tag{6.67}
\end{align*}
$$

Hence Eq. (6.63) becomes

$$
\begin{equation*}
\tilde{\gamma}^{i j} \mathcal{L}_{\boldsymbol{m}} \tilde{\gamma}_{i j}=-2 \tilde{D}_{i} \beta^{i} \tag{6.68}
\end{equation*}
$$

so that, after substitution into Eq. (6.62), we get

$$
\begin{equation*}
N K+6 \mathcal{L}_{\boldsymbol{m}} \ln \Psi=\tilde{D}_{i} \beta^{i} \tag{6.69}
\end{equation*}
$$

i.e. the following evolution equation for the conformal factor:

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \ln \Psi=\frac{1}{6}\left(\tilde{D}_{i} \beta^{i}-N K\right) \tag{6.70}
\end{equation*}
$$

Finally, substituting Eq. (6.69) into Eq. (6.61) yields an evolution equation for the conformal metric:

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\gamma}_{i j}=-2 N \Psi^{-4} A_{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}_{i j} \tag{6.71}
\end{equation*}
$$

This suggests to introduce the quantity

$$
\begin{equation*}
\tilde{A}_{i j}:=\Psi^{-4} A_{i j} \tag{6.72}
\end{equation*}
$$

to write

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\gamma}_{i j}=-2 N \tilde{A}_{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}_{i j} \tag{6.73}
\end{equation*}
$$

Notice that, as an immediate consequence of Eq. (6.54), $\tilde{A}_{i j}$ is traceless:

$$
\begin{equation*}
\tilde{\gamma}^{i j} \tilde{A}_{i j}=0 \tag{6.74}
\end{equation*}
$$

Let us rise the indices of $\tilde{A}_{i j}$ with the conformal metric, defining

$$
\begin{equation*}
\tilde{A}^{i j}:=\tilde{\gamma}^{i k} \tilde{\gamma}^{j l} \tilde{A}_{k l} \tag{6.75}
\end{equation*}
$$

Since $\tilde{\gamma}^{i j}=\Psi^{4} \gamma^{i j}$, we get

$$
\begin{equation*}
\tilde{A}^{i j}=\Psi^{4} A^{i j} . \tag{6.76}
\end{equation*}
$$

This corresponds to the scaling factor $\alpha=-4$ in Eq. (6.58). This choice of scaling has been first considered by Nakamura in 1994 [192].

We can deduce from Eq. (6.73) an evolution equation for the inverse conformal metric $\tilde{\gamma}^{i j}$. Indeed, raising the indices of Eq. (6.73) with $\tilde{\gamma}$, we get

$$
\begin{align*}
\tilde{\gamma}^{i k} \tilde{\gamma}^{j l} \mathcal{L}_{\boldsymbol{m}} \tilde{\gamma}_{k l} & =-2 N \tilde{A}^{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}^{i j} \\
\tilde{\gamma}^{i k}[\mathcal{L}_{\boldsymbol{m}}(\underbrace{\left(\tilde{\gamma}^{j l} \tilde{\gamma}_{k l}\right)}_{=\delta^{j}{ }_{k}}-\tilde{\gamma}_{k l} \mathcal{L}_{\boldsymbol{m}} \tilde{\gamma}^{j l}] & =-2 N \tilde{A}^{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}^{i j} \\
-\underbrace{\tilde{\gamma}^{i k} \tilde{\gamma}_{k l}}_{=\delta^{i}{ }_{l}} \mathcal{L}_{\boldsymbol{m}} \tilde{\gamma}^{j l} & =-2 N \tilde{A}^{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}^{i j} \tag{6.77}
\end{align*}
$$

hence

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\gamma}^{i j}=2 N \tilde{A}^{i j}+\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}^{i j} \tag{6.78}
\end{equation*}
$$

2) "Momentum-constraint" scaling: $\alpha=-10$

Whereas the scaling $\alpha=-4$ was suggested by the evolution equation (6.59) (or equivalently Eq. (4.63) of the $3+1$ Einstein system), another scaling arises when contemplating the momentum constraint equation (4.66). In this equation appears the divergence of the extrinsic curvature, that we can write using the twice contravariant version of $\boldsymbol{K}$ and Eq. (6.57):

$$
\begin{equation*}
D_{j} K^{i j}=D_{j} A^{i j}+\frac{1}{3} D^{i} K \tag{6.79}
\end{equation*}
$$

Now, from Eqs. (6.29), (6.33) and (6.46),

$$
\begin{align*}
D_{j} A^{i j} & =\tilde{D}_{j} A^{i j}+C^{i}{ }_{j k} A^{k j}+C^{j}{ }_{j k} A^{i k} \\
& =\tilde{D}_{j} A^{i j}+2\left({\delta^{i}}^{i} \tilde{D}_{k} \ln \Psi+\delta^{i}{ }_{k} \tilde{D}_{j} \ln \Psi-\tilde{D}^{i} \ln \Psi \tilde{\gamma}_{j k}\right) A^{k j}+6 \tilde{D}_{k} \ln \Psi A^{i k} \\
& =\tilde{D}_{j} A^{i j}+10 A^{i j} \tilde{D}_{j} \ln \Psi-2 \tilde{D}^{i} \ln \Psi \tilde{\gamma}_{j k} A^{j k} \tag{6.80}
\end{align*}
$$

Since $\boldsymbol{A}$ is traceless, $\tilde{\gamma}_{j k} A^{j k}=\Psi^{-4} \gamma_{j k} A^{j k}=0$. Then the above equation reduces to $D_{j} A^{i j}=$ $\tilde{D}_{j} A^{i j}+10 A^{i j} \tilde{D}_{j} \ln \Psi$, which can be rewritten as

$$
\begin{equation*}
D_{j} A^{i j}=\Psi^{-10} \tilde{D}_{j}\left(\Psi^{10} A^{i j}\right) \tag{6.81}
\end{equation*}
$$

Notice that this identity is valid only because $A^{i j}$ is symmetric and traceless.
Equation (6.81) suggests to introduce the quantity ${ }^{4}$

$$
\begin{equation*}
\hat{A}^{i j}:=\Psi^{10} A^{i j} \text {. } \tag{6.82}
\end{equation*}
$$

This corresponds to the scaling factor $\alpha=-10$ in Eq. (6.58). It has been first introduced by Lichnerowicz in 1944 [177]. Thanks to it and Eq. (6.79), the momentum constraint equation (4.66) can be rewritten as

$$
\begin{equation*}
\tilde{D}_{j} \hat{A}^{i j}-\frac{2}{3} \Psi^{6} \tilde{D}^{i} K=8 \pi \Psi^{10} p^{i} \text {. } \tag{6.83}
\end{equation*}
$$

As for $\tilde{A}_{i j}$, we define $\hat{A}_{i j}$ as the tensor field deduced from $\hat{A}^{i j}$ by lowering the indices with the conformal metric:

$$
\begin{equation*}
\hat{A}_{i j}:=\tilde{\gamma}_{i k} \tilde{\gamma}_{j l} \hat{A}^{k l} \tag{6.84}
\end{equation*}
$$

Taking into account Eq. (6.82) and $\tilde{\gamma}_{i j}=\Psi^{-4} \gamma_{i j}$, we get

$$
\begin{equation*}
\hat{A}_{i j}=\Psi^{2} A_{i j} \text {. } \tag{6.85}
\end{equation*}
$$

### 6.5 Conformal form of the $3+1$ Einstein system

Having performed a conformal decomposition of $\gamma$ and of the traceless part of $\boldsymbol{K}$, we are now in position to rewrite the $3+1$ Einstein system (4.63)-(4.66) in terms of conformal quantities.

### 6.5.1 Dynamical part of Einstein equation

Let us consider Eq. (4.64), i.e. the so-called dynamical equation in the $3+1$ Einstein system:

$$
\begin{equation*}
\mathcal{L}_{m} K_{i j}=-D_{i} D_{j} N+N\left\{R_{i j}+K K_{i j}-2 K_{i k} K_{j}^{k}+4 \pi\left[(S-E) \gamma_{i j}-2 S_{i j}\right]\right\} . \tag{6.86}
\end{equation*}
$$

Let us substitute $A_{i j}+(K / 3) \gamma_{i j}$ for $K_{i j}$ [Eq. (6.57)]. The left-hand side of the above equation becomes

$$
\begin{equation*}
\mathcal{L}_{m} K_{i j}=\mathcal{L}_{m} A_{i j}+\frac{1}{3} \mathcal{L}_{m} K \gamma_{i j}+\frac{1}{3} K \underbrace{\mathcal{L}_{m} \gamma_{i j}}_{=-2 N K_{i j}} \tag{6.87}
\end{equation*}
$$

In this equation appears $\mathcal{L}_{\boldsymbol{m}} K$. We may express it by taking the trace of Eq. (6.86) and making use of Eq. (3.49):

$$
\begin{equation*}
\mathcal{L}_{m} K=\gamma^{i j} \mathcal{L}_{m} K_{i j}+2 N K_{i j} K^{i j} \tag{6.88}
\end{equation*}
$$

[^11]hence
\[

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} K=-D_{i} D^{i} N+N\left[R+K^{2}+4 \pi(S-3 E)\right] . \tag{6.89}
\end{equation*}
$$

\]

Let use the Hamiltonian constraint (4.65) to replace $R+K^{2}$ by $16 \pi E+K_{i j} K^{i j}$. Then, writing $\mathcal{L}_{m} K=\left(\partial / \partial t-\mathcal{L}_{\boldsymbol{\beta}}\right) K$,

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) K=-D_{i} D^{i} N+N\left[4 \pi(E+S)+K_{i j} K^{i j}\right] \tag{6.90}
\end{equation*}
$$

Remark : At the Newtonian limit, as defined by Eqs. (5.15), (5.25) and (5.59), Eq. (6.90) reduces to the Poisson equation for the gravitational potential $\Phi$ :

$$
\begin{equation*}
\mathcal{D}_{i} \mathcal{D}^{i} \Phi=4 \pi \rho_{0} \tag{6.91}
\end{equation*}
$$

Substituting Eq. (6.89) for $\mathcal{L}_{\boldsymbol{m}} K$ and Eq. (6.86) for $\mathcal{L}_{\boldsymbol{m}} K_{i j}$ into Eq. (6.87) yields

$$
\begin{align*}
\mathcal{L}_{m} A_{i j}= & -D_{i} D_{j} N+N\left[R_{i j}+\frac{5}{3} K K_{i j}-2 K_{i k} K_{j}^{k}-8 \pi\left(S_{i j}-\frac{1}{3} S \gamma_{i j}\right)\right] \\
& +\frac{1}{3}\left[D_{k} D^{k} N-N\left(R+K^{2}\right)\right] \gamma_{i j} . \tag{6.92}
\end{align*}
$$

Let us replace $K_{i j}$ by its expression in terms of $A_{i j}$ and $K$ [Eq. (6.57)]: the terms in the right-hand side of the above equation which involve $\boldsymbol{K}$ are then written

$$
\begin{align*}
\frac{5 K}{3} K^{i j}-2 K_{i k} K_{j}^{k}-\frac{K^{2}}{3} \gamma_{i j} & =\frac{5 K}{3}\left(A_{i j}+\frac{K}{3} \gamma_{i j}\right)-2\left(A_{i k}+\frac{K}{3} \gamma_{i k}\right)\left(A_{j}^{k}+\frac{K}{3} \delta^{k}{ }_{j}\right)-\frac{K^{2}}{3} \gamma^{i j} \\
& =\frac{5 K}{3} A_{i j}+\frac{5 K^{2}}{9} \gamma_{i j}-2\left(A_{i k} A^{k}{ }_{j}+\frac{2 K}{3} A_{i j}+\frac{K^{2}}{9} \gamma_{i j}\right)-\frac{K^{2}}{3} \gamma_{i j} \\
& =\frac{1}{3} K A_{i j}-2 A_{i k} A^{k}{ }_{j} \tag{6.93}
\end{align*}
$$

Accordingly Eq. (6.92) becomes

$$
\begin{align*}
\mathcal{L}_{m} A_{i j}= & -D_{i} D_{j} N+N\left[R_{i j}+\frac{1}{3} K A_{i j}-2 A_{i k} A^{k}{ }_{j}-8 \pi\left(S_{i j}-\frac{1}{3} S \gamma_{i j}\right)\right] \\
& +\frac{1}{3}\left(D_{k} D^{k} N-N R\right) \gamma_{i j} . \tag{6.94}
\end{align*}
$$

Remark : Regarding the matter terms, this equation involves only the stress tensor $\boldsymbol{S}$ (more precisely its traceless part) and not the energy density $E$, contrary to the evolution equation (6.86) for $K^{i j}$, which involves both.

At this stage, we may say that we have split the dynamical Einstein equation (6.86) in two parts: a trace part: Eq. (6.90) and a traceless part: Eq. (6.94). Let us now perform the conformal decomposition of these relations, by introducing $\tilde{A}_{i j}$. We consider $\tilde{A}_{i j}$ and not $\hat{A}_{i j}$, i.e. the scaling $\alpha=-4$ and not $\alpha=-10$, since we are discussing time evolution equations.

Let us first transform Eq. (6.90). We can express the Laplacian of the lapse by applying the divergence relation (6.37) to the vector $v^{i}=D^{i} N=\gamma^{i j} D_{j} N=\Psi^{-4} \tilde{\gamma}^{i j} \tilde{D}_{j} N=\Psi^{-4} \tilde{D}^{i} N$

$$
\begin{align*}
D_{i} D^{i} N & =\Psi^{-6} \tilde{D}_{i}\left(\Psi^{6} D^{i} N\right)=\Psi^{-6} \tilde{D}_{i}\left(\Psi^{2} \tilde{D}^{i} N\right) \\
& =\Psi^{-4}\left(\tilde{D}_{i} \tilde{D}^{i} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} N\right) \tag{6.95}
\end{align*}
$$

Besides, from Eqs. (6.57), (6.72) and (6.76),

$$
\begin{equation*}
K_{i j} K^{i j}=\left(A_{i j}+\frac{K}{3} \gamma_{i j}\right)\left(A^{i j}+\frac{K}{3} \gamma^{i j}\right)=A_{i j} A^{i j}+\frac{K^{2}}{3}=\tilde{A}_{i j} \tilde{A}^{i j}+\frac{K^{2}}{3} . \tag{6.96}
\end{equation*}
$$

In view of Eqs. (6.95) and (6.96), Eq. (6.90) becomes

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\beta}\right) K=-\Psi^{-4}\left(\tilde{D}_{i} \tilde{D}^{i} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} N\right)+N\left[4 \pi(E+S)+\tilde{A}_{i j} \tilde{A}^{i j}+\frac{K^{2}}{3}\right] . \tag{6.97}
\end{equation*}
$$

Let us now consider the traceless part, Eq. (6.94). We have, writing $A_{i j}=\Psi^{4} \tilde{A}_{i j}$ and using Eq. (6.70),

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} A_{i j}=\Psi^{4} \mathcal{L}_{\boldsymbol{m}} \tilde{A}_{i j}+4 \Psi^{3} \mathcal{L}_{\boldsymbol{m}} \Psi \tilde{A}_{i j}=\Psi^{4}\left[\mathcal{L}_{\boldsymbol{m}} \tilde{A}_{i j}+\frac{2}{3}\left(\tilde{D}_{k} \beta^{k}-N K\right) \tilde{A}_{i j}\right] . \tag{6.98}
\end{equation*}
$$

Besides, from formulæ (6.29) and (6.33),

$$
\begin{align*}
D_{i} D_{j} N & =D_{i} \tilde{D}_{j} N=\tilde{D}_{i} \tilde{D}_{j} N-C^{k}{ }_{i j} \tilde{D}_{k} N \\
& =\tilde{D}_{i} \tilde{D}_{j} N-2\left(\delta^{k}{ }_{i} \tilde{D}_{j} \ln \Psi+\delta^{k}{ }_{j} \tilde{D}_{i} \ln \Psi-\tilde{D}^{k} \ln \Psi \tilde{\gamma}_{i j}\right) \tilde{D}_{k} N \\
& =\tilde{D}_{i} \tilde{D}_{j} N-2\left(\tilde{D}_{i} \ln \Psi \tilde{D}_{j} N+\tilde{D}_{j} \ln \Psi \tilde{D}_{i} N-\tilde{D}^{k} \ln \Psi \tilde{D}_{k} N \tilde{\gamma}_{i j}\right) . \tag{6.99}
\end{align*}
$$

In Eq. (6.94), we can now substitute expression (6.98) for $\mathcal{L}_{\boldsymbol{m}} A_{i j}$, (6.99) for $D_{i} D_{j} N$, (6.48) for $R_{i j}$, (6.95) for $D_{k} D^{k} N$ and (6.49) for $R$. After some slight rearrangements, we get

$$
\begin{gathered}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{A}_{i j}=-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{A}_{i j}+N\left[K \tilde{A}_{i j}-2 \tilde{\gamma}^{k l} \tilde{A}_{i k} \tilde{A}_{j l}-8 \pi\left(\Psi^{-4} S_{i j}-\frac{1}{3} S \tilde{\gamma}_{i j}\right)\right] \\
+\Psi^{-4}\left\{-\tilde{D}_{i} \tilde{D}_{j} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} N+2 \tilde{D}_{j} \ln \Psi \tilde{D}_{i} N\right. \\
+\frac{1}{3}\left(\tilde{D}_{k} \tilde{D}^{k} N-4 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} N\right) \tilde{\gamma}_{i j} \\
+ \\
+N\left[\tilde{R}_{i j}-\frac{1}{3} \tilde{R}^{2} \tilde{\gamma}_{i j}-2 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi+4 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} \ln \Psi\right. \\
\left.\left.\quad+\frac{2}{3}\left(\tilde{D}_{k} \tilde{D}^{k} \ln \Psi-2 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} \ln \Psi\right) \tilde{\gamma}_{i j}\right]\right\}
\end{gathered}
$$

### 6.5.2 Hamiltonian constraint

Substituting Eq. (6.52) for $R$ and Eq. (6.96) into the Hamiltonian constraint equation (4.65) yields

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\left(\frac{1}{8} \tilde{A}_{i j} \tilde{A}^{i j}-\frac{1}{12} K^{2}+2 \pi E\right) \Psi^{5}=0 \tag{6.101}
\end{equation*}
$$

Let us consider the alternative scaling $\alpha=-10$ to re-express the term $\tilde{A}_{i j} \tilde{A}^{i j}$. By combining Eqs. (6.76), (6.72), (6.82) and (6.85), we get the following relations

$$
\begin{equation*}
\hat{A}^{i j}=\Psi^{6} \tilde{A}^{i j} \quad \text { and } \quad \hat{A}_{i j}=\Psi^{6} \tilde{A}_{i j} \text {. } \tag{6.102}
\end{equation*}
$$

Hence $\tilde{A}_{i j} \tilde{A}^{i j}=\Psi^{-12} \hat{A}_{i j} \hat{A}^{i j}$ and Eq. (6.101) becomes

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+\left(2 \pi E-\frac{1}{12} K^{2}\right) \Psi^{5}=0 . \tag{6.103}
\end{equation*}
$$

This is the Lichnerowicz equation. It has been obtained by Lichnerowicz in 1944 [177] in the special case $K=0$ (maximal hypersurface) (cf. also Eq. (11.7) in Ref. [178]).

Remark : If one regards Eqs. (6.101) and (6.103) as non-linear elliptic equations for $\Psi$, the negative power $(-7)$ of $\Psi$ in the $\hat{A}_{i j} \hat{A}^{i j}$ term in Eq. (6.103), as compared to the positive power $(+5)$ in Eq. (6.101), makes a big difference about the mathematical properties of these two equations. This will be discussed in detail in Chap. 8.

### 6.5.3 Momentum constraint

The momentum constraint has been already written in terms of $\hat{A}^{i j}$ : it is Eq. (6.83). Taking into account relation (6.102), we can easily rewrite it in terms of $\tilde{A}^{i j}$ :

$$
\begin{equation*}
\tilde{D}_{j} \tilde{A}^{i j}+6 \tilde{A}^{i j} \tilde{D}_{j} \ln \Psi-\frac{2}{3} \tilde{D}^{i} K=8 \pi \Psi^{4} p^{i} \text {. } \tag{6.104}
\end{equation*}
$$

### 6.5.4 Summary: conformal $3+1$ Einstein system

Let us gather Eqs. (6.70), (6.73), (6.97), (6.100), (6.101) and (6.104):

$$
\begin{align*}
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \Psi=\frac{\Psi}{6}\left(\tilde{D}_{i} \beta^{i}-N K\right)  \tag{6.105}\\
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\gamma}_{i j}=-2 N \tilde{A}_{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}_{i j}  \tag{6.106}\\
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) K=-\Psi^{-4}\left(\tilde{D}_{i} \tilde{D}^{i} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} N\right)+N\left[4 \pi(E+S)+\tilde{A}_{i j} \tilde{A}^{i j}+\frac{K^{2}}{3}\right] \tag{6.107}
\end{align*}
$$

$$
\begin{gather*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{A}_{i j}=-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{A}_{i j}+N\left[K \tilde{A}_{i j}-2 \tilde{\gamma}^{k l} \tilde{A}_{i k} \tilde{A}_{j l}-8 \pi\left(\Psi^{-4} S_{i j}-\frac{1}{3} S \tilde{\gamma}_{i j}\right)\right] \\
+\Psi^{-4}\left\{-\tilde{D}_{i} \tilde{D}_{j} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} N+2 \tilde{D}_{j} \ln \Psi \tilde{D}_{i} N\right. \\
+\frac{1}{3}\left(\tilde{D}_{k} \tilde{D}^{k} N-4 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} N\right) \tilde{\gamma}_{i j} \\
+N\left[\tilde{R}_{i j}-\frac{1}{3} \tilde{R}^{2} \tilde{\gamma}_{i j}-2 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi+4 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} \ln \Psi\right. \\
 \tag{6.108}\\
\left.\left.+\frac{2}{3}\left(\tilde{D}_{k} \tilde{D}^{k} \ln \Psi-2 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} \ln \Psi\right) \tilde{\gamma}_{i j}\right]\right\}
\end{gather*}
$$

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\left(\frac{1}{8} \tilde{A}_{i j} \tilde{A}^{i j}-\frac{1}{12} K^{2}+2 \pi E\right) \Psi^{5}=0 \tag{6.109}
\end{equation*}
$$

$$
\begin{equation*}
\tilde{D}_{j} \tilde{A}^{i j}+6 \tilde{A}^{i j} \tilde{D}_{j} \ln \Psi-\frac{2}{3} \tilde{D}^{i} K=8 \pi \Psi^{4} p^{i} \tag{6.110}
\end{equation*}
$$

For the last two equations, which are the constraints, we have the alternative forms (6.103) and (6.101) in terms of $\hat{A}^{i j}$ (instead of $\tilde{A}^{i j}$ ):

$$
\begin{align*}
& \tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+\left(2 \pi E-\frac{1}{12} K^{2}\right) \Psi^{5}=0  \tag{6.111}\\
& \tilde{D}_{j} \hat{A}^{i j}-\frac{2}{3} \Psi^{6} \tilde{D}^{i} K=8 \pi \Psi^{10} p^{i} \tag{6.112}
\end{align*}
$$

Equations (6.105)-(6.110) constitute the conformal $3+1$ Einstein system. An alternative form is constituted by Eqs. (6.105)-(6.108) and (6.111)-(6.112). In terms of the original $3+1$ Einstein system (4.63)-(4.66), Eq. (6.105) corresponds to the trace of the kinematical equation (4.63) and Eq. (6.106) to its traceless part, Eq. (6.107) corresponds to the trace of the dynamical Einstein equation (4.64) and Eq. (6.108) to its traceless part, Eq. (6.109) or Eq. (6.111) is the Hamiltonian constraint (4.65), whereas Eq. (6.110) or Eq. (6.112) is the momentum constraint.

If the system (6.105)-(6.110) is solved in terms of $\tilde{\gamma}_{i j}, \tilde{A}_{i j}$ (or $\left.\hat{A}_{i j}\right), \Psi$ and $K$, then the physical metric $\gamma$ and the extrinsic curvature $\boldsymbol{K}$ are recovered by

$$
\begin{align*}
& \gamma_{i j}=\Psi^{4} \tilde{\gamma}_{i j}  \tag{6.113}\\
& K_{i j}=\Psi^{4}\left(\tilde{A}_{i j}+\frac{1}{3} K \tilde{\gamma}_{i j}\right)=\Psi^{-2} \hat{A}_{i j}+\frac{1}{3} K \Psi^{4} \tilde{\gamma}_{i j} \tag{6.114}
\end{align*}
$$

### 6.6 Isenberg-Wilson-Mathews approximation to General Relativity

In 1978 , J. Isenberg [160] was looking for some approximation to general relativity without any gravitational wave, beyond the Newtonian theory. The simplest of the approximations that he found amounts to impose that the 3 -metric $\gamma$ is conformally flat. In the framework of the
discussion of Sec. 6.1, this is very natural since this means that $\gamma$ belongs to the conformal equivalence class of a flat metric and there are no gravitational waves in a flat spacetime. This approximation has been reintroduced by Wilson and Mathews in 1989 [268], who were not aware of Isenberg's work [160] (unpublished, except for the proceeding [163]). It is now designed as the Isenberg-Wilson-Mathews approximation (IWM) to General Relativity, or sometimes the conformal flatness approximation.

In our notations, the IWM approximation amounts to set

$$
\begin{equation*}
\tilde{\gamma}=f \tag{6.115}
\end{equation*}
$$

and to demand that the background metric $\boldsymbol{f}$ is flat. Moreover the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ must be chosen so that

$$
\begin{equation*}
K=0, \tag{6.116}
\end{equation*}
$$

i.e. the hypersurfaces $\Sigma_{t}$ have a vanishing mean curvature. Equivalently $\Sigma_{t}$ is a hypersurface of maximal volume, as it will be explained in Chap. 9. For this reason, foliations with $K=0$ are called maximal slicings.

Notice that while the condition (6.116) can always be satisfied by selecting a maximal slicing for the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$, the requirement (6.115) is possible only if the Cotton tensor of $\left(\Sigma_{t}, \gamma\right)$ vanishes identically, as we have seen in Sec. 6.1. Otherwise, one deviates from general relativity.

Immediate consequences of (6.115) are that the connection $\tilde{\boldsymbol{D}}$ is simply $\mathcal{D}$ and that the Ricci tensor $\tilde{\boldsymbol{R}}$ vanishes identically, since $\boldsymbol{f}$ is flat. The conformal 3+1 Einstein system (6.105)-(6.110) then reduces to

$$
\begin{align*}
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \Psi=\frac{\Psi}{6} \mathcal{D}_{i} \beta^{i}  \tag{6.117}\\
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) f_{i j}=-2 N \tilde{A}_{i j}-\frac{2}{3} \mathcal{D}_{k} \beta^{k} f_{i j}  \tag{6.118}\\
& 0=-\Psi^{-4}\left(\mathcal{D}_{i} \mathcal{D}^{i} N+2 \mathcal{D}_{i} \ln \Psi \mathcal{D}^{i} N\right)+N\left[4 \pi(E+S)+\tilde{A}_{i j} \tilde{A}^{i j}\right]  \tag{6.119}\\
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{A}_{i j}=-\frac{2}{3} \mathcal{D}_{k} \beta^{k} \tilde{A}_{i j}+N\left[-2 f^{k l} \tilde{A}_{i k} \tilde{A}_{j l}-8 \pi\left(\Psi^{-4} S_{i j}-\frac{1}{3} S f_{i j}\right)\right] \\
& +\Psi^{-4}\left\{-\mathcal{D}_{i} \mathcal{D}_{j} N+2 \mathcal{D}_{i} \ln \Psi \mathcal{D}_{j} N+2 \mathcal{D}_{j} \ln \Psi \mathcal{D}_{i} N\right. \\
& +\frac{1}{3}\left(\mathcal{D}_{k} \mathcal{D}^{k} N-4 \mathcal{D}_{k} \ln \Psi \mathcal{D}^{k} N\right) f_{i j}  \tag{6.120}\\
& +N\left[-2 \mathcal{D}_{i} \mathcal{D}_{j} \ln \Psi+4 \mathcal{D}_{i} \ln \Psi \mathcal{D}_{j} \ln \Psi\right. \\
& \left.\left.+\frac{2}{3}\left(\mathcal{D}_{k} \mathcal{D}^{k} \ln \Psi-2 \mathcal{D}_{k} \ln \Psi \mathcal{D}^{k} \ln \Psi\right) f_{i j}\right]\right\} \\
& \mathcal{D}_{i} \mathcal{D}^{i} \Psi+\left(\frac{1}{8} \tilde{A}_{i j} \tilde{A}^{i j}+2 \pi E\right) \Psi^{5}=0  \tag{6.121}\\
& \mathcal{D}_{j} \tilde{A}^{i j}+6 \tilde{A}^{i j} \mathcal{D}_{j} \ln \Psi=8 \pi \Psi^{4} p^{i} . \tag{6.122}
\end{align*}
$$

Let us consider Eq. (6.118). By hypothesis $\partial f_{i j} / \partial t=0$ [Eq. (6.7)]. Moreover,

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{\beta}} f_{i j}=\beta^{k} \underbrace{\mathcal{D}_{k} f_{i j}}_{=0}+f_{k j} \mathcal{D}_{i} \beta^{k}+f_{i k} \mathcal{D}_{j} \beta^{k}=f_{k j} \mathcal{D}_{i} \beta^{k}+f_{i k} \mathcal{D}_{j} \beta^{k}, \tag{6.123}
\end{equation*}
$$

so that Eq. (6.118) can be rewritten as

$$
\begin{equation*}
2 N \tilde{A}_{i j}=f_{k j} \mathcal{D}_{i} \beta^{k}+f_{i k} \mathcal{D}_{j} \beta^{k}-\frac{2}{3} \mathcal{D}_{k} \beta^{k} f_{i j} . \tag{6.124}
\end{equation*}
$$

Using $\tilde{A}^{i j}=f^{i k} f^{j l} \tilde{A}_{k l}$, we may rewrite this equation as

$$
\begin{equation*}
\tilde{A}^{i j}=\frac{1}{2 N}(L \beta)^{i j} \tag{6.125}
\end{equation*}
$$

where

$$
\begin{equation*}
(L \beta)^{i j}:=\mathcal{D}^{i} \beta^{j}+\mathcal{D}^{j} \beta^{i}-\frac{2}{3} \mathcal{D}_{k} \beta^{k} f^{i j} \tag{6.126}
\end{equation*}
$$

is the conformal Killing operator associated with the metric $\boldsymbol{f}$ (cf. Appendix B). Consequently, the term $\mathcal{D}_{j} \tilde{A}^{i j}$ which appears in Eq. (6.122) is expressible in terms of $\boldsymbol{\beta}$ as

$$
\begin{align*}
\mathcal{D}_{j} \tilde{A}^{i j} & =\mathcal{D}_{j}\left[\frac{1}{2 N}(L \beta)^{i j}\right]=\frac{1}{2 N} \mathcal{D}_{j}\left(\mathcal{D}^{i} \beta^{j}+\mathcal{D}^{j} \beta^{i}-\frac{2}{3} \mathcal{D}_{k} \beta^{k} f^{i j}\right)-\frac{1}{2 N^{2}}(L \beta)^{i j} \mathcal{D}_{j} N \\
& =\frac{1}{2 N}\left(\mathcal{D}_{j} \mathcal{D}^{j} \beta^{i}+\frac{1}{3} \mathcal{D}^{i} \mathcal{D}_{j} \beta^{j}-2 \tilde{A}^{i j} \mathcal{D}_{j} N\right), \tag{6.127}
\end{align*}
$$

where we have used $\mathcal{D}_{j} \mathcal{D}^{i} \beta^{j}=\mathcal{D}^{i} \mathcal{D}_{j} \beta^{j}$ since $\boldsymbol{f}$ is flat. Inserting Eq. (6.127) into Eq. (6.122) yields

$$
\begin{equation*}
\mathcal{D}_{j} \mathcal{D}^{j} \beta^{i}+\frac{1}{3} \mathcal{D}^{i} \mathcal{D}_{j} \beta^{j}+2 \tilde{A}^{i j}\left(6 N \mathcal{D}_{j} \ln \Psi-\mathcal{D}_{j} N\right)=16 \pi N \Psi^{4} p^{i} \tag{6.128}
\end{equation*}
$$

The IWM system is formed by Eqs. (6.119), (6.121) and (6.128), which we rewrite as

$$
\begin{align*}
& \Delta N+2 \mathcal{D}_{i} \ln \Psi \mathcal{D}^{i} N=N\left[4 \pi(E+S)+\tilde{A}_{i j} \tilde{A}^{i j}\right]  \tag{6.129}\\
& \Delta \Psi+\left(\frac{1}{8} \tilde{A}_{i j} \tilde{A}^{i j}+2 \pi E\right) \Psi^{5}=0  \tag{6.130}\\
& \Delta \beta^{i}+\frac{1}{3} \mathcal{D}^{i} \mathcal{D}_{j} \beta^{j}+2 \tilde{A}^{i j}\left(6 N \mathcal{D}_{j} \ln \Psi-\mathcal{D}_{j} N\right)=16 \pi N \Psi^{4} p^{i}, \tag{6.131}
\end{align*}
$$

where

$$
\begin{equation*}
\Delta:=\mathcal{D}_{i} \mathcal{D}^{i} \tag{6.132}
\end{equation*}
$$

is the flat-space Laplacian. In the above equations, $\tilde{A}^{i j}$ is to be understood, not as an independent variable, but as the function of $N$ and $\beta^{i}$ defined by Eq. (6.125).

The IWM system (6.129)-(6.131) is a system of three elliptic equations (two scalar equations and one vector equation) for the three unknowns $N, \Psi$ and $\beta^{i}$. The physical 3-metric is fully determined by $\Psi$

$$
\begin{equation*}
\gamma_{i j}=\Psi^{4} f_{i j} \tag{6.133}
\end{equation*}
$$

so that, once the IWM system is solved, the full spacetime metric $\boldsymbol{g}$ can be reconstructed via Eq. (4.47).

Remark : In the original article [160], Isenberg has derived the system (6.129)-(6.131) from a variational principle based on the Hilbert action (4.95), by restricting $\gamma_{i j}$ to take the form (6.133) and requiring that the momentum conjugate to $\Psi$ vanishes.

That the IWM scheme constitutes some approximation to general relativity is clear because the solutions $\left(N, \Psi, \beta^{i}\right)$ to the IWM system (6.129)-(6.131) do not in general satisfy the remaining equations of the full conformal $3+1$ Einstein system, i.e. Eqs. (6.117) and (6.120). However, the IWM approximation

- is exact for spherically symmetric spacetimes (the Cotton tensor vanishes for any spherically symmetric $\left(\Sigma_{t}, \gamma\right)$ ), as shown for the Schwarzschild spacetime in the example given in Sec. 6.2.3;
- is very accurate for axisymmetric rotating neutron stars; [97]
- is correct at the $1-\mathrm{PN}$ order in the post-Newtonian expansion of general relativity.

The IWM approximation has been widely used in relativistic astrophysics, to compute binary neutron star mergers [186, 121, 198] gravitational collapses of stellar cores [112, 113, 114, 215, 216], as well as quasi-equilibrium configurations of binary neutron stars or binary black holes (cf. Sec. 8.4).

## Chapter 7

## Asymptotic flatness and global quantities

## Contents

7.1 Introduction ..... 103
7.2 Asymptotic flatness ..... 103
7.3 ADM mass ..... 105
7.4 ADM momentum ..... 112
7.5 Angular momentum ..... 113
7.6 Komar mass and angular momentum ..... 116

### 7.1 Introduction

In this Chapter, we review the global quantities that one may associate to the spacetime $(\mathcal{M}, \boldsymbol{g})$ or to each slice $\Sigma_{t}$ of the $3+1$ foliation. This encompasses various notions of mass, linear momentum and angular momentum. In the absence of any symmetry, all these global quantities are defined only for asymptotically flat spacetimes. So we shall start by defining the notion of asymptotic flatness.

### 7.2 Asymptotic flatness

The concept of asymptotic flatness applies to stellar type objects, modeled as if they were alone in an otherwise empty universe (the so-called isolated bodies). Of course, most cosmological spacetimes are not asymptotically flat.

### 7.2.1 Definition

We consider a globally hyperbolic spacetime $(\mathcal{M}, \boldsymbol{g})$ foliated by a family $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ of spacelike hypersurfaces. Let $\gamma$ and $\boldsymbol{K}$ be respectively the induced metric and extrinsic curvature of the hypersurfaces $\Sigma_{t}$. One says that the spacetime is asymptotically flat iff there exists, on each slice $\Sigma_{t}$, a Riemannian "background" metric $\boldsymbol{f}$ such that [276, 277, 251]

- $\boldsymbol{f}$ is flat $(\operatorname{Riem}(\boldsymbol{f})=0)$, except possibly on a compact domain $\mathcal{B}$ of $\Sigma_{t}$ (the "strong field region");
- there exists a coordinate system $\left(x^{i}\right)=(x, y, z)$ on $\Sigma_{t}$ such that outside $\mathcal{B}$, the components of $\boldsymbol{f}$ are $f_{i j}=\operatorname{diag}(1,1,1)$ ("Cartesian-type coordinates") and the variable $r:=$ $\sqrt{x^{2}+y^{2}+z^{2}}$ can take arbitrarily large values on $\Sigma_{t}$;
- when $r \rightarrow+\infty$, the components of $\gamma$ with respect to the coordinates $\left(x^{i}\right)$ satisfy

$$
\begin{align*}
& \gamma_{i j}=f_{i j}+O\left(r^{-1}\right)  \tag{7.1}\\
& \frac{\partial \gamma_{i j}}{\partial x^{k}}=O\left(r^{-2}\right) \tag{7.2}
\end{align*}
$$

- when $r \rightarrow+\infty$, the components of $\boldsymbol{K}$ with respect to the coordinates $\left(x^{i}\right)$ satisfy

$$
\begin{align*}
& K_{i j}=O\left(r^{-2}\right)  \tag{7.3}\\
& \frac{\partial K_{i j}}{\partial x^{k}}=O\left(r^{-3}\right) \tag{7.4}
\end{align*}
$$

The "region" $r \rightarrow+\infty$ is called spatial infinity and is denoted $i^{0}$.
Remark : There exist other definitions of asymptotic flatness which are not based on any coordinate system nor background flat metric (see e.g. Ref. [24] or Chap. 11 in Wald's textbook [265]). In particular, the spatial infinity $i^{0}$ can be rigorously defined as a single point in some "extended" spacetime $(\hat{\mathcal{M}}, \hat{\boldsymbol{g}})$ in which $(\mathcal{M}, \boldsymbol{g})$ can be embedded with $\boldsymbol{g}$ conformal to $\hat{\boldsymbol{g}}$. However the present definition is perfectly adequate for our purposes.

Remark : The requirement (7.2) excludes the presence of gravitational waves at spatial infinity. Indeed for gravitational waves propagating in the radial direction:

$$
\begin{equation*}
\gamma_{i j}=f_{i j}+\frac{F_{i j}(t-r)}{r}+O\left(r^{-2}\right) \tag{7.5}
\end{equation*}
$$

This fulfills condition (7.1) but

$$
\begin{equation*}
\frac{\partial \gamma_{i j}}{\partial x^{k}}=-\frac{F^{\prime}{ }_{i j}(t-r)}{r} \frac{x^{k}}{r}-\frac{F_{i j}(t-r)}{r^{2}} \frac{x^{k}}{r}+O\left(r^{-2}\right) \tag{7.6}
\end{equation*}
$$

is $O\left(r^{-1}\right)$ since $F^{\prime}{ }_{i j} \neq 0$ (otherwise $F_{i j}$ would be a constant function and there would be no radiation). This violates condition (7.2). Notice that the absence of gravitational waves at spatial infinity is not a serious physical restriction, since one may consider that any isolated system has started to emit gravitational waves at a finite time "in the past" and that these waves have not reached the spatial infinity yet.

### 7.2.2 Asymptotic coordinate freedom

Obviously the above definition of asymptotic flatness depends both on the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ and on the coordinates $\left(x^{i}\right)$ chosen on each leaf $\Sigma_{t}$. It is of course important to assess whether this dependence is strong or not. In other words, we would like to determine the class of coordinate changes $\left(x^{\alpha}\right)=\left(t, x^{i}\right) \rightarrow\left(x^{\prime \alpha}\right)=\left(t^{\prime}, x^{\prime i}\right)$ which preserve the asymptotic properties (7.1)-(7.4). The answer is that the coordinates $\left(x^{\prime \alpha}\right)$ must be related to the coordinates $\left(x^{\alpha}\right)$ by [157]

$$
\begin{equation*}
x^{\prime \alpha}=\Lambda^{\alpha}{ }_{\mu} x^{\mu}+c^{\alpha}(\theta, \varphi)+O\left(r^{-1}\right) \tag{7.7}
\end{equation*}
$$

where $\Lambda^{\alpha}{ }_{\beta}$ is a Lorentz matrix and the $c^{\alpha}$ s are four functions of the angles $(\theta, \varphi)$ related to the coordinates $\left(x^{i}\right)=(x, y, z)$ by the standard formulæ:

$$
\begin{equation*}
x=r \sin \theta \cos \varphi, \quad y=r \sin \theta \sin \varphi, \quad z=r \cos \theta . \tag{7.8}
\end{equation*}
$$

The group of transformations generated by (7.7) is related to the Spi group (for Spatial infinity) introduced by Ashtekar and Hansen [25, 24]. However the precise relation is not clear because the definition of asymptotic flatness used by these authors is not expressed as decay conditions for $\gamma_{i j}$ and $K_{i j}$, as in Eqs. (7.1)-(7.4).

Notice that Poincaré transformations are contained in transformation group defined by (7.7): they simply correspond to the case $c^{\alpha}(\theta, \varphi)=$ const. The transformations with $c^{\alpha}(\theta, \varphi) \neq$ const and $\Lambda^{\alpha}{ }_{\beta}=\delta^{\alpha}{ }_{\beta}$ constitute "angle-dependent translations" and are called supertranslations.

Note that if the Lorentz matrix $\Lambda^{\alpha}{ }_{\beta}$ involves a boost, the transformation (7.7) implies a change of the $3+1$ foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$, whereas if $\Lambda^{\alpha}{ }_{\beta}$ corresponds only to some spatial rotation and the $c^{\alpha}$ 's are constant, the transformation (7.7) describes some change of Cartesian-type coordinates $\left(x^{i}\right)$ (rotation + translation) within the same hypersurface $\Sigma_{t}$.

### 7.3 ADM mass

### 7.3.1 Definition from the Hamiltonian formulation of GR

In the short introduction to the Hamiltonian formulation of general relativity given in Sec. 4.5, we have for simplicity discarded any boundary term in the action. However, because the gravitational Lagrangian density (the scalar curvature ${ }^{4} R$ ) contains second order derivatives of the metric tensor (and not only first order ones, which is a particularity of general relativity with respect to other field theories), the precise action should be [209, 205, 265, 157]

$$
\begin{equation*}
S=\int_{\mathcal{V}}{ }^{4} R \sqrt{-g} d^{4} x+2 \oint_{\partial \mathcal{V}}\left(Y-Y_{0}\right) \sqrt{h} d^{3} y \tag{7.9}
\end{equation*}
$$

where $\partial \mathcal{V}$ is the boundary of the domain $\mathcal{V}(\partial \mathcal{V}$ is assumed to be a timelike hypersurface), $Y$ the trace of the extrinsic curvature (i.e. three times the mean curvature) of $\partial \mathcal{V}$ embedded in $(\mathcal{M}, \boldsymbol{g})$ and $Y_{0}$ the trace of the extrinsic curvature of $\partial \mathcal{V}$ embedded in $(\mathcal{M}, \boldsymbol{\eta})$, where $\boldsymbol{\eta}$ is a Lorentzian metric on $\mathcal{M}$ which is flat in the region of $\partial \mathcal{V}$. Finally $\sqrt{h} d^{3} y$ is the volume element induced by $\boldsymbol{g}$ on the hypersurface $\partial \mathcal{V}, \boldsymbol{h}$ being the induced metric on $\partial \mathcal{V}$ and $h$ its determinant with
respect to the coordinates $\left(y^{i}\right)$ used on $\partial \mathcal{V}$. The boundary term in (7.9) guarantees that the variation of $S$ with the values of $\boldsymbol{g}$ (and not its derivatives) held fixed at $\partial \mathcal{V}$ leads to the Einstein equation. Otherwise, from the volume term alone (Hilbert action), one has to held fixed $\boldsymbol{g}$ and all its derivatives at $\partial \mathcal{V}$.

Let

$$
\begin{equation*}
\mathcal{S}_{t}:=\partial V \cap \Sigma_{t} \tag{7.10}
\end{equation*}
$$

We assume that $\mathcal{S}_{t}$ has the topology of a sphere. The gravitational Hamiltonian which can be derived from the action (7.9) (see [205] for details) contains an additional boundary term with respect to the Hamiltonian (4.112) obtained in Sec. 4.5 :

$$
\begin{equation*}
H=-\int_{\Sigma_{t}^{\mathrm{int}}}\left(N C_{0}-2 \beta^{i} C_{i}\right) \sqrt{\gamma} d^{3} x-2 \oint_{\mathcal{S}_{t}}\left[N\left(\kappa-\kappa_{0}\right)+\beta_{i}\left(K_{i j}-K \gamma_{i j}\right) s^{j}\right] \sqrt{q} d^{2} y \tag{7.11}
\end{equation*}
$$

where $\Sigma_{t}^{\mathrm{int}}$ is the part of $\Sigma_{t}$ bounded by $\mathcal{S}_{t}, \kappa$ is the trace of the extrinsic curvature of $\mathcal{S}_{t}$ embedded in $\left(\Sigma_{t}, \gamma\right)$, and $\kappa_{0}$ the trace of the extrinsic curvature of $\mathcal{S}_{t}$ embedded in $\left(\Sigma_{t}, \boldsymbol{f}\right)(\boldsymbol{f}$ being the metric introduced in Sec. 7.2), $s$ is the unit normal to $\mathcal{S}_{t}$ in $\Sigma_{t}$, oriented towards the asymptotic region, and $\sqrt{q} d^{2} y$ denotes the surface element induced by the spacetime metric on $\mathcal{S}_{t}, \boldsymbol{q}$ being the induced metric, $y^{a}=\left(y^{1}, y^{2}\right)$ some coordinates on $\mathcal{S}_{t}$ [for instance $y^{a}=(\theta, \varphi)$ ] and $q:=\operatorname{det}\left(q_{a b}\right)$.

For solutions of Einstein equation, the constraints are satisfied: $C_{0}=0$ and $C_{i}=0$, so that the value of the Hamiltonian reduces to

$$
\begin{equation*}
H_{\text {solution }}=-2 \oint_{\mathcal{S}_{t}}\left[N\left(\kappa-\kappa_{0}\right)+\beta^{i}\left(K_{i j}-K \gamma_{i j}\right) s^{j}\right] \sqrt{q} d^{2} y . \tag{7.12}
\end{equation*}
$$

The total energy contained in the $\Sigma_{t}$ is then defined as the numerical value of the Hamiltonian for solutions, taken on a surface $\mathcal{S}_{t}$ at spatial infinity (i.e. for $r \rightarrow+\infty$ ) and for coordinates $\left(t, x^{i}\right)$ that could be associated with some asymptotically inertial observer, i.e. such that $N=1$ and $\boldsymbol{\beta}=0$. From Eq. (7.12), we get (after restoration of some ( $16 \pi)^{-1}$ factor)

$$
\begin{equation*}
M_{\mathrm{ADM}}:=-\frac{1}{8 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}}\left(\kappa-\kappa_{0}\right) \sqrt{q} d^{2} y . \tag{7.13}
\end{equation*}
$$

This energy is called the $\boldsymbol{A D M}$ mass of the slice $\Sigma_{t}$. By evaluating the extrinsic curvature traces $\kappa$ and $\kappa_{0}$, it can be shown that Eq. (7.13) can be written

$$
\begin{equation*}
M_{\mathrm{ADM}}=\frac{1}{16 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}}\left[\mathcal{D}^{j} \gamma_{i j}-\mathcal{D}_{i}\left(f^{k l} \gamma_{k l}\right)\right] s^{i} \sqrt{q} d^{2} y \tag{7.14}
\end{equation*}
$$

where $\mathcal{D}$ stands for the connection associated with the metric $\boldsymbol{f}$ and, as above, $s^{i}$ stands for the components of unit normal to $\mathcal{S}_{t}$ within $\Sigma_{t}$ and oriented towards the exterior of $\mathcal{S}_{t}$. In particular, if one uses the Cartesian-type coordinates ( $x^{i}$ ) involved in the definition of asymptotic flatness (Sec. 7.2), then $\mathcal{D}_{i}=\partial / \partial x^{i}$ and $f^{k l}=\delta^{k l}$ and the above formula becomes

$$
\begin{equation*}
M_{\mathrm{ADM}}=\frac{1}{16 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}}\left(\frac{\partial \gamma_{i j}}{\partial x^{j}}-\frac{\partial \gamma_{j j}}{\partial x^{i}}\right) s^{i} \sqrt{q} d^{2} y \tag{7.15}
\end{equation*}
$$

Notice that thanks to the asymptotic flatness requirement (7.2), this integral takes a finite value: the $O\left(r^{2}\right)$ part of $\sqrt{q} d^{2} y$ is compensated by the $O\left(r^{-2}\right)$ parts of $\partial \gamma_{i j} / \partial x^{j}$ and $\partial \gamma_{j j} / \partial x^{i}$.

Example : Let us consider Schwarzschild spacetime and use the standard Schwarzschild coordinates $\left(x^{\alpha}\right)=(t, r, \theta, \phi)$ :

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-\left(1-\frac{2 m}{r}\right) d t^{2}+\left(1-\frac{2 m}{r}\right)^{-1} d r^{2}+r^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right) . \tag{7.16}
\end{equation*}
$$

Let us take for $\Sigma_{t}$ the hypersurface of constant Schwarzschild coordinate time $t$. Then we read on (7.16) the components of the induced metric in the coordinates $\left(x^{i}\right)=(r, \theta, \varphi)$ :

$$
\begin{equation*}
\gamma_{i j}=\operatorname{diag}\left[\left(1-\frac{2 m}{r}\right)^{-1}, r^{2}, r^{2} \sin ^{2} \theta\right] . \tag{7.17}
\end{equation*}
$$

On the other side, the components of the flat metric in the same coordinates are

$$
\begin{equation*}
f_{i j}=\operatorname{diag}\left(1, r^{2}, r^{2} \sin ^{2} \theta\right) \quad \text { and } \quad f^{i j}=\operatorname{diag}\left(1, r^{-2}, r^{-2} \sin ^{-2} \theta\right) . \tag{7.18}
\end{equation*}
$$

Let us now evaluate $M_{\mathrm{ADM}}$ by means of the integral (7.14) (we cannot use formula (7.15) because the coordinates $\left(x^{i}\right)$ are not Cartesian-like). It is quite natural to take for $\mathcal{S}_{t}$ the sphere $r=$ const in the hypersurface $\Sigma_{t}$. Then $y^{a}=(\theta, \varphi), \sqrt{q}=r^{2} \sin \theta$ and, at spatial infinity, $s^{i} \sqrt{q} d^{2} y=r^{2} \sin \theta d \theta d \varphi\left(\boldsymbol{\partial}_{r}\right)^{i}$, where $\boldsymbol{\partial}_{r}$ is the natural basis vector associated the coordinate $r:\left(\boldsymbol{\partial}_{r}\right)^{i}=(1,0,0)$. Consequently, Eq. (7.14) becomes

$$
\begin{equation*}
M_{\mathrm{ADM}}=\frac{1}{16 \pi} \lim _{r \rightarrow \infty} \oint_{r=\mathrm{const}}\left[\mathcal{D}^{j} \gamma_{r j}-\mathcal{D}_{r}\left(f^{k l} \gamma_{k l}\right)\right] r^{2} \sin \theta d \theta d \varphi, \tag{7.19}
\end{equation*}
$$

with

$$
\begin{equation*}
f^{k l} \gamma_{k l}=\gamma_{r r}+\frac{1}{r^{2}} \gamma_{\theta \theta}+\frac{1}{r^{2} \sin ^{2} \theta} \gamma_{\varphi \varphi}=\left(1-\frac{2 m}{r}\right)^{-1}+2, \tag{7.20}
\end{equation*}
$$

and since $f^{k l} \gamma_{k l}$ is a scalar field,

$$
\begin{equation*}
\mathcal{D}_{r}\left(f^{k l} \gamma_{k l}\right)=\frac{\partial}{\partial r}\left(f^{k l} \gamma_{k l}\right)=-\left(1-\frac{2 m}{r}\right)^{-2} \frac{2 m}{r^{2}} . \tag{7.21}
\end{equation*}
$$

There remains to evaluate $\mathcal{D}^{j} \gamma_{r j}$. One has

$$
\begin{equation*}
\mathcal{D}^{j} \gamma_{r j}=f^{j k} \mathcal{D}_{k} \gamma_{r j}=\mathcal{D}_{r} \gamma_{r r}+\frac{1}{r^{2}} \mathcal{D}_{\theta} \gamma_{r \theta}+\frac{1}{r^{2} \sin ^{2} \theta} \mathcal{D}_{\varphi} \gamma_{r \varphi}, \tag{7.22}
\end{equation*}
$$

with the covariant derivatives given by (taking into account the form (7.17) of $\gamma_{i j}$ )

$$
\begin{align*}
& \mathcal{D}_{r} \gamma_{r r}=\frac{\partial \gamma_{r r}}{\partial r}-2 \bar{\Gamma}^{i}{ }_{r r} \gamma_{i r}=\frac{\partial \gamma_{r r}}{\partial r}-2 \bar{\Gamma}^{r}{ }_{r r} \gamma_{r r}  \tag{7.23}\\
& \mathcal{D}_{\theta} \gamma_{r \theta}=\frac{\partial \gamma_{r \theta}}{\partial \theta}-\bar{\Gamma}^{i}{ }_{\theta r} \gamma_{i \theta}-\bar{\Gamma}^{i}{ }_{\theta \theta} \gamma_{r i}=-\bar{\Gamma}^{\theta}{ }_{\theta r} \gamma_{\theta \theta}-\bar{\Gamma}^{r}{ }_{\theta \theta} \gamma_{r r}  \tag{7.24}\\
& \mathcal{D}_{\varphi} \gamma_{r \varphi}=\frac{\partial \gamma_{r \varphi}}{\partial \varphi}-\bar{\Gamma}^{i}{ }_{\varphi r} \gamma_{i \varphi}-\bar{\Gamma}^{i}{ }_{\varphi \varphi} \gamma_{r i}=-\bar{\Gamma}^{\varphi}{ }_{\varphi r} \gamma_{\varphi \varphi}-\bar{\Gamma}^{r}{ }_{\varphi \varphi} \gamma_{r r}, \tag{7.25}
\end{align*}
$$

where the $\bar{\Gamma}^{k}{ }_{i j}$ 's are the Christoffel symbols of the connection $\mathcal{D}$ with respect to the coordinates $\left(x^{i}\right)$. The non-vanishing ones are

$$
\begin{array}{rll}
\bar{\Gamma}^{r}{ }_{\theta \theta}=-r & \text { and } & \bar{\Gamma}^{r}{ }_{\varphi \varphi}=-r \sin ^{2} \theta \\
\bar{\Gamma}^{\theta}{ }_{r \theta}=\bar{\Gamma}^{\theta}{ }_{\theta r}=\frac{1}{r} & \text { and } & \bar{\Gamma}^{\theta}{ }_{\varphi \varphi}=-\cos \theta \sin \theta \\
\bar{\Gamma}^{\varphi}{ }_{r \varphi}=\bar{\Gamma}^{\varphi}{ }_{\varphi r}=\frac{1}{r} & \text { and } & \bar{\Gamma}^{\varphi}{ }_{\theta \varphi}=\bar{\Gamma}^{\varphi}{ }_{\varphi \theta}=\frac{1}{\tan \theta} . \tag{7.28}
\end{array}
$$

Hence

$$
\begin{align*}
\mathcal{D}^{j} \gamma_{r j}= & \frac{\partial}{\partial r}\left[\left(1-\frac{2 m}{r}\right)^{-1}\right]+\frac{1}{r^{2}}\left[-\frac{1}{r} \times r^{2}+r \times\left(1-\frac{2 m}{r}\right)^{-1}\right] \\
& +\frac{1}{r^{2} \sin ^{2} \theta}\left[-\frac{1}{r} \times r^{2} \sin ^{2} \theta+r \sin ^{2} \theta \times\left(1-\frac{2 m}{r}\right)^{-1}\right] \\
\mathcal{D}^{j} \gamma_{r j}= & \frac{2 m}{r^{2}}\left(1-\frac{2 m}{r}\right)^{-2}\left(1-\frac{4 m}{r}\right) . \tag{7.29}
\end{align*}
$$

Combining Eqs. (7.21) and (7.29), we get

$$
\begin{align*}
\mathcal{D}^{j} \gamma_{r j}-\mathcal{D}_{r}\left(f^{k l} \gamma_{k l}\right) & =\frac{2 m}{r^{2}}\left(1-\frac{2 m}{r}\right)^{-2}\left(1-\frac{4 m}{r}+1\right)=\frac{4 m}{r^{2}}\left(1-\frac{2 m}{r}\right)^{-1} \\
& \sim \frac{4 m}{r^{2}} \text { when } r \rightarrow \infty \tag{7.30}
\end{align*}
$$

so that the integral (7.19) results in

$$
\begin{equation*}
M_{\mathrm{ADM}}=m . \tag{7.31}
\end{equation*}
$$

We conclude that the ADM mass of any hypersurface $t=$ const of Schwarzschild spacetime is nothing but the mass parameter $m$ of the Schwarzschild solution.

### 7.3.2 Expression in terms of the conformal decomposition

Let us introduce the conformal metric $\tilde{\gamma}$ and conformal factor $\Psi$ associated to $\gamma$ according to the prescription given in Sec. 6.2.3, taking for the background metric $\boldsymbol{f}$ the same metric as that involved in the definition of asymptotic flatness and ADM mass:

$$
\begin{equation*}
\gamma=\Psi^{4} \tilde{\gamma} \tag{7.32}
\end{equation*}
$$

with, in the Cartesian-type coordinates $\left(x^{i}\right)=(x, y, z)$ introduced in Sec. 7.2:

$$
\begin{equation*}
\operatorname{det}\left(\tilde{\gamma}_{i j}\right)=1 \tag{7.33}
\end{equation*}
$$

This is the property (6.19) since $f=\operatorname{det}\left(f_{i j}\right)=1\left(f_{i j}=\operatorname{diag}(1,1,1)\right)$. The asymptotic flatness conditions (7.1)-(7.2) impose

$$
\begin{equation*}
\Psi=1+O\left(r^{-1}\right) \quad \text { and } \quad \frac{\partial \Psi}{\partial x^{k}}=O\left(r^{-2}\right) \tag{7.34}
\end{equation*}
$$

and

$$
\begin{equation*}
\tilde{\gamma}_{i j}=f_{i j}+O\left(r^{-1}\right) \quad \text { and } \quad \frac{\partial \tilde{\gamma}_{i j}}{\partial x^{k}}=O\left(r^{-2}\right) . \tag{7.35}
\end{equation*}
$$

Thanks to the decomposition (7.32), the integrand of the ADM mass formula (7.14) is

$$
\begin{equation*}
\mathcal{D}^{j} \gamma_{i j}-\mathcal{D}_{i}\left(f^{k l} \gamma_{k l}\right)=4 \underbrace{\Psi^{3}}_{\sim 1} \mathcal{D}^{j} \Psi \underbrace{\tilde{\gamma}_{i j}}_{\sim f_{i j}}+\underbrace{\Psi^{4}}_{\sim 1} \mathcal{D}^{j} \tilde{\gamma}_{i j}-4 \underbrace{\Psi^{3}}_{\sim 1} \mathcal{D}_{i} \Psi \underbrace{f^{k l} \tilde{\gamma}_{k l}}_{\sim 3}-\underbrace{\Psi^{4}}_{\sim 1} \mathcal{D}_{i}\left(f^{k l} \tilde{\gamma}_{k l}\right) \tag{7.36}
\end{equation*}
$$

where the $\sim$ 's denote values when $r \rightarrow \infty$, taking into account (7.34) and (7.35). Thus we have

$$
\begin{equation*}
\mathcal{D}^{j} \gamma_{i j}-\mathcal{D}_{i}\left(f^{k l} \gamma_{k l}\right) \sim-8 \mathcal{D}_{i} \Psi+\mathcal{D}^{j} \tilde{\gamma}_{i j}-\mathcal{D}_{i}\left(f^{k l} \tilde{\gamma}_{k l}\right) \tag{7.37}
\end{equation*}
$$

From (7.34) and (7.35), $\mathcal{D}_{i} \Psi=O\left(r^{-2}\right)$ and $\mathcal{D}^{j} \tilde{\gamma}_{i j}=O\left(r^{-2}\right)$. Let us show that the unit determinant condition (7.33) implies $\mathcal{D}_{i}\left(f^{k l} \tilde{\gamma}_{k l}\right)=O\left(r^{-3}\right)$ so that this term actually does not contribute to the ADM mass integral. Let us write

$$
\begin{equation*}
\tilde{\gamma}_{i j}=: f_{i j}+\varepsilon_{i j}, \tag{7.38}
\end{equation*}
$$

with according to Eq. (7.35), $\varepsilon_{i j}=O\left(r^{-1}\right)$. Then

$$
\begin{equation*}
f^{k l} \tilde{\gamma}_{k l}=3+\varepsilon_{x x}+\varepsilon_{y y}+\varepsilon_{z z} \tag{7.39}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{D}_{i}\left(f^{k l} \tilde{\gamma}_{k l}\right)=\frac{\partial}{\partial x^{i}}\left(f^{k l} \tilde{\gamma}_{k l}\right)=\frac{\partial}{\partial x^{i}}\left(\varepsilon_{x x}+\varepsilon_{y y}+\varepsilon_{z z}\right) . \tag{7.40}
\end{equation*}
$$

Now the determinant of $\tilde{\gamma}_{i j}$ is

$$
\begin{align*}
\operatorname{det}\left(\tilde{\gamma}_{i j}\right)= & \operatorname{det}\left(\begin{array}{ccc}
1+\varepsilon_{x x} & \varepsilon_{x y} & \varepsilon_{x z} \\
\varepsilon_{x y} & 1+\varepsilon_{y y} & \varepsilon_{y z} \\
\varepsilon_{x z} & \varepsilon_{y z} & 1+\varepsilon_{z z}
\end{array}\right) \\
= & 1+\varepsilon_{x x}+\varepsilon_{y y}+\varepsilon_{z z}+\varepsilon_{x x} \varepsilon_{y y}+\varepsilon_{x x} \varepsilon_{z z}+\varepsilon_{y y} \varepsilon_{z z}-\varepsilon_{x y}^{2}-\varepsilon_{x z}^{2}-\varepsilon_{y z}^{2} \\
& +\varepsilon_{x x} \varepsilon_{y y} \varepsilon_{z z}+2 \varepsilon_{x y} \varepsilon_{x z} \varepsilon_{y z}-\varepsilon_{x x} \varepsilon_{y z}^{2}-\varepsilon_{y y} \varepsilon_{x z}^{2}-\varepsilon_{z z} \varepsilon_{x y}^{2} . \tag{7.41}
\end{align*}
$$

Requiring $\operatorname{det}\left(\tilde{\gamma}_{i j}\right)=1$ implies then

$$
\begin{align*}
\varepsilon_{x x}+\varepsilon_{y y}+\varepsilon_{z z}= & -\varepsilon_{x x} \varepsilon_{y y}-\varepsilon_{x x} \varepsilon_{z z}-\varepsilon_{y y} \varepsilon_{z z}+\varepsilon_{x y}^{2}+\varepsilon_{x z}^{2}+\varepsilon_{y z}^{2} \\
& -\varepsilon_{x x} \varepsilon_{y y} \varepsilon_{z z}-2 \varepsilon_{x y} \varepsilon_{x z} \varepsilon_{y z}+\varepsilon_{x x} \varepsilon_{y z}^{2}+\varepsilon_{y y} \varepsilon_{x z}^{2}+\varepsilon_{z z} \varepsilon_{x y}^{2} . \tag{7.42}
\end{align*}
$$

Since according to (7.35), $\varepsilon_{i j}=O\left(r^{-1}\right)$ and $\partial \varepsilon_{i j} / \partial x^{k}=O\left(r^{-2}\right)$, we conclude that

$$
\begin{equation*}
\frac{\partial}{\partial x^{i}}\left(\varepsilon_{x x}+\varepsilon_{y y}+\varepsilon_{z z}\right)=O\left(r^{-3}\right), \tag{7.43}
\end{equation*}
$$

i.e. in view of (7.40),

$$
\begin{equation*}
\mathcal{D}_{i}\left(f^{k l} \tilde{\gamma}_{k l}\right)=O\left(r^{-3}\right) . \tag{7.44}
\end{equation*}
$$

Thus in Eq. (7.37), only the first two terms in the right-hand side contribute to the ADM mass integral, so that formula (7.14) becomes

$$
\begin{equation*}
M_{\mathrm{ADM}}=-\frac{1}{2 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}} s^{i}\left(\mathcal{D}_{i} \Psi-\frac{1}{8} \mathcal{D}^{j} \tilde{\gamma}_{i j}\right) \sqrt{q} d^{2} y . \tag{7.45}
\end{equation*}
$$

Example : Let us return to the example considered in Sec. 6.2.3, namely Schwarzschild spacetime in isotropic coordinates $(t, r, \theta, \varphi)^{1}$. The conformal factor was found to be $\Psi=$ $1+m /(2 r)[E q .(6.25)]$ and the conformal metric to be $\tilde{\gamma}=\boldsymbol{f}$. Then $\mathcal{D}^{j} \tilde{\gamma}_{i j}=0$ and only the first term remains in the integral (7.45):

$$
\begin{equation*}
M_{\mathrm{ADM}}=-\frac{1}{2 \pi} \lim _{r \rightarrow \infty} \oint_{r=\mathrm{const}} \frac{\partial \Psi}{\partial r} r^{2} \sin \theta d \theta d \varphi, \tag{7.46}
\end{equation*}
$$

with

$$
\begin{equation*}
\frac{\partial \Psi}{\partial r}=\frac{\partial}{\partial r}\left(1+\frac{m}{2 r}\right)=-\frac{m}{2 r^{2}}, \tag{7.47}
\end{equation*}
$$

so that we get

$$
\begin{equation*}
M_{\mathrm{ADM}}=m \tag{7.48}
\end{equation*}
$$

i.e. we recover the result (7.31), which was obtained by means of different coordinates (Schwarzschild coordinates).

### 7.3.3 Newtonian limit

To check that at the Newtonian limit, the ADM mass reduces to the usual definition of mass, let us consider the weak field metric given by Eq. (5.14). We have found in Sec. 6.2.3 that the corresponding conformal metric is $\tilde{\gamma}=f$ and the conformal factor $\Psi=1-\Phi / 2$ [Eq. (6.26)], where $\Phi$ reduces to the gravitational potential at the Newtonian limit. Accordingly, $\mathcal{D}^{j} \tilde{\gamma}_{i j}=0$ and $\mathcal{D}_{i} \Psi=-\frac{1}{2} \mathcal{D}_{i} \Phi$, so that Eq. (7.45) becomes

$$
\begin{equation*}
M_{\mathrm{ADM}}=\frac{1}{4 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}} s^{i} \mathcal{D}_{i} \Phi \sqrt{q} d^{2} y . \tag{7.49}
\end{equation*}
$$

To take Newtonian limit, we may assume that $\Sigma_{t}$ has the topology of $\mathbb{R}^{3}$ and transform the above surface integral to a volume one by means of the Gauss-Ostrogradsky theorem:

$$
\begin{equation*}
M_{\mathrm{ADM}}=\frac{1}{4 \pi} \int_{\Sigma_{t}} \mathcal{D}_{i} \mathcal{D}^{i} \Phi \sqrt{f} d^{3} x \tag{7.50}
\end{equation*}
$$

Now, at the Newtonian limit, $\Phi$ is a solution of the Poisson equation

$$
\begin{equation*}
\mathcal{D}_{i} \mathcal{D}^{i} \Phi=4 \pi \rho, \tag{7.51}
\end{equation*}
$$

where $\rho$ is the mass density (remember we are using units in which Newton's gravitational constant $G$ is unity). Hence Eq. (7.50) becomes

$$
\begin{equation*}
M_{\mathrm{ADM}}=\int_{\Sigma_{t}} \rho \sqrt{f} d^{3} x \tag{7.52}
\end{equation*}
$$

which shows that at the Newtonian limit, the ADM mass is nothing but the total mass of the considered system.

[^12]
### 7.3.4 Positive energy theorem

Since the ADM mass represents the total energy of a gravitational system, it is important to show that it is always positive, at least for "reasonable" models of matter (take $\rho<0$ in Eq. (7.52) and you will get $M_{\mathrm{ADM}}<0 \ldots$ ). If negative values of the energy would be possible, then a gravitational system could decay to lower and lower values and thereby emit an unbounded energy via gravitational radiation.

The positivity of the ADM mass has been hard to establish. The complete proof was eventually given in 1981 by Schoen and Yau [220]. A simplified proof has been found shortly after by Witten [270]. More precisely, Schoen, Yau and Witten have shown that if the matter content of spacetime obeys the dominant energy condition, then $M_{\mathrm{ADM}} \geq 0$. Furthermore, $M_{\mathrm{ADM}}=0$ if and only if $\Sigma_{t}$ is a hypersurface of Minkowski spacetime.

The dominant energy condition is the following requirement on the matter stress-energy tensor $\boldsymbol{T}$ : for any timelike and future-directed vector $\boldsymbol{v}$, the vector $-\boldsymbol{T}(\boldsymbol{v})$ defined by Eq. (2.11) ${ }^{2}$ must be a future-directed timelike or null vector. If $\boldsymbol{v}$ is the 4 -velocity of some observer, $-\overrightarrow{\boldsymbol{T}}(\boldsymbol{v})$ is the energy-momentum density 4 -vector as measured by the observer and the dominant energy condition means that this vector must be causal. In particular, the dominant energy condition implies the weak energy condition, namely that for any timelike and future-directed vector $\boldsymbol{v}$, $\boldsymbol{T}(\boldsymbol{v}, \boldsymbol{v}) \geq 0$. If again $\boldsymbol{v}$ is the 4-velocity of some observer, the quantity $\boldsymbol{T}(\boldsymbol{v}, \boldsymbol{v})$ is nothing but the energy density as measured by that observer [cf. Eq. (4.3)], and the the weak energy condition simply stipulates that this energy density must be non-negative. In short, the dominant energy condition means that the matter energy must be positive and that it must not travel faster than light.

The dominant energy condition is easily expressible in terms of the matter energy density $E$ and momentum density $\boldsymbol{p}$, both measured by the Eulerian observer and introduced in Sec. 4.1.2. Indeed, from the $3+1$ split (4.10) of $\boldsymbol{T}$, the energy-momentum density 4 -vector relative to the Eulerian observer is found to be

$$
\begin{equation*}
J:=-\overrightarrow{\boldsymbol{T}}(n)=E n+\vec{p} \tag{7.53}
\end{equation*}
$$

Then, since $\boldsymbol{n} \cdot \overrightarrow{\boldsymbol{p}}=0, \boldsymbol{J} \cdot \boldsymbol{J}=-E^{2}+\overrightarrow{\boldsymbol{p}} \cdot \overrightarrow{\boldsymbol{p}}$. Requiring that $\boldsymbol{J}$ is timelike or null means $\boldsymbol{J} \cdot \boldsymbol{J} \leq 0$ and that it is future-oriented amounts to $E \geq 0$ (since $\boldsymbol{n}$ is itself future-oriented). Hence the dominant energy condition is equivalent to the two conditions $E^{2} \geq \overrightarrow{\boldsymbol{p}} \cdot \overrightarrow{\boldsymbol{p}}$ and $E \geq 0$. Since $\overrightarrow{\boldsymbol{p}}$ is always a spacelike vector, these two conditions are actually equivalent to the single requirement

$$
\begin{equation*}
E \geq \sqrt{\vec{p} \cdot \vec{p}} \tag{7.54}
\end{equation*}
$$

This justifies the term dominant energy condition.

### 7.3.5 Constancy of the ADM mass

Since the Hamiltonian $H$ given by Eq. (7.11) depends on the configuration variables $\left(\gamma_{i j}, N, \beta^{i}\right)$ and their conjugate momenta $\left(\pi^{i j}, \pi^{N}=0, \pi^{\boldsymbol{\beta}}=0\right)$, but not explicitly on the time $t$, the

[^13]associated energy is a constant of motion:
\[

$$
\begin{equation*}
\frac{d}{d t} M_{\mathrm{ADM}}=0 \tag{7.55}
\end{equation*}
$$

\]

Note that this property is not obvious when contemplating formula (7.14), which expresses $M_{\mathrm{ADM}}$ as an integral over $\mathcal{S}_{t}$.

### 7.4 ADM momentum

### 7.4.1 Definition

As the ADM mass is associated with time translations at infinity [taking $N=1$ and $\boldsymbol{\beta}=0$ in Eq. (7.12)], the ADM momentum is defined as the conserved quantity associated with the invariance of the action with respect to spatial translations. With respect to the Cartesian-type coordinates $\left(x^{i}\right)$ introduced in Sec. 7.2, three privileged directions for translations at spatial infinity are given by the three vectors $\left(\boldsymbol{\partial}_{i}\right)_{i \in\{1,2,3\}}$. The three conserved quantities are then obtained by setting $N=0$ and $\beta^{i}=1$ in Eq. (7.12) [157, 209]:

$$
\begin{equation*}
P_{i}:=\frac{1}{8 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}}\left(K_{j k}-K \gamma_{j k}\right)\left(\partial_{i}\right)^{j} s^{k} \sqrt{q} d^{2} y, \quad i \in\{1,2,3\} . \tag{7.56}
\end{equation*}
$$

Remark : The index i in the above formula is not the index of some tensor component, contrary to the indices $j$ and $k$. It is used to label the three vectors $\boldsymbol{\partial}_{1}, \boldsymbol{\partial}_{2}$ and $\boldsymbol{\partial}_{3}$ and the quantities $P_{1}, P_{2}$ and $P_{3}$ corresponding to each of these vectors.
Notice that the asymptotic flatness condition (7.3) ensures that $P_{i}$ is a finite quantity. The three numbers $\left(P_{1}, P_{2}, P_{3}\right)$ define the $\boldsymbol{A D M}$ momentum of the hypersurface $\Sigma_{t}$. The values $P_{i}$ depend upon the choice of the coordinates $\left(x^{i}\right)$ but the set $\left(P_{1}, P_{2}, P_{3}\right)$ transforms as the components of a linear form under a change of Cartesian coordinates $\left(x^{i}\right) \rightarrow\left(x^{\prime i}\right)$ which asymptotically corresponds to rotation and/or a translation. Therefore $\left(P_{1}, P_{2}, P_{3}\right)$ can be regarded as a linear form which "lives" at the "edge" of $\Sigma_{t}$. It can be regarded as well as a vector since the duality vector/linear forms is trivial in the asymptotically Euclidean space.

Example : For foliations associated with the standard coordinates of Schwarzschild spacetime (e.g. Schwarzschild coordinates (7.16) or isotropic coordinates (6.24)), the extrinsic curvature vanishes identically: $\boldsymbol{K}=0$, so that Eq. (7.56) yields

$$
\begin{equation*}
P_{i}=0 . \tag{7.57}
\end{equation*}
$$

For a non trivial example based on a"boosted" Schwarzschild solution, see Ref. [277].

### 7.4.2 ADM 4-momentum

Not only $\left(P_{1}, P_{2}, P_{3}\right)$ behaves as the components of a linear form, but the set of four numbers

$$
\begin{equation*}
P_{\alpha}^{\mathrm{ADM}}:=\left(-M_{\mathrm{ADM}}, P_{1}, P_{2}, P_{3}\right) \tag{7.58}
\end{equation*}
$$

behaves as the components of a 4-dimensional linear form any under coordinate change $\left(x^{\alpha}\right)=$ $\left(t, x^{i}\right) \rightarrow\left(x^{\prime \alpha}\right)=\left(t^{\prime}, x^{\prime i}\right)$ which preserves the asymptotic conditions (7.1)-(7.4), i.e. any coordinate change of the form (7.7). In particular, $P_{\alpha}^{\mathrm{ADM}}$ is transformed in the proper way under the Poincaré group:

$$
\begin{equation*}
P_{\alpha}^{\prime \mathrm{ADM}}=\left(\Lambda^{-1}\right)_{\alpha}^{\mu} P_{\mu}^{\mathrm{ADM}} . \tag{7.59}
\end{equation*}
$$

This last property has been shown first by Arnowitt, Deser and Misner [23]. For this reason, $P_{\alpha}^{\mathrm{ADM}}$ is considered as a linear form which "lives" at spatial infinity and is called the $\boldsymbol{A D M}$ 4-momentum.

### 7.5 Angular momentum

### 7.5.1 The supertranslation ambiguity

Generically, the angular momentum is the conserved quantity associated with the invariance of the action with respect to rotations, in the same manner as the linear momentum is associated with the invariance with respect to translations. Then one might naively define the total angular momentum of a given slice $\Sigma_{t}$ by an integral of the type (7.56) but with $\partial_{i}$ being replaced by a rotational Killing vector $\phi$ of the flat metric $f$. More precisely, in terms of the Cartesian coordinates $\left(x^{i}\right)=(x, y, z)$ introduced in Sec. 7.2, the three vectors $\left(\phi_{i}\right)_{i \in\{1,2,3\}}$ defined by

$$
\begin{align*}
\boldsymbol{\phi}_{x} & =-z \boldsymbol{\partial}_{y}+y \boldsymbol{\partial}_{z}  \tag{7.60}\\
\phi_{y} & =-x \boldsymbol{\partial}_{z}+z \boldsymbol{\partial}_{x}  \tag{7.61}\\
\boldsymbol{\phi}_{z} & =-y \boldsymbol{\partial}_{x}+x \boldsymbol{\partial}_{y} \tag{7.62}
\end{align*}
$$

are three independent Killing vectors of $\boldsymbol{f}$, corresponding to a rotation about respectively the $x$-axis, $y$-axis and the $z$-axis. Then one may defined the three numbers

$$
\begin{equation*}
J_{i}:=\frac{1}{8 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}}\left(K_{j k}-K \gamma_{j k}\right)\left(\phi_{i}\right)^{j} s^{k} \sqrt{q} d^{2} y, \quad i \in\{1,2,3\} . \tag{7.63}
\end{equation*}
$$

The problem is that the quantities $J_{i}$ hence defined depend upon the choice of the coordinates and, contrary to $P_{\alpha}^{\mathrm{ADM}}$, do not transform as a the components of a vector under a change $\left(x^{\alpha}\right)=\left(t, x^{i}\right) \rightarrow\left(x^{\prime \alpha}\right)=\left(t^{\prime}, x^{\prime i}\right)$ that preserves the asymptotic properties (7.1)-(7.4), i.e. a transformation of the type (7.7). As discussed by York [276, 277], the problem arises because of the existence of the supertranslations (cf. Sec. 7.2.2) in the permissible coordinate changes (7.7).

Remark : Independently of the above coordinate ambiguity, one may notice that the asymptotic flatness conditions (7.1)-(7.4) are not sufficient, by themselves, to guarantee that the integral (7.63) takes a finite value when $\mathcal{S}_{t} \rightarrow \infty$, i.e. when $r \rightarrow \infty$. Indeed, Eqs. (7.60)-(7.62) show that the Cartesian components of the rotational vectors behave like $\left(\phi_{i}\right)^{j} \sim O(r)$, so that Eq. (7.3) implies only $\left(K_{j k}-K \gamma_{j k}\right)\left(\phi_{i}\right)^{j}=O\left(r^{-1}\right)$. It is the contraction with the unit normal vector $s^{k}$ which ensures $\left(K_{j k}-K \gamma_{j k}\right)\left(\phi_{i}\right)^{j} s^{k}=O\left(r^{-2}\right)$ and hence that $J_{i}$ is finite. This is clear for the $K \gamma_{j k}\left(\phi_{i}\right)^{j} s^{k}$ part because the vectors $\phi_{i}$ given by Eqs. (7.60)(7.62) are all orthogonal to $s \sim x / r \boldsymbol{\partial}_{x}+y / r \boldsymbol{\partial}_{y}+z / r \boldsymbol{\partial}_{z}$. For the $K_{j k}\left(\boldsymbol{\phi}_{i}\right)^{j} s^{k}$ part, this
turns out to be true in practice, as we shall see on the specific example of Kerr spacetime in Sec. 7.6.3.

### 7.5.2 The "cure"

In view of the above coordinate dependence problem, one may define the angular momentum as a quantity which remains invariant only with respect to a subclass of the coordinate changes (7.7). This is made by imposing decay conditions stronger than (7.1)-(7.4). For instance, York [276] has proposed the following conditions ${ }^{3}$ on the flat divergence of the conformal metric and the trace of the extrinsic curvature:

$$
\begin{align*}
& \frac{\partial \tilde{\gamma}_{i j}}{\partial x^{j}}=O\left(r^{-3}\right),  \tag{7.64}\\
& K=O\left(r^{-3}\right) \tag{7.65}
\end{align*}
$$

Clearly these conditions are stronger than respectively (7.35) and (7.3). Actually they are so severe that they exclude some well known coordinates that one would like to use to describe asymptotically flat spacetimes, for instance the standard Schwarzschild coordinates (7.16) for the Schwarzschild solution. For this reason, conditions (7.64) and (7.65) are considered as asymptotic gauge conditions, i.e. conditions restricting the choice of coordinates, rather than conditions on the nature of spacetime at spatial infinity. Condition (7.64) is called the quasi-isotropic gauge. The isotropic coordinates (6.24) of the Schwarzschild solution trivially belong to this gauge (since $\tilde{\gamma}_{i j}=f_{i j}$ for them). Condition (7.65) is called the asymptotically maximal gauge, since for maximal hypersurfaces $K$ vanishes identically. York has shown that in the gauge (7.64)-(7.65), the angular momentum as defined by the integral (7.63) is carried by the $O\left(r^{-3}\right)$ piece of $\boldsymbol{K}$ (the $O\left(r^{-2}\right)$ piece carrying the linear momentum $P_{i}$ ) and is invariant (i.e. behaves as a vector) for any coordinate change within this gauge.

Alternative decay requirements have been proposed by other authors to fix the ambiguities in the angular momentum definition (see e.g. [92] and references therein). For instance, Regge and Teitelboim [209] impose a specific form and some parity conditions on the coefficient of the $O\left(r^{-1}\right)$ term in Eq. (7.1) and on the coefficient of the $O\left(r^{-2}\right)$ term in Eq. (7.3) (cf. also M. Henneaux' lecture [157]).

As we shall see in Sec. 7.6.3, in the particular case of an axisymmetric spacetime, there exists a unique definition of the angular momentum, which is independent of any coordinate system.

Remark : In the literature, there is often mention of the "ADM angular momentum", on the same footing as the ADM mass and ADM linear momentum. But as discussed above, there is no such thing as the "ADM angular momentum". One has to specify a gauge first and define the angular momentum within that gauge. In particular, there is no mention whatsoever of angular momentum in the original ADM article [23].

[^14]

Figure 7.1: Hypersurface $\Sigma_{t}$ with a hole defining an inner boundary $\mathcal{H}_{t}$.

### 7.5.3 ADM mass in the quasi-isotropic gauge

In the quasi-isotropic gauge, the ADM mass can be expressed entirely in terms of the flux at infinity of the gradient of the conformal factor $\Psi$. Indeed, thanks to (7.64), the term $\mathcal{D}^{j} \tilde{\gamma}_{i j}$ Eq. (7.45) does not contribute to the integral and we get

$$
\begin{equation*}
M_{\mathrm{ADM}}=-\frac{1}{2 \pi} \lim _{\mathcal{S}_{t} \rightarrow \infty} \oint_{\mathcal{S}_{t}} s^{i} \mathcal{D}_{i} \Psi \sqrt{q} d^{2} y \quad \text { (quasi-isotropic gauge). } \tag{7.66}
\end{equation*}
$$

Thanks to the Gauss-Ostrogradsky theorem, we may transform this formula into a volume integral. More precisely, let us assume that $\Sigma_{t}$ is diffeomorphic to either $\mathbb{R}^{3}$ or $\mathbb{R}^{3}$ minus a ball. In the latter case, $\Sigma_{t}$ has an inner boundary, that we may call a hole and denote by $\mathcal{H}_{t}$ (cf. Fig. 7.1). We assume that $\mathcal{H}_{t}$ has the topology of a sphere. Actually this case is relevant for black hole spacetimes when black holes are treated via the so-called excision technique. The Gauss-Ostrogradsky formula enables to transform expression (7.66) into

$$
\begin{equation*}
M_{\mathrm{ADM}}=-\frac{1}{2 \pi} \int_{\Sigma_{t}} \tilde{D}_{i} \tilde{D}^{i} \Psi \sqrt{\tilde{\gamma}} d^{3} x+M_{\mathcal{H}} \tag{7.67}
\end{equation*}
$$

where $M_{\mathcal{H}}$ is defined by

$$
\begin{equation*}
M_{\mathcal{H}}:=-\frac{1}{2 \pi} \oint_{\mathcal{H}_{t}} \tilde{s}^{i} \tilde{D}_{i} \Psi \sqrt{\tilde{q}} d^{2} y \tag{7.68}
\end{equation*}
$$

In this last equation, $\tilde{q}:=\operatorname{det}\left(\tilde{q}_{a b}\right), \tilde{q}$ being the metric induced on $\mathcal{H}_{t}$ by $\tilde{\gamma}$, and $\tilde{\boldsymbol{s}}$ is the unit vector with respect to $\tilde{\gamma}(\tilde{\gamma}(\tilde{s}, \tilde{s})=1)$ tangent to $\Sigma_{t}$, normal to $\mathcal{H}_{t}$ and oriented towards the exterior of the hole (cf. Fig. 7.1). If $\Sigma_{t}$ is diffeomorphic to $\mathbb{R}^{3}$, we use formula (7.67) with $M_{\mathcal{H}}$.

Let now use the Lichnerowicz equation (6.103) to express $\tilde{D}_{i} \tilde{D}^{i} \Psi$ in Eq. (7.67). We get

$$
\begin{equation*}
M_{\mathrm{ADM}}=\int_{\Sigma_{t}}\left[\Psi^{5} E+\frac{1}{16 \pi}\left(\hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}-\tilde{R} \Psi-\frac{2}{3} K^{2} \Psi^{5}\right)\right] \sqrt{\tilde{\gamma}} d^{3} x+M_{\mathcal{H}} \quad \text { (QI gauge). } \tag{7.69}
\end{equation*}
$$

For the computation of the ADM mass in a numerical code, this formula may be result in a greater precision that the surface integral at infinity (7.66).

Remark : On the formula (7.69), we get immediately the Newtonian limit (7.52) by making $\Psi \rightarrow 1, E \rightarrow \rho, \hat{A}^{i j} \rightarrow 0, \tilde{R} \rightarrow 0, K \rightarrow 0, \tilde{\gamma} \rightarrow f$ and $M_{\mathcal{H}}=0$.

For the IWM approximation of general relativity considered in Sec. 6.6, the coordinates belong to the quasi-isotropic gauge (since $\tilde{\gamma}=\boldsymbol{f}$ ), so we may apply (7.69). Moreover, as a consequence of $\tilde{\gamma}=f, \tilde{R}=0$ and in the IWM approximation, $K=0$. Therefore Eq. (7.69) simplifies to

$$
\begin{equation*}
M_{\mathrm{ADM}}=\int_{\Sigma_{t}}\left(\Psi^{5} E+\frac{1}{16 \pi} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}\right) \sqrt{\tilde{\gamma}} d^{3} x+M_{\mathcal{H}} \tag{7.70}
\end{equation*}
$$

Within the framework of exact general relativity, the above formula is valid for any maximal slice $\Sigma_{t}$ with a conformally flat metric.

### 7.6 Komar mass and angular momentum

In the case where the spacetime $(\mathcal{M}, \boldsymbol{g})$ has some symmetries, one may define global quantities in a coordinate-independent way by means of a general technique introduced by Komar (1959) [172]. It consists in taking flux integrals of the derivative of the Killing vector associated with the symmetry over closed 2 -surfaces surrounding the matter sources. The quantities thus obtained are conserved in the sense that they do not depend upon the choice of the integration 2-surface, as long as the latter stays outside the matter. We discuss here two important cases: the Komar mass resulting from time symmetry (stationarity) and the Komar angular momentum resulting from axisymmetry.

### 7.6.1 Komar mass

Let us assume that the spacetime $(\mathcal{M}, \boldsymbol{g})$ is stationary. This means that the metric tensor $\boldsymbol{g}$ is invariant by Lie transport along the field lines of a timelike vector field $\boldsymbol{k}$. The latter is called a Killing vector. Provided that it is normalized so that $\boldsymbol{k} \cdot \boldsymbol{k}=-1$ at spatial infinity, it is then unique. Given a $3+1$ foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ of $\mathcal{M}$, and a closed 2 -surface $\mathcal{S}_{t}$ in $\Sigma_{t}$, with the topology of a sphere, the Komar mass is defined by

$$
\begin{equation*}
M_{\mathrm{K}}:=-\frac{1}{8 \pi} \oint_{\mathcal{S}_{t}} \nabla^{\mu} k^{\nu} d S_{\mu \nu} \tag{7.71}
\end{equation*}
$$

with the 2 -surface element

$$
\begin{equation*}
d S_{\mu \nu}=\left(s_{\mu} n_{\nu}-n_{\mu} s_{\nu}\right) \sqrt{q} d^{2} y \tag{7.72}
\end{equation*}
$$

where $\boldsymbol{n}$ is the unit timelike normal to $\Sigma_{t}, \boldsymbol{s}$ is the unit normal to $\mathcal{S}_{t}$ within $\Sigma_{t}$ oriented towards the exterior of $\mathcal{S}_{t},\left(y^{a}\right)=\left(y^{1}, y^{2}\right)$ are coordinates spanning $\mathcal{S}_{t}$, and $q:=\operatorname{det}\left(q_{a b}\right)$, the $q_{a b}$ 's being the components with respect to $\left(y^{a}\right)$ of the metric $\boldsymbol{q}$ induced by $\gamma$ (or equivalently by $\boldsymbol{g}$ ) on $\mathcal{S}_{t}$. Actually the Komar mass can be defined over any closed 2 -surface, but in the present context it is quite natural to consider only 2 -surfaces lying in the hypersurfaces of the $3+1$ foliation.

A priori the quantity $M_{\mathrm{K}}$ as defined by (7.71) should depend on the choice of the 2 -surface $\mathcal{S}_{t}$. However, thanks to the fact that $\boldsymbol{k}$ is a Killing vector, this is not the case, as long as $\mathcal{S}_{t}$ is located outside any matter content of spacetime. In order to show this, let us transform the surface integral (7.71) into a volume integral. As in Sec. 7.5.3, we suppose that $\Sigma_{t}$ is diffeomorphic to either $\mathbb{R}^{3}$ or $\mathbb{R}^{3}$ minus one hole, the results being easily generalized to an arbitrary number of


Figure 7.2: Integration surface $\mathcal{S}_{t}$ for the computation of Komar mass. $\mathcal{S}_{t}$ is the external boundary of a part $\mathcal{V}_{t}$ of $\Sigma_{t}$ which contains all the matter sources $(\boldsymbol{T} \neq 0) . \mathcal{V}_{t}$ has possibly some inner boundary, in the form of one (or more) hole $\mathcal{H}_{t}$.
holes (see Fig. 7.2). The hole, the surface of which is denoted by $\mathcal{H}_{t}$ as in Sec. 7.5.3, must be totally enclosed within the surface $\mathcal{S}_{t}$. Let us then denote by $\mathcal{V}_{t}$ the part of $\Sigma_{t}$ delimited by $\mathcal{H}_{t}$ and $\mathcal{S}_{t}$.

The starting point is to notice that since $\boldsymbol{k}$ is a Killing vector the $\nabla^{\mu} k^{\nu}$ 's in the integrand of Eq. (7.71) are the components of an antisymmetric tensor. Indeed, $\boldsymbol{k}$ obeys to Killing's equation ${ }^{4}$ :

$$
\begin{equation*}
\nabla_{\alpha} k_{\beta}+\nabla_{\beta} k_{\alpha}=0 \tag{7.73}
\end{equation*}
$$

Now for any antisymmetric tensor $\boldsymbol{A}$ of type $\binom{2}{0}$, the following identity holds:

$$
\begin{equation*}
2 \int_{\mathcal{V}_{t}} \nabla_{\nu} A^{\mu \nu} d V_{\mu}=\oint_{\mathcal{S}_{t}} A^{\mu \nu} d S_{\mu \nu}+\oint_{\mathcal{H}_{t}} A^{\mu \nu} d S_{\mu \nu}^{\mathcal{H}} \tag{7.74}
\end{equation*}
$$

with $d V_{\mu}$ is the volume element on $\Sigma_{t}$ :

$$
\begin{equation*}
d V_{\mu}=-n_{\mu} \sqrt{\gamma} d^{3} x \tag{7.75}
\end{equation*}
$$

and $d S_{\mu \nu}^{\mathcal{H}}$ is the surface element on $\mathcal{H}_{t}$ and is given by a formula similar to Eq. (7.72), using the same notation for the coordinates and the induced metric on $\mathcal{H}_{t}$ :

$$
\begin{equation*}
d S_{\mu \nu}^{\mathcal{H}}=\left(n_{\mu} s_{\nu}-s_{\mu} n_{\nu}\right) \sqrt{q} d^{2} y . \tag{7.76}
\end{equation*}
$$

The change of sign with respect to Eq. (7.72) arises because we choose the unit vector $s$ normal to $\mathcal{H}_{t}$ to be oriented towards the interior of $\mathcal{V}_{t}$ (cf. Fig. 7.2). Let us establish Eq. (7.74). It is well known that for the divergence of an antisymmetric tensor is given by

$$
\begin{equation*}
\nabla_{\nu} A^{\mu \nu}=\frac{1}{\sqrt{-g}} \frac{\partial}{\partial x^{\nu}}\left(\sqrt{-g} A^{\mu \nu}\right) \tag{7.77}
\end{equation*}
$$

[^15]Using this property, as well as expression (7.75) of $d V_{\mu}$ with the components $n_{\mu}=(-N, 0,0,0)$ given by Eq. (4.38), we get

$$
\begin{equation*}
\int_{\mathcal{V}_{t}} \nabla_{\nu} A^{\mu \nu} d V_{\mu}=-\int_{\mathcal{V}_{t}} \frac{\partial}{\partial x^{\nu}}\left(\sqrt{-g} A^{\mu \nu}\right) n_{\mu} \frac{\sqrt{\gamma}}{\sqrt{-g}} d^{3} x=\int_{\mathcal{V}_{t}} \frac{\partial}{\partial x^{\nu}}\left(\sqrt{\gamma} N A^{0 \nu}\right) d^{3} x, \tag{7.78}
\end{equation*}
$$

where we have also invoked the relation (4.55) between the determinants of $\boldsymbol{g}$ and $\boldsymbol{\gamma}: \sqrt{-g}=$ $N \sqrt{\gamma}$. Now, since $A^{\alpha \beta}$ is antisymmetric, $A^{00}=0$ and we can write $\partial / \partial x^{\nu}\left(\sqrt{\gamma} N A^{0 \nu}\right)=$ $\partial / \partial x^{i}\left(\sqrt{\gamma} V^{i}\right)$ where $V^{i}=N A^{0 i}$ are the components of the vector $\boldsymbol{V} \in \mathcal{T}\left(\Sigma_{t}\right)$ defined by $\boldsymbol{V}:=-\vec{\gamma}(\boldsymbol{n} \cdot \boldsymbol{A})$. The above integral then becomes

$$
\begin{equation*}
\int_{\mathcal{V}_{t}} \nabla_{\nu} A^{\mu \nu} d V_{\mu}=\int_{\mathcal{V}_{t}} \frac{1}{\sqrt{\gamma}} \frac{\partial}{\partial x^{i}}\left(\sqrt{\gamma} V^{i}\right) \sqrt{\gamma} d^{3} x=\int_{\mathcal{V}_{t}} D_{i} V^{i} \sqrt{\gamma} d^{3} x . \tag{7.79}
\end{equation*}
$$

We can now use the Gauss-Ostrogradsky theorem to get

$$
\begin{equation*}
\int_{\mathcal{V}_{t}} \nabla_{\nu} A^{\mu \nu} d V_{\mu}=\oint_{\partial \mathcal{V}_{t}} V^{i} s_{i} \sqrt{q} d^{2} y \tag{7.80}
\end{equation*}
$$

Noticing that $\partial \mathcal{V}_{t}=\mathcal{H}_{t} \cup \mathcal{S}_{t}$ (cf. Fig. 7.2) and (from the antisymmetry of $A^{\mu \nu}$ )

$$
\begin{equation*}
V^{i} s_{i}=V^{\nu} s_{\nu}=-n_{\mu} A^{\mu \nu} s_{\nu}=\frac{1}{2} A^{\mu \nu}\left(s_{\mu} n_{\nu}-n_{\mu} s_{\nu}\right) \tag{7.81}
\end{equation*}
$$

we get the identity (7.74).
Remark : Equation (7.74) can also be derived by applying Stokes' theorem to the 2-form ${ }^{4} \epsilon_{\alpha \beta \mu \nu} A^{\mu \nu}$, where ${ }^{4} \epsilon_{\alpha \beta \mu \nu}$ is the Levi-Civita alternating tensor (volume element) associated with the spacetime metric $\boldsymbol{g}$ (see e.g. derivation of Eq. (11.2.10) in Wald's book [265]).

Applying formula (7.74) to $A^{\mu \nu}=\nabla^{\mu} k^{\nu}$ we get, in view of the definition (7.71),

$$
\begin{equation*}
M_{\mathrm{K}}=-\frac{1}{4 \pi} \int_{\mathcal{V}_{t}} \nabla_{\nu} \nabla^{\mu} k^{\nu} d V_{\mu}+M_{\mathrm{K}}^{\mathcal{H}} \tag{7.82}
\end{equation*}
$$

where

$$
\begin{equation*}
M_{\mathrm{K}}^{\mathcal{H}}:=\frac{1}{8 \pi} \oint_{\mathcal{H}_{t}} \nabla^{\mu} k^{\nu} d S_{\mu \nu}^{\mathcal{H}} \tag{7.83}
\end{equation*}
$$

will be called the Komar mass of the hole. Now, from the Ricci identity

$$
\begin{equation*}
\nabla_{\nu} \nabla^{\mu} k^{\nu}-\nabla^{\mu} \underbrace{\nabla^{\nu} k^{\nu}}_{=0}={ }^{4} R^{\mu}{ }_{\nu} k^{\nu}, \tag{7.84}
\end{equation*}
$$

where the " $=0$ " is a consequence of Killing's equation (7.73). Equation (7.82) becomes then

$$
\begin{equation*}
M_{\mathrm{K}}=-\frac{1}{4 \pi} \int_{\mathcal{V}_{t}}{ }^{4} R^{\mu}{ }_{\nu} k^{\nu} d V_{\mu}+M_{\mathrm{K}}^{\mathcal{H}}=\frac{1}{4 \pi} \int_{\mathcal{V}_{t}}{ }^{4} R_{\mu \nu} k^{\nu} n^{\mu} \sqrt{\gamma} d^{3} x+M_{\mathrm{K}}^{\mathcal{H}} . \tag{7.85}
\end{equation*}
$$

At this point, we can use Einstein equation in the form (4.2) to express the Ricci tensor ${ }^{4} \boldsymbol{R}$ in terms of the matter stress-energy tensor $\boldsymbol{T}$. We obtain

$$
\begin{equation*}
M_{\mathrm{K}}=2 \int_{\mathcal{V}_{t}}\left(T_{\mu \nu}-\frac{1}{2} T g_{\mu \nu}\right) n^{\mu} k^{\nu} \sqrt{\gamma} d^{3} x+M_{\mathrm{K}}^{\mathcal{H}} \tag{7.86}
\end{equation*}
$$

The support of the integral over $\mathcal{V}_{t}$ is reduced to the location of matter, i.e. the domain where $\boldsymbol{T} \neq 0$. It is then clear on formula (7.86) that $M_{\mathrm{K}}$ is independent of the choice of the 2-surface $\mathcal{S}_{t}$, provided all the matter is contained in $\mathcal{S}_{t}$. In particular, we may extend the integration to all $\Sigma_{t}$ and write formula (7.86) as

$$
\begin{equation*}
M_{\mathrm{K}}=2 \int_{\Sigma_{t}}\left[\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{k})-\frac{1}{2} T \boldsymbol{n} \cdot \boldsymbol{k}\right] \sqrt{\gamma} d^{3} x+M_{\mathrm{K}}^{\mathcal{H}} \tag{7.87}
\end{equation*}
$$

The Komar mass then appears as a global quantity defined for stationary spacetimes.
Remark : One may have $M_{\mathrm{K}}^{\mathcal{H}}<0$, with $M_{\mathrm{K}}>0$, provided that the matter integral in Eq. (7.87) compensates for the negative value of $M_{\mathrm{K}}^{\mathcal{H}}$. Such spacetimes exist, as recently demonstrated by Ansorg and Petroff [21]: these authors have numerically constructed spacetimes containing a black hole with $M_{\mathrm{K}}^{\mathcal{H}}<0$ surrounded by a ring of matter (incompressible perfect fluid) such that the total Komar mass is positive.

### 7.6.2 $3+1$ expression of the Komar mass and link with the ADM mass

In stationary spacetimes, it is natural to use coordinates adapted to the symmetry, i.e. coordinates $\left(t, x^{i}\right)$ such that

$$
\begin{equation*}
\partial_{t}=k \tag{7.88}
\end{equation*}
$$

Then we have the following $3+1$ decomposition of the Killing vector in terms of the lapse and shift [cf. Eq. (4.31)]:

$$
\begin{equation*}
\boldsymbol{k}=N \boldsymbol{n}+\boldsymbol{\beta} \tag{7.89}
\end{equation*}
$$

Let us inject this relation in the integrand of the definition (7.71) of the Komar mass :

$$
\begin{align*}
\nabla^{\mu} k^{\nu} d S_{\mu \nu} & =\nabla_{\mu} k_{\nu}\left(s^{\mu} n^{\nu}-n^{\mu} s^{\nu}\right) \sqrt{q} d^{2} y \\
& =2 \nabla_{\mu} k_{\nu} s^{\mu} n^{\nu} \sqrt{q} d^{2} y \\
& =2\left(\nabla_{\mu} N n_{\nu}+N \nabla_{\mu} n_{\nu}+\nabla_{\mu} \beta_{\nu}\right) s^{\mu} n^{\nu} \sqrt{q} d^{2} y \\
& =2\left(-s^{\mu} \nabla_{\mu} N+0-s^{\mu} \beta_{\nu} \nabla_{\mu} n^{\nu}\right) \sqrt{q} d^{2} y \\
& =-2\left(s^{i} D_{i} N-K_{i j} s^{i} \beta^{j}\right) \sqrt{q} d^{2} y \tag{7.90}
\end{align*}
$$

where we have used Killing's equation (7.73) to get the second line, the orthogonality of $\boldsymbol{n}$ and $\boldsymbol{\beta}$ to get the fourth one and expression (3.22) for $\nabla_{\mu} n^{\nu}$ to get the last line. Inserting Eq. (7.90) into Eq. (7.71) yields the $3+1$ expression of the Komar mass:

$$
\begin{equation*}
M_{\mathrm{K}}=\frac{1}{4 \pi} \oint_{\mathcal{S}_{t}}\left(s^{i} D_{i} N-K_{i j} s^{i} \beta^{j}\right) \sqrt{q} d^{2} y \tag{7.91}
\end{equation*}
$$

Example : A simple prototype of a stationary spacetime is of course the Schwarzschild spacetime. Let us compute its Komar mass by means of the above formula and the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ defined by the standard Schwarzschild coordinates (7.16). For this foliation, $K_{i j}=0$, which reduces Eq. (7.91) to the flux of the lapse's gradient across $\mathcal{S}_{t}$. Taking advantage of the spherical symmetry, we choose $\mathcal{S}_{t}$ to be a surface $r=\mathrm{const}$. Then $y^{a}=(\theta, \varphi)$. The unit normal $s$ is read from the line element (7.16); its components with respect to the Schwarzschild coordinates $(r, \theta, \varphi)$ are

$$
\begin{equation*}
s^{i}=\left(\left(1-\frac{2 m}{r}\right)^{1 / 2}, 0,0\right) . \tag{7.92}
\end{equation*}
$$

$N$ and $\sqrt{q}$ are also read on the line element (7.16): $N=(1-2 m / r)^{1 / 2}$ and $\sqrt{q}=r^{2} \sin \theta$, so that Eq. (7.91) results in

$$
\begin{equation*}
M_{\mathrm{K}}=\frac{1}{4 \pi} \oint_{r=\text { const }}\left(1-\frac{2 m}{r}\right)^{1 / 2} \frac{\partial}{\partial r}\left[\left(1-\frac{2 m}{r}\right)^{1 / 2}\right] r^{2} \sin \theta d \theta d \varphi \tag{7.93}
\end{equation*}
$$

All the terms containing $r$ simplify and we get

$$
\begin{equation*}
M_{\mathrm{K}}=m \tag{7.94}
\end{equation*}
$$

On this particular example, we have verified that the value of $M_{\mathrm{K}}$ does not depend upon the choice of $\mathcal{S}_{t}$.
Let us now turn to the volume expression (7.87) of the Komar mass. By using the $3+1$ decomposition (4.10) and (4.12) of respectively $\boldsymbol{T}$ and $T$, we get

$$
\begin{align*}
\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{k})-\frac{1}{2} T \boldsymbol{n} \cdot \boldsymbol{k} & =-\langle\boldsymbol{p}, \boldsymbol{k}\rangle-E\langle\underline{\boldsymbol{n}}, \boldsymbol{k}\rangle-\frac{1}{2}(S-E) \boldsymbol{n} \cdot \boldsymbol{k} \\
& =-\langle\boldsymbol{p}, \boldsymbol{\beta}\rangle+E N+\frac{1}{2}(S-E) N=\frac{1}{2} N(E+S)-\langle\boldsymbol{p}, \boldsymbol{\beta}\rangle . \tag{7.95}
\end{align*}
$$

Hence formula (7.87) becomes

$$
\begin{equation*}
M_{\mathrm{K}}=\int_{\Sigma_{t}}[N(E+S)-2\langle\boldsymbol{p}, \boldsymbol{\beta}\rangle] \sqrt{\gamma} d^{3} x+M_{\mathrm{K}}^{\mathcal{H}}, \tag{7.96}
\end{equation*}
$$

with the Komar mass of the hole given by an expression identical to Eq. (7.91), except for $\mathcal{S}_{t}$ replaced by $\mathcal{H}_{t}$ [notice the double change of sign: first in Eq. (7.83) and secondly in Eq. (7.76), so that at the end we have an expression identical to Eq. (7.91)]:

$$
\begin{equation*}
M_{\mathrm{K}}^{\mathcal{H}}=\frac{1}{4 \pi} \oint_{\mathcal{H}_{t}}\left(s^{i} D_{i} N-K_{i j} s^{i} \beta^{j}\right) \sqrt{q} d^{2} y . \tag{7.97}
\end{equation*}
$$

It is easy to take the Newtonian limit Eq. (7.96), by making $N \rightarrow 1, E \rightarrow \rho, S \ll E$ [Eq. (5.25)], $\boldsymbol{\beta} \rightarrow 0, \gamma \rightarrow f$ and $M_{\mathrm{K}}^{\mathcal{H}}=0$. We get

$$
\begin{equation*}
M_{\mathrm{K}}=\int_{\Sigma_{t}} \rho \sqrt{f} d^{3} x \tag{7.98}
\end{equation*}
$$

Hence at the Newtonian limit, the Komar mass reduces to the standard total mass. This, along with the result (7.94) for Schwarzschild spacetime, justifies the name Komar mass.

A natural question which arises then is how does the Komar mass relate to the ADM mass of $\Sigma_{t}$ ? The answer is not obvious if one compares the defining formulæ (7.13) and (7.71). It is even not obvious if one compares the $3+1$ expressions (7.45) and (7.91): Eq. (7.45) involves the flux of the gradient of the conformal factor $\Psi$ of the 3 -metric, whereas Eq. (7.91) involves the flux of the gradient of the lapse function $N$. Moreover, in Eq. (7.45) the integral must be evaluated at spatial infinity, whereas in Eq. (7.45) it can be evaluated at any finite distance (outside the matter sources). The answer has been obtained in 1978 by Beig [47], as well as by Ashtekar and Magnon-Ashtekar the year after [26]: for any foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ whose unit normal vector $\boldsymbol{n}$ coincides with the timelike Killing vector $\boldsymbol{k}$ at spatial infinity [i.e. $N \rightarrow 1$ and $\boldsymbol{\beta} \rightarrow 0$ in Eq. (7.89)],

$$
\begin{equation*}
M_{\mathrm{K}}=M_{\mathrm{ADM}} \text {. } \tag{7.99}
\end{equation*}
$$

Remark : In the quasi-isotropic gauge, we have obtained a volume expression of the ADM mass, Eq. (7.69), that we may compare to the volume expression (7.96) of the Komar mass. Even when there is no hole, the two expressions are pretty different. In particular, the Komar mass integral has a compact support (the matter domain), whereas the ADM mass integral has not.

### 7.6.3 Komar angular momentum

If the spacetime $(\mathcal{M}, \boldsymbol{g})$ is axisymmetric, its Komar angular momentum is defined by a surface integral similar that of the Komar mass, Eq. (7.71), but with the Killing vector $\boldsymbol{k}$ replaced by the Killing vector $\phi$ associated with the axisymmetry:

$$
\begin{equation*}
J_{\mathrm{K}}:=\frac{1}{16 \pi} \oint_{\mathcal{S}_{t}} \nabla^{\mu} \phi^{\nu} d S_{\mu \nu} . \tag{7.100}
\end{equation*}
$$

Notice a factor -2 of difference with respect to formula (7.71) (the so-called Komar's anomalous factor [165]).

For the same reason as for $M_{\mathrm{K}}, J_{\mathrm{K}}$ is actually independent of the surface $\mathcal{S}_{t}$ as long as the latter is outside all the possible matter sources and $J_{\mathrm{K}}$ can be expressed by a volume integral over the matter by a formula similar to (7.87) (except for the factor -2 ):

$$
\begin{equation*}
J_{\mathrm{K}}=-\int_{\Sigma_{t}}\left[\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{\phi})-\frac{1}{2} T \boldsymbol{n} \cdot \boldsymbol{\phi}\right] \sqrt{\gamma} d^{3} x+J_{\mathrm{K}}^{\mathcal{H}}, \tag{7.101}
\end{equation*}
$$

with

$$
\begin{equation*}
J_{\mathrm{K}}^{\mathcal{H}}:=-\frac{1}{16 \pi} \oint_{\mathcal{H}_{t}} \nabla^{\mu} \phi^{\nu} d S_{\mu \nu}^{\mathcal{H}} . \tag{7.102}
\end{equation*}
$$

Let us now establish the $3+1$ expression of the Komar angular momentum. It is natural to choose a foliation adapted to the axisymmetry in the sense that the Killing vector $\phi$ is tangent
to the hypersurfaces $\Sigma_{t}$. Then $\boldsymbol{n} \cdot \boldsymbol{\phi}=0$ and the integrand in the definition (7.100) is

$$
\begin{align*}
\nabla^{\mu} \phi^{\nu} d S_{\mu \nu} & =\nabla_{\mu} \phi_{\nu}\left(s^{\mu} n^{\nu}-n^{\mu} s^{\nu}\right) \sqrt{q} d^{2} y \\
& =2 \nabla_{\mu} \phi_{\nu} s^{\mu} n^{\nu} \sqrt{q} d^{2} y \\
& =-2 s^{\mu} \phi_{\nu} \nabla_{\mu} n^{\nu} \sqrt{q} d^{2} y \\
& =2 K_{i j} s^{i} \phi^{j} \sqrt{q} d^{2} y . \tag{7.103}
\end{align*}
$$

Accordingly Eq. (7.100) becomes

$$
\begin{equation*}
J_{\mathrm{K}}=\frac{1}{8 \pi} \oint_{\mathcal{S}_{t}} K_{i j} s^{i} \phi^{j} \sqrt{q} d^{2} y . \tag{7.104}
\end{equation*}
$$

Remark : Contrary to the $3+1$ expression of the Komar mass which turned out to be very different from the expression of the ADM mass, the $3+1$ expression of the Komar angular momentum as given by Eq. (7.104) is very similar to the expression of the angular momentum deduced from the Hamiltonian formalism, i.e. Eq. (7.63). The only differences are that it is no longer necessary to take the limit $\mathcal{S}_{t} \rightarrow \infty$ and that there is no trace term $K \gamma_{i j} s^{i} \phi^{j}$ in Eq. (7.104). Moreover, if one evaluates the Hamiltonian expression in the asymptotically maximal gauge (7.65) then $K=O\left(r^{-3}\right)$ and thanks to the asymptotic orthogonality of $s$ and $\boldsymbol{\phi}, \gamma_{i j} s^{i} \phi^{j}=O(1)$, so that $K \gamma_{i j} s^{i} \phi^{j}$ does not contribute to the integral and expressions (7.104) and (7.63) are then identical.

Example : A trivial example is provided by Schwarzschild spacetime, which among other things is axisymmetric. For the $3+1$ foliation associated with the Schwarzschild coordinates (7.16), the extrinsic curvature tensor $\boldsymbol{K}$ vanishes identically, so that Eq. (7.104) yields immediately $J_{\mathrm{K}}=0$. For other foliations, like that associated with Eddington-Finkelstein coordinates, $\boldsymbol{K}$ is no longer zero but is such that $K_{i j} s^{i} \phi^{j}=0$, yielding again $J_{\mathrm{K}}=0$ (as it should be since the Komar angular momentum is independent of the foliation). Explicitely for Eddington-Finkelstein coordinates,

$$
\begin{equation*}
K_{i j} s^{i}=\left(-\frac{2 m}{r^{2}} \frac{1+\frac{m}{r}}{1+\frac{2 m}{r}}, 0,0\right) \tag{7.105}
\end{equation*}
$$

(see e.g. Eq. (D.25) in Ref. [146]) and $\phi^{j}=(0,0,1)$, so that obviously $K_{i j} s^{i} \phi^{j}=0$.
Example : The most natural non trivial example is certainly that of Kerr spacetime. Let us use the $3+1$ foliation associated with the standard Boyer-Lindquist coordinates ( $t, r, \theta, \varphi$ ) and evaluate the integral (7.104) by choosing for $\mathcal{S}_{t}$ a sphere $r=$ const. Then $y^{a}=(\theta, \varphi)$. The Boyer-Lindquist components of $\boldsymbol{\phi}$ are $\phi^{i}=(0,0,1)$ and those of $s$ are $s^{i}=\left(s^{r}, 0,0\right)$ since $\gamma_{i j}$ is diagonal is these coordinates. The formula (7.104) then reduces to

$$
\begin{equation*}
J_{\mathrm{K}}=\frac{1}{8 \pi} \oint_{r=\mathrm{const}} K_{r \varphi} s^{r} \sqrt{q} d \theta d \varphi \tag{7.106}
\end{equation*}
$$

The extrinsic curvature component $K_{r \varphi}$ can be evaluated via formula (4.63), which reduces to $2 N K_{i j}=\mathcal{L}_{\boldsymbol{\beta}} \gamma_{i j}$ since $\partial \gamma_{i j} / \partial t=0$. From the Boyer-Lindquist line element (see e.g. Eq. (5.29) in Ref. [156]), we read the components of the shift:

$$
\begin{equation*}
\left(\beta^{r}, \beta^{\theta}, \beta^{\varphi}\right)=\left(0,0,-\frac{2 a m r}{\left(r^{2}+a^{2}\right)\left(r^{2}+a^{2} \cos ^{2} \theta\right)+2 a^{2} m r \sin ^{2} \theta}\right), \tag{7.107}
\end{equation*}
$$

where $m$ and $a$ are the two parameters of the Kerr solution. Then, using Eq. (A.6),

$$
\begin{equation*}
K_{r \varphi}=\frac{1}{2 N} \mathcal{L}_{\boldsymbol{\beta}} \gamma_{r \varphi}=\frac{1}{2 N}(\beta^{\varphi} \underbrace{\frac{\partial \gamma_{r \varphi}}{\partial \varphi}}_{=0}+\gamma_{\varphi \varphi} \frac{\partial \beta^{\varphi}}{\partial r}+\gamma_{r \varphi} \underbrace{\frac{\partial \beta^{\varphi}}{\partial \varphi}}_{=0})=\frac{1}{2 N} \gamma_{\varphi \varphi} \frac{\partial \beta^{\varphi}}{\partial r} . \tag{7.108}
\end{equation*}
$$

Hence

$$
\begin{equation*}
J_{\mathrm{K}}=\frac{1}{16 \pi} \oint_{r=\mathrm{const}} \frac{s^{r}}{N} \gamma_{\varphi \varphi} \frac{\partial \beta^{\varphi}}{\partial r} \sqrt{q} d \theta d \varphi \tag{7.109}
\end{equation*}
$$

The values of $s^{r}, N, \gamma_{\varphi \varphi}$ and $\sqrt{q}$ can all be read on the Boyer-Lindquist line element. However this is a bit tedious. To simplify things, let us evaluate $J_{\mathrm{K}}$ only in the limit $r \rightarrow \infty$. Then $s^{r} \sim 1, N \sim 1, \gamma_{\varphi \varphi} \sim r^{2} \sin ^{2} \theta, \sqrt{q} \sim r^{2} \sin \theta$ and, from Eq. (7.107), $\beta^{\varphi} \sim-2 a m / r^{3}$, so that

$$
\begin{equation*}
J_{\mathrm{K}}=\frac{1}{16 \pi} \oint_{r=\text { const }} r^{2} \sin ^{2} \frac{6 a m}{r^{4}} r^{2} \sin \theta d \theta d \varphi=\frac{3 a m}{8 \pi} \times 2 \pi \times \int_{0}^{\pi} \sin ^{3} \theta d \theta \tag{7.110}
\end{equation*}
$$

Hence, as expected,

$$
\begin{equation*}
J_{\mathrm{K}}=a m . \tag{7.111}
\end{equation*}
$$

Let us now find the $3+1$ expression of the volume version (7.101) of the Komar angular momentum. We have $\boldsymbol{n} \cdot \boldsymbol{\phi}=0$ and, from the $3+1$ decomposition (4.10) of $\boldsymbol{T}$ :

$$
\begin{equation*}
\boldsymbol{T}(\boldsymbol{n}, \phi)=-\langle\boldsymbol{p}, \phi\rangle . \tag{7.112}
\end{equation*}
$$

Hence formula (7.101) becomes

$$
\begin{equation*}
J_{\mathrm{K}}=\int_{\Sigma_{t}}\langle\boldsymbol{p}, \phi\rangle \sqrt{\gamma} d^{3} x+J_{\mathrm{K}}^{\mathcal{Y}}, \tag{7.113}
\end{equation*}
$$

with

$$
\begin{equation*}
J_{\mathrm{K}}^{\mathcal{H}}=\frac{1}{8 \pi} \oint_{\mathcal{H}_{t}} K_{i j} s^{i} \phi^{j} \sqrt{q} d^{2} y . \tag{7.114}
\end{equation*}
$$

Example : Let us consider a perfect fluid. Then $\boldsymbol{p}=(E+P) \underline{\boldsymbol{U}}[E q$. (5.61)], so that

$$
\begin{equation*}
J_{\mathrm{K}}=\int_{\Sigma_{t}}(E+P) \boldsymbol{U} \cdot \phi \sqrt{\gamma} d^{3} x+J_{\mathrm{K}}^{\mathcal{H}} . \tag{7.115}
\end{equation*}
$$

Taking $\boldsymbol{\phi}=-y \boldsymbol{\partial}_{x}+x \boldsymbol{\partial} y$ (symmetry axis $=z$-axis), the Newtonian limit of this expression is then

$$
\begin{equation*}
J_{\mathrm{K}}=\int_{\Sigma_{t}} \rho\left(-y U^{x}+x U^{y}\right) d x d y d z \tag{7.116}
\end{equation*}
$$

i.e. we recognize the standard expression for the angular momentum around the $z$-axis.

## Chapter 8

## The initial data problem

## Contents

8.1 Introduction . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 125
8.2 Conformal transverse-traceless method . . . . . . . . . . . . . . . . . 127
8.3 Conformal thin sandwich method . . . . . . . . . . . . . . . . . . . . . 139
8.4 Initial data for binary systems . . . . . . . . . . . . . . . . . . . . . . 145

### 8.1 Introduction

### 8.1.1 The initial data problem

We have seen in Chap. 4 that thanks to the $3+1$ decomposition, the resolution of Einstein equation amounts to solving a Cauchy problem, namely to evolve "forward in time" some initial data. However this is a Cauchy problem with constraints. This makes the set up of initial data a non trivial task, because these data must obey the constraints. Actually one may distinguish two problems:

- The mathematical problem: given some hypersurface $\Sigma_{0}$, find a Riemannian metric $\gamma$, a symmetric bilinear form $\boldsymbol{K}$ and some matter distribution $(E, \boldsymbol{p})$ on $\Sigma_{0}$ such that the Hamiltonian constraint (4.65) and the momentum constraint (4.66) are satisfied:

$$
\begin{align*}
& \hline R+K^{2}-K_{i j} K^{i j}=16 \pi E  \tag{8.1}\\
& D_{j} K_{i}^{j}{ }_{i}-D_{i} K=8 \pi p_{i} . \tag{8.2}
\end{align*}
$$

In addition, the matter distribution $(E, \boldsymbol{p})$ may have some constraints from its own. We shall not discuss them here.

- The astrophysical problem: make sure that the solution to the constraint equations has something to do with the physical system that one wish to study.

Notice that Eqs. (8.1)-(8.2) involve a single hypersurface $\Sigma_{0}$, not a foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$. In particular, neither the lapse function nor the shift vector appear in these equations. Facing them, a naive way to proceed would be to choose freely the metric $\gamma$, thereby fixing the connection $\boldsymbol{D}$ and the scalar curvature $R$, and to solve Eqs. (8.1)-(8.2) for $\boldsymbol{K}$. Indeed, for fixed $\boldsymbol{\gamma}, E$, and $\boldsymbol{p}$, Eqs. (8.1)-(8.2) form a quasi-linear system of first order for the components $K_{i j}$. However, as discussed by Choquet-Bruhat [128], this approach is not satisfactory because we have only four equations for six unknowns $K_{i j}$ and there is no natural prescription for choosing arbitrarily two among the six components $K_{i j}$.

Lichnerowicz (1944) [177] has shown that a much more satisfactory split of the initial data $(\boldsymbol{\gamma}, \boldsymbol{K})$ between freely choosable parts and parts obtained by solving Eqs. (8.1)-(8.2) is provided by the conformal decomposition introduced in Chap. 6. Lichnerowicz method has been extended by Choquet-Bruhat $(1956,1971)[128,86]$, by York and Ó Murchadha $(1972,1974,1979)$ [273, $274,196,276]$ and more recently by York and Pfeiffer $(1999,2003)$ [278, 202]. Actually, conformal decompositions are by far the most widely spread techniques to get initial data for the $3+1$ Cauchy problem. Alternative methods exist, such as the quasi-spherical ansatz introduced by Bartnik in 1993 [37] or a procedure developed by Corvino (2000) [98] and by Isenberg, Mazzeo and Pollack (2002) [162] for gluing together known solutions of the constraints, thereby producing new ones. Here we shall limit ourselves to the conformal methods. Standard reviews on this subject are the articles by York (1979) [276] and Choquet-Bruhat and York (1980) [88]. Recent reviews are the articles by Cook (2000) [94], Pfeiffer (2004) [201] and Bartnik and Isenberg (2004) [39].

### 8.1.2 Conformal decomposition of the constraints

The conformal form of the constraint equations has been derived in Chap. 6. We have introduced there the conformal metric $\tilde{\gamma}$ and the conformal factor $\Psi$ such that the metric $\gamma$ induced by the spacetime metric on some hypersurface $\Sigma_{0}$ is [cf. Eq. (6.22)]

$$
\begin{equation*}
\gamma_{i j}=\Psi^{4} \tilde{\gamma}_{i j} \tag{8.3}
\end{equation*}
$$

and have decomposed the traceless part $A^{i j}$ of the extrinsic curvature $K^{i j}$ according to [cf. Eq. (6.82)]

$$
\begin{equation*}
A^{i j}=\Psi^{-10} \hat{A}^{i j} \tag{8.4}
\end{equation*}
$$

We consider here the decomposition involving $\hat{A}^{i j}[\alpha=-10$ in Eq. (6.58)] and not the alternative one, which uses $\tilde{A}^{i j}(\alpha=-4)$, because we have seen in Sec. 6.4.2 that the former is well adapted to the momentum constraint. Using the decompositions (8.3) and (8.4), we have rewritten the Hamiltonian constraint (8.1) and the momentum constraint (8.2) as respectively the Lichnerowicz equation [Eq. (6.111)] and an equation involving the divergence of $\hat{A}^{i j}$ with respect to the conformal metric [Eq. (6.112)] :

$$
\begin{align*}
& \tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+2 \pi \tilde{E} \Psi^{-3}-\frac{1}{12} K^{2} \Psi^{5}=0  \tag{8.5}\\
& \tilde{D}_{j} \hat{A}^{i j}-\frac{2}{3} \Psi^{6} \tilde{D}^{i} K=8 \pi \tilde{p}^{i} \tag{8.6}
\end{align*}
$$

where we have introduce the rescaled matter quantities

$$
\begin{equation*}
\tilde{E}:=\Psi^{8} E \tag{8.7}
\end{equation*}
$$

and

$$
\begin{equation*}
\tilde{p}^{i}:=\Psi^{10} p^{i} \tag{8.8}
\end{equation*}
$$

The definition of $\tilde{p}^{i}$ is clearly motivated by Eq. (6.112). On the contrary the power 8 in the definition of $\tilde{E}$ is not the only possible choice. As we shall see in $\S 8.2 .4$, it is chosen (i) to guarantee a negative power of $\Psi$ in the $\tilde{E}$ term in Eq. (8.5), resulting in some uniqueness property of the solution and (ii) to allow for an easy implementation of the dominant energy condition.

### 8.2 Conformal transverse-traceless method

### 8.2.1 Longitudinal/transverse decomposition of $\hat{A}^{i j}$

In order to solve the system (8.5)-(8.6), York $(1973,1979)$ [274, 275, 276] has decomposed $\hat{A}^{i j}$ into a longitudinal part and a transverse one, by setting

$$
\begin{equation*}
\hat{A}^{i j}=(\tilde{L} X)^{i j}+\hat{A}_{\mathrm{TT}}^{i j}, \tag{8.9}
\end{equation*}
$$

where $\hat{A}_{\mathrm{TT}}^{i j}$ is both traceless and transverse (i.e. divergence-free) with respect to the metric $\tilde{\gamma}$ :

$$
\begin{equation*}
\tilde{\gamma}_{i j} \hat{A}_{\mathrm{TT}}^{i j}=0 \quad \text { and } \quad \tilde{D}_{j} \hat{A}_{\mathrm{TT}}^{i j}=0 \tag{8.10}
\end{equation*}
$$

and $(\tilde{L} X)^{i j}$ is the conformal Killing operator associated with the metric $\tilde{\gamma}$ and acting on the vector field $\boldsymbol{X}$ :

$$
\begin{equation*}
(\tilde{L} X)^{i j}:=\tilde{D}^{i} X^{j}+\tilde{D}^{j} X^{i}-\frac{2}{3} \tilde{D}_{k} X^{k} \tilde{\gamma}^{i j} \tag{8.11}
\end{equation*}
$$

The properties of this linear differential operator are detailed in Appendix B. Let us retain here that $(\tilde{L} X)^{i j}$ is by construction traceless:

$$
\begin{equation*}
\tilde{\gamma}_{i j}(\tilde{L} X)^{i j}=0 \tag{8.12}
\end{equation*}
$$

(it must be so because in Eq. (8.9) both $\hat{A}^{i j}$ and $\hat{A}_{\mathrm{TT}}^{i j}$ are traceless) and the kernel of $\tilde{\boldsymbol{L}}$ is made of the conformal Killing vectors of the metric $\tilde{\gamma}$, i.e. the generators of the conformal isometries (cf. Sec. B.1.3). The symmetric tensor $(\tilde{L} X)^{i j}$ is called the longitudinal part of $\hat{A}^{i j}$, whereas $\hat{A}_{\mathrm{TT}}^{i j}$ is called the transverse part.

Given $\hat{A}^{i j}$, the vector $\boldsymbol{X}$ is determined by taking the divergence of Eq. (8.9): taking into account property (8.10), we get

$$
\begin{equation*}
\tilde{D}_{j}(\tilde{L} X)^{i j}=\tilde{D}_{j} \hat{A}^{i j} \tag{8.13}
\end{equation*}
$$

The second order operator $\tilde{D}_{j}(\tilde{L} X)^{i j}$ acting on the vector $\boldsymbol{X}$ is the conformal vector Lapla$\operatorname{cian} \tilde{\Delta}_{L}$ :

$$
\begin{equation*}
\tilde{\Delta}_{L} X^{i}:=\tilde{D}_{j}(\tilde{L} X)^{i j}=\tilde{D}_{j} \tilde{D}^{j} X^{i}+\frac{1}{3} \tilde{D}^{i} \tilde{D}_{j} X^{j}+\tilde{R}_{j}^{i} X^{j} \tag{8.14}
\end{equation*}
$$

where the second equality follows from Eq. (B.10). The basic properties of $\tilde{\boldsymbol{\Delta}}_{L}$ are investigated in Appendix B, where it is shown that this operator is elliptic and that its kernel is, in practice, reduced to the conformal Killing vectors of $\tilde{\boldsymbol{\gamma}}$, if any. We rewrite Eq. (8.13) as

$$
\begin{equation*}
\tilde{\Delta}_{L} X^{i}=\tilde{D}_{j} \hat{A}^{i j} \tag{8.15}
\end{equation*}
$$

The existence and uniqueness of the longitudinal/transverse decomposition (8.9) depend on the existence and uniqueness of solutions $\boldsymbol{X}$ to Eq. (8.15). We shall consider two cases:

- $\Sigma_{0}$ is a closed manifold, i.e. is compact without boundary;
- $\left(\Sigma_{0}, \gamma\right)$ is an asymptotically flat manifold, in the sense made precise in Sec. 7.2.

In the first case, it is shown in Appendix B that solutions to Eq. (8.15) exist provided that the source $\tilde{D}_{j} \hat{A}^{i j}$ is orthogonal to all conformal Killing vectors of $\tilde{\gamma}$, in the sense that [cf. Eq. (B.27)]:

$$
\begin{equation*}
\forall \boldsymbol{C} \in \operatorname{ker} \tilde{\boldsymbol{L}}, \quad \int_{\Sigma} \tilde{\gamma}_{i j} C^{i} \tilde{D}_{k} \hat{A}^{j k} \sqrt{\tilde{\gamma}} d^{3} x=0 \tag{8.16}
\end{equation*}
$$

But this is easy to verify: using the fact that the source is a pure divergence and that $\Sigma_{0}$ is closed, we may integrate by parts and get, for any vector field $\boldsymbol{C}$,

$$
\begin{equation*}
\int_{\Sigma_{0}} \tilde{\gamma}_{i j} C^{i} \tilde{D}_{k} \hat{A}^{j k} \sqrt{\tilde{\gamma}} d^{3} x=-\frac{1}{2} \int_{\Sigma_{0}} \tilde{\gamma}_{i j} \tilde{\gamma}_{k l}(\tilde{L} C)^{i k} \hat{A}^{j l} \sqrt{\tilde{\gamma}} d^{3} x . \tag{8.17}
\end{equation*}
$$

Then, obviously, when $\boldsymbol{C}$ is a conformal Killing vector, the right-hand side of the above equation vanishes. So there exists a solution to Eq. (8.15) and this solution is unique up to the addition of a conformal Killing vector. However, given a solution $\boldsymbol{X}$, for any conformal Killing vector $\boldsymbol{C}$, the solution $\boldsymbol{X}+\boldsymbol{C}$ yields to the same value of $\tilde{\boldsymbol{L}} \boldsymbol{X}$, since $\boldsymbol{C}$ is by definition in the kernel of $\tilde{\boldsymbol{L}}$. Therefore we conclude that the decomposition (8.9) of $\hat{A}^{i j}$ is unique, although the vector $\boldsymbol{X}$ may not be if ( $\Sigma_{0}, \tilde{\gamma}$ ) admits some conformal isometries.

In the case of an asymptotically flat manifold, the existence and uniqueness is guaranteed by the Cantor theorem mentioned in Sec. B.2.4. We shall then require the decay condition

$$
\begin{equation*}
\frac{\partial^{2} \tilde{\gamma}_{i j}}{\partial x^{k} \partial x^{l}}=O\left(r^{-3}\right) \tag{8.18}
\end{equation*}
$$

in addition to the asymptotic flatness conditions (7.35) introduced in Chap. 7. This guarantees that [cf. Eq. (B.31)]

$$
\begin{equation*}
\tilde{R}_{i j}=O\left(r^{-3}\right) . \tag{8.19}
\end{equation*}
$$

In addition, we notice that $\hat{A}^{i j}$ obeys the decay condition $\hat{A}^{i j}=O\left(r^{-2}\right)$ which is inherited from the asymptotic flatness condition (7.3). Then $\tilde{D}_{j} \hat{A}^{i j}=O\left(r^{-3}\right)$ so that condition (B.29) is satisfied. Then all conditions are fulfilled to conclude that Eq. (8.15) admits a unique solution $\boldsymbol{X}$ which vanishes at infinity.

To summarize, for all considered cases (asymptotic flatness and closed manifold), any symmetric and traceless tensor $\hat{A}^{i j}$ (decaying as $O\left(r^{-2}\right)$ in the asymptotically flat case) admits a unique longitudinal/transverse decomposition of the form (8.9).

### 8.2.2 Conformal transverse-traceless form of the constraints

Inserting the longitudinal/transverse decomposition (8.9) into the constraint equations (8.5) and (8.6) and making use of Eq. (8.15) yields to the system

$$
\tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\frac{1}{8}\left[(\tilde{L} X)_{i j}+\hat{A}_{i j}^{\mathrm{TT}}\right]\left[(\tilde{L} X)^{i j}+\hat{A}_{\mathrm{TT}}^{i j}\right] \Psi^{-7}+2 \pi \tilde{E} \Psi^{-3}-\frac{1}{12} K^{2} \Psi^{5}=0,
$$

$$
\begin{equation*}
\tilde{\Delta}_{L} X^{i}-\frac{2}{3} \Psi^{6} \tilde{D}^{i} K=8 \pi \tilde{p}^{i}, \tag{8.20}
\end{equation*}
$$

where

$$
\begin{align*}
& (\tilde{L} X)_{i j}:=\tilde{\gamma}_{i k} \tilde{\gamma}_{j l}(\tilde{L} X)^{k l}  \tag{8.22}\\
& \hat{A}_{i j}^{\mathrm{TT}}:=\tilde{\gamma}_{i k} \tilde{\gamma}_{j l} \hat{A}_{\mathrm{TT}}^{k l} \tag{8.23}
\end{align*}
$$

With the constraint equations written as (8.20) and (8.21), we see clearly which part of the initial data on $\Sigma_{0}$ can be freely chosen and which part is "constrained":

- free data:
- conformal metric $\tilde{\gamma}$;
- symmetric traceless and transverse tensor $\hat{A}_{\mathrm{TT}}^{i j}$ (traceless and transverse are meant with respect to $\tilde{\gamma}: \tilde{\gamma}_{i j} \hat{A}_{\mathrm{TT}}^{i j}=0$ and $\left.\tilde{D}_{j} \hat{A}_{\mathrm{TT}}^{i j}=0\right)$;
- scalar field $K$;
- conformal matter variables: $\left(\tilde{E}, \tilde{p}^{i}\right)$;
- constrained data (or "determined data"):
- conformal factor $\Psi$, obeying the non-linear elliptic equation (8.20) (Lichnerowicz equation)
- vector $\boldsymbol{X}$, obeying the linear elliptic equation (8.21).

Accordingly the general strategy to get valid initial data for the Cauchy problem is to choose $\left(\tilde{\gamma}_{i j}, \hat{A}_{\mathrm{TT}}^{i j}, K, \tilde{E}, \tilde{p}^{i}\right)$ on $\Sigma_{0}$ and solve the system (8.20)-(8.21) to get $\Psi$ and $X^{i}$. Then one constructs

$$
\begin{align*}
\gamma_{i j} & =\Psi^{4} \tilde{\gamma}_{i j}  \tag{8.24}\\
K^{i j} & =\Psi^{-10}\left((\tilde{L} X)^{i j}+\hat{A}_{\mathrm{TT}}^{i j}\right)+\frac{1}{3} \Psi^{-4} K \tilde{\gamma}^{i j}  \tag{8.25}\\
E & =\Psi^{-8} \tilde{E}  \tag{8.26}\\
p^{i} & =\Psi^{-10} \tilde{p}^{i} \tag{8.27}
\end{align*}
$$

and obtains a set $(\boldsymbol{\gamma}, \boldsymbol{K}, E, \boldsymbol{p})$ which satisfies the constraint equations (8.1)-(8.2). This method has been proposed by York (1979) [276] and is naturally called the conformal transverse traceless $(\boldsymbol{C T T})$ method.

### 8.2.3 Decoupling on hypersurfaces of constant mean curvature

Equations (8.20) and (8.21) are coupled, but we notice that if, among the free data, we choose $K$ to be a constant field on $\Sigma_{0}$,

$$
\begin{equation*}
K=\text { const }, \tag{8.28}
\end{equation*}
$$

then they decouple partially : condition (8.28) implies $\tilde{D}^{i} K=0$, so that the momentum constraint (8.2) becomes independent of $\Psi$ :

$$
\begin{equation*}
\tilde{\Delta}_{L} X^{i}=8 \pi \tilde{p}^{i} \quad(K=\text { const }) . \tag{8.29}
\end{equation*}
$$

The condition (8.28) on the extrinsic curvature of $\Sigma_{0}$ defines what is called a constant mean curvature ( $\boldsymbol{C M C}$ ) hypersurface. Indeed let us recall that $K$ is nothing but minus three times the mean curvature of $\left(\Sigma_{0}, \boldsymbol{\gamma}\right)$ embedded in ( $\left.\mathcal{M}, \boldsymbol{g}\right)$ [cf. Eq. (2.44)]. A maximal hypersurface, having $K=0$, is of course a special case of a CMC hypersurface. On a CMC hypersurface, the task of obtaining initial data is greatly simplified: one has first to solve the linear elliptic equation (8.29) to get $\boldsymbol{X}$ and plug the solution in Eq. (8.20) to form an equation for $\Psi$. Equation (8.29) is the conformal vector Poisson equation studied in Appendix B. It is shown in Sec. B.2.4 that it always solvable for the two cases of interest mentioned in Sec. 8.2.1: closed or asymptotically flat manifold. Moreover, the solutions $\boldsymbol{X}$ are such that the value of $\tilde{\boldsymbol{L}} \boldsymbol{X}$ is unique.

### 8.2.4 Lichnerowicz equation

Taking into account the CMC decoupling, the difficult problem is to solve Eq. (8.20) for $\Psi$. This equation is elliptic and highly non-linear ${ }^{1}$. It has been first studied by Lichnerowicz [177, 178] in the case $K=0$ ( $\Sigma_{0}$ maximal) and $\tilde{E}=0$ (vacuum). Lichnerowicz has shown that given the value of $\Psi$ at the boundary of a bounded domain of $\Sigma_{0}$ (Dirichlet problem), there exists at most one solution to Eq. (8.20). Besides, he showed the existence of a solution provided that $\hat{A}_{i j} \hat{A}^{i j}$ is not too large. These early results have been much improved since then. In particular Cantor [77] has shown that in the asymptotically flat case, still with $K=0$ and $\tilde{E}=0$, Eq. (8.20) is solvable if and only if the metric $\tilde{\gamma}$ is conformal to a metric with vanishing scalar curvature (one says then that $\tilde{\gamma}$ belongs to the positive Yamabe class) (see also Ref. [188]). In the case of closed manifolds, the complete analysis of the CMC case has been achieved by Isenberg (1995) [161].

For more details and further references, we recommend the review articles by Choquet-Bruhat and York [88] and Bartnik and Isenberg [39]. Here we shall simply repeat the argument of York [278] to justify the rescaling (8.7) of $E$. This rescaling is indeed related to the uniqueness of solutions to the Lichnerowicz equation. Consider a solution $\Psi_{0}$ to Eq. (8.20) in the case $K=0$, to which we restrict ourselves. Another solution close to $\Psi_{0}$ can be written $\Psi=\Psi_{0}+\epsilon$, with $|\epsilon| \ll \Psi_{0}:$

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i}\left(\Psi_{0}+\epsilon\right)-\frac{1}{8} \tilde{R}\left(\Psi_{0}+\epsilon\right)+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j}\left(\Psi_{0}+\epsilon\right)^{-7}+2 \pi \tilde{E}\left(\Psi_{0}+\epsilon\right)^{-3}=0 . \tag{8.30}
\end{equation*}
$$

Expanding to the first order in $\epsilon / \Psi_{0}$ leads to the following linear equation for $\epsilon$ :

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \epsilon-\alpha \epsilon=0 \tag{8.31}
\end{equation*}
$$

[^16]with
\[

$$
\begin{equation*}
\alpha:=\frac{1}{8} \tilde{R}+\frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi_{0}^{-8}+6 \pi \tilde{E} \Psi_{0}^{-4} \tag{8.32}
\end{equation*}
$$

\]

Now, if $\alpha \geq 0$, one can show, by means of the maximum principle, that the solution of (8.31) which vanishes at spatial infinity is necessarily $\epsilon=0$ (see Ref. [89] or § B. 1 of Ref. [91]). We therefore conclude that the solution $\Psi_{0}$ to Eq. (8.20) is unique (at least locally) in this case. On the contrary, if $\alpha<0$, non trivial oscillatory solutions of Eq. (8.31) exist, making the solution $\Psi_{0}$ not unique. The key point is that the scaling (8.7) of $E$ yields the term $+6 \pi \tilde{E} \Psi_{0}^{-4}$ in Eq. (8.32), which contributes to make $\alpha$ positive. If we had not rescaled $E$, i.e. had considered the original Hamiltonian constraint equation (6.111), the contribution to $\alpha$ would have been instead $-10 \pi E \Psi_{0}^{4}$, i.e. would have been negative. Actually, any rescaling $\tilde{E}=\Psi^{s} E$ with $s>5$ would have work to make $\alpha$ positive. The choice $s=8$ in Eq. (8.7) is motivated by the fact that if the conformal data $\left(\tilde{E}, \tilde{p}^{i}\right)$ obey the "conformal" dominant energy condition (cf. Sec. 7.3.4)

$$
\begin{equation*}
\tilde{E} \geq \sqrt{\tilde{\gamma}_{i j} \tilde{p}^{i} \tilde{p}^{j}} \tag{8.33}
\end{equation*}
$$

then, via the scaling (8.8) of $p^{i}$, the reconstructed physical data $\left(E, p^{i}\right)$ will automatically obey the dominant energy condition as stated by Eq. (7.54):

$$
\begin{equation*}
E \geq \sqrt{\gamma_{i j} p^{i} p^{j}} \tag{8.34}
\end{equation*}
$$

### 8.2.5 Conformally flat and momentarily static initial data

In this section we search for asymptotically flat initial data $\left(\Sigma_{0}, \gamma, \boldsymbol{K}\right)$. Let us then consider the simplest case one may think of, namely choose the freely specifiable data $\left(\tilde{\gamma}_{i j}, \hat{A}_{\mathrm{TT}}^{i j}, K, \tilde{E}, \tilde{p}^{i}\right)$ to be a flat metric:

$$
\begin{equation*}
\tilde{\gamma}_{i j}=f_{i j} \tag{8.35}
\end{equation*}
$$

a vanishing transverse-traceless part of the extrinsic curvature:

$$
\begin{equation*}
\hat{A}_{\mathrm{TT}}^{i j}=0, \tag{8.36}
\end{equation*}
$$

a vanishing mean curvature (maximal hypersurface)

$$
\begin{equation*}
K=0 \tag{8.37}
\end{equation*}
$$

and a vacuum spacetime:

$$
\begin{equation*}
\tilde{E}=0, \quad \tilde{p}^{i}=0 \tag{8.38}
\end{equation*}
$$

Then $\tilde{D}_{i}=\mathcal{D}_{i}, \tilde{R}=0, \tilde{\boldsymbol{L}}=\boldsymbol{L}[$ cf. Eq. (6.126)] and the constraint equations (8.20)-(8.21) reduce to

$$
\begin{align*}
& \Delta \Psi+\frac{1}{8}(L X)_{i j}(L X)^{i j} \Psi^{-7}=0  \tag{8.39}\\
& \Delta_{L} X^{i}=0 \tag{8.40}
\end{align*}
$$

where $\Delta$ and $\Delta_{L}$ are respectively the scalar Laplacian and the conformal vector Laplacian associated with the flat metric $f$ :

$$
\begin{equation*}
\Delta:=\mathcal{D}_{i} \mathcal{D}^{i} \tag{8.41}
\end{equation*}
$$

and

$$
\begin{equation*}
\Delta_{L} X^{i}:=\mathcal{D}_{j} \mathcal{D}^{j} X^{i}+\frac{1}{3} \mathcal{D}^{i} \mathcal{D}_{j} X^{j} \tag{8.42}
\end{equation*}
$$

Equations (8.39)-(8.40) must be solved with the boundary conditions

$$
\begin{align*}
& \Psi=1 \quad \text { when } \quad r \rightarrow \infty  \tag{8.43}\\
& \boldsymbol{X}=0 \quad \text { when } \quad r \rightarrow \infty \tag{8.44}
\end{align*}
$$

which follow from the asymptotic flatness requirement. The solution depends on the topology of $\Sigma_{0}$, since the latter may introduce some inner boundary conditions in addition to (8.43)-(8.44)

Let us start with the simplest case: $\Sigma_{0}=\mathbb{R}^{3}$. Then the solution of Eq. (8.40) subject to the boundary condition (8.44) is

$$
\begin{equation*}
\boldsymbol{X}=0 \tag{8.45}
\end{equation*}
$$

and there is no other solution (cf. Sec. B.2.4). Then obviously $(L X)^{i j}=0$, so that Eq. (8.39) reduces to Laplace equation for $\Psi$ :

$$
\begin{equation*}
\Delta \Psi=0 \tag{8.46}
\end{equation*}
$$

With the boundary condition (8.43), there is a unique regular solution on $\mathbb{R}^{3}$ :

$$
\begin{equation*}
\Psi=1 \tag{8.47}
\end{equation*}
$$

The initial data reconstructed from Eqs. (8.24)-(8.25) is then

$$
\begin{align*}
& \gamma=\boldsymbol{f}  \tag{8.48}\\
& \boldsymbol{K}=0 \tag{8.49}
\end{align*}
$$

These data correspond to a spacelike hyperplane of Minkowski spacetime. Geometrically the condition $\boldsymbol{K}=0$ is that of a totally geodesic hypersurface (cf. Sec. 2.4.3). Physically data with $\boldsymbol{K}=0$ are said to be momentarily static or time symmetric. Indeed, from Eq. (3.22),

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} \boldsymbol{g}=-2 N \boldsymbol{K}-2 \nabla_{\boldsymbol{n}} N \underline{\boldsymbol{n}} \otimes \underline{\boldsymbol{n}} . \tag{8.50}
\end{equation*}
$$

So if $\boldsymbol{K}=0$ and if moreover one chooses a geodesic slicing around $\Sigma_{0}$ (cf. Sec. 4.4.2), which yields $N=1$ and $\nabla_{\boldsymbol{n}} N=0$, then

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{m}} \boldsymbol{g}=0 \tag{8.51}
\end{equation*}
$$

This means that, locally (i.e. on $\Sigma_{0}$ ), the normal evolution vector $\boldsymbol{m}$ is a spacetime Killing vector. This vector being timelike, the configuration is then stationary. Moreover, the Killing vector $\boldsymbol{m}$ being orthogonal to some hypersurface (i.e. $\Sigma_{0}$ ), the stationary configuration is called static. Of course, this staticity properties holds a priori only on $\Sigma_{0}$ since there is no guarantee that the time development of Cauchy data with $\boldsymbol{K}=0$ at $t=0$ maintains $\boldsymbol{K}=0$ at $t>0$. Hence the qualifier 'momentarily' in the expression 'momentarily static' for data with $\boldsymbol{K}=0$.


Figure 8.1: Hypersurface $\Sigma_{0}$ as $\mathbb{R}^{3}$ minus a ball, displayed via an embedding diagram based on the metric $\tilde{\gamma}$, which coincides with the Euclidean metric on $\mathbb{R}^{3}$. Hence $\Sigma_{0}$ appears to be flat. The unit normal of the inner boundary $\mathcal{S}$ with respect to the metric $\tilde{\gamma}$ is $\tilde{s}$. Notice that $\tilde{D} \cdot \tilde{s}>0$.

To get something less trivial than a slice of Minkowski spacetime, let us consider a slightly more complicated topology for $\Sigma_{0}$, namely $\mathbb{R}^{3}$ minus a ball (cf. Fig. 8.1). The sphere $\mathcal{S}$ delimiting the ball is then the inner boundary of $\Sigma_{0}$ and we must provide boundary conditions for $\Psi$ and $\boldsymbol{X}$ on $\mathcal{S}$ to solve Eqs. (8.39)-(8.40). For simplicity, let us choose

$$
\begin{equation*}
\left.\boldsymbol{X}\right|_{\mathcal{S}}=0 \tag{8.52}
\end{equation*}
$$

Altogether with the outer boundary condition (8.44), this leads to $\boldsymbol{X}$ being identically zero as the unique solution of Eq. (8.40). So, again, the Hamiltonian constraint reduces to Laplace equation

$$
\begin{equation*}
\Delta \Psi=0 . \tag{8.53}
\end{equation*}
$$

If we choose the boundary condition $\left.\Psi\right|_{\mathcal{S}}=1$, then the unique solution is $\Psi=1$ and we are back to the previous example (slice of Minkowski spacetime). In order to have something non trivial, i.e. to ensure that the metric $\gamma$ will not be flat, let us demand that $\gamma$ admits a closed minimal surface, that we will choose to be $\mathcal{S}$. This will necessarily translate as a boundary condition for $\Psi$ since all the information on the metric is encoded in $\Psi$ (let us recall that from the choice (8.35), $\left.\boldsymbol{\gamma}=\Psi^{4} \boldsymbol{f}\right) . \mathcal{S}$ is a minimal surface of $\left(\Sigma_{0}, \gamma\right)$ iff its mean curvature vanishes, or equivalently if its unit normal $s$ is divergence-free (cf. Fig. 8.2):

$$
\begin{equation*}
\left.D_{i} s^{i}\right|_{\mathcal{S}}=0 \tag{8.54}
\end{equation*}
$$

This is the analog of $\boldsymbol{\nabla} \cdot \boldsymbol{n}=0$ for maximal hypersurfaces, the change from minimal to maximal being due to the change of signature, from the Riemannian to the Lorentzian one. By means of Eq. (6.37), condition (8.54) is equivalent to

$$
\begin{equation*}
\left.\mathcal{D}_{i}\left(\Psi^{6} s^{i}\right)\right|_{\mathcal{S}}=0 \tag{8.55}
\end{equation*}
$$

where we have used $\tilde{D}_{i}=\mathcal{D}_{i}$, since $\tilde{\gamma}=f$. Let us rewrite this expression in terms of the unit vector $\tilde{s}$ normal to $\mathcal{S}$ with respect to the metric $\tilde{\gamma}$ (cf. Fig. 8.1); we have

$$
\begin{equation*}
\tilde{s}=\Psi^{-2} s \tag{8.56}
\end{equation*}
$$



Figure 8.2: Same hypersurface $\Sigma_{0}$ as in Fig. 8.1 but displayed via an embedding diagram based on the metric $\gamma$ instead of $\tilde{\gamma}$. The unit normal of the inner boundary $\mathcal{S}$ with respect to that metric is $s$. Notice that $D \cdot s=0$, which means that $\mathcal{S}$ is a minimal surface of $\left(\Sigma_{0}, \gamma\right)$.
since $\tilde{\gamma}(\tilde{s}, \tilde{s})=\Psi^{-4} \tilde{\boldsymbol{\gamma}}(s, s)=\gamma(s, s)=1$. Thus Eq. (8.55) becomes

$$
\begin{equation*}
\left.\mathcal{D}_{i}\left(\Psi^{4} \tilde{s}^{i}\right)\right|_{\mathcal{S}}=\left.\frac{1}{\sqrt{f}} \frac{\partial}{\partial x^{i}}\left(\sqrt{f} \Psi^{4} \tilde{s}^{i}\right)\right|_{\mathcal{S}}=0 \tag{8.57}
\end{equation*}
$$

Let us introduce on $\Sigma_{0}$ a coordinate system of spherical type, $\left(x^{i}\right)=(r, \theta, \varphi)$, such that (i) $f_{i j}=\operatorname{diag}\left(1, r^{2}, r^{2} \sin ^{2} \theta\right)$ and (ii) $\mathcal{S}$ is the sphere $r=a$, where $a$ is some positive constant. Since in these coordinates $\sqrt{f}=r^{2} \sin \theta$ and $\tilde{s}^{i}=(1,0,0)$, the minimal surface condition (8.57) is written as

$$
\begin{equation*}
\left.\frac{1}{r^{2}} \frac{\partial}{\partial r}\left(\Psi^{4} r^{2}\right)\right|_{r=a}=0 \tag{8.58}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\left.\left(\frac{\partial \Psi}{\partial r}+\frac{\Psi}{2 r}\right)\right|_{r=a}=0 \tag{8.59}
\end{equation*}
$$

This is a boundary condition of mixed Newmann/Dirichlet type for $\Psi$. The unique solution of the Laplace equation (8.53) which satisfies boundary conditions (8.43) and (8.59) is

$$
\begin{equation*}
\Psi=1+\frac{a}{r} . \tag{8.60}
\end{equation*}
$$

The parameter $a$ is then easily related to the ADM mass $m$ of the hypersurface $\Sigma_{0}$. Indeed using formula (7.66), $m$ is evaluated as

$$
\begin{equation*}
m=-\frac{1}{2 \pi} \lim _{r \rightarrow \infty} \oint_{r=\text { const }} \frac{\partial \Psi}{\partial r} r^{2} \sin \theta d \theta d \varphi=-\frac{1}{2 \pi} \lim _{r \rightarrow \infty} 4 \pi r^{2} \frac{\partial}{\partial r}\left(1+\frac{a}{r}\right)=2 a . \tag{8.61}
\end{equation*}
$$

Hence $a=m / 2$ and we may write

$$
\begin{equation*}
\Psi=1+\frac{m}{2 r} \text {. } \tag{8.62}
\end{equation*}
$$



Figure 8.3: Extended hypersurface $\Sigma_{0}^{\prime}$ obtained by gluing a copy of $\Sigma_{0}$ at the minimal surface $\mathcal{S}$ and defining an Einstein-Rosen bridge between two asymptotically flat regions.

Therefore, in terms of the coordinates $(r, \theta, \varphi)$, the obtained initial data $(\boldsymbol{\gamma}, \boldsymbol{K})$ are

$$
\begin{align*}
& \gamma_{i j}=\left(1+\frac{m}{2 r}\right)^{4} \operatorname{diag}\left(1, r^{2}, r^{2} \sin \theta\right)  \tag{8.63}\\
& K_{i j}=0 . \tag{8.64}
\end{align*}
$$

So, as above, the initial data are momentarily static. Actually, we recognize on (8.63)-(8.64) a slice $t=$ const of Schwarzschild spacetime in isotropic coordinates [compare with Eq. (6.24)].

The isotropic coordinates $(r, \theta, \varphi)$ covering the manifold $\Sigma_{0}$ are such that the range of $r$ is $[m / 2,+\infty)$. But thanks to the minimal character of the inner boundary $\mathcal{S}$, we can extend $\left(\Sigma_{0}, \gamma\right)$ to a larger Riemannian manifold $\left(\Sigma_{0}^{\prime}, \gamma^{\prime}\right)$ with $\left.\gamma^{\prime}\right|_{\Sigma_{0}}=\gamma$ and $\gamma^{\prime}$ smooth at $\mathcal{S}$. This is made possible by gluing a copy of $\Sigma_{0}$ at $\mathcal{S}$ (cf. Fig. 8.3). The topology of $\Sigma_{0}^{\prime}$ is $\mathbb{S}^{2} \times \mathbb{R}$ and the range of $r$ in $\Sigma_{0}^{\prime}$ is $(0,+\infty)$. The extended metric $\gamma^{\prime}$ keeps exactly the same form as (8.63):

$$
\begin{equation*}
\gamma_{i j}^{\prime} d x^{i} d x^{j}=\left(1+\frac{m}{2 r}\right)^{4}\left(d r^{2}+r^{2} d \theta^{2}+r^{2} \sin ^{2} \theta d \varphi^{2}\right) \tag{8.65}
\end{equation*}
$$

By the change of variable

$$
\begin{equation*}
r \mapsto r^{\prime}=\frac{m^{2}}{4 r} \tag{8.66}
\end{equation*}
$$

it is easily shown that the region $r \rightarrow 0$ does not correspond to some "center" but is actually a second asymptotically flat region (the lower one in Fig. 8.3). Moreover the transformation (8.66), with $\theta$ and $\varphi$ kept fixed, is an isometry of $\gamma^{\prime}$. It maps a point $p$ of $\Sigma_{0}$ to the point located at the vertical of $p$ in Fig. 8.3. The minimal sphere $\mathcal{S}$ is invariant under this isometry. The region around $\mathcal{S}$ is called an Einstein-Rosen bridge. $\left(\Sigma_{0}^{\prime}, \gamma^{\prime}\right)$ is still a slice of Schwarzschild spacetime. It connects two asymptotically flat regions without entering below the event horizon, as shown in the Kruskal-Szekeres diagram of Fig. 8.4.


Figure 8.4: Extended hypersurface $\Sigma_{0}^{\prime}$ depicted in the Kruskal-Szekeres representation of Schwarzschild spacetime. $R$ stands for Schwarzschild radial coordinate and $r$ for the isotropic radial coordinate. $R=0$ is the singularity and $R=2 m$ the event horizon. $\Sigma_{0}^{\prime}$ is nothing but a hypersurface $t=$ const, where $t$ is the Schwarzschild time coordinate. In this diagram, these hypersurfaces are straight lines and the Einstein-Rosen bridge $\mathcal{S}$ is reduced to a point.

### 8.2.6 Bowen-York initial data

Let us select the same simple free data as above, namely

$$
\begin{equation*}
\tilde{\gamma}_{i j}=f_{i j}, \quad \hat{A}_{\mathrm{TT}}^{i j}=0, \quad K=0, \quad \tilde{E}=0 \quad \text { and } \quad \tilde{p}^{i}=0 . \tag{8.67}
\end{equation*}
$$

For the hypersurface $\Sigma_{0}$, instead of $\mathbb{R}^{3}$ minus a ball, we choose $\mathbb{R}^{3}$ minus a point:

$$
\begin{equation*}
\Sigma_{0}=\mathbb{R}^{3} \backslash\{O\} \tag{8.68}
\end{equation*}
$$

The removed point $O$ is called a puncture [66]. The topology of $\Sigma_{0}$ is $\mathbb{S}^{2} \times \mathbb{R}$; it differs from the topology considered in Sec. 8.2.5 ( $\mathbb{R}^{3}$ minus a ball); actually it is the same topology as that of the extended manifold $\Sigma_{0}^{\prime}$ (cf. Fig. 8.3).

Thanks to the choice (8.67), the system to be solved is still (8.39)-(8.40). If we choose the trivial solution $\boldsymbol{X}=0$ for Eq. (8.40), we are back to the slice of Schwarzschild spacetime considered in Sec. 8.2.5, except that now $\Sigma_{0}$ is the extended manifold previously denoted $\Sigma_{0}^{\prime}$.

Bowen and York [65] have obtained a simple non-trivial solution of Eq. (8.40) (see also Ref. [49]). Given a Cartesian coordinate system $\left(x^{i}\right)=(x, y, z)$ on $\Sigma_{0}$ (i.e. a coordinate system such that $\left.f_{i j}=\operatorname{diag}(1,1,1)\right)$ with respect to which the coordinates of the puncture $O$ are $(0,0,0)$, this solution writes

$$
\begin{equation*}
X^{i}=-\frac{1}{4 r}\left(7 f^{i j} P_{j}+\frac{P_{j} x^{j} x^{i}}{r^{2}}\right)-\frac{1}{r^{3}} \epsilon^{i j}{ }_{k} S_{j} x^{k}, \tag{8.69}
\end{equation*}
$$

where $r:=\sqrt{x^{2}+y^{2}+z^{2}}, \epsilon^{i j}{ }_{k}$ is the Levi-Civita alternating tensor associated with the flat metric $\boldsymbol{f}$ and $\left(P_{i}, S_{j}\right)=\left(P_{1}, P_{2}, P_{3}, S_{1}, S_{2}, S_{3}\right)$ are six real numbers, which constitute the six parameters of the Bowen-York solution. Notice that since $r \neq 0$ on $\Sigma_{0}$, the Bowen-York solution is a regular and smooth solution on the entire $\Sigma_{0}$.

Example : Choosing $P_{i}=(0, P, 0)$ and $S_{i}=(0,0, S)$, where $P$ and $S$ are two real numbers, leads to the following expression of the Bowen-York solution:

$$
\left\{\begin{align*}
X^{x} & =-\frac{P}{4} \frac{x y}{r^{3}}+S \frac{y}{r^{3}}  \tag{8.70}\\
X^{y} & =-\frac{P}{4 r}\left(7+\frac{y^{2}}{r^{2}}\right)-S \frac{x}{r^{3}} \\
X^{z} & =-\frac{P}{4} \frac{x z}{r^{3}}
\end{align*}\right.
$$

The conformal traceless extrinsic curvature corresponding to the solution (8.69) is deduced from formula (8.9), which in the present case reduces to $\hat{A}^{i j}=(L X)^{i j}$; one gets

$$
\begin{equation*}
\hat{A}^{i j}=\frac{3}{2 r^{3}}\left[x^{i} P^{j}+x^{j} P^{i}-\left(f^{i j}-\frac{x^{i} x^{j}}{r^{2}}\right) P_{k} x^{k}\right]+\frac{3}{r^{5}}\left(\epsilon_{l}^{i k} S_{k} x^{l} x^{j}+\epsilon_{l}^{j k} S_{k} x^{l} x^{i}\right), \tag{8.71}
\end{equation*}
$$

where $P^{i}:=f^{i j} P_{j}$. The tensor $\hat{A}^{i j}$ given by Eq. (8.71) is called the Bowen-York extrinsic curvature. Notice that the $P_{i}$ part of $\hat{A}^{i j}$ decays asymptotically as $O\left(r^{-2}\right)$, whereas the $S_{i}$ part decays as $O\left(r^{-3}\right)$.
Remark : Actually the expression of $\hat{A}^{i j}$ given in the original Bowen-York article [65] contains an additional term with respect to Eq. (8.71), but the role of this extra term is only to ensure that the solution is isometric through an inversion across some sphere. We are not interested by such a property here, so we have dropped this term. Therefore, strictly speaking, we should name expression (8.71) the simplified Bowen-York extrinsic curvature.

Example : Choosing $P_{i}=(0, P, 0)$ and $S_{i}=(0,0, S)$ as in the previous example [Eq. (8.70)], we get

$$
\begin{align*}
\hat{A}^{x x} & =-\frac{3 P}{2 r^{3}} y\left(1-\frac{x^{2}}{r^{2}}\right)-\frac{6 S}{r^{5}} x y  \tag{8.72}\\
\hat{A}^{x y} & =\frac{3 P}{2 r^{3}} x\left(1+\frac{y^{2}}{r^{2}}\right)+\frac{3 S}{r^{5}}\left(x^{2}-y^{2}\right)  \tag{8.73}\\
\hat{A}^{x z} & =\frac{3 P}{2 r^{5}} x y z-\frac{3 S}{r^{5}} y z  \tag{8.74}\\
\hat{A}^{y y} & =\frac{3 P}{2 r^{3}} y\left(1+\frac{y^{2}}{r^{2}}\right)+\frac{6 S}{r^{5}} x y  \tag{8.75}\\
\hat{A}^{y z} & =\frac{3 P}{2 r^{3}} z\left(1+\frac{y^{2}}{r^{2}}\right)+\frac{3 S}{r^{5}} x z  \tag{8.76}\\
\hat{A}^{z z} & =-\frac{3 P}{2 r^{3}} y\left(1-\frac{z^{2}}{r^{2}}\right) . \tag{8.77}
\end{align*}
$$

In particular we verify that $\hat{A}^{i j}$ is traceless: $\tilde{\gamma}_{i j} \hat{A}^{i j}=f_{i j} \hat{A}^{i j}=\hat{A}^{x x}+\hat{A}^{y y}+\hat{A}^{z z}=0$.
The Bowen-York extrinsic curvature provides an analytical solution of the momentum constraint (8.40) but there remains to solve the Hamiltonian constraint (8.39) for $\Psi$, with the asymptotic flatness boundary condition $\Psi=1$ when $r \rightarrow \infty$. Since $\boldsymbol{X} \neq 0$, Eq. (8.39) is no longer a simple Laplace equation, as in Sec. 8.2.5, but a non-linear elliptic equation. There is no hope to get any analytical solution and one must solve Eq. (8.39) numerically to get $\Psi$ and reconstruct the full initial data ( $\boldsymbol{\gamma}, \boldsymbol{K}$ ) via Eqs. (8.24)-(8.25).

Let us now discuss the physical significance of the parameters $\left(P_{i}, S_{i}\right)$ of the Bowen-York solution. First of all, the ADM momentum of the initial data $\left(\Sigma_{0}, \boldsymbol{\gamma}, \boldsymbol{K}\right)$ is computed via formula (7.56). Taking into account that $\Psi$ is asymptotically one and $K$ vanishes, we can write

$$
\begin{equation*}
P_{i}^{\mathrm{ADM}}=\frac{1}{8 \pi} \lim _{r \rightarrow \infty} \oint_{r=\mathrm{const}} \hat{A}_{i k} x^{k} r \sin \theta d \theta d \varphi, \quad i \in\{1,2,3\}, \tag{8.78}
\end{equation*}
$$

where we have used the fact that, within the Cartesian coordinates $\left(x^{i}\right)=(x, y, z),\left(\boldsymbol{\partial}_{i}\right)^{j}=\delta^{j}{ }_{i}$ and $s^{k}=x^{k} / r$. If we insert expression (8.71) for $\hat{A}_{j k}$ in this formula, we notice that the $S_{i}$ part decays too fast to contribute to the integral; there remains only

$$
\begin{align*}
P_{i}^{\mathrm{ADM}} & =\frac{1}{8 \pi} \lim _{r \rightarrow \infty} \oint_{r=\mathrm{const}} \frac{3}{2 r^{2}}[x_{i} P_{j} x^{j}+r^{2} P_{i}-\underbrace{\left(x_{i}-\frac{x^{i} r^{2}}{r^{2}}\right)}_{=0} P_{k} x^{k}] \sin \theta d \theta d \varphi \\
& =\frac{3}{16 \pi}(P_{j} \oint_{r=\text { const }} \frac{x^{i} x^{j}}{r^{2}} \sin \theta d \theta d \varphi+P_{i} \underbrace{\oint_{r=\text { const }} \sin \theta d \theta d \varphi}_{=4 \pi}) \tag{8.79}
\end{align*}
$$

Now

$$
\begin{equation*}
\oint_{r=\text { const }} \frac{x^{i} x^{j}}{r^{2}} \sin \theta d \theta d \varphi=\delta^{i j} \oint_{r=\text { const }} \frac{\left(x^{j}\right)^{2}}{r^{2}} \sin \theta d \theta d \varphi=\delta^{i j} \frac{1}{3} \oint_{r=\mathrm{const}} \frac{r^{2}}{r^{2}} \sin \theta d \theta d \varphi=\frac{4 \pi}{3} \delta^{i j}, \tag{8.80}
\end{equation*}
$$

so that Eq. (8.79) becomes

$$
\begin{equation*}
P_{i}^{\mathrm{ADM}}=\frac{3}{16 \pi}\left(\frac{4 \pi}{3}+4 \pi\right) P_{i} \tag{8.81}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
P_{i}^{\mathrm{ADM}}=P_{i} \text {. } \tag{8.82}
\end{equation*}
$$

Hence the parameters $P_{i}$ of the Bowen-York solution are nothing but the three components of the ADM linear momentum of the hypersurface $\Sigma_{0}$.

Regarding the angular momentum, we notice that since $\tilde{\gamma}_{i j}=f_{i j}$ in the present case, the Cartesian coordinates $\left(x^{i}\right)=(x, y, z)$ belong to the quasi-isotropic gauge introduced in Sec. 7.5.2 (condition (7.64) is trivially fulfilled). We may then use formula (7.63) to define the angular momentum of Bowen-York initial. Again, since $\Psi \rightarrow 1$ at spatial infinity and $K=0$, we can write

$$
\begin{equation*}
J_{i}=\frac{1}{8 \pi} \lim _{r \rightarrow \infty} \oint_{r=\mathrm{const}} \hat{A}_{j k}\left(\phi_{i}\right)^{j} x^{k} r \sin \theta d \theta d \varphi, \quad i \in\{1,2,3\} . \tag{8.83}
\end{equation*}
$$

Substituting expression (8.71) for $\hat{A}_{j k}$ as well as expressions (7.60)-(7.62) for $\left(\boldsymbol{\phi}_{i}\right)^{j}$, we get that only the $S_{i}$ part contribute to this integral. After some computation, we find

$$
\begin{equation*}
J_{i}=S_{i} \tag{8.84}
\end{equation*}
$$

Hence the parameters $S_{i}$ of the Bowen-York solution are nothing but the three components of the angular momentum of the hypersurface $\Sigma_{0}$.

Remark : The Bowen-York solution with $P^{i}=0$ and $S^{i}=0$ reduces to the momentarily static solution found in Sec. 8.2.5, i.e. is a slice $t=$ const of the Schwarzschild spacetime ( $t$ being the Schwarzschild time coordinate). However Bowen-York initial data with $P^{i}=0$ and $S^{i} \neq 0$ do not constitute a slice of Kerr spacetime. Indeed, it has been shown [138] that there does not exist any foliation of Kerr spacetime by hypersurfaces which (i) are axisymmetric, (ii) smoothly reduce in the non-rotating limit to the hypersurfaces of constant Schwarzschild time and (iii) are conformally flat, i.e. have induced metric $\tilde{\gamma}=\boldsymbol{f}$, as the Bowen-York hypersurfaces have. This means that a Bowen-York solution with $S^{i} \neq 0$ does represent initial data for a rotating black hole, but this black hole is not stationary: it is "surrounded" by gravitational radiation, as demonstrated by the time development of these initial data [67, 142].

### 8.3 Conformal thin sandwich method

### 8.3.1 The original conformal thin sandwich method

An alternative to the conformal transverse-traceless method for computing initial data has been introduced by York in 1999 [278]. It is motivated by expression (6.78) for the traceless part of the extrinsic curvature scaled with $\alpha=-4$ :

$$
\begin{equation*}
\tilde{A}^{i j}=\frac{1}{2 N}\left[\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\gamma}^{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}^{i j}\right] \tag{8.85}
\end{equation*}
$$

Noticing that [cf. Eq. (8.11)]

$$
\begin{equation*}
-\mathcal{L}_{\boldsymbol{\beta}} \tilde{\gamma}^{i j}=(\tilde{L} \beta)^{i j}+\frac{2}{3} \tilde{D}_{k} \beta^{k} \tag{8.86}
\end{equation*}
$$

and introducing the short-hand notation

$$
\begin{equation*}
\dot{\tilde{\gamma}}^{i j}:=\frac{\partial}{\partial t} \tilde{\gamma}^{i j} \tag{8.87}
\end{equation*}
$$

we can rewrite Eq. (8.85) as

$$
\begin{equation*}
\tilde{A}^{i j}=\frac{1}{2 N}\left[\dot{\tilde{\gamma}}^{i j}+(\tilde{L} \beta)^{i j}\right] \tag{8.88}
\end{equation*}
$$

The relation between $\tilde{A}^{i j}$ and $\hat{A}^{i j}$ is [cf. Eq. (6.102)]

$$
\begin{equation*}
\hat{A}^{i j}=\Psi^{6} \tilde{A}^{i j} \tag{8.89}
\end{equation*}
$$

Accordingly, Eq. (8.88) yields

$$
\begin{equation*}
\hat{A}^{i j}=\frac{1}{2 \tilde{N}}\left[\dot{\tilde{\gamma}}^{i j}+(\tilde{L} \beta)^{i j}\right] \tag{8.90}
\end{equation*}
$$

where we have introduced the conformal lapse

$$
\begin{equation*}
\tilde{N}:=\Psi^{-6} N \tag{8.91}
\end{equation*}
$$

Equation (8.90) constitutes a decomposition of $\hat{A}^{i j}$ alternative to the longitudinal/transverse decomposition (8.9). Instead of expressing $\hat{A}^{i j}$ in terms of a vector $\boldsymbol{X}$ and a TT tensor $\hat{A}_{\mathrm{TT}}^{i j}$, it expresses it in terms of the shift vector $\boldsymbol{\beta}$, the time derivative of the conformal metric, $\dot{\tilde{\gamma}}^{i j}$, and the conformal lapse $\tilde{N}$.

The Hamiltonian constraint, written as the Lichnerowicz equation (8.5), takes the same form as before:

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{\tilde{R}}{8} \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+2 \pi \tilde{E} \Psi^{-3}-\frac{K^{2}}{12} \Psi^{5}=0 \tag{8.92}
\end{equation*}
$$

except that now $\hat{A}^{i j}$ is to be understood as the combination (8.90) of $\beta^{i}, \dot{\tilde{\gamma}}^{i j}$ and $\tilde{N}$. On the other side, the momentum constraint (8.6) becomes, once expression (8.90) is substituted for $\hat{A}^{i j}$,

$$
\begin{equation*}
\tilde{D}_{j}\left(\frac{1}{\tilde{N}}(\tilde{L} \beta)^{i j}\right)+\tilde{D}_{j}\left(\frac{1}{\tilde{N}} \dot{\tilde{\gamma}}^{i j}\right)-\frac{4}{3} \Psi^{6} \tilde{D}^{i} K=16 \pi \tilde{p}^{i} . \tag{8.93}
\end{equation*}
$$

In view of the system (8.92)-(8.93), the method to compute initial data consists in choosing freely $\tilde{\gamma}_{i j}, \dot{\tilde{\gamma}}^{i j}, K, \tilde{N}, \tilde{E}$ and $\tilde{p}^{i}$ on $\Sigma_{0}$ and solving (8.92)-(8.93) to get $\Psi$ and $\beta^{i}$. This method is called conformal thin sandwich (CTS), because one input is the time derivative $\dot{\tilde{\gamma}}^{i j}$, which can be obtained from the value of the conformal metric on two neighbouring hypersurfaces $\Sigma_{t}$ and $\Sigma_{t+\delta t}$ ("thin sandwich" view point).

Remark : The term "thin sandwich" originates from a previous method devised in the early sixties by Wheeler and his collaborators [27, 267]. Contrary to the methods exposed here, the thin sandwich method was not based on a conformal decomposition: it considered the constraint equations (8.1)-(8.2) as a system to be solved for the lapse $N$ and the shift vector $\boldsymbol{\beta}$, given the metric $\boldsymbol{\gamma}$ and its time derivative. The extrinsic curvature which appears in (8.1)-(8.2) was then considered as the function of $\gamma, \partial \gamma / \partial t, N$ and $\boldsymbol{\beta}$ given by Eq. (4.63). However, this method does not work in general [38]. On the contrary the conformal thin sandwich method introduced by York [278] and exposed above was shown to work [91].

As for the conformal transverse-traceless method treated in Sec. 8.2, on CMC hypersurfaces, Eq. (8.93) decouples from Eq. (8.92) and becomes an elliptic linear equation for $\boldsymbol{\beta}$.

### 8.3.2 Extended conformal thin sandwich method

An input of the above method is the conformal lapse $\tilde{N}$. Considering the astrophysical problem stated in Sec. 8.1.1, it is not clear how to pick a relevant value for $\tilde{N}$. Instead of choosing an arbitrary value, Pfeiffer and York [202] have suggested to compute $\tilde{N}$ from the Einstein equation giving the time derivative of the trace $K$ of the extrinsic curvature, i.e. Eq. (6.107):

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) K=-\Psi^{-4}\left(\tilde{D}_{i} \tilde{D}^{i} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} N\right)+N\left[4 \pi(E+S)+\tilde{A}_{i j} \tilde{A}^{i j}+\frac{K^{2}}{3}\right] . \tag{8.94}
\end{equation*}
$$

This amounts to add this equation to the initial data system. More precisely, Pfeiffer and York [202] suggested to combine Eq. (8.94) with the Hamiltonian constraint to get an equation involving the quantity $N \Psi=\tilde{N} \Psi^{7}$ and containing no scalar products of gradients as the $\tilde{D}_{i} \ln \Psi \tilde{D}^{i} N$ term in Eq. (8.94), thanks to the identity

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} N=\Psi^{-1}\left[\tilde{D}_{i} \tilde{D}^{i}(N \Psi)+N \tilde{D}_{i} \tilde{D}^{i} \Psi\right] . \tag{8.95}
\end{equation*}
$$

Expressing the left-hand side of the above equation in terms of Eq. (8.94) and substituting $\tilde{D}_{i} \tilde{D}^{i} \Psi$ in the right-hand side by its expression deduced from Eq. (8.92), we get
$\tilde{D}_{i} \tilde{D}^{i}\left(\tilde{N} \Psi^{7}\right)-\left(\tilde{N} \Psi^{7}\right)\left[\frac{1}{8} \tilde{R}+\frac{5}{12} K^{2} \Psi^{4}+\frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-8}+2 \pi(\tilde{E}+2 \tilde{S}) \Psi^{-4}\right]+\left(\dot{K}-\beta^{i} \tilde{D}_{i} K\right) \Psi^{5}=0$,
where we have used the short-hand notation

$$
\dot{K}:=\frac{\partial K}{\partial t}
$$

and have set

$$
\begin{equation*}
\tilde{S}:=\Psi^{8} S \tag{8.98}
\end{equation*}
$$

Adding Eq. (8.96) to Eqs. (8.92) and (8.93), the initial data system becomes

$$
\begin{array}{|l}
\hline \tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{\tilde{R}}{8} \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+2 \pi \tilde{E} \Psi^{-3}-\frac{K^{2}}{12} \Psi^{5}=0 \\
\hline \tilde{D}_{j}\left(\frac{1}{\tilde{N}}(\tilde{L} \beta)^{i j}\right)+\tilde{D}_{j}\left(\frac{1}{\tilde{N}} \dot{\tilde{\gamma}}^{i j}\right)-\frac{4}{3} \Psi^{6} \tilde{D}^{i} K=16 \pi \tilde{p}^{i}  \tag{8.100}\\
\hline
\end{array}
$$

$$
\begin{gather*}
\tilde{D}_{i} \tilde{D}^{i}\left(\tilde{N} \Psi^{7}\right)-\left(\tilde{N} \Psi^{7}\right)\left[\frac{\tilde{R}}{8}+\frac{5}{12} K^{2} \Psi^{4}+\frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-8}+2 \pi(\tilde{E}+2 \tilde{S}) \Psi^{-4}\right]  \tag{8.101}\\
+\left(\dot{K}-\beta^{i} \tilde{D}_{i} K\right) \Psi^{5}=0
\end{gather*}
$$

where $\hat{A}^{i j}$ is the function of $\tilde{N}, \beta^{i}, \tilde{\gamma}_{i j}$ and $\dot{\tilde{\gamma}}^{i j}$ defined by Eq. (8.90). Equations (8.99)-(8.101) constitute the extended conformal thin sandwich (XCTS) system for the initial data problem. The free data are the conformal metric $\tilde{\boldsymbol{\gamma}}$, its coordinate time derivative $\dot{\tilde{\gamma}}$, the extrinsic curvature trace $K$, its coordinate time derivative $\dot{K}$, and the rescaled matter variables $\tilde{E}, \tilde{S}$ and $\tilde{p}^{i}$. The constrained data are the conformal factor $\Psi$, the conformal lapse $\tilde{N}$ and the shift vector $\beta$.

Remark : The XCTS system (8.99)-(8.101) is a coupled system. Contrary to the CTT system (8.20)-(8.21), the assumption of constant mean curvature, and in particular of maximal slicing, does not allow to decouple it.

### 8.3.3 XCTS at work: static black hole example

Let us illustrate the extended conformal thin sandwich method on a simple example. Take for the hypersurface $\Sigma_{0}$ the punctured manifold considered in Sec. 8.2.6, namely

$$
\begin{equation*}
\Sigma_{0}=\mathbb{R}^{3} \backslash\{O\} \tag{8.102}
\end{equation*}
$$

For the free data, let us perform the simplest choice:

$$
\begin{equation*}
\tilde{\gamma}_{i j}=f_{i j}, \quad \dot{\tilde{\gamma}}^{i j}=0, \quad K=0, \quad \dot{K}=0, \quad \tilde{E}=0, \quad \tilde{S}=0, \quad \text { and } \quad \tilde{p}^{i}=0, \tag{8.103}
\end{equation*}
$$

i.e. we are searching for vacuum initial data on a maximal and conformally flat hypersurface with all the freely specifiable time derivatives set to zero. Thanks to (8.103), the XCTS system (8.99)-(8.101) reduces to

$$
\begin{align*}
& \Delta \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}=0  \tag{8.104}\\
& \mathcal{D}_{j}\left(\frac{1}{\tilde{N}}(L \beta)^{i j}\right)=0  \tag{8.105}\\
& \Delta\left(\tilde{N} \Psi^{7}\right)-\frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-1} \tilde{N}=0 \tag{8.106}
\end{align*}
$$

Aiming at finding the simplest solution, we notice that

$$
\begin{equation*}
\boldsymbol{\beta}=0 \tag{8.107}
\end{equation*}
$$

is a solution of Eq. (8.105). Together with $\dot{\dot{\gamma}}^{i j}=0$, it leads to [cf. Eq. (8.90)]

$$
\begin{equation*}
\hat{A}^{i j}=0 . \tag{8.108}
\end{equation*}
$$

The system (8.104)-(8.106) reduces then further:

$$
\begin{align*}
& \Delta \Psi=0  \tag{8.109}\\
& \Delta\left(\tilde{N} \Psi^{7}\right)=0 . \tag{8.110}
\end{align*}
$$

Hence we have only two Laplace equations to solve. Moreover Eq. (8.109) decouples from Eq. (8.110). For simplicity, let us assume spherical symmetry around the puncture $O$. We introduce an adapted spherical coordinate system $\left(x^{i}\right)=(r, \theta, \varphi)$ on $\Sigma_{0}$. The puncture $O$ is then at $r=0$. The simplest non-trivial solution of (8.109) which obeys the asymptotic flatness condition $\Psi \rightarrow 1$ as $r \rightarrow+\infty$ is

$$
\begin{equation*}
\Psi=1+\frac{m}{2 r}, \tag{8.111}
\end{equation*}
$$

where as in Sec. 8.2.5, the constant $m$ is the ADM mass of $\Sigma_{0}[c f$. Eq. (8.61)]. Notice that since $r=0$ is excluded from $\Sigma_{0}, \Psi$ is a perfectly regular solution on the entire manifold $\Sigma_{0}$. Let us
recall that the Riemannian manifold $\left(\Sigma_{0}, \gamma\right)$ corresponding to this value of $\Psi$ via $\gamma=\Psi^{4} \boldsymbol{f}$ is the Riemannian manifold denoted $\left(\Sigma_{0}^{\prime}, \gamma\right)$ in Sec. 8.2.5 and depicted in Fig. 8.3. In particular it has two asymptotically flat ends: $r \rightarrow+\infty$ and $r \rightarrow 0$ (the puncture).

As for Eq. (8.109), the simplest solution of Eq. (8.110) obeying the asymptotic flatness requirement $\tilde{N} \Psi^{7} \rightarrow 1$ as $r \rightarrow+\infty$ is

$$
\begin{equation*}
\tilde{N} \Psi^{7}=1+\frac{a}{r} \tag{8.112}
\end{equation*}
$$

where $a$ is some constant. Let us determine $a$ from the value of the lapse function at the second asymptotically flat end $r \rightarrow 0$. The lapse being related to $\tilde{N}$ via Eq. (8.91), Eq. (8.112) is equivalent to

$$
\begin{equation*}
N=\left(1+\frac{a}{r}\right) \Psi^{-1}=\left(1+\frac{a}{r}\right)\left(1+\frac{m}{2 r}\right)^{-1}=\frac{r+a}{r+m / 2} \tag{8.113}
\end{equation*}
$$

Hence

$$
\begin{equation*}
\lim _{r \rightarrow 0} N=\frac{2 a}{m} \tag{8.114}
\end{equation*}
$$

There are two natural choices for $\lim _{r \rightarrow 0} N$. The first one is

$$
\begin{equation*}
\lim _{r \rightarrow 0} N=1 \tag{8.115}
\end{equation*}
$$

yielding $a=m / 2$. Then, from Eq. (8.113) $N=1$ everywhere on $\Sigma_{0}$. This value of $N$ corresponds to a geodesic slicing (cf. Sec. 4.4.2). The second choice is

$$
\begin{equation*}
\lim _{r \rightarrow 0} N=-1 \tag{8.116}
\end{equation*}
$$

This choice is compatible with asymptotic flatness: it simply means that the coordinate time $t$ is running "backward" near the asymptotic flat end $r \rightarrow 0$. This contradicts the assumption $N>0$ in the definition of the lapse function given in Sec. 3.3.1. However, we shall generalize here the definition of the lapse to allow for negative values: whereas the unit vector $\boldsymbol{n}$ is always future-oriented, the scalar field $t$ is allowed to decrease towards the future. Such a situation has already been encountered for the part of the slices $t=$ const located on the left side of Fig. 8.4. Once reported into Eq. (8.114), the choice (8.116) yields $a=-m / 2$, so that

$$
\begin{equation*}
N=\left(1-\frac{m}{2 r}\right)\left(1+\frac{m}{2 r}\right)^{-1} \tag{8.117}
\end{equation*}
$$

Gathering relations (8.107), (8.111) and (8.117), we arrive at the following expression of the spacetime metric components:

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-\left(\frac{1-\frac{m}{2 r}}{1+\frac{m}{2 r}}\right)^{2} d t^{2}+\left(1+\frac{m}{2 r}\right)^{4}\left[d r^{2}+r^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right)\right] \tag{8.118}
\end{equation*}
$$

We recognize the line element of Schwarzschild spacetime in isotropic coordinates [cf. Eq. (6.24)]. Hence we recover the same initial data as in Sec. 8.2.5 and depicted in Figs. 8.3 and 8.4. The bonus is that we have the complete expression of the metric $\boldsymbol{g}$ on $\Sigma_{0}$, and not only the induced metric $\gamma$.

Remark : The choices (8.115) and (8.116) for the asymptotic value of the lapse both lead to a momentarily static initial slice in Schwarzschild spacetime. The difference is that the time development corresponding to choice (8.115) (geodesic slicing) will depend on $t$, whereas the time development corresponding to choice (8.116) will not, since in the latter case $t$ coincides with the standard Schwarzschild time coordinate, which makes $\boldsymbol{\partial}_{t}$ a Killing vector.

### 8.3.4 Uniqueness of solutions

Recently, Pfeiffer and York [203] have exhibited a choice of vacuum free data $\left(\tilde{\gamma}_{i j}, \dot{\tilde{\gamma}}^{i j}, K, \dot{K}\right)$ for which the solution $\left(\Psi, \tilde{N}, \beta^{i}\right)$ to the XCTS system (8.99)-(8.101) is not unique (actually two solutions are found). The conformal metric $\tilde{\gamma}$ is the flat metric plus a linearized quadrupolar gravitational wave, as obtained by Teukolsky [256], with a tunable amplitude. $\dot{\tilde{\gamma}}^{i j}$ corresponds to the time derivative of this wave, and both $K$ and $\dot{K}$ are chosen to zero. On the contrary, for the same free data, with $\dot{K}=0$ substituted by $\tilde{N}=1$, Pfeiffer and York have shown that the original conformal thin sandwich method as described in Sec. 8.3.1 leads to a unique solution (or no solution at all if the amplitude of the wave is two large).

Baumgarte, Ó Murchadha and Pfeiffer [46] have argued that the lack of uniqueness for the XCTS system may be due to the term

$$
\begin{equation*}
-\left(\tilde{N} \Psi^{7}\right) \frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-8}=-\frac{7}{32} \Psi^{6} \tilde{\gamma}_{i k} \tilde{\gamma}_{j l}\left[\dot{\tilde{\gamma}}^{i j}+(\tilde{L} \beta)^{i j}\right]\left[\dot{\tilde{\gamma}}^{k l}+(\tilde{L} \beta)^{k l}\right]\left(\tilde{N} \Psi^{7}\right)^{-1} \tag{8.119}
\end{equation*}
$$

in Eq. (8.101). Indeed, if we proceed as for the analysis of Lichnerowicz equation in Sec. 8.2.4, we notice that this term, with the minus sign and the negative power of $\left(\tilde{N} \Psi^{7}\right)^{-1}$, makes the linearization of Eq. (8.101) of the type $\tilde{D}_{i} \tilde{D}^{i} \epsilon+\alpha \epsilon=\sigma$, with $\alpha>0$. This "wrong" sign of $\alpha$ prevents the application of the maximum principle to guarantee the uniqueness of the solution.

The non-uniqueness of solution of the XCTS system for certain choice of free data has been confirmed by Walsh [266] by means of bifurcation theory.

### 8.3.5 Comparing CTT, CTS and XCTS

The conformal transverse traceless (CTT) method exposed in Sec. 8.2 and the (extended) conformal thin sandwich (XCTS) method considered here differ by the choice of free data: whereas both methods use the conformal metric $\tilde{\gamma}$ and the trace of the extrinsic curvature $K$ as free data, CTT employs in addition $\hat{A}_{\mathrm{TT}}^{i j}$, whereas for CTS (resp. XCTS) the additional free data is $\dot{\tilde{\gamma}}^{i j}$, as well as $\tilde{N}$ (resp. $\dot{K}$ ). Since $\hat{A}_{\mathrm{TT}}^{i j}$ is directly related to the extrinsic curvature and the latter is linked to the canonical momentum of the gravitational field in the Hamiltonian formulation of general relativity (cf. Sec. 4.5), the CTT method can be considered as the approach to the initial data problem in the Hamiltonian representation. On the other side, $\dot{\tilde{\gamma}}^{i j}$ being the "velocity" of $\tilde{\gamma}^{i j}$, the (X)CTS method constitutes the approach in the Lagrangian representation [279].

Remark : The $(X)$ CTS method assumes that the conformal metric is unimodular: $\operatorname{det}\left(\tilde{\gamma}_{i j}\right)=f$ [Eq. (6.19)] (since Eq. (8.90) follows from this assumption), whereas the CTT method can be applied with any conformal metric.


Figure 8.5: Action of the helical symmetry group, with Killing vector $\boldsymbol{\ell} . \chi_{\tau}(P)$ is the displacement of the point $P$ by the member of the symmetry group of parameter $\tau . N$ and $\boldsymbol{\beta}$ are respectively the lapse function and the shift vector associated with coordinates adapted to the symmetry, i.e. coordinates $\left(t, x^{i}\right)$ such that $\partial_{t}=\ell$.

The advantage of CTT is that its mathematical theory is well developed, yielding existence and uniqueness theorems, at least for constant mean curvature (CMC) slices. The mathematical theory of CTS is very close to CTT. In particular, the momentum constraint decouples from the Hamiltonian constraint on CMC slices. On the contrary, XCTS has a much more involved mathematical structure. In particular the CMC condition does not yield to any decoupling. The advantage of XCTS is then to be better suited to the description of quasi-stationary spacetimes, since $\dot{\tilde{\gamma}}^{i j}=0$ and $\dot{K}=0$ are necessary conditions for $\partial_{t}$ to be a Killing vector. This makes XCTS the method to be used in order to prepare initial data in quasi-equilibrium. For instance, it has been shown [149, 104] that XCTS yields orbiting binary black hole configurations in much better agreement with post-Newtonian computations than the CTT treatment based on a superposition of two Bowen-York solutions.

A detailed comparison of CTT and XCTS for a single spinning or boosted black hole has been performed by Laguna [173].

### 8.4 Initial data for binary systems

A major topic of contemporary numerical relativity is the computation of the merger of a binary system of black holes or neutron stars, for such systems are among the most promising sources of gravitational radiation for the interferometric detectors either groundbased (LIGO, VIRGO, GEO600, TAMA) or in space (LISA). The problem of preparing initial data for these systems has therefore received a lot of attention in the past decade.

### 8.4.1 Helical symmetry

Due to the gravitational-radiation reaction, a relativistic binary system has an inspiral motion, leading to the merger of the two components. However, when the two bodies are are sufficiently far apart, one may approximate the spiraling orbits by closed ones. Moreover, it is well known that gravitational radiation circularizes the orbits very efficiently, at least for comparable mass systems [57]. We may then consider that the motion is described by a sequence of closed circular orbits.

The geometrical translation of this physical assumption is that the spacetime $(\mathcal{M}, \boldsymbol{g})$ is endowed with some symmetry, called helical symmetry. Indeed exactly circular orbits imply the existence of a one-parameter symmetry group such that the associated Killing vector $\boldsymbol{\ell}$ obeys the following properties [132]: (i) $\boldsymbol{\ell}$ is timelike near the system, (ii) far from it, $\boldsymbol{\ell}$ is spacelike but there exists a smaller number $T>0$ such that the separation between any point $P$ and its image $\chi_{T}(P)$ under the symmetry group is timelike (cf. Fig. 8.5). $\ell$ is called a helical Killing vector, its field lines in a spacetime diagram being helices (cf. Fig. 8.5).

Helical symmetry is exact in theories of gravity where gravitational radiation does not exist, namely:

- in Newtonian gravity,
- in post-Newtonian gravity, up to the second order,
- in the Isenberg-Wilson-Mathews approximation to general relativity discussed in Sec. 6.6.

Moreover helical symmetry can be exact in full general relativity for a non-axisymmetric system (such as a binary) with standing gravitational waves [110]. But notice that a spacetime with helical symmetry and standing gravitational waves cannot be asymptotically flat [141].

To treat helically symmetric spacetimes, it is natural to choose coordinates $\left(t, x^{i}\right)$ that are adapted to the symmetry, i.e. such that

$$
\begin{equation*}
\partial_{t}=\ell \tag{8.120}
\end{equation*}
$$

Then all the fields are independent of the coordinate $t$. In particular,

$$
\begin{equation*}
\dot{\tilde{\gamma}}^{i j}=0 \quad \text { and } \quad \dot{K}=0 . \tag{8.121}
\end{equation*}
$$

If we employ the XCTS formalism to compute initial data, we therefore get some definite prescription for the free data $\dot{\tilde{\gamma}}^{i j}$ and $\dot{K}$. On the contrary, the requirements (8.121) do not have any immediate translation in the CTT formalism.

Remark : Helical symmetry can also be usefull to treat binary black holes outside the scope of the $3+1$ formalism, as shown by Klein [170], who developed a quotient space formalism to reduce the problem to a three dimensional $\mathrm{SL}(2, \mathbb{R}) / \mathrm{SO}(1,1)$ sigma model.

Taking into account (8.121) and choosing maximal slicing ( $K=0$ ), the XCTS system (8.99)(8.101) becomes

$$
\begin{equation*}
\tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{\tilde{R}}{8} \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+2 \pi \tilde{E} \Psi^{-3}=0 \tag{8.122}
\end{equation*}
$$

$$
\begin{align*}
& \tilde{D}_{j}\left(\frac{1}{\tilde{N}}(\tilde{L} \beta)^{i j}\right)-16 \pi \tilde{p}^{i}=0  \tag{8.123}\\
& \tilde{D}_{i} \tilde{D}^{i}\left(\tilde{N} \Psi^{7}\right)-\left(\tilde{N} \Psi^{7}\right)\left[\frac{\tilde{R}}{8}+\frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-8}+2 \pi(\tilde{E}+2 \tilde{S}) \Psi^{-4}\right]=0 \tag{8.124}
\end{align*}
$$

where [cf. Eq. (8.90)]

$$
\begin{equation*}
\hat{A}^{i j}=\frac{1}{2 \tilde{N}}(\tilde{L} \beta)^{i j} \tag{8.125}
\end{equation*}
$$

### 8.4.2 Helical symmetry and IWM approximation

If we choose, as part of the free data, the conformal metric to be flat,

$$
\begin{equation*}
\tilde{\gamma}_{i j}=f_{i j} \tag{8.126}
\end{equation*}
$$

then the helically symmetric XCTS system (8.122)-(8.124) reduces to

$$
\begin{align*}
& \Delta \Psi+\frac{1}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-7}+2 \pi \tilde{E} \Psi^{-3}=0  \tag{8.127}\\
& \Delta \beta^{i}+\frac{1}{3} \mathcal{D}^{i} \mathcal{D}_{j} \beta^{j}-(L \beta)^{i j} \mathcal{D}_{j} \ln \tilde{N}=16 \pi \tilde{N} \tilde{p}^{i}  \tag{8.128}\\
& \Delta\left(\tilde{N} \Psi^{7}\right)-\left(\tilde{N} \Psi^{7}\right)\left[\frac{7}{8} \hat{A}_{i j} \hat{A}^{i j} \Psi^{-8}+2 \pi(\tilde{E}+2 \tilde{S}) \Psi^{-4}\right]=0 \tag{8.129}
\end{align*}
$$

where

$$
\begin{equation*}
\hat{A}^{i j}=\frac{1}{2 \tilde{N}}(L \beta)^{i j} \tag{8.130}
\end{equation*}
$$

and $\mathcal{D}$ is the connection associated with the flat metric $f, \Delta:=\mathcal{D}_{i} \mathcal{D}^{i}$ is the flat Laplacian [Eq. (8.41)], and $(L \beta)^{i j}:=\mathcal{D}^{i} \beta^{j}+\mathcal{D}^{j} \beta^{i}-\frac{2}{3} \mathcal{D}_{k} \beta^{k} f^{i j}$ [Eq. (6.126)].

We remark that the system (8.127)-(8.129) is identical to the Isenberg-Wilson-Mathews (IWM) system (6.129)-(6.131) presented in Sec. 6.6: given that $\tilde{E}=\Psi^{8} E, \tilde{p}^{i}=\Psi^{10} p^{i}, \tilde{N}=$ $\Psi^{-6} N, \hat{A}^{i j}=\Psi^{6} \tilde{A}^{i j}$ and $\hat{A}_{i j} \hat{A}^{i j}=\Psi^{12} \tilde{A}_{i j} \tilde{A}^{i j}$, Eq. (8.127) coincides with Eq. (6.130), Eq. (8.128) coincides with Eq. (6.131) and Eq. (8.129) is a combination of Eqs. (6.129) and (6.130). Hence, within helical symmetry, the XCTS system with the choice $K=0$ and $\tilde{\gamma}=\boldsymbol{f}$ is equivalent to the IWM system.

Remark : Contrary to IWM, XCTS is not some approximation to general relativity: it provides exact initial data. The only thing that may be questioned is the astrophysical relevance of the XCTS data with $\tilde{\gamma}=\boldsymbol{f}$.

### 8.4.3 Initial data for orbiting binary black holes

The concept of helical symmetry for generating orbiting binary black hole initial data has been introduced in 2002 by Gourgoulhon, Grandclément and Bonazzola [144, 149]. The system of equations that these authors have derived is equivalent to the XCTS system with $\tilde{\gamma}=f$, their work being previous to the formulation of the XCTS method by Pfeiffer and York (2003) [202].

Since then other groups have combined XCTS with helical symmetry to compute binary black hole initial data $[95,18,19,83]$. Since all these studies are using a flat conformal metric [choice (8.126)], the PDE system to be solved is (8.127)-(8.129), with the additional simplification $\tilde{E}=0$ and $\tilde{p}^{i}=0$ (vacuum). The initial data manifold $\Sigma_{0}$ is chosen to be $\mathbb{R}^{3}$ minus two balls:

$$
\begin{equation*}
\Sigma_{0}=\mathbb{R}^{3} \backslash\left(\mathcal{B}_{1} \cup \mathcal{B}_{2}\right) \tag{8.131}
\end{equation*}
$$

In addition to the asymptotic flatness conditions, some boundary conditions must be provided on the surfaces $\mathcal{S}_{1}$ and $\mathcal{S}_{2}$ of $\mathcal{B}_{1}$ and $\mathcal{B}_{2}$. One choose boundary conditions corresponding to a non-expanding horizon, since this concept characterizes black holes in equilibrium. We shall not detail these boundary conditions here; they can be found in Refs. [95, 146]. The condition of nonexpanding horizon provides 3 among the 5 required boundary conditions [for the 5 components $\left.\left(\Psi, \tilde{N}, \beta^{i}\right)\right]$. The two remaining boundary conditions are given by (i) the choice of the foliation (choice of the value of $N$ at $\mathcal{S}_{1}$ and $\mathcal{S}_{2}$ ) and (ii) the choice of the rotation state of each black hole ("individual spin"), as explained in Ref. [83].

Numerical codes for solving the above system have been constructed by

- Grandclément, Gourgoulhon and Bonazzola (2002) [149] for corotating binary black holes;
- Cook, Pfeiffer, Caudill and Grigsby $(2004,2006)[95,83]$ for corotating and irrotational binary black holes;
- Ansorg $(2005,2007)[18,19]$ for corotating binary black holes.

Detailed comparisons with post-Newtonian initial data (either from the standard post-Newtonian formalism [56] or from the Effective One-Body approach [71, 102]) have revealed a very good agreement, as shown in Refs. [104, 83].

An alternative to (8.131) for the initial data manifold would be to consider the twicepunctured $\mathbb{R}^{3}$ :

$$
\begin{equation*}
\Sigma_{0}=\mathbb{R}^{3} \backslash\left\{O_{1}, O_{2}\right\} \tag{8.132}
\end{equation*}
$$

where $O_{1}$ and $O_{2}$ are two points of $\mathbb{R}^{3}$. This would constitute some extension to the two bodies case of the punctured initial data discussed in Sec. 8.3.3. However, as shown by Hannam, Evans, Cook and Baumgarte in 2003 [154], it is not possible to find a solution of the helically symmetric XCTS system with a regular lapse in this case ${ }^{2}$. For this reason, initial data based on the puncture manifold (8.132) are computed within the CTT framework discussed in Sec. 8.2. As already mentioned, there is no natural way to implement helical symmetry in this framework. One instead selects the free data $\hat{A}_{\mathrm{TT}}^{i j}$ to vanish identically, as in the single black hole case treated in Secs. 8.2.5 and 8.2.6. Then

$$
\begin{equation*}
\hat{A}^{i j}=(\tilde{L} X)^{i j} . \tag{8.133}
\end{equation*}
$$

The vector $\boldsymbol{X}$ must obey Eq. (8.40), which arises from the momentum constraint. Since this equation is linear, one may choose for $\boldsymbol{X}$ a linear superposition of two Bowen-York solutions (Sec. 8.2.6):

$$
\begin{equation*}
\boldsymbol{X}=\boldsymbol{X}_{\left(\boldsymbol{P}^{(1)}, \boldsymbol{S}^{(1)}\right)}+\boldsymbol{X}_{\left(\boldsymbol{P}^{(2)}, \boldsymbol{S}^{(2)}\right)} \tag{8.134}
\end{equation*}
$$

[^17]where $\boldsymbol{X}_{\left(\boldsymbol{P}^{(a)}, \boldsymbol{S}^{(a)}\right)}(a=1,2)$ is the Bowen-York solution (8.69) centered on $O_{a}$. This method has been first implemented by Baumgarte in 2000 [40]. It has been since then used by Baker, Campanelli, Lousto and Takashi (2002) [31] and Ansorg, Brügmann and Tichy (2004) [20]. The initial data hence obtained are closed from helically symmetric XCTS initial data at large separation but deviate significantly from them, as well as from post-Newtonian initial data, when the two black holes are very close. This means that the Bowen-York extrinsic curvature is bad for close binary systems in quasi-equilibrium (see discussion in Ref. [104]).
Remark : Despite of this, CTT Bowen-York configurations have been used as initial data for the recent binary black hole inspiral and merger computations by Baker et al. [32, 33, 264] and Campanelli et al. [73, '74, 75, '76]. Fortunately, these initial data had a relative large separation, so that they differed only slightly from the helically symmetric XCTS ones.

Instead of choosing somewhat arbitrarily the free data of the CTT and XCTS methods, notably setting $\tilde{\gamma}=f$, one may deduce them from post-Newtonian results. This has been done for the binary black hole problem by Tichy, Brügmann, Campanelli and Diener (2003) [259], who have used the CTT method with the free data ( $\tilde{\gamma}_{i j}, \hat{A}_{\mathrm{TT}}^{i j}$ ) given by the second order postNewtonian (2PN) metric. In the same spirit, Nissanke (2006) [195] has provided 2PN free data for both the CTT and XCTS methods.

### 8.4.4 Initial data for orbiting binary neutron stars

For computing initial data corresponding to orbiting binary neutron stars, one must solve equations for the fluid motion in addition to the Einstein constraints. Basically this amounts to solving $\overrightarrow{\boldsymbol{\nabla}} \cdot \boldsymbol{T}=0$ [Eq. (5.1)] in the context of helical symmetry. One can then show that a first integral of motion exists in two cases: (i) the stars are corotating, i.e. the fluid 4 -velocity is colinear to the helical Killing vector (rigid motion), (ii) the stars are irrotational, i.e. the fluid vorticity vanishes. The most straightforward way to get the first integral of motion is by means of the Carter-Lichnerowicz formulation of relativistic hydrodynamics, as shown in Sec. 7 of Ref. [143]. Other derivations have been obtained in 1998 by Teukolsky [257] and Shibata [223].

From the astrophysical point of view, the irrotational motion is much more interesting than the corotating one, because the viscosity of neutron star matter is far too low to ensure the synchronization of the stellar spins with the orbital motion. On the other side, the irrotational state is a very good approximation for neutron stars that are not millisecond rotators. Indeed, for these stars the spin frequency is much lower than the orbital frequency at the late stages of the inspiral and thus can be neglected.

The first initial data for binary neutron stars on circular orbits have been computed by Baumgarte, Cook, Scheel, Shapiro and Teukolsky in 1997 [41, 42] in the corotating case, and by Bonazzola, Gourgoulhon and Marck in 1999 [64] in the irrotational case. These results were based on a polytropic equation of state. Since then configurations in the irrotational regime have been obtained

- for a polytropic equation of state $[183,261,262,145,254,255]$;
- for nuclear matter equations of state issued from recent nuclear physics computations [51, 197];
- for strange quark matter $[198,179]$.

All these computation are based on a flat conformal metric [choice (8.126)], by solving the helically symmetric XCTS system (8.127)-(8.129), supplemented by an elliptic equation for the velocity potential. Only very recently, configurations based on a non flat conformal metric have been obtained by Uryu, Limousin, Friedman, Gourgoulhon and Shibata [263]. The conformal metric is then deduced from a waveless approximation developed by Shibata, Uryu and Friedman [241] and which goes beyond the IWM approximation.

### 8.4.5 Initial data for black hole - neutron star binaries

Let us mention briefly that initial data for a mixed binary system, i.e. a system composed of a black hole and a neutron star, have been obtained very recently by Grandclément [147] and Taniguchi, Baumgarte, Faber and Shapiro [252, 253]. Codes aiming at computing such systems have also been presented by Ansorg [19] and Tsokaros and Uryu [260].

## Chapter 9

# Choice of foliation and spatial coordinates 

## Contents

9.1 Introduction ..... 151
9.2 Choice of foliation ..... 152
9.3 Evolution of spatial coordinates ..... 162
9.4 Full spatial coordinate-fixing choices ..... 173

### 9.1 Introduction

Having investigated the initial data problem in the preceding chapter, the next logical step is to discuss the evolution problem, i.e. the development $\left(\Sigma_{t}, \gamma\right)$ of initial data $\left(\Sigma_{0}, \gamma, \boldsymbol{K}\right)$. This constitutes the integration of the Cauchy problem introduced in Sec. 4.4. As discussed in Sec. 4.4.1, a key feature of this problem is the freedom of choice for the lapse function $N$ and the shift vector $\boldsymbol{\beta}$, reflecting respectively the choice of foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ and the choice of coordinates $\left(x^{i}\right)$ on each leaf $\Sigma_{t}$ of the foliation. These choices are crucial because they determine the specific form of the $3+1$ Einstein system (4.63)-(4.66) that one has actually to deal with. In particular, depending of the choice of $(N, \boldsymbol{\beta})$, this system can be made more hyperbolic or more elliptic.

Extensive discussions about the various possible choices of foliations and spatial coordinates can be found in the seminal articles by Smarr and York [247, 276] as well as in the review articles by Alcubierre [5], Baumgarte and Shapiro [44], and Lehner [174].

### 9.2 Choice of foliation

### 9.2.1 Geodesic slicing

The simplest choice of foliation one might think about is the geodesic slicing, for it corresponds to a unit lapse:

$$
\begin{equation*}
N=1 \text {. } \tag{9.1}
\end{equation*}
$$

Since the 4 -acceleration $\boldsymbol{a}$ of the Eulerian observers is nothing but the spatial gradient of $\ln N$ [cf. Eq. (3.18)], the choice (9.1) implies $\boldsymbol{a}=0$, i.e. the worldlines of the Eulerian observers are geodesics, hence the name geodesic slicing. Moreover the choice (9.1) implies that the proper time along these worldlines coincides with the coordinate time $t$.

We have already used the geodesic slicing to discuss the basics feature of the 3+1 Einstein system in Sec. 4.4.2. We have also argued there that, due to the tendency of timelike geodesics without vorticity (as the worldlines of the Eulerian observers are) to focus and eventually cross, this type of foliation can become pathological within a finite range of $t$.

Example : A simple example of geodesic slicing is provided by the use of Painlevé-Gullstrand coordinates $(t, R, \theta, \varphi)$ in Schwarzschild spacetime (see e.g. Ref. [185]). These coordinates are defined as follows: $R$ is nothing but the standard Schwarzschild radial coordinate ${ }^{1}$, whereas the Painlevé-Gullstrand coordinate t is related to the Schwarzschild time coordinate $t_{\mathrm{S}} b y$

$$
\begin{equation*}
t=t_{\mathrm{S}}+4 m\left(\sqrt{\frac{R}{2 m}}+\frac{1}{2} \ln \left|\frac{\sqrt{R / 2 m}-1}{\sqrt{R / 2 m}+1}\right|\right) \tag{9.2}
\end{equation*}
$$

The metric components with respect to Painlevé-Gullstrand coordinates are extremely simple, being given by

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-d t^{2}+\left(d R+\sqrt{\frac{2 m}{R}} d t\right)^{2}+R^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right) . \tag{9.3}
\end{equation*}
$$

By comparing with the general line element (4.48), we read on the above expression that $N=1, \beta^{i}=(\sqrt{2 m / R}, 0,0)$ and $\gamma_{i j}=\operatorname{diag}\left(1, R^{2}, R^{2} \sin ^{2} \theta\right)$. Thus the hypersurfaces $t=$ const are geodesic slices. Notice that the induced metric $\gamma$ is flat.

Example : Another example of geodesic slicing, still in Schwarzschild spacetime, is provided by the time development with $N=1$ of the initial data constructed in Secs. 8.2.5 and 8.3.3, namely the momentarily static slice $t_{\mathrm{S}}=0$ of Schwarzschild spacetime, with topology $\mathbb{R} \times \mathbb{S}^{2}$ (Einstein-Rosen bridge). The resulting foliation is depicted in Fig. 9.1. It hits the singularity at $t=\pi m$, reflecting the bad behavior of geodesic slicing.

In numerical relativity, geodesic slicings have been used by Nakamura, Oohara and Kojima to perform in 1987 the first 3D evolutions of vacuum spacetimes with gravitational waves [193]. However, as discussed in Ref. [233], the evolution was possible only for a pretty limited range of $t$, because of the focusing property mentioned above.

[^18]

Figure 9.1: Geodesic-slicing evolution from the initial slice $t=t_{\mathrm{S}}=0$ of Schwarzschild spacetime depicted in a Kruskal-Szekeres diagram. $R$ stands for Schwarzschild radial coordinate (areal radius), so that $R=0$ is the singularity and $R=2 m$ is the event horizon (figure adapted from Fig. 2a of [247]).

### 9.2.2 Maximal slicing

A very famous type of foliation is maximal slicing, already encountered in Sec. 6.6 and in Chap. 8, where it plays a great role in decoupling the constraint equations. The maximal slicing corresponds to the vanishing of the mean curvature of the hypersurfaces $\Sigma_{t}$ :

$$
\begin{equation*}
K=0 \text {. } \tag{9.4}
\end{equation*}
$$

The fact that this condition leads to hypersurfaces of maximal volume can be seen as follows. Consider some hypersurface $\Sigma_{0}$ and a closed two-dimensional surface $\mathcal{S}$ lying in $\Sigma_{0}$ (cf. Fig. 9.2). The volume of the domain $\mathcal{V}$ enclosed in $\mathcal{S}$ is

$$
\begin{equation*}
V=\int_{\mathcal{V}} \sqrt{\gamma} d^{3} x \tag{9.5}
\end{equation*}
$$

where $\gamma=\operatorname{det} \gamma_{i j}$ is the determinant of the metric $\gamma$ with respect to some coordinates ( $x^{i}$ ) used in $\Sigma_{t}$. Let us consider a small deformation $\mathcal{V}^{\prime}$ of $\mathcal{V}$ that keeps the boundary $\mathcal{S}$ fixed. $\mathcal{V}^{\prime}$ is generated by a small displacement along a vector field $\boldsymbol{v}$ of every point of $\mathcal{V}$, such that $\left.\boldsymbol{v}\right|_{\mathcal{S}}=0$. Without any loss of generality, we may consider that $\mathcal{V}^{\prime}$ lies in a hypersurface $\Sigma_{\delta t}$ that is a member of some "foliation" $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ such that $\Sigma_{t=0}=\Sigma_{0}$. The hypersurfaces $\Sigma_{t}$ intersect each other at $\mathcal{S}$, which violates condition (3.2) in the definition of a foliation given in Sec. 3.2.2, hence the quotes around the word "foliation". Let us consider a $3+1$ coordinate system ( $t, x^{i}$ ) associated with the "foliation" $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ and adapted to $\mathcal{S}$ in the sense that the position of $\mathcal{S}$ in


Figure 9.2: Deformation of a volume $\mathcal{V}$ delimited by the surface $\mathcal{S}$ in the hypersurface $\Sigma_{0}$.
these coordinates does not depend upon $t$. The vector $\partial_{t}$ associated to these coordinates is then related to the displacement vector $\boldsymbol{v}$ by

$$
\begin{equation*}
\boldsymbol{v}=\delta t \boldsymbol{\partial}_{t} \tag{9.6}
\end{equation*}
$$

Introducing the lapse function $N$ and shift vector $\boldsymbol{\beta}$ associated with the coordinates $\left(t, x^{i}\right)$, the above relation becomes [cf. Eq. (4.31)] $\boldsymbol{v}=\delta t(N \boldsymbol{n}+\boldsymbol{\beta})$. Accordingly, the condition $\left.\boldsymbol{v}\right|_{\mathcal{S}}=0$ implies

$$
\begin{equation*}
\left.N\right|_{\mathcal{S}}=0 \quad \text { and }\left.\quad \boldsymbol{\beta}\right|_{\mathcal{S}}=0 \tag{9.7}
\end{equation*}
$$

Let us define $V(t)$ as the volume of the domain $\mathcal{V}_{t}$ delimited by $\mathcal{S}$ in $\Sigma_{t}$. It is given by a formula identical to Eq. (9.5), except of course that the integration domain has to be replaced by $\mathcal{V}_{t}$. Moreover, the domains $\mathcal{V}_{t}$ lying at fixed values of the coordinates $\left(x^{i}\right)$, we have

$$
\begin{equation*}
\frac{d V}{d t}=\int_{\mathcal{V}_{t}} \frac{\partial \sqrt{\gamma}}{\partial t} d^{3} x . \tag{9.8}
\end{equation*}
$$

Now, contracting Eq. (4.63) with $\gamma^{i j}$ and using Eq. (4.62), we get

$$
\begin{equation*}
\gamma^{i j} \frac{\partial}{\partial t} \gamma_{i j}=-2 N K+2 D_{i} \beta^{i} . \tag{9.9}
\end{equation*}
$$

From the general rule (6.64) for the variation of a determinant,

$$
\begin{equation*}
\gamma^{i j} \frac{\partial}{\partial t} \gamma_{i j}=\frac{\partial}{\partial t}(\ln \gamma)=\frac{2}{\sqrt{\gamma}} \frac{\partial \sqrt{\gamma}}{\partial t}, \tag{9.10}
\end{equation*}
$$

so that Eq. (9.9) becomes

$$
\begin{equation*}
\frac{1}{\sqrt{\gamma}} \frac{\partial \sqrt{\gamma}}{\partial t}=-N K+D_{i} \beta^{i} \text {. } \tag{9.11}
\end{equation*}
$$

Let us use this relation to express Eq. (9.8) as

$$
\begin{equation*}
\frac{d V}{d t}=\int_{\mathcal{V}_{t}}\left[-N K+D_{i} \beta^{i}\right] \sqrt{\gamma} d^{3} x \tag{9.12}
\end{equation*}
$$

Now from the Gauss-Ostrogradsky theorem,

$$
\begin{equation*}
\int_{\mathcal{V}_{t}} D_{i} \beta^{i} \sqrt{\gamma} d^{3} x=\oint_{\mathcal{S}} \beta^{i} s_{i} \sqrt{q} d^{2} y \tag{9.13}
\end{equation*}
$$

where $\boldsymbol{s}$ is the unit normal to $\mathcal{S}$ lying in $\Sigma_{t}, \boldsymbol{q}$ is the induced metric on $\mathcal{S},\left(y^{a}\right)$ are coordinates on $\mathcal{S}$ and $q=\operatorname{det} q_{a b}$. Since $\boldsymbol{\beta}$ vanishes on $\mathcal{S}$ [property (9.7)], the above integral is identically zero and Eq. (9.12) reduces to

$$
\begin{equation*}
\frac{d V}{d t}=-\int_{\mathcal{V}_{t}} N K \sqrt{\gamma} d^{3} x \tag{9.14}
\end{equation*}
$$

We conclude that if $K=0$ on $\Sigma_{0}$, the volume $V$ enclosed in $\mathcal{S}$ is extremal with respect to variations of the domain delimited by $\mathcal{S}$, provided that the boundary of the domain remains $\mathcal{S}$. In the Euclidean space, such an extremum would define a minimal surface, the corresponding variation problem being a Plateau problem [named after the Belgian physicist Joseph Plateau (1801-1883)]: given a closed contour $\mathcal{S}$ (wire loop), find the surface $\mathcal{V}$ (soap film) of minimal area (minimal surface tension energy) bounded by $\mathcal{S}$. However, in the present case of a metric of Lorentzian signature, it can be shown that the extremum is actually a maximum, hence the name maximal slicing. For the same reason, a timelike geodesic between two points in spacetime is the curve of maximum length joining these two points.

Demanding that the maximal slicing condition (9.4) holds for all hypersurfaces $\Sigma_{t}$, once combined with the evolution equation (6.90) for $K$, yields the following elliptic equation for the lapse function:

$$
\begin{equation*}
D_{i} D^{i} N=N\left[4 \pi(E+S)+K_{i j} K^{i j}\right] \text {. } \tag{9.15}
\end{equation*}
$$

Remark : We have already noticed that at the Newtonian limit, Eq. (9.15) reduces to the Poisson equation for the gravitational potential $\Phi$ (cf. Sec. 6.5.1). Therefore the maximal slicing can be considered as a natural generalization to the relativistic case of the canonical slicing of Newtonian spacetime by hypersurfaces of constant absolute time. In this respect, let us notice that the "beyond Newtonian" approximation of general relativity constituted by the Isenberg-Wilson-Mathews approach discussed in Sec. 6.6 is also based on maximal slicing.

Example : In Schwarzschild spacetime, the standard Schwarzschild time coordinate $t$ defines maximal hypersurfaces $\Sigma_{t}$, which are spacelike for $R>2 m$ ( $R$ being Schwarzschild radial coordinate). Indeed these hypersurfaces are totally geodesic: $\boldsymbol{K}=0$ (cf. § 2.4.3), so that, in particular, $K=\operatorname{tr}_{\gamma} \boldsymbol{K}=0$. This maximal slicing is shown in Fig. 9.3. The corresponding lapse function expressed in terms of the isotropic radial coordinate $r$ is

$$
\begin{equation*}
N=\left(1-\frac{m}{2 r}\right)\left(1+\frac{m}{2 r}\right)^{-1} \tag{9.16}
\end{equation*}
$$

As shown in Sec. 8.3.3, the above expression can be derived by means of the XCTS formalism. Notice that the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$ does not penetrate under the event horizon $(R=2 m)$ and that the lapse is negative for $r<m / 2$ (cf. discussion in Sec. 8.3.3 about negative lapse values).


Figure 9.3: Kruskal-Szekeres diagram showing the maximal slicing of Schwarzschild spacetime defined by the standard Schwarzschild time coordinate $t$. As for Fig. 9.1, $R$ stands for Schwarzschild radial coordinate (areal radius), so that $R=0$ is the singularity and $R=2 m$ is the event horizon, whereas $r$ stands for the isotropic radial coordinate [cf. Eq. (8.118)].

Besides its nice geometrical definition, an interesting property of maximal slicing is the singularity avoidance. This is related to the fact that the set of the Eulerian observers of a maximal foliation define an incompressible flow: indeed, thanks to Eq. (2.77), the condition $K=0$ is equivalent to the incompressibility condition

$$
\begin{equation*}
\boldsymbol{\nabla} \cdot \boldsymbol{n}=0 \tag{9.17}
\end{equation*}
$$

for the 4 -velocity field $\boldsymbol{n}$ of the Eulerian observers. If we compare with the Eulerian observers of geodesic slicings (Sec. 9.2.1), who have the tendency to squeeze, we may say that maximalslicing Eulerian observers do not converge because they are accelerating $(\boldsymbol{D} N \neq 0)$ in order to balance the focusing effect of gravity. Loosely speaking, the incompressibility prevents the Eulerian observers from converging towards the central singularity if the latter forms during the time evolution. This is illustrated by the following example in Schwarzschild spacetime.

Example : Let us consider the time development of the initial data constructed in Secs. 8.2.5 and 8.3.3, namely the momentarily static slice $t_{\mathrm{S}}=0$ of Schwarzschild spacetime (with the Einstein-Rosen bridge). A first maximal slicing development of these initial data is that based on Schwarzschild time coordinate $t_{\mathrm{S}}$ and discussed above (Fig. 9.3). The corresponding lapse function is given by Eq. (9.16) and is antisymmetric about the minimal surface $r=m / 2$ (throat). There exists a second maximal-slicing development of the same initial data but with a lapse which is symmetric about the throat. It has been found in 1973 by Estabrook, Wahlquist, Christensen, DeWitt, Smarr and Tsiang [118], as well as Reinhart


Figure 9.4: Kruskal-Szekeres diagram depicting the maximal slicing of Schwarzschild spacetime defined by the Reinhart/Estabrook et al. time function $t$ [cf. Eq. (9.18)]. As for Figs. 9.1 and 9.3, $R$ stands for Schwarzschild radial coordinate (areal radius), so that $R=0$ is the singularity and $R=2 m$ is the event horizon, whereas $r$ stands for the isotropic radial coordinate. At the throat (minimal surface), $R=R_{C}$ where $R_{C}$ is the function of $t$ defined below Eq. (9.20) (figure adapted from Fig. 1 of Ref. [118]).
[211]. The corresponding time coordinate $t$ is different from Schwarzschild time coordinate $t_{\mathrm{S}}$, except for $t=0$ (initial slice $t_{\mathrm{S}}=0$ ). In the coordinates $\left(x^{\alpha}\right)=(t, R, \theta, \varphi)$, where $R$ is Schwarzschild radial coordinate, the metric components obtained by Estabrook et al. [118] (see also Refs. [50, 48, 210]) take the form

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-N^{2} d t^{2}+\left(1-\frac{2 m}{R}+\frac{C(t)^{2}}{R^{4}}\right)^{-1}\left(d R+\frac{C(t)}{R^{2}} N d t\right)^{2}+R^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right), \tag{9.18}
\end{equation*}
$$

where

$$
\begin{equation*}
N=N(R, t)=\sqrt{1-\frac{2 m}{R}+\frac{C(t)^{2}}{R^{4}}}\left\{1+\frac{d C}{d t} \int_{R}^{+\infty} \frac{x^{4} d x}{\left[x^{4}-2 m x^{3}+C(t)^{2}\right]^{3 / 2}}\right\}, \tag{9.19}
\end{equation*}
$$

and $C(t)$ is the function of $t$ defined implicitly by

$$
\begin{equation*}
t=-C \int_{R_{C}}^{+\infty} \frac{d x}{(1-2 m / x) \sqrt{x^{4}-2 m x^{3}+C^{2}}}, \tag{9.20}
\end{equation*}
$$

$R_{C}$ being the unique root of the polynomial $P_{C}(x):=x^{4}-2 m x^{3}+C^{2}$ in the interval $(3 m / 2,2 m] . C(t)$ varies from 0 at $t=0$ to $C_{\infty}:=(3 \sqrt{3} / 4) m^{2}$ as $t \rightarrow+\infty$. Accordingly,
$R_{C}$ decays from $2 m(t=0)$ to $3 m / 2(t \rightarrow+\infty)$. Actually, for $C=C(t), R_{C}$ represents the smallest value of the radial coordinate $R$ in the slice $\Sigma_{t}$. This maximal slicing of Schwarzschild spacetime is represented in Fig. 9.4. We notice that, as $t \rightarrow+\infty$, the slices $\Sigma_{t}$ accumulate on a limiting hypersurface: the hypersurface $R=3 \mathrm{~m} / 2$ (let us recall that for $R<2 m$, the hypersurfaces $R=$ const are spacelike and are thus eligible for a $3+1$ foliation). Actually, it can be seen that the hypersurface $R=3 \mathrm{~m} / 2$ is the only hypersurface $R=$ const which is spacelike and maximal [48]. If we compare with Fig. 9.1, we notice that, contrary to the geodesic slicing, the present foliation never encounters the singularity.

The above example illustrates the singularity-avoidance property of maximal slicing: while the entire spacetime outside the event horizon is covered by the foliation, the hypersurfaces "pile up" in the black hole region so that they never reach the singularity. As a consequence, in that region, the proper time (of Eulerian observers) between two neighbouring hypersurfaces tends to zero as $t$ increases. According to Eq. (3.15), this implies

$$
\begin{equation*}
N \rightarrow 0 \quad \text { as } \quad t \rightarrow+\infty \tag{9.21}
\end{equation*}
$$

This "phenomenon" is called collapse of the lapse. Beyond the Schwarzschild case discussed above, the collapse of the lapse is a generic feature of maximal slicing of spacetimes describing black hole formation via gravitational collapse. For instance, it occurs in the analytic solution obtained by Petrich, Shapiro and Teukolsky [200] for the maximal slicing of the OppenheimerSnyder spacetime (gravitational collapse of a spherically symmetric homogeneous ball of pressureless matter).

In numerical relativity, maximal slicing has been used in the computation of the (axisymmetric) head-on collision of two black holes by Smarr, Čadež and Eppley in the seventies [245, 244], as well as in computations of axisymmetric gravitational collapse by Nakamura and Sato (1981) [191, 194], Stark and Piran (1985) [249] and Evans (1986) [119]. Actually Stark and Piran used a mixed type of foliation introduced by Bardeen and Piran [36]: maximal slicing near the origin $(r=0)$ and polar slicing far from it. The polar slicing is defined in spherical-type coordinates $\left(x^{i}\right)=(r, \theta, \varphi)$ by

$$
\begin{equation*}
K_{\theta}^{\theta}+K_{\varphi}^{\varphi}=0 \tag{9.22}
\end{equation*}
$$

instead of $K_{r}^{r}+K_{\theta}^{\theta}+K_{\varphi}^{\varphi}=0$ for maximal slicing.
Whereas maximal slicing is a nice choice of foliation, with a clear geometrical meaning, a natural Newtonian limit and a singularity-avoidance feature, it has not been much used in 3D (no spatial symmetry) numerical relativity. The reason is a technical one: imposing maximal slicing requires to solve the elliptic equation (9.15) for the lapse and elliptic equations are usually CPU-time consuming, except if one make uses of fast elliptic solvers [148, 63]. For this reason, most of the recent computations of binary black hole inspiral and merger have been performed with the $1+\log$ slicing, to be discussed in Sec. 9.2.4. Nevertheless, it is worth to note that maximal slicing has been used for the first grazing collisions of binary black holes, as computed by Brügmann (1999) [68].

To avoid the resolution of an elliptic equation while preserving most of the good properties of maximal slicing, an approximate maximal slicing has been introduced in 1999 by Shibata [224]. It consists in transforming Eq. (9.15) into a parabolic equation by adding a term of the
type $\partial N / \partial \lambda$ in the right-hand side and to compute the " $\lambda$-evolution" for some range of the parameter $\lambda$. This amounts to resolve a heat like equation. Generically the solution converges towards a stationary one, so that $\partial N / \partial \lambda \rightarrow 0$ and the original elliptic equation (9.15) is solved. The approximate maximal slicing has been used by Shibata, Uryu and Taniguchi to compute the merger of binary neutron stars [226, 239, 240, 237, 238, 236], as well as by Shibata and Sekiguchi for 2D (axisymmetric) gravitational collapses [227, 228, 221] or 3D ones [234].

### 9.2.3 Harmonic slicing

Another important category of time slicing is deduced from the standard harmonic or $\boldsymbol{D e}$ Donder condition for the spacetime coordinates $\left(x^{\alpha}\right)$ :

$$
\begin{equation*}
\square_{g} x^{\alpha}=0, \tag{9.23}
\end{equation*}
$$

where $\square_{\boldsymbol{g}}:=\nabla_{\mu} \nabla^{\mu}$ is the d'Alembertian associated with the metric $\boldsymbol{g}$ and each coordinate $x^{\alpha}$ is considered as a scalar field on $\mathcal{M}$. Harmonic coordinates have been introduced by De Donder in 1921 [106] and have played an important role in theoretical developments, notably in Choquet-Bruhat's demonstration (1952, [127]) of the well-posedness of the Cauchy problem for $3+1$ Einstein equations (cf. Sec. 4.4.4).

The harmonic slicing is defined by requiring that the harmonic condition holds for the $x^{0}=t$ coordinate, but not necessarily for the other coordinates, leaving the freedom to choose any coordinate $\left(x^{i}\right)$ in each hypersurface $\Sigma_{t}$ :

$$
\begin{equation*}
\square_{g} t=0 \text {. } \tag{9.24}
\end{equation*}
$$

Using the standard expression for the d'Alembertian, we get

$$
\begin{equation*}
\frac{1}{\sqrt{-g}} \frac{\partial}{\partial x^{\mu}}(\sqrt{-g} g^{\mu \nu} \underbrace{\frac{\partial t}{\partial x^{\nu}}}_{=\delta^{0}{ }_{\nu}})=0, \tag{9.25}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\frac{\partial}{\partial x^{\mu}}\left(\sqrt{-g} g^{\mu 0}\right)=0 \tag{9.26}
\end{equation*}
$$

Thanks to the relation $\sqrt{-g}=N \sqrt{\gamma}$ [Eq. (4.55)], this equation becomes

$$
\begin{equation*}
\frac{\partial}{\partial t}\left(N \sqrt{\gamma} g^{00}\right)+\frac{\partial}{\partial x^{i}}\left(N \sqrt{\gamma} g^{i 0}\right)=0 . \tag{9.27}
\end{equation*}
$$

From the expression of $g^{\alpha \beta}$ given by Eq. (4.49), $g^{00}=-1 / N^{2}$ and $g^{i 0}=\beta^{i} / N^{2}$. Thus

$$
\begin{equation*}
-\frac{\partial}{\partial t}\left(\frac{\sqrt{\gamma}}{N}\right)+\frac{\partial}{\partial x^{i}}\left(\frac{\sqrt{\gamma}}{N} \beta^{i}\right)=0 . \tag{9.28}
\end{equation*}
$$

Expanding and reordering gives

$$
\begin{equation*}
\frac{\partial N}{\partial t}-\beta^{i} \frac{\partial N}{\partial x^{i}}-N[\frac{1}{\sqrt{\gamma}} \frac{\partial \sqrt{\gamma}}{\partial t}-\underbrace{\frac{1}{\sqrt{\gamma}} \frac{\partial}{\partial x^{i}}\left(\sqrt{\gamma} \beta^{i}\right)}_{=D_{i} \beta^{i}}]=0 . \tag{9.29}
\end{equation*}
$$

Thanks to Eq. (9.11), the term in brackets can be replaced by $-N K$, so that the harmonic slicing condition becomes

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) N=-K N^{2} \tag{9.30}
\end{equation*}
$$

Thus we get an evolution equation for the lapse function. This contrasts with Eq. (9.1) for geodesic slicing and Eq. (9.15) for maximal slicing.

The harmonic slicing has been introduced by Choquet-Bruhat and Ruggeri (1983) [90] as a way to put the $3+1$ Einstein system in a hyperbolic form. It has been considered more specifically in the context of numerical relativity by Bona and Masso (1988) [60]. For a review and more references see Ref. [213].
Remark : The harmonic slicing equation (9.30) was already laid out by Smarr and York in 1978 [246], as a part of the expression of de Donder coordinate condition in terms of 3+1 variables.

Example : In Schwarzschild spacetime, the hypersurfaces of constant standard Schwarzschild time coordinate $t=t_{\mathrm{S}}$ and depicted in Fig. 9.3 constitute some harmonic slicing, in addition to being maximal (cf. Sec. 9.2.2). Indeed, using Schwarzschild coordinates $(t, R, \theta, \varphi)$ or isotropic coordinates $(t, r, \theta, \varphi)$, we have $\partial N / \partial t=0$ and $\boldsymbol{\beta}=0$. Since $K=0$ for these hypersurfaces, we conclude that the harmonic slicing condition (9.30) is satisfied.

Example : The above slicing does not penetrate under the event horizon. A harmonic slicing of Schwarzschild spacetime (and more generally Kerr-Newman spacetime) which passes smoothly through the event horizon has been found by Bona and Massó [60], as well as Cook and Scheel [96]. It is given by a time coordinate $t$ that is related to Schwarzschild time $t_{\mathrm{S}}$ by

$$
\begin{equation*}
t=t_{\mathrm{S}}+2 m \ln \left|1-\frac{2 m}{R}\right| \tag{9.31}
\end{equation*}
$$

where $R$ is Schwarzschild radial coordinate (areal radius). The corresponding expression of Schwarzschild metric is [96]

$$
\begin{equation*}
g_{\mu \nu} d x^{\mu} d x^{\nu}=-N^{2} d t^{2}+\frac{1}{N^{2}}\left(d R+\frac{4 m^{2}}{R^{2}} N^{2} d t\right)^{2}+R^{2}\left(d \theta^{2}+\sin ^{2} \theta d \varphi^{2}\right) \tag{9.32}
\end{equation*}
$$

where

$$
\begin{equation*}
N=\left[\left(1+\frac{2 m}{R}\right)\left(1+\frac{4 m^{2}}{R^{2}}\right)\right]^{-1 / 2} \tag{9.33}
\end{equation*}
$$

Notice that all metric coefficients are regular at the event horizon $(R=2 m)$. This harmonic slicing is represented in a Kruskal-Szekeres diagram in Fig. 1 of Ref. [96]. It is clear from that figure that the hypersurfaces $\Sigma_{t}$ never hit the singularity (contrary to those of the geodesic slicing shown in Fig. 9.1), but they come arbitrary close to it as $t \rightarrow+\infty$.

We infer from the above example that the harmonic slicing has some singularity avoidance feature, but weaker than that of maximal slicing: for the latter, the hypersurfaces $\Sigma_{t}$ never come close to the singularity as $t \rightarrow+\infty$ (cf. Fig. 9.4). This has been confirmed by means of numerical computations by Shibata and Nakamura [233].

Remark : If one uses normal coordinates, i.e. spatial coordinates ( $x^{i}$ ) such that $\boldsymbol{\beta}=0$, then the harmonic slicing condition in the form (9.28) is easily integrated to

$$
\begin{equation*}
N=C\left(x^{i}\right) \sqrt{\gamma}, \tag{9.34}
\end{equation*}
$$

where $C\left(x^{i}\right)$ is an arbitrary function of the spatial coordinates, which does not depend upon $t$. Equation (9.34) is as easy to implement as the geodesic slicing condition $(N=1)$. It is related to the conformal time slicing introduced by Shibata and Nakamura [232].

### 9.2.4 $1+\log$ slicing

Bona, Massó, Seidel and Stela (1995) [61] have generalized the harmonic slicing condition (9.30) to

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\beta}\right) N=-K N^{2} f(N) \tag{9.35}
\end{equation*}
$$

where $f$ is an arbitrary function. The harmonic slicing corresponds to $f(N)=1$. The geodesic slicing also fulfills this relation with $f(N)=0$. The choice $f(N)=2 / N$ leads to

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) N=-2 K N . \tag{9.36}
\end{equation*}
$$

Substituting Eq. (9.11) for $-K N$, we obtain

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) N=\frac{\partial}{\partial t} \ln \gamma-2 D_{i} \beta^{i} . \tag{9.37}
\end{equation*}
$$

If normal coordinates are used, $\boldsymbol{\beta}=0$ and the above equation reduces to

$$
\begin{equation*}
\frac{\partial N}{\partial t}=\frac{\partial}{\partial t} \ln \gamma, \tag{9.38}
\end{equation*}
$$

a solution of which is

$$
\begin{equation*}
N=1+\ln \gamma . \tag{9.39}
\end{equation*}
$$

For this reason, a foliation whose lapse function obeys Eq. (9.36) is called a $\mathbf{1}+\boldsymbol{l o g}$ slicing. The original $1+\log$ condition (9.39) has been introduced by Bernstein (1993) [54] and Anninos et al. (1995) [17] (see also Ref. [62]). Notice that, even when $\boldsymbol{\beta} \neq 0$, we still define the $1+\log$ slicing by condition (9.36), although the " $1+\log$ " relation (9.39) does no longer hold.

Remark : As for the geodesic slicing [Eq. (9.1)], the harmonic slicing with zero shift [Eq. (9.34)], the original $1+\log$ slicing with zero shift [Eq. (9.39)] belongs to the family of algebraic slicings [204, 44]: the determination of the lapse function does not require to solve any equation. It is therefore very easy to implement.

The $1+\log$ slicing has stronger singularity avoidance properties than harmonic slicing: it has been found to "mimic" maximal slicing [17].

Alcubierre has shown in 1997 [4] that for any slicing belonging to the family (9.35), and in particular for the harmonic and $1+\log$ slicings, some smooth initial data $\left(\Sigma_{0}, \gamma\right)$ can be found such that the foliation $\left(\Sigma_{t}\right)$ become singular for a finite value of $t$.

Remark : The above finding does not contradict the well-posedness of the Cauchy problem established by Choquet-Bruhat in 1952 [127] for generic smooth initial data by means of harmonic coordinates (which define a harmonic slicing) (cf. Sec. 4.4.4). Indeed it must be remembered that Choquet-Bruhat's theorem is a local one, whereas the pathologies found by Alcubierre develop for a finite value of time. Moreover, these pathologies are far from being generic, as the tremendous successes of the $1+\log$ slicing in numerical relativity have shown (see below).

The $1+\log$ slicing has been used the 3D investigations of the dynamics of relativistic stars by Font et al. in 2002 [125]. It has also been used in most of the recent computations of binary black hole inspiral and merger : Baker et al. [32, 33, 264], Campanelli et al. [73, 74, 75, 76], Sperhake [248], Diener et al. [111], Brügmann et al. [69, 184], and Herrmann et al. [159, 158]. The works [111] and [159] and The first three groups employ exactly Eq. (9.36), whereas the last two groups are using a modified ("zero-shift") version:

$$
\begin{equation*}
\frac{\partial N}{\partial t}=-2 K N \tag{9.40}
\end{equation*}
$$

The recent 3D gravitational collapse calculations of Baiotti et al. [28, 29, 30] are based on a slight modification of the $1+\log$ slicing: instead of Eq. (9.36), these authors have used

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\beta}\right) N=-2 N\left(K-K_{0}\right), \tag{9.41}
\end{equation*}
$$

where $K_{0}$ is the value of $K$ at $t=0$.
Remark : There is a basic difference between maximal slicing and the other types of foliations presented above (geodesic, harmonic and $1+\log$ slicings): the property of being maximal is applicable to a single hypersurface $\Sigma_{0}$, whereas the property of being geodesic, harmonic or $1+\log$ are meaningful only for a foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$. This is reflected in the basic definition of these slicings: the maximal slicing is defined from the extrinsic curvature tensor only ( $K=0$ ), which characterizes a single hypersurface (cf. Chap. 2), whereas the definitions of geodesic, harmonic and $1+\log$ slicings all involve the lapse function $N$, which of course makes sense only for a foliation (cf. Chap. 3).

### 9.3 Evolution of spatial coordinates

Having discussed the choice of the foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$, let us turn now to the choice of the coordinates $\left(x^{i}\right)$ in each hypersurface $\Sigma_{t}$. As discussed in Sec. 4.2.4, this is done via the shift vector $\boldsymbol{\beta}$. More precisely, once some coordinates $\left(x^{i}\right)$ are set in the initial slice $\Sigma_{0}$, the shift vector governs the propagation of these coordinates to all the slices $\Sigma_{t}$.

### 9.3.1 Normal coordinates

As for the lapse choice $N=1$ (geodesic slicing, Sec. 9.2.1), the simplest choice for the shift vector is to set it to zero:

$$
\begin{equation*}
\boldsymbol{\beta}=0 \text {. } \tag{9.42}
\end{equation*}
$$

For this choice, the lines $x^{i}=$ const are normal to the hypersurfaces $\Sigma_{t}$ (cf. Fig. 4.1), hence the name normal coordinates. The alternative name is Eulerian coordinates, defining the so-called Eulerian gauge [35]. This is of course justified by the fact that the lines $x^{i}=$ const are then the worldlines of the Eulerian observers introduced in Sec. 3.3.3.

Besides their simplicity, an advantage of normal coordinates is to be as regular as the foliation itself: they cannot introduce some pathology per themselves. On the other hand, the major drawback of these coordinates is that they may lead to a large coordinate shear, resulting in large values of the metric coefficients $\gamma_{i j}$. This is specially true if rotation is present. For instance, in Kerr or rotating star spacetimes, the field lines of the stationary Killing vector $\boldsymbol{\xi}$ are not orthogonal to the hypersurfaces $t=$ const. Therefore, if one wishes to have coordinates adapted to stationarity, i.e. to have $\boldsymbol{\partial}_{t}=\boldsymbol{\xi}$, one must allow for $\boldsymbol{\beta} \neq 0$.

Despite of the shear problem mentioned above, normal coordinates have been used because of their simplicity in early treatments of two famous axisymmetric problems in numerical relativity: the head-on collision of black holes by Smarr, Eppley and Čadež in 1976-77 [245, 244] and the gravitational collapse of a rotating star by Nakamura in 1981 [191, 194]. More recently, normal coordinates have also been used in the 3D evolution of gravitational waves performed by Shibata and Nakamura (1995) [233] and Baumgarte and Shapiro (1999) [43], as well as in the 3D grazing collisions of binary black holes computed by Brügmann (1999) [68] and Alcubierre et al. (2001) [6].

### 9.3.2 Minimal distortion

A very well motivated choice of spatial coordinates has been introduced in 1978 by Smarr and York [246, 247] (see also Ref. [276]). As discussed in Sec. 6.1, the physical degrees of freedom of the gravitational field are carried by the conformal 3 -metric $\tilde{\boldsymbol{\gamma}}$. The evolution of the latter with respect to the coordinates $\left(t, x^{i}\right)$ is given by the derivative $\dot{\tilde{\gamma}}:=\mathcal{L}_{\partial_{t}} \tilde{\gamma}$, the components of which are

$$
\begin{equation*}
\dot{\tilde{\gamma}}_{i j}=\frac{\partial \tilde{\gamma}_{i j}}{\partial t} \tag{9.43}
\end{equation*}
$$

Given a foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$, the idea of Smarr and York is to choose the coordinates $\left(x^{i}\right)$, and hence the vector $\partial_{t}$, in order to minimize this time derivative. There is not a unique way to minimize $\dot{\tilde{\gamma}}_{i j}$; this can be realized by counting the degrees of freedom: $\dot{\tilde{\gamma}}_{i j}$ has 5 independent components ${ }^{2}$ and, for a given foliation, only 3 degrees of freedom can be controled via the 3 coordinates ( $x^{i}$ ). One then proceeds as follows. First one notices that $\dot{\tilde{\gamma}}$ is related to the distortion tensor $\boldsymbol{Q}$, the latter being defined as the trace-free part of the time derivative of the physical metric $\gamma$ :

$$
\begin{equation*}
Q:=\mathcal{L}_{\partial_{t}} \gamma-\frac{1}{3}\left(\operatorname{tr}_{\gamma} \mathcal{L}_{\partial_{t}} \gamma\right) \gamma \tag{9.44}
\end{equation*}
$$

or in components,

$$
\begin{equation*}
Q_{i j}=\frac{\partial \gamma_{i j}}{\partial t}-\frac{1}{3} \gamma^{k l} \frac{\partial \gamma_{k l}}{\partial t} \gamma_{i j} . \tag{9.45}
\end{equation*}
$$

[^19]

Figure 9.5: Distortion of a spatial domain defined by fixed values of the coordinates $\left(x^{i}\right)$.
$\boldsymbol{Q}$ measures the change in shape from $\Sigma_{t}$ to $\Sigma_{t+\delta t}$ of any spatial domain $\mathcal{V}$ which lies at fixed values of the coordinates $\left(x^{i}\right)$ (the evolution of $\mathcal{V}$ is then along the vector $\boldsymbol{\partial}_{t}$, cf. Fig. 9.5). Thanks to the trace removal, $\boldsymbol{Q}$ does not take into account the change of volume, but only the change in shape (shear). From the law (6.64) of variation of a determinant,

$$
\begin{equation*}
\gamma^{k l} \frac{\partial \gamma_{k l}}{\partial t}=\frac{\partial}{\partial t} \ln \gamma=12 \frac{\partial}{\partial t} \ln \Psi+\underbrace{\frac{\partial}{\partial t} \ln f}_{=0}=12 \frac{\partial}{\partial t} \ln \Psi, \tag{9.46}
\end{equation*}
$$

where we have used the relation (6.15) between the determinant $\gamma$ and the conformal factor $\Psi$, as well as the property (6.7). Thus we may rewrite Eq. (9.45) as

$$
\begin{equation*}
Q_{i j}=\frac{\partial \gamma_{i j}}{\partial t}-4 \frac{\partial}{\partial t} \ln \Psi \gamma_{i j}=\frac{\partial}{\partial t}\left(\Psi^{4} \tilde{\gamma}_{i j}\right)-4 \Psi^{3} \frac{\partial \Psi}{\partial t} \tilde{\gamma}_{i j}=\Psi^{4} \frac{\partial \tilde{\gamma}_{i j}}{\partial t} . \tag{9.47}
\end{equation*}
$$

Hence the relation between the distortion tensor and the time derivative of the conformal metric:

$$
\begin{equation*}
Q=\Psi^{4} \dot{\tilde{\gamma}} \tag{9.48}
\end{equation*}
$$

The rough idea would be to choose the coordinates $\left(x^{i}\right)$ in order to minimize $\boldsymbol{Q}$. Taking into account that it is symmetric and traceless, $\boldsymbol{Q}$ has 5 independent components. Thus it cannot be set identically to zero since we have only 3 degrees of freedom in the choice of the coordinates $\left(x^{i}\right)$. To select which part of $\boldsymbol{Q}$ to set to zero, let us decompose it into a longitudinal part and a TT part, in a manner similar to Eq. (8.9):

$$
\begin{equation*}
Q_{i j}=(L X)_{i j}+Q_{i j}^{\mathrm{TT}} \tag{9.49}
\end{equation*}
$$

$L X$ denotes the conformal Killing operator associated with the metric $\gamma$ and acting on some vector field $\boldsymbol{X}\left(\right.$ cf. Appendix B) ${ }^{3}$ :

$$
\begin{equation*}
(L X)_{i j}:=D_{i} X_{j}+D_{j} X_{i}-\frac{2}{3} D_{k} X^{k} \gamma_{i j} \tag{9.50}
\end{equation*}
$$

[^20]and $Q_{i j}^{\mathrm{TT}}$ is both traceless and transverse (i.e. divergence-free) with respect to the metric $\gamma$ : $D^{j} Q_{i j}^{\mathrm{TT}}=0 . \boldsymbol{X}$ is then related to the divergence of $\boldsymbol{Q}$ by $D^{j}(L X)_{i j}=D^{j} Q_{i j}$. It is legitimate to relate the TT part to the dynamics of the gravitational field and to attribute the longitudinal part to the change in $\gamma_{i j}$ which arises because of the variation of coordinates from $\Sigma_{t}$ to $\Sigma_{t+\delta t}$. This longitudinal part has 3 degrees of freedom (the 3 components of the vector $\boldsymbol{X}$ ) and we might set it to zero by some judicious choice of the coordinates $\left(x^{i}\right)$. The minimal distortion coordinates are thus defined by the requirement $\boldsymbol{X}=0$ or
\[

$$
\begin{equation*}
Q_{i j}=Q_{i j}^{\mathrm{TT}} \tag{9.51}
\end{equation*}
$$

\]

i.e.

$$
\begin{equation*}
D^{j} Q_{i j}=0 \tag{9.52}
\end{equation*}
$$

Let us now express $Q$ in terms of the shift vector to turn the above condition into an equation for the evolution of spatial coordinates. By means of Eqs. (4.63) and (9.9), Eq. (9.45) becomes

$$
\begin{equation*}
Q_{i j}=-2 N K_{i j} \mathcal{L}_{\boldsymbol{\beta}} \gamma_{i j}+-\frac{1}{3}\left(-2 N K+2 D_{k} \beta^{k}\right) \gamma_{i j} \tag{9.53}
\end{equation*}
$$

i.e. $\left(\right.$ since $\left.\mathcal{L}_{\boldsymbol{\beta}} \gamma_{i j}=D_{i} \beta_{j}+D_{j} \beta_{i}\right)$

$$
\begin{equation*}
Q_{i j}=-2 N A_{i j}+(L \beta)_{i j} \tag{9.54}
\end{equation*}
$$

where we let appear the trace-free part $\boldsymbol{A}$ of the extrinsic curvature $\boldsymbol{K}[\mathrm{Eq}$. (6.53)]. If we insert this expression into the minimal distortion requirement (9.52), we get

$$
\begin{equation*}
-2 N D_{j} A^{i j}-2 A^{i j} D_{j} N+D_{j}(L \beta)^{i j}=0 \tag{9.55}
\end{equation*}
$$

Let then use the momentum constraint (4.66) to express the divergence of $\boldsymbol{A}$ as

$$
\begin{equation*}
D_{j} A^{i j}=8 \pi p^{i}+\frac{2}{3} D^{i} K \tag{9.56}
\end{equation*}
$$

Besides, we recognize in $D_{j}(L \beta)^{i j}$ the conformal vector Laplacian associated with the metric $\gamma$, so that we can write [cf. Eq. (B.11)]

$$
\begin{equation*}
D_{j}(L \beta)^{i j}=D_{j} D^{j} \beta^{i}+\frac{1}{3} D^{i} D_{j} \beta^{j}+R_{j}^{i} \beta^{j} \tag{9.57}
\end{equation*}
$$

where $\boldsymbol{R}$ is the Ricci tensor associated with $\gamma$. Thus we arrive at

$$
\begin{equation*}
D_{j} D^{j} \beta^{i}+\frac{1}{3} D^{i} D_{j} \beta^{j}+R_{j}^{i} \beta^{j}=16 \pi N p^{i}+\frac{4}{3} N D^{i} K+2 A^{i j} D_{j} N . \tag{9.58}
\end{equation*}
$$

This is the elliptic equation on the shift vector that one has to solve in order to enforce the minimal distortion.

Remark : For a constant mean curvature (CMC) slicing, and in particular for a maximal slicing, the term $D^{i} K$ vanishes and the above equation is slightly simplified. Incidentally, this is the form originally derived by Smarr and York (Eq. (3.27) in Ref. [246]).

Another way to introduce minimal distortion amounts to minimizing the integral

$$
\begin{equation*}
S=\int_{\Sigma_{t}} Q_{i j} Q^{i j} \sqrt{\gamma} d^{3} x \tag{9.59}
\end{equation*}
$$

with respect to the shift vector $\boldsymbol{\beta}$, keeping the slicing fixed (i.e. fixing $\boldsymbol{\gamma}, \boldsymbol{K}$ and $N$ ). Indeed, if we replace $\boldsymbol{Q}$ by its expression (9.54), we get

$$
\begin{equation*}
S=\int_{\Sigma_{t}}\left[4 N^{2} A_{i j} A^{i j}-4 N A_{i j}(L \beta)^{i j}+(L \beta)_{i j}(L \beta)^{i j}\right] \sqrt{\gamma} d^{3} x . \tag{9.60}
\end{equation*}
$$

At fixed values of $\boldsymbol{\gamma}, \boldsymbol{K}$ and $N, \delta N=0, \delta A_{i j}=0$ and $\delta(L \beta)^{i j}=(L \delta \beta)^{i j}$, so that the variation of $S$ with respect to $\boldsymbol{\beta}$ is

$$
\begin{equation*}
\delta S=\int_{\Sigma_{t}}\left[-4 N A_{i j}(L \delta \beta)^{i j}+2(L \beta)_{i j}(L \delta \beta)^{i j}\right] \sqrt{\gamma} d^{3} x=2 \int_{\Sigma_{t}} Q_{i j}(L \delta \beta)^{i j} \sqrt{\gamma} d^{3} x . \tag{9.61}
\end{equation*}
$$

Now, since $\boldsymbol{Q}$ is symmetric and traceless, $Q_{i j}(L \delta \beta)^{i j}=Q_{i j}\left(D^{i} \delta \beta^{j}+D^{j} \delta \beta^{i}-2 / 3 D_{k} \delta \beta^{k} \gamma^{i j}\right)=$ $Q_{i j}\left(D^{i} \delta \beta^{j}+D^{j} \delta \beta^{i}\right)=2 Q_{i j} D^{i} \delta \beta^{j}$. Hence

$$
\begin{align*}
\delta S & =4 \int_{\Sigma_{t}} Q_{i j} D^{i} \delta \beta^{j} \sqrt{\gamma} d^{3} x \\
& =4 \int_{\Sigma_{t}}\left[D^{i}\left(Q_{i j} \delta \beta^{j}\right)-D^{i} Q_{i j} \delta \beta^{j}\right] \sqrt{\gamma} d^{3} x \\
& =4 \oint_{\partial \Sigma_{t}} Q_{i j} \delta \beta^{j} s^{i} \sqrt{q} d^{2} y-4 \int_{\Sigma_{t}} D^{i} Q_{i j} \delta \beta^{j} \sqrt{\gamma} d^{3} x \tag{9.62}
\end{align*}
$$

Assuming that $\delta \beta^{i}=0$ at the boundaries of $\Sigma_{t}$ (for instance at spatial infinity), we deduce from the above relation that $\delta S=0$ for any variation of the shift vector if and only if $D^{i} Q_{i j}=0$. Hence we recover condition (9.52).

In stationary spacetimes, an important property of the minimal distortion gauge is to be fulfilled by coordinates adapted to the stationarity (i.e. such that $\boldsymbol{\partial}_{t}$ is a Killing vector): it is immediate from Eq. (9.44) that $\boldsymbol{Q}=0$ when $\boldsymbol{\partial}_{t}$ is a symmetry generator, so that condition (9.52) is trivially satisfied. Another nice feature of the minimal distortion gauge is that in the weak field region (radiative zone), it includes the standard TT gauge of linearized gravity [246]. Actually Smarr and York [246] have advocated for maximal slicing combined with minimal distortion as a very good coordinate choice for radiative spacetimes, calling such choice the radiation gauge.

Remark : A"new minimal distortion" gauge has been introduced in 2006 by Jantzen and York [164]. It corrects the time derivative of $\tilde{\gamma}$ in the original minimal distortion condition by the lapse function $N$ [cf. relation (3.15) between the coordinate time $t$ and the Eulerian observer's proper time $\tau]$, i.e. one requires

$$
\begin{equation*}
D^{j}\left(\frac{1}{N} Q_{i j}\right)=0 \tag{9.63}
\end{equation*}
$$

instead of (9.52). This amounts to minimizing the integral

$$
\begin{equation*}
S^{\prime}=\int_{\Sigma_{t}}\left(N^{-1} Q_{i j}\right)\left(N^{-1} Q^{i j}\right) \sqrt{-g} d^{3} x \tag{9.64}
\end{equation*}
$$

with respect to the shift vector. Notice the spacetime measure $\sqrt{-g}=N \sqrt{\gamma}$ instead of the spatial measure $\sqrt{\gamma}$ in Eq. (9.59).

The minimal distortion condition can be expressed in terms of the time derivative of the conformal metric by combining Eqs. (9.48) and (9.52):

$$
\begin{equation*}
D^{j}\left(\Psi^{4} \dot{\tilde{\gamma}}_{i j}\right)=0 \tag{9.65}
\end{equation*}
$$

Let us write this relation in terms of the connection $\tilde{D}$ (associated with the metric $\tilde{\gamma}$ ) instead of the connection $\boldsymbol{D}$ (associated with the metric $\gamma$ ). To this purpose, let us use Eq. (6.81) which relates the $\boldsymbol{D}$-divergence of a traceless symmetric tensor to its $\tilde{\boldsymbol{D}}$-divergence: since $Q^{i j}$ is traceless and symmetric, we obtain

$$
\begin{equation*}
D_{j} Q^{i j}=\Psi^{-10} \tilde{D}_{j}\left(\Psi^{10} Q^{i j}\right) \tag{9.66}
\end{equation*}
$$

Now $Q^{i j}=\gamma^{i k} \gamma^{j l} Q_{k l}=\Psi^{-8} \tilde{\gamma}^{i k} \tilde{\gamma}^{j l} Q_{k l}=\Psi^{-4} \tilde{\gamma}^{i k} \tilde{\gamma}^{j l} \dot{\tilde{\gamma}}_{k l}$; hence

$$
\begin{equation*}
D_{j} Q^{i j}=\Psi^{-10} \tilde{D}_{j}\left(\Psi^{6} \tilde{\gamma}^{i k} \tilde{\gamma}^{j l} \dot{\tilde{\gamma}}_{k l}\right)=\Psi^{-10} \tilde{\gamma}^{i k} \tilde{D}^{l}\left(\Psi^{6} \dot{\tilde{\gamma}}_{k l}\right) \tag{9.67}
\end{equation*}
$$

The minimal distortion condition is therefore

$$
\begin{equation*}
\tilde{D}^{j}\left(\Psi^{6} \dot{\tilde{\gamma}}_{i j}\right)=0 \tag{9.68}
\end{equation*}
$$

### 9.3.3 Approximate minimal distortion

In view of Eq. (9.68), it is natural to consider the simpler condition

$$
\begin{equation*}
\tilde{D}^{j} \dot{\tilde{\gamma}}_{i j}=0 \tag{9.69}
\end{equation*}
$$

which of course differs from the true minimal distortion (9.68) by a term $6 \dot{\tilde{\gamma}}_{i j} \tilde{D}^{j} \ln \Psi$. Nakamura (1994) [192, 199] has then introduced the pseudo-minimal distortion condition by replacing (9.69) by

$$
\begin{equation*}
\mathcal{D}^{j} \dot{\tilde{\gamma}}_{i j}=0 \tag{9.70}
\end{equation*}
$$

where $\mathcal{D}$ is the connection associated with the flat metric $\boldsymbol{f}$.
An alternative has been introduced by Shibata (1999) [225] as follows. Starting from Eq. (9.69), let us express $\dot{\tilde{\gamma}}_{i j}$ in terms of $\boldsymbol{A}$ and $\boldsymbol{\beta}$ : from Eq. (8.88), we deduce that

$$
\begin{align*}
2 N \tilde{A}_{i j} & =\tilde{\gamma}_{i k} \tilde{\gamma}_{j l}\left[\dot{\tilde{\gamma}}^{k l}+(\tilde{L} \beta)^{k l}\right]=\tilde{\gamma}_{j l}[\frac{\partial}{\partial t}(\underbrace{\tilde{\gamma}_{i k}}_{=\delta^{l}} \tilde{\gamma}^{k l})-\tilde{\gamma}^{k l} \frac{\partial \tilde{\gamma}_{i k}}{\partial t}+\tilde{\gamma}_{i k}(\tilde{L} \beta)^{k l}] \\
& =-\dot{\tilde{\gamma}}_{i j}+\tilde{\gamma}_{i k} \tilde{\gamma}_{j l}(\tilde{L} \beta)^{k l} \tag{9.71}
\end{align*}
$$

where $\tilde{A}_{i j}:=\tilde{\gamma}_{i k} \tilde{\gamma}_{j l} \tilde{A}^{k l}=\Psi^{-4} A_{i j}$. Equation (9.69) becomes then

$$
\begin{equation*}
\tilde{D}^{j}\left[\tilde{\gamma}_{i k} \tilde{\gamma}_{j l}(\tilde{L} \beta)^{k l}-2 N \tilde{A}_{i j}\right]=0 \tag{9.72}
\end{equation*}
$$

or equivalently (cf. Sec. B.2.1),

$$
\begin{equation*}
\tilde{D}_{j} \tilde{D}^{j} \beta^{i}+\frac{1}{3} \tilde{D}^{i} \tilde{D}_{j} \beta^{j}+\tilde{R}^{i}{ }_{j} \beta^{j}-2 \tilde{A}^{i j} \tilde{D}_{j} N-2 N \tilde{D}_{j} \tilde{A}^{i j}=0 . \tag{9.73}
\end{equation*}
$$

We can express $\tilde{D}_{j} \tilde{A}^{i j}$ via the momentum constraint (6.110) and get

$$
\begin{equation*}
\tilde{D}_{j} \tilde{D}^{j} \beta^{i}+\frac{1}{3} \tilde{D}^{i} \tilde{D}_{j} \beta^{j}+\tilde{R}^{i}{ }_{j} \beta^{j}-2 \tilde{A}^{i j} \tilde{D}_{j} N+4 N\left[3 \tilde{A}^{i j} \tilde{D}_{j} \ln \Psi-\frac{1}{3} \tilde{D}^{i} K-4 \pi \Psi^{4} p^{i}\right]=0 . \tag{9.74}
\end{equation*}
$$

At this stage, Eq. (9.74) is nothing but a rewriting of Eq. (9.69) as an elliptic equation for the shift vector. Shibata [225] then proposes to replace in this equation the conformal vector Laplacian relative to $\tilde{\gamma}$ and acting on $\boldsymbol{\beta}$ by the conformal vector Laplacian relative to the flat metric $f$, thereby writing

$$
\begin{equation*}
\mathcal{D}_{j} \mathcal{D}^{j} \beta^{i}+\frac{1}{3} \mathcal{D}^{i} \mathcal{D}_{j} \beta^{j}-2 \tilde{A}^{i j} \tilde{D}_{j} N+4 N\left[3 \tilde{A}^{i j} \tilde{D}_{j} \ln \Psi-\frac{1}{3} \tilde{D}^{i} K-4 \pi \Psi^{4} p^{i}\right]=0 \tag{9.75}
\end{equation*}
$$

The choice of coordinates defined by solving Eq. (9.75) instead of (9.58) is called approximate minimal distortion.

The approximate minimal distortion has been used by Shibata and Uryu [239, 240] for their first computations of the merger of binary neutron stars, as well as by Shibata, Baumgarte and Shapiro for computing the collapse of supramassive neutron stars at the mass-shedding limit (Keplerian angular velocity) [229] and for studying the dynamical bar-mode instability in differentially rotating neutron stars [230]. It has also been used by Shibata [227] to devise a 2 D (axisymmetric) code to compute the long-term evolution of rotating neutron stars and gravitational collapse.

### 9.3.4 Gamma freezing

The Gamma freezing prescription for the evolution of spatial coordinates is very much related to Nakamura's pseudo-minimal distortion (9.70): it differs from it only in the replacement of $\mathcal{D}^{j}$ by $\mathcal{D}_{j}$ and $\dot{\tilde{\gamma}}_{i j}$ by $\dot{\tilde{\gamma}}^{i j}:=\partial \tilde{\gamma}^{i j} / \partial t$ :

$$
\begin{equation*}
\mathcal{D}_{j} \dot{\tilde{\gamma}}^{i j}=0 \tag{9.76}
\end{equation*}
$$

The name Gamma freezing is justified as follows: since $\partial / \partial t$ and $\mathcal{D}$ commute [as a consequence of (6.7)], Eq. (9.76) is equivalent to

$$
\begin{equation*}
\frac{\partial}{\partial t}\left(\mathcal{D}_{j} \tilde{\gamma}^{i j}\right)=0 \tag{9.77}
\end{equation*}
$$

Now, expressing the covariant derivative $\mathcal{D}_{j}$ in terms of the Christoffel symbols $\bar{\Gamma}^{i}{ }_{j k}$ of the metric $\boldsymbol{f}$ with respect to the coordinates $\left(x^{i}\right)$, we get

$$
\begin{align*}
\mathcal{D}_{j} \tilde{\gamma}^{i j} & =\frac{\partial \tilde{\gamma}^{i j}}{\partial x^{j}}+\bar{\Gamma}^{i}{ }_{j k} \tilde{\gamma}^{k j}+\underbrace{\bar{\Gamma}_{j k}^{j}}_{=\frac{1}{2} \frac{\partial}{\partial x^{k}} \ln f} \tilde{\gamma}^{i k} \\
& =\underbrace{\frac{\partial \tilde{\gamma}^{i j}}{\partial x^{j}}+\tilde{\Gamma}^{i}{ }_{j k} \tilde{\gamma}^{k j}+\left(\bar{\Gamma}^{i}{ }_{j k}-\tilde{\Gamma}^{i}{ }_{j k}\right) \tilde{\gamma}^{k j}+\underbrace{\frac{1}{2} \frac{\partial}{\partial x^{k}} \ln \tilde{\gamma}}_{=\tilde{D}_{j} \tilde{\gamma}^{i j}=0} \tilde{\gamma}^{i k}}_{=\tilde{\Gamma}^{j}{ }_{j k}} \\
& =\underbrace{\frac{\partial \tilde{\gamma}^{i j}}{\partial x^{j}}+\tilde{\Gamma}^{i}{ }_{j k} \tilde{\gamma}^{k j}+\tilde{\Gamma}^{j}{ }_{j k} \tilde{\gamma}^{i k}}+\left(\bar{\Gamma}^{i}{ }_{j k}-\tilde{\Gamma}^{i}{ }_{j k}\right) \tilde{\gamma}^{k j} \\
& =\tilde{\gamma}^{j k}\left(\bar{\Gamma}^{i}{ }_{j k}-\tilde{\Gamma}^{i}{ }_{j k}\right) \tag{9.78}
\end{align*}
$$

where $\tilde{\Gamma}^{i}{ }_{j k}$ denote the Christoffel symbols of the metric $\tilde{\gamma}$ with respect to the coordinates $\left(x^{i}\right)$ and we have used $\tilde{\gamma}=f$ [Eq. (6.19)] to write the second line. If we introduce the notation

$$
\begin{equation*}
\tilde{\Gamma}^{i}:=\tilde{\gamma}^{j k}\left(\tilde{\Gamma}^{i}{ }_{j k}-\bar{\Gamma}^{i}{ }_{j k}\right), \tag{9.79}
\end{equation*}
$$

then the above relation becomes

$$
\begin{equation*}
\mathcal{D}_{j} \tilde{\gamma}^{i j}=-\tilde{\Gamma}^{i} \tag{9.80}
\end{equation*}
$$

Remark : If one uses Cartesian-type coordinates, then $\bar{\Gamma}^{i}{ }_{j k}=0$ and the $\tilde{\Gamma}^{i}$ 's reduce to the contracted Christoffel symbols introduced by Baumgarte and Shapiro [43] [cf. their Eq. (21)]. In the present case, the $\tilde{\Gamma}^{i}$ 's are the components of a vector field $\tilde{\Gamma}$ on $\Sigma_{t}$, as it is clear from relation (9.80), or from expression (9.79) if one remembers that, although the Christoffel symbols are not the components of any tensor field, the differences between two sets of them are. Of course the vector field $\tilde{\boldsymbol{\Gamma}}$ depends on the choice of the background metric $\boldsymbol{f}$.

By combining Eqs. (9.80) and (9.77), we see that the Gamma freezing condition is equivalent to

$$
\begin{equation*}
\frac{\partial \tilde{\Gamma}^{i}}{\partial t}=0 \tag{9.81}
\end{equation*}
$$

hence the name Gamma freezing: for such a choice, the vector $\tilde{\boldsymbol{\Gamma}}$ does not evolve, in the sense that $\mathcal{L}_{\partial_{t}} \tilde{\boldsymbol{\Gamma}}=0$. The Gamma freezing prescription has been introduced by Alcubierre and Brügmann in 2001 [7], in the form of Eq. (9.81).

Let us now derive the equation that the shift vector must obey in order to enforce the Gamma freezing condition. If we express the Lie derivative in the evolution equation (6.106) for $\tilde{\gamma}^{i j}$ in terms of the covariant derivative $\mathcal{D}$ [cf. Eq. (A.6)], we get

$$
\begin{equation*}
\dot{\tilde{\gamma}}^{i j}=2 N \tilde{A}^{i j}+\beta^{k} \mathcal{D}_{k} \tilde{\gamma}^{i j}-\tilde{\gamma}^{k j} \mathcal{D}_{k} \beta^{i}-\tilde{\gamma}^{i k} \mathcal{D}_{k} \beta^{j}+\frac{2}{3} \mathcal{D}_{k} \beta^{k} \tilde{\gamma}^{i j} \tag{9.82}
\end{equation*}
$$

Taking the flat-divergence of this relation and using relation (9.80) (with the commutation property of $\partial / \partial t$ and $\mathcal{D})$ yields

$$
\begin{align*}
\frac{\partial \tilde{\Gamma}^{i}}{\partial t}= & -2 N \mathcal{D}_{j} \tilde{A}^{i j}-2 A^{i j} \mathcal{D}_{j} N+\beta^{k} \mathcal{D}_{k} \tilde{\Gamma}^{i}-\tilde{\Gamma}^{k} \mathcal{D}_{k} \beta^{i}+\frac{2}{3} \tilde{\Gamma}^{i} \mathcal{D}_{k} \beta^{k} \\
& \tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k} \tag{9.83}
\end{align*}
$$

Now, we may use the momentum constraint (6.110) to express $\mathcal{D}_{j} \tilde{A}^{i j}$ :

$$
\begin{equation*}
\tilde{D}_{j} \tilde{A}^{i j}=-6 \tilde{A}^{i j} \tilde{D}_{j} \ln \Psi+\frac{2}{3} \tilde{D}^{i} K+8 \pi \Psi^{4} p^{i} \tag{9.84}
\end{equation*}
$$

with

$$
\begin{equation*}
\tilde{D}_{j} \tilde{A}^{i j}=\mathcal{D}_{j} \tilde{A}^{i j}+\left(\tilde{\Gamma}^{i}{ }_{j k}-\bar{\Gamma}^{i}{ }_{j k}\right) \tilde{A}^{k j}+\underbrace{\left(\tilde{\Gamma}_{j k}^{j}-\bar{\Gamma}_{j k}^{j}\right)}_{=0} \tilde{A}^{i k} \tag{9.85}
\end{equation*}
$$

where the " $=0$ " results from the fact that $2 \tilde{\Gamma}^{j}{ }_{j k}=\partial \ln \tilde{\gamma} / \partial x^{k}$ and $2 \bar{\Gamma}^{j}{ }_{j k}=\partial \ln f / \partial x^{k}$, with $\tilde{\gamma}:=\operatorname{det} \tilde{\gamma}_{i j}=\operatorname{det} f_{i j}=: f$ [Eq. (6.19)]. Thus Eq. (9.83) becomes

$$
\begin{align*}
\frac{\partial \tilde{\Gamma}^{i}}{\partial t}= & \tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k}+\frac{2}{3} \tilde{\Gamma}^{i} \mathcal{D}_{k} \beta^{k}-\tilde{\Gamma}^{k} \mathcal{D}_{k} \beta^{i}+\beta^{k} \mathcal{D}_{k} \tilde{\Gamma}^{i} \\
& -2 N\left[8 \pi \Psi^{4} p^{i}-\tilde{A}^{j k}\left(\tilde{\Gamma}^{i}{ }_{j k}-\bar{\Gamma}^{i}{ }_{j k}\right)-6 \tilde{A}^{i j} \mathcal{D}_{j} \ln \Psi+\frac{2}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} K\right]-2 \tilde{A}^{i j} \mathcal{D}_{j} N \tag{9.86}
\end{align*}
$$

We conclude that the Gamma freezing condition (9.81) is equivalent to

$$
\begin{align*}
& \tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k}+\frac{2}{3} \tilde{\Gamma}^{i} \mathcal{D}_{k} \beta^{k}-\tilde{\Gamma}^{k} \mathcal{D}_{k} \beta^{i}+\beta^{k} \mathcal{D}_{k} \tilde{\Gamma}^{i}= \\
& 2 N\left[8 \pi \Psi^{4} p^{i}-\tilde{A}^{j k}\left(\tilde{\Gamma}^{i}{ }_{j k}-\bar{\Gamma}^{i}{ }_{j k}\right)-6 \tilde{A}^{i j} \mathcal{D}_{j} \ln \Psi+\frac{2}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} K\right]+2 \tilde{A}^{i j} \mathcal{D}_{j} N \tag{9.87}
\end{align*}
$$

This is an elliptic equation for the shift vector, which bears some resemblance with Shibata's approximate minimal distortion, Eq. (9.75).

### 9.3.5 Gamma drivers

As seen above the Gamma freezing condition (9.81) yields to the elliptic equation (9.87) for the shift vector. Alcubierre and Brügmann [7] have proposed to turn it into a parabolic equation by considering, instead of Eq. (9.81), the relation

$$
\begin{equation*}
\frac{\partial \beta^{i}}{\partial t}=k \frac{\partial \tilde{\Gamma}^{i}}{\partial t} \tag{9.88}
\end{equation*}
$$

where $k$ is a positive function. The resulting coordinate choice is called a parabolic Gamma $\boldsymbol{d r i v e r}$. Indeed, if we inject Eq. (9.88) into Eq. (9.86), we clearly get a parabolic equation for the shift vector, of the type $\partial \beta^{i} / \partial t=k\left[\tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k}+\cdots\right]$.

An alternative has been introduced in 2003 by Alcubierre, Brügmann, Diener, Koppitz, Pollney, Seidel and Takahashi [9] (see also Refs. [181] and [59]); it requires

$$
\begin{equation*}
\frac{\partial^{2} \beta^{i}}{\partial t^{2}}=k \frac{\partial \tilde{\Gamma}^{i}}{\partial t}-\left(\eta-\frac{\partial}{\partial t} \ln k\right) \frac{\partial \beta^{i}}{\partial t}, \tag{9.89}
\end{equation*}
$$

where $k$ and $\eta$ are two positive functions. The prescription (9.89) is called a hyperbolic Gamma driver [9, 181, 59]. Indeed, thanks to Eq. (9.86), it is equivalent to

$$
\begin{align*}
& \frac{\partial^{2} \beta^{i}}{\partial t^{2}}+\left(\eta-\frac{\partial}{\partial t} \ln k\right) \frac{\partial \beta^{i}}{\partial t}=k\left\{\tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k}+\frac{2}{3} \tilde{\Gamma}^{i} \mathcal{D}_{k} \beta^{k}-\tilde{\Gamma}^{k} \mathcal{D}_{k} \beta^{i}+\beta^{k} \mathcal{D}_{k} \tilde{\Gamma}^{i}\right. \\
& \left.\quad-2 N\left[8 \pi \Psi^{4} p^{i}-\tilde{A}^{j k}\left(\tilde{\Gamma}^{i}{ }_{j k}-\bar{\Gamma}^{i}{ }_{j k}\right)-6 \tilde{A}^{i j} \mathcal{D}_{j} \ln \Psi+\frac{2}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} K\right]-2 \tilde{A}^{i j} \mathcal{D}_{j} N\right\}, \tag{9.90}
\end{align*}
$$

which is a hyperbolic equation for the shift vector, of the type of the telegrapher's equation. The term with the coefficient $\eta$ is a dissipation term. It has been found by Alcubierre et al. [9] crucial to add it to avoid strong oscillations in the shift.

The hyperbolic Gamma driver condition (9.89) is equivalent to the following first order system

$$
\left\{\begin{align*}
\frac{\partial \beta^{i}}{\partial t} & =k B^{i}  \tag{9.91}\\
\frac{\partial B^{i}}{\partial t} & =\frac{\partial \tilde{\Gamma}^{i}}{\partial t}-\eta B^{i}
\end{align*}\right.
$$

Remark : In the case where $k$ does not depend on $t$, the Gamma driver condition (9.89) reduces to a previous hyperbolic condition proposed by Alcubierre, Brügmann, Pollney, Seidel and Takahashi [10], namely

$$
\begin{equation*}
\frac{\partial^{2} \beta^{i}}{\partial t^{2}}=k \frac{\partial \tilde{\Gamma}^{i}}{\partial t}-\eta \frac{\partial \beta^{i}}{\partial t} . \tag{9.92}
\end{equation*}
$$

Hyperbolic Gamma driver conditions have been employed in many recent numerical computations:

- 3D gravitational collapse calculations by Baiotti et al. $(2005,2006)$ [28, 30], with $k=3 / 4$ and $\eta=3 / M$, where $M$ is the ADM mass;
- the first evolution of a binary black hole system lasting for about one orbit by Brügmann, Tichy and Jansen (2004) [70], with $k=3 / 4 N \Psi^{-2}$ and $\eta=2 / M$;
- binary black hole mergers by
- Campanelli, Lousto, Marronetti and Zlochower (2006) [73, 74, 75, 76], with $k=3 / 4$;
- Baker et al. (2006) [32, 33], with $k=3 N / 4$ and a slightly modified version of Eq. (9.91), namely $\partial \tilde{\Gamma}^{i} / \partial t$ replaced by $\partial \tilde{\Gamma}^{i} / \partial t-\beta^{j} \partial \tilde{\Gamma}^{i} / \partial x^{j}$ in the second equation;
- Sperhake [248], with $k=1$ and $\eta=1 / M$.

Recently, van Meter et al. [264] and Brügmann et al. [69] have considered a modified version of Eq. (9.91), by replacing all the derivatives $\partial / \partial t$ by $\partial / \partial t-\beta^{j} \partial / \partial x^{j}$, i.e. writing

$$
\left\{\begin{align*}
\frac{\partial \beta^{i}}{\partial t}-\beta^{j} \frac{\partial \beta^{i}}{\partial x^{j}} & =k B^{i}  \tag{9.93}\\
\frac{\partial B^{i}}{\partial t}-\beta^{j} \frac{\partial B^{i}}{\partial x^{j}} & =\frac{\partial \tilde{\Gamma}^{i}}{\partial t}-\beta^{j} \frac{\partial \tilde{\Gamma}^{i}}{\partial x^{j}}-\eta B^{i}
\end{align*}\right.
$$

In particular, Brügmann et al. [69, 184] have computed binary black hole mergers using (9.93) with $k=3 / 4$ and $\eta$ ranging from 0 to $3.5 / M$, whereas Herrmann et al. [158] have used (9.93) with $k=3 / 4$ and $\eta=2 / M$.

### 9.3.6 Other dynamical shift gauges

Shibata (2003) [228] has introduced a spatial gauge that is closely related to the hyperbolic Gamma driver: it is defined by the requirement

$$
\begin{equation*}
\frac{\partial \beta^{i}}{\partial t}=\tilde{\gamma}^{i j}\left(F_{j}+\delta t \frac{\partial F_{j}}{\partial t}\right) \tag{9.94}
\end{equation*}
$$

where $\delta t$ is the time step used in the numerical computation and ${ }^{4}$

$$
\begin{equation*}
F_{i}:=\mathcal{D}^{j} \tilde{\gamma}_{i j} \tag{9.95}
\end{equation*}
$$

From the definition of the inverse metric $\tilde{\gamma}^{i j}$, namely the identity $\tilde{\gamma}^{i k} \tilde{\gamma}_{k j}=\delta^{i}{ }_{j}$, and relation (9.80), it is easy to show that $F_{i}$ is related to $\tilde{\Gamma}^{i}$ by

$$
\begin{equation*}
F_{i}=\tilde{\gamma}_{i j} \tilde{\Gamma}^{j}-\left(\tilde{\gamma}^{j k}-f^{j k}\right) \mathcal{D}_{k} \tilde{\gamma}_{i j} \tag{9.96}
\end{equation*}
$$

Notice that in the weak field region, i.e. where $\tilde{\gamma}^{i j}=f^{i j}+h^{i j}$ with $f_{i k} f_{j l} h^{k l} h^{i j} \ll 1$, the second term in Eq. (9.96) is of second order in $\boldsymbol{h}$, so that at first order in $\boldsymbol{h}$, Eq. (9.96) reduces to $F_{i} \simeq \tilde{\gamma}_{i j} \tilde{\Gamma}^{j}$. Accordingly Shibata's prescription (9.94) becomes

$$
\begin{equation*}
\frac{\partial \beta^{i}}{\partial t} \simeq \tilde{\Gamma}^{i}+\tilde{\gamma}^{i j} \delta t \frac{\partial F_{j}}{\partial t} \tag{9.97}
\end{equation*}
$$

If we disregard the $\delta t$ term in the right-hand side and take the time derivative of this equation, we obtain the Gamma-driver condition (9.89) with $k=1$ and $\eta=0$. The term in $\delta t$ has been introduced by Shibata [228] in order to stabilize the numerical code.

The spatial gauge (9.94) has been used by Shibata (2003) [228] and Sekiguchi and Shibata (2005) [221] to compute axisymmetric gravitational collapse of rapidly rotating neutron stars to black holes, as well as by Shibata and Sekiguchi (2005) [234] to compute 3D gravitational collapses, allowing for the development of nonaxisymmetric instabilities. It has also been used by Shibata, Taniguchi and Uryu (2003-2006) [237, 238, 236] to compute the merger of binary neutron stars, while their preceding computations [239, 240] rely on the approximate minimal distortion gauge (Sec. 9.3.3).

[^21]
### 9.4 Full spatial coordinate-fixing choices

The spatial coordinate choices discussed in Sec. 9.3, namely vanishing shift, minimal distortion, Gamma freezing, Gamma driver and related prescriptions, are relative to the propagation of the coordinates $\left(x^{i}\right)$ away from the initial hypersurface $\Sigma_{0}$. They do not restrict at all the choice of coordinates in $\Sigma_{0}$. Here we discuss some coordinate choices that fix completely the coordinate freedom, including in the initial hypersurface.

### 9.4.1 Spatial harmonic coordinates

The first full coordinate-fixing choice we shall discuss is that of spatial harmonic coordinates. They are defined by

$$
\begin{equation*}
D_{j} D^{j} x^{i}=0 \text {, } \tag{9.98}
\end{equation*}
$$

in full analogy with the spacetime harmonic coordinates [cf. Eq. (9.23)]. The above condition is equivalent to

$$
\begin{equation*}
\frac{1}{\sqrt{\gamma}} \frac{\partial}{\partial x^{j}}(\sqrt{\gamma} \gamma^{j k} \underbrace{\frac{\partial x^{i}}{\partial x^{k}}}_{=\delta^{i}{ }_{k}})=0, \tag{9.99}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\frac{\partial}{\partial x^{j}}\left(\sqrt{\gamma} \gamma^{i j}\right)=0 \tag{9.100}
\end{equation*}
$$

This relation restricts the coordinates to be of Cartesian type. Notably, it forbids the use of spherical-type coordinates, even in flat space, for it is violated by $\gamma_{i j}=\operatorname{diag}\left(1, r^{2}, r^{2} \sin ^{2} \theta\right)$. To allow for any type of coordinates, let us rewrite condition (9.100) in terms of a background flat metric $\boldsymbol{f}$ (cf. discussion in Sec. 6.2.2), as

$$
\begin{equation*}
\mathcal{D}_{j}\left[\left(\frac{\gamma}{f}\right)^{1 / 2} \gamma^{i j}\right]=0 \tag{9.101}
\end{equation*}
$$

where $\mathcal{D}$ is the connection associated with $\boldsymbol{f}$ and $f:=\operatorname{det} f_{i j}$ is the determinant of $\boldsymbol{f}$ with respect to the coordinates $\left(x^{i}\right)$.

Spatial harmonic coordinates have been considered by Čadež [72] for binary black holes and by Andersson and Moncrief [16] in order to put the 3+1 Einstein system into an elliptichyperbolic form and to show that the corresponding Cauchy problem is well posed.

Remark : The spatial harmonic coordinates discussed above should not be confused with spacetime harmonic coordinates; the latter would be defined by $\square_{\boldsymbol{g}} x^{i}=0$ [spatial part of Eq. (9.23)] instead of (9.98). Spacetime harmonic coordinates, as well as some generalizations, are considered e.g. in Ref. [11].

### 9.4.2 Dirac gauge

As a natural way to fix the coordinates in his Hamiltonian formulation of general relativity (cf. Sec. 4.5), Dirac [116] has introduced in 1959 the following condition:

$$
\begin{equation*}
\frac{\partial}{\partial x^{j}}\left(\gamma^{1 / 3} \gamma^{i j}\right)=0 . \tag{9.102}
\end{equation*}
$$

It differs from the definition (9.100) of spatial harmonic coordinates only by the power of the determinant $\gamma$. Similarly, we may rewrite it more covariantly in terms of the background flat metric $\boldsymbol{f}$ as [63]

$$
\begin{equation*}
\mathcal{D}_{j}\left[\left(\frac{\gamma}{f}\right)^{1 / 3} \gamma^{i j}\right]=0 . \tag{9.103}
\end{equation*}
$$

We recognize in this equation the inverse conformal metric [cf. Eqs. (6.15) and (6.22)], so that we may write:

$$
\begin{equation*}
\mathcal{D}_{j} \tilde{\gamma}^{i j}=0 \text {. } \tag{9.104}
\end{equation*}
$$

We call this condition the Dirac gauge. It has been first discussed in the context of numerical relativity in 1978 by Smarr and York [246] but disregarded in profit of the minimal distortion gauge (Sec. 9.3.2), for the latter leaves the freedom to choose the coordinates in the initial hypersurface. In terms of the vector $\tilde{\boldsymbol{\Gamma}}$ introduced in Sec. 9.3.4, the Dirac gauge has a simple expression, thanks to relation (9.80):

$$
\begin{equation*}
\tilde{\Gamma}^{i}=0 \text {. } \tag{9.105}
\end{equation*}
$$

It is then clear that if the coordinates $\left(x^{i}\right)$ obey the Dirac gauge at all times $t$, then they belong to the Gamma freezing class discussed in Sec. 9.3.4, for Eq. (9.105) implies Eq. (9.81). Accordingly, the shift vector of Dirac-gauge coordinates has to satisfy the Gamma freezing elliptic equation (9.87), with the additional simplification $\tilde{\Gamma}^{i}=0$ :

$$
\begin{aligned}
\tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k}= & 2 N\left[8 \pi \Psi^{4} p^{i}-\tilde{A}^{j k}\left(\tilde{\Gamma}^{i}{ }_{j k}-\bar{\Gamma}^{i}{ }_{j k}\right)-6 \tilde{A}^{i j} \mathcal{D}_{j} \ln \Psi+\frac{2}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} K\right] \\
& +2 \tilde{A}^{i j} \mathcal{D}_{j} N .
\end{aligned}
$$

(9.106)

The Dirac gauge, along with maximal slicing, has been employed by Bonazzola, Gourgoulhon, Grandclément and Novak [63] to devise a constrained scheme ${ }^{5}$ for numerical relativity, that has been applied to 3D evolutions of gravitational waves. It has also been used by Shibata, Uryu and Friedman [241] to formulate waveless approximations of general relativity that go beyond the IWM approximation discussed in Sec. 6.6. Such a formulation has been employed recently to compute quasi-equilibrium configurations of binary neutron stars [263]. Since Dirac gauge is a full coordinate-fixing gauge, the initial data must fulfill it. Recently, Lin and Novak [180] have computed equilibrium configurations of rapidly rotating stars within the Dirac gauge, which may serve as initial data for gravitational collapse.

[^22]
## Chapter 10

## Evolution schemes

## Contents

10.1 Introduction ..... 175
10.2 Constrained schemes ..... 175
10.3 Free evolution schemes ..... 176
10.4 BSSN scheme ..... 181

### 10.1 Introduction

Even after having selected the foliation and the spatial coordinates propagation (Chap. 9), there remains various strategies to integrate the $3+1$ Einstein equations, either in their original form (4.63)-(4.66), or in the conformal form (6.105)-(6.110). In particular, the constraint equations (4.65)-(4.66) or (6.109)-(6.110) may be solved or not during the evolution, giving rise to respectively the so-called free evolution schemes and the constrained schemes. We discuss here the two types of schemes (Sec. 10.2 and 10.3), and present afterwards a widely used free evolution scheme: the BSSN one (Sec. 10.4).

Some review articles on the subject are those by Stewart (1998) [250], Friedrich and Rendall (2000) [135], Lehner (2001) [174], Shinkai and Yoneda (2002,2003) [243, 242], Baumgarte and Shapiro (2003) [44], and Lehner and Reula (2004) [175].

### 10.2 Constrained schemes

A constrained scheme is a time scheme for integrating the $3+1$ Einstein system in which some (partially constrained scheme) or all (fully constrained scheme) of the four constraints are used to compute some of the metric coefficients at each step of the numerical evolution.

In the eighties, partially constrained schemes, with only the Hamiltonian constraint enforced, have been widely used in 2-D (axisymmetric) computations (e.g. Bardeen and Piran [36], Stark and Piran [249], Evans [119]). Still in the 2-D axisymmetric case, fully constrained schemes have
been used by Evans [120] and Shapiro and Teukolsky [222] for non-rotating spacetimes, and by Abrahams, Cook, Shapiro and Teukolsky [3] for rotating ones. More recently the $(2+1)+1$ axisymmetric code of Choptuik, Hirschmann, Liebling and Pretorius (2003) [85] is based on a constrained scheme too.

Regarding 3D numerical relativity, a fully constrained scheme based on the original 3+1 Einstein system (4.63)-(4.66) has been used to evolve a single black hole by Anderson and Matzner (2005) [14]. Another fully constrained scheme has been devised by Bonazzola, Gourgoulhon, Grandclément and Novak (2004) [63], but this time for the conformal 3+1 Einstein system (6.105)-(6.110). The latter scheme makes use of maximal slicing and Dirac gauge (Sec. 9.4.2).

### 10.3 Free evolution schemes

### 10.3.1 Definition and framework

A free evolution scheme is a time scheme for integrating the $3+1$ Einstein system in which the constraint equations are solved only to get the initial data, e.g. by following one of the prescriptions discussed in Chap. 8. The subsequent evolution is performed via the dynamical equations only, without enforcing the constraints. Actually, facing the 3+1 Einstein system (4.63)-(4.66), we realize that the dynamical equation (4.64), coupled with the kinematical relation (4.63) and some choices for the lapse function and shift vector (as discussed in Chap. 9), is sufficient to get the values of $\boldsymbol{\gamma}, \boldsymbol{K}, N$ and $\boldsymbol{\beta}$ at all times $t$, from which we can reconstruct the full spacetime metric $\boldsymbol{g}$.

A natural question which arises then is : to which extent does the metric $\boldsymbol{g}$ hence obtained fulfill the Einstein equation (4.1) ? The dynamical part, Eq. (4.64), is fulfilled by construction, but what about the constraints (4.65) and (4.66) ? If they were violated by the solution ( $\boldsymbol{\gamma}, \boldsymbol{K}$ ) of the dynamical equation, then the obtained metric $\boldsymbol{g}$ would not satisfy Einstein equation. The key point is that, as we shall see in Sec. 10.3.2, provided that the constraints are satisfied at $t=0$, the dynamical equation (4.64) ensures that they are satisfied for all $t>0$.

### 10.3.2 Propagation of the constraints

Let us derive evolution equations for the constraints, or more precisely, for the constraint violations. These evolution equations will be consequences of the Bianchi identities ${ }^{1}$. We denote by $G$ the Einstein tensor:

$$
\begin{equation*}
\boldsymbol{G}:={ }^{4} \boldsymbol{R}-\frac{1_{2}^{4}}{}{ }^{4} R \boldsymbol{g} \tag{10.1}
\end{equation*}
$$

so that the Einstein equation (4.1) is written

$$
\begin{equation*}
G=8 \pi T . \tag{10.2}
\end{equation*}
$$

The Hamiltonian constraint violation is the scalar field defined by

$$
\begin{equation*}
H:=\boldsymbol{G}(\boldsymbol{n}, \boldsymbol{n})-8 \pi \boldsymbol{T}(\boldsymbol{n}, \boldsymbol{n}), \tag{10.3}
\end{equation*}
$$

[^23]i.e.
\[

$$
\begin{equation*}
H={ }^{4} \boldsymbol{R}(\boldsymbol{n}, \boldsymbol{n})+\frac{1_{2}^{4}}{2} R-8 \pi E \tag{10.4}
\end{equation*}
$$

\]

where we have used the relations $\boldsymbol{g}(\boldsymbol{n}, \boldsymbol{n})=-1$ and $\boldsymbol{T}(\boldsymbol{n}, \boldsymbol{n})=E[$ Eq. (4.3)]. Thanks to the scalar Gauss equation (2.95) we may write

$$
\begin{equation*}
H=\frac{1}{2}\left(R+K^{2}-K_{i j} K^{i j}\right)-8 \pi E . \tag{10.5}
\end{equation*}
$$

Similarly we define the momentum constraint violation as the 1-form field

$$
\begin{equation*}
\boldsymbol{M}:=-\boldsymbol{G}(\boldsymbol{n}, \vec{\gamma}(.))+8 \pi \boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}(.)) . \tag{10.6}
\end{equation*}
$$

By means of the contracted Codazzi equation (2.103) and the relation $\boldsymbol{T}(\boldsymbol{n}, \vec{\gamma}())=.-\boldsymbol{p}$ [Eq. (4.4)], we get

$$
\begin{equation*}
M_{i}=D_{j} K_{i}^{j}-D_{i} K-8 \pi p_{i} \tag{10.7}
\end{equation*}
$$

From the above expressions, we see that the Hamiltonian constraint (4.65) and the momentum constraint (4.66) are equivalent to respectively

$$
\begin{align*}
H & =0  \tag{10.8}\\
M_{i} & =0 \tag{10.9}
\end{align*}
$$

Finally we define the dynamical equation violation as the spatial tensor field

$$
\begin{equation*}
\boldsymbol{F}:=\vec{\gamma}^{* 4} \boldsymbol{R}-8 \pi \vec{\gamma}^{*}\left(\boldsymbol{T}-\frac{1}{2} T \boldsymbol{g}\right) \tag{10.10}
\end{equation*}
$$

Indeed, let us recall that the dynamical part of the $3+1$ Einstein system, Eq. (4.64) is nothing but the spatial projection of the Einstein equation written in terms of the Ricci tensor ${ }^{4} \boldsymbol{R}$, i.e. Eq. (4.2), instead of the Einstein tensor, i.e. Eq. (10.2) (cf. Sec. 4.1.3). Introducing the stress tensor $\boldsymbol{S}=\vec{\gamma}^{*} \boldsymbol{T}$ [Eq. (4.7)] and using the relations $T=S-E\left[E q\right.$. (4.12)] and $\vec{\gamma}^{*} \boldsymbol{g}=\boldsymbol{\gamma}$, we can write $\boldsymbol{F}$ as

$$
\begin{equation*}
\boldsymbol{F}=\vec{\gamma}^{* 4} \boldsymbol{R}-8 \pi\left[\boldsymbol{S}+\frac{1}{2}(E-S) \gamma\right] \tag{10.11}
\end{equation*}
$$

From Eq. (4.13), we see that the dynamical part of Einstein equation is equivalent to

$$
\begin{equation*}
\boldsymbol{F}=0 \tag{10.12}
\end{equation*}
$$

This is also clear if we replace $\vec{\gamma}^{* 4} \boldsymbol{R}$ in Eq. (10.11) by the expression (3.45): we immediately get Eq. (4.64).

Let us express $\vec{\gamma}^{*}(\boldsymbol{G}-8 \pi \boldsymbol{T})$ in terms of $\boldsymbol{F}$. Using Eq. (10.1), we have

$$
\begin{equation*}
\vec{\gamma}^{*}(\boldsymbol{G}-8 \pi \boldsymbol{T})=\vec{\gamma}^{* 4} \boldsymbol{R}-\frac{1}{2}{ }^{4} R \boldsymbol{\gamma}-8 \pi \boldsymbol{S} \tag{10.13}
\end{equation*}
$$

Comparing with Eq. (10.11), we get

$$
\begin{equation*}
\overrightarrow{\boldsymbol{\gamma}}^{*}(\boldsymbol{G}-8 \pi \boldsymbol{T})=\boldsymbol{F}-\frac{1}{2}\left[{ }^{4} R+8 \pi(S-E)\right] \boldsymbol{\gamma} . \tag{10.14}
\end{equation*}
$$

Besides, the trace of Eq. (10.11) is

$$
\begin{align*}
F & =\operatorname{tr}_{\gamma} \boldsymbol{F}=\gamma^{i j} F_{i j}=\gamma^{\mu \nu} F_{\mu \nu} \\
& =\underbrace{\gamma^{\mu \nu} \gamma^{\rho}}_{=\gamma^{\rho \nu}} \gamma^{\sigma}{ }_{\nu}{ }^{4} R_{\rho \sigma}-8 \pi\left[S+\frac{1}{2}(E-S) \times 3\right] \\
& =\gamma^{\rho \sigma 4} R_{\rho \sigma}+4 \pi(S-3 E)={ }^{4} R+{ }^{4} R_{\rho \sigma} n^{\rho} n^{\sigma}+4 \pi(S-3 E) . \tag{10.15}
\end{align*}
$$

Now, from Eq. (10.4), ${ }^{4} R_{\rho \sigma} n^{\rho} n^{\sigma}=H-{ }^{4} R / 2+8 \pi E$, so that the above relation becomes

$$
\begin{align*}
F & ={ }^{4} R+H-\frac{1}{2}{ }^{4} R+8 \pi E+4 \pi(S-3 E) \\
& =H+\frac{1}{2}\left[{ }^{4} R+8 \pi(S-E)\right] \tag{10.16}
\end{align*}
$$

This enables us to write Eq. (10.14) as

$$
\begin{equation*}
\overrightarrow{\boldsymbol{\gamma}}^{*}(\boldsymbol{G}-8 \pi \boldsymbol{T})=\boldsymbol{F}+(H-F) \boldsymbol{\gamma} . \tag{10.17}
\end{equation*}
$$

Similarly to the $3+1$ decomposition (4.10) of the stress-energy tensor, the $3+1$ decomposition of $\boldsymbol{G}-8 \pi \boldsymbol{T}$ is

$$
\begin{equation*}
\boldsymbol{G}-8 \pi \boldsymbol{T}=\vec{\gamma}^{*}(\boldsymbol{G}-8 \pi \boldsymbol{T})+\underline{\boldsymbol{n}} \otimes \boldsymbol{M}+\boldsymbol{M} \otimes \underline{\boldsymbol{n}}+H \underline{\boldsymbol{n}} \otimes \underline{\boldsymbol{n}}, \tag{10.18}
\end{equation*}
$$

$\vec{\gamma}^{*}(\boldsymbol{G}-8 \pi \boldsymbol{T})$ playing the role of $\boldsymbol{S}, \boldsymbol{M}$ that of $\boldsymbol{p}$ and $H$ that of $E$. Thanks to Eq. (10.17), we may write

$$
\begin{equation*}
G-8 \pi \boldsymbol{T}=\boldsymbol{F}+(H-F) \gamma+\underline{\boldsymbol{n}} \otimes \boldsymbol{M}+\boldsymbol{M} \otimes \underline{\boldsymbol{n}}+H \underline{\boldsymbol{n}} \otimes \underline{\boldsymbol{n}}, \tag{10.19}
\end{equation*}
$$

or, in index notation,

$$
\begin{equation*}
G_{\alpha \beta}-8 \pi T_{\alpha \beta}=F_{\alpha \beta}+(H-F) \gamma_{\alpha \beta}+n_{\alpha} M_{\beta}+M_{\alpha} n_{\beta}+H n_{\alpha} n_{\beta} . \tag{10.20}
\end{equation*}
$$

This identity can be viewed as the $3+1$ decomposition of Einstein equation (10.2) in terms of the dynamical equation violation $\boldsymbol{F}$, the Hamiltonian constraint violation $H$ and the momentum constraint violation $M$.

The next step consists in invoking the contracted Bianchi identity:

$$
\begin{equation*}
\vec{\nabla} \cdot \boldsymbol{G}=0 \tag{10.21}
\end{equation*}
$$

i.e.

$$
\begin{equation*}
\nabla^{\mu} G_{\alpha \mu}=0 \text {. } \tag{10.22}
\end{equation*}
$$

Let us recall that this identity is purely geometrical and holds independently of Einstein equation. In addition, we assume that the matter obeys the energy-momentum conservation law (5.1) :

$$
\begin{equation*}
\vec{\nabla} \cdot \boldsymbol{T}=0 . \tag{10.23}
\end{equation*}
$$

In view of the Bianchi identity (10.21), Eq. (10.23) is a necessary condition for the Einstein equation (10.2) to hold.

Remark : We assume here specifically that Eq. (10.23) holds, because in the following we do not demand that the whole Einstein equation is satisfied, but only its dynamical part, i.e. Eq. (10.12).

As we have seen in Chap. 5, in order for Eq. (10.23) to be satisfied, the matter energy density $E$ and momentum density $\boldsymbol{p}$ (both relative to the Eulerian observer) must obey to the evolution equations (5.12) and (5.23).

Thanks to the Bianchi identity (10.21) and to the energy-momentum conservation law (10.23), the divergence of Eq. (10.19) leads to, successively,

$$
\begin{align*}
& \nabla_{\mu}\left(G^{\mu}{ }_{\alpha}-8 \pi T^{\mu}{ }_{\alpha}\right)=0 \\
& \nabla_{\mu}\left[F^{\mu}{ }_{\alpha}+(H-F) \gamma^{\mu}{ }_{\alpha}+n^{\mu} M_{\alpha}+M^{\mu} n_{\alpha}+H n^{\mu} n_{\alpha}\right]=0, \\
& \nabla_{\mu} F^{\mu}{ }_{\alpha}+D_{\alpha}(H-F)+(H-F)\left(\nabla_{\mu} n^{\mu} n_{\alpha}+n^{\mu} \nabla_{\mu} n_{\alpha}\right)-K M_{\alpha}+n^{\mu} \nabla_{\mu} M_{\alpha} \\
& \quad \quad+\nabla_{\mu} M^{\mu} n_{\alpha}-M^{\mu} K_{\mu \alpha}+n^{\mu} \nabla_{\mu} H n_{\alpha}-H K n_{\alpha}+H D_{\alpha} \ln N=0, \\
& \nabla_{\mu} F^{\mu}{ }_{\alpha}+ \\
& \quad+D_{\alpha}(H-F)+(2 H-F)\left(D_{\alpha} \ln N-K n_{\alpha}\right)-K M_{\alpha}+n^{\mu} \nabla_{\mu} M_{\alpha},  \tag{10.24}\\
& \quad \\
& \quad+\nabla_{\mu} M^{\mu} n_{\alpha}-K_{\alpha \mu} M^{\mu}+n^{\mu} \nabla_{\mu} H n_{\alpha}=0,
\end{align*}
$$

where we have used Eq. (3.20) to express the $\boldsymbol{\nabla} \underline{\boldsymbol{n}}$ in terms of $\boldsymbol{K}$ and $\boldsymbol{D} \ln N$ (in particular $\left.\nabla_{\mu} n^{\mu}=-K\right)$. Let us contract Eq. (10.24) with $\boldsymbol{n}$ : we get, successively,

$$
\begin{align*}
& n^{\nu} \nabla_{\mu} F^{\mu}{ }_{\nu}+(2 H-F) K+n^{\nu} n^{\mu} \nabla_{\mu} M_{\nu}-\nabla_{\mu} M^{\mu}-n^{\mu} \nabla_{\mu} H=0, \\
& -F^{\mu}{ }_{\nu} \nabla_{\mu} n^{\nu}+(2 H-F) K-M_{\nu} n^{\mu} \nabla_{\mu} n^{\nu}-\nabla_{\mu} M^{\mu}-n^{\mu} \nabla_{\mu} H=0, \\
& K^{\mu \nu} F_{\mu \nu}+(2 H-F) K-M^{\nu} D_{\nu} \ln N-\nabla_{\mu} M^{\mu}-n^{\mu} \nabla_{\mu} H=0 . \tag{10.25}
\end{align*}
$$

Now the $\boldsymbol{\nabla}$-divergence of $\boldsymbol{M}$ is related to the $\boldsymbol{D}$-one by

$$
\begin{align*}
D_{\mu} M^{\mu} & =\gamma^{\rho}{ }_{\mu} \gamma^{\sigma}{ }_{\nu} \nabla_{\rho} M^{\sigma}=\gamma_{\sigma}^{\rho}{ }_{\sigma}{ }_{\rho} M^{\sigma}=\nabla_{\rho} M^{\rho}+n^{\rho} n_{\sigma} \nabla_{\rho} M^{\sigma} \\
& =\nabla_{\mu} M^{\mu}-M^{\mu} D_{\mu} \ln N . \tag{10.26}
\end{align*}
$$

Thus Eq. (10.25) can be written

$$
\begin{equation*}
n^{\mu} \nabla_{\mu} H=-D_{\mu} M^{\mu}-2 M^{\mu} D_{\mu} \ln N+K(2 H-F)+K^{\mu \nu} F_{\mu \nu} . \tag{10.27}
\end{equation*}
$$

Noticing that

$$
\begin{equation*}
n^{\mu} \nabla_{\mu} H=\frac{1}{N} m^{\mu} \nabla_{\mu} H=\frac{1}{N} \mathcal{L}_{m} H=\frac{1}{N}\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) H \tag{10.28}
\end{equation*}
$$

where $\boldsymbol{m}$ is the normal evolution vector (cf. Sec. 3.3.2), we get the following evolution equation for the Hamiltonian constraint violation

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) H=-D_{i}\left(N M^{i}\right)-M^{i} D_{i} N+N K(2 H-F)+N K^{i j} F_{i j} . \tag{10.29}
\end{equation*}
$$

Let us now project Eq. (10.24) onto $\Sigma_{t}$ :

$$
\begin{equation*}
\gamma^{\nu \alpha} \nabla_{\mu} F^{\mu}{ }_{\nu}+D^{\alpha}(H-F)+(2 H-F) D^{\alpha} \ln N-K M^{\alpha}+\gamma_{\nu}^{\alpha} n^{\mu} \nabla_{\mu} M^{\nu}-K^{\alpha}{ }_{\mu} M^{\mu}=0 . \tag{10.30}
\end{equation*}
$$

Now the $\boldsymbol{\nabla}$-divergence of $\boldsymbol{F}$ is related to the $\boldsymbol{D}$-one by

$$
\begin{align*}
D_{\mu} F^{\mu \alpha} & =\gamma^{\rho}{ }_{\mu} \gamma^{\mu} \gamma^{\nu \alpha} \nabla_{\rho} F^{\sigma}{ }_{\nu}=\gamma^{\rho}{ }_{\sigma} \gamma^{\nu \alpha} \nabla_{\rho} F^{\sigma}{ }_{\nu}=\gamma^{\nu \alpha}\left(\nabla_{\rho} F^{\rho}{ }_{\nu}+n^{\rho} n_{\sigma} \nabla_{\rho} F^{\sigma}{ }_{\nu}\right) \\
& =\gamma^{\nu \alpha}\left(\nabla_{\rho} F^{\rho}{ }_{\nu}-F^{\sigma}{ }_{\nu} n^{\rho} \nabla_{\rho} n_{\sigma}\right) \\
& =\gamma^{\nu \alpha} \nabla_{\mu} F^{\mu}{ }_{\nu}-F^{\alpha \mu} D_{\mu} \ln N . \tag{10.31}
\end{align*}
$$

Besides, we have

$$
\begin{align*}
\gamma_{\nu}^{\alpha} n^{\mu} \nabla_{\mu} M^{\nu} & =\frac{1}{N} \gamma^{\alpha}{ }_{\nu} m^{\mu} \nabla_{\mu} M^{\nu}=\frac{1}{N} \gamma^{\alpha}{ }_{\nu}\left(\mathcal{L}_{m} M^{\nu}+M^{\mu} \nabla_{\mu} m^{\nu}\right) \\
& =\frac{1}{N}\left[\mathcal{L}_{m} M^{\alpha}+\gamma^{\alpha}{ }_{\nu} M^{\mu}\left(\nabla_{\mu} N n^{\nu}+N \nabla_{\mu} n^{\nu}\right)\right] \\
& =\frac{1}{N} \mathcal{L}_{m} M^{\alpha}-K^{\alpha}{ }_{\mu} M^{\mu}, \tag{10.32}
\end{align*}
$$

where property (3.32) has been used to write $\gamma^{\alpha}{ }_{\nu} \mathcal{L}_{\boldsymbol{m}} M^{\nu}=\mathcal{L}_{\boldsymbol{m}} M^{\alpha}$.
Thanks to Eqs. (10.31) and (10.32), and to the relation $\mathcal{L}_{m}=\partial / \partial t-\mathcal{L}_{\boldsymbol{\beta}}$, Eq. (10.30) yields an evolution equation for the momentum constraint violation:

$$
\begin{equation*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) M^{i}=-D_{j}\left(N F^{i j}\right)+2 N K_{j}^{i} M^{j}+N K M^{i}+N D^{i}(F-H)+(F-2 H) D^{i} N \tag{10.33}
\end{equation*}
$$

Let us now assume that the dynamical Einstein equation is satisfied, then $\boldsymbol{F}=0$ [Eq. (10.12)] and Eqs. (10.29) and (10.33) reduce to

$$
\begin{align*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) H & =-D_{i}\left(N M^{i}\right)+2 N K H-M^{i} D_{i} N  \tag{10.34}\\
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) M^{i} & =-D^{i}(N H)+2 N K_{j}^{i} M^{j}+N K M^{i}+H D^{i} N . \tag{10.35}
\end{align*}
$$

If the constraints are satisfied at $t=0$, then $\left.H\right|_{t=0}=0$ and $\left.M^{i}\right|_{t=0}=0$. The above system gives then

$$
\begin{align*}
& \left.\frac{\partial H}{\partial t}\right|_{t=0}=0  \tag{10.36}\\
& \left.\frac{\partial M^{i}}{\partial t}\right|_{t=0}=0 \tag{10.37}
\end{align*}
$$

We conclude that, at least in the case where all the fields are analytical (in order to invoke the Cauchy-Kovalevskaya theorem),

$$
\begin{equation*}
\forall t \geq 0, \quad H=0 \quad \text { and } \quad M^{i}=0 \tag{10.38}
\end{equation*}
$$

i.e. the constraints are preserved by the dynamical evolution equation (4.64). Even if the hypothesis of analyticity is relaxed, the result still holds because the system (10.34)-(10.35) is symmetric hyperbolic [136].
Remark : The above result on the preservation of the constraints in a free evolution scheme holds only if the matter source obeys the energy-momentum conservation law (10.23).

### 10.3.3 Constraint-violating modes

The constraint preservation property established in the preceding section adds some substantial support to the concept of free evolution scheme. However this is a mathematical result and it does not guarantee that numerical solutions will not violate the constraints. Indeed numerical codes based on free evolution schemes have been plagued for a long time by the so-called constraintviolating modes. The latter are solutions $(\boldsymbol{\gamma}, \boldsymbol{K}, N, \boldsymbol{\beta})$ which satisfy $\boldsymbol{F}=0$ up to numerical accuracy but with $H \neq 0$ and $\boldsymbol{M} \neq 0$, although if initially $H=0$ and $\boldsymbol{M}=0$ (up to numerical accuracy). The reasons for the appearance of these constraint-violating modes are twofold: (i) due to numerical errors, the conditions $H=0$ and $M=0$ are slightly violated in the initial data, and the evolution equations amplify (in most cases exponentially !) this violation and (ii) constraint violations may flow into the computational domain from boundary conditions imposed at timelike boundaries. Notice that the demonstration in Sec. 10.3.2 did not take into account any boundary and could not rule out (ii).

An impressive amount of works have then been devoted to this issue (see [243] for a review and Ref. [167, 217] for recent solutions to problem (ii)). We mention hereafter shortly the symmetric hyperbolic formulations, before discussing the most successful approach to date: the BSSN scheme.

### 10.3.4 Symmetric hyperbolic formulations

The idea is to introduce auxiliary variables so that the dynamical equations become a first-order symmetric hyperbolic system, because these systems are known to be well posed (see e.g. [250, 214]). This comprises the formulation developed in 2001 by Kidder, Scheel and Teukolsky [168] (KST formulation), which constitutes some generalization of previous formulations developed by Frittelli and Reula (1996) [137] and by Andersson and York (1999) [13], the latter being known as the Einstein-Christoffel system.

### 10.4 BSSN scheme

### 10.4.1 Introduction

The BSSN scheme is a free evolution scheme for the conformal 3+1 Einstein system (6.105)(6.110) which has been devised by Shibata and Nakamura in 1995 [233]. It has been re-analyzed by Baumgarte and Shapiro in 1999 [43], with a slight modification, and bears since then the name BSSN for Baumgarte-Shapiro-Shibata-Nakamura.

### 10.4.2 Expression of the Ricci tensor of the conformal metric

The starting point of the BSSN formulation is the conformal 3+1 Einstein system (6.105)-(6.110). One then proceeds by expressing the Ricci tensor $\tilde{\boldsymbol{R}}$ of the conformal metric $\tilde{\gamma}$, which appears in Eq. (6.108), in terms of the derivatives of $\tilde{\gamma}$. To this aim, we consider the standard expression of the Ricci tensor in terms of the Christoffel symbols $\tilde{\Gamma}^{k}{ }_{i j}$ of the metric $\tilde{\gamma}$ with respect to the
coordinates $\left(x^{i}\right)$ :

$$
\begin{equation*}
\tilde{R}_{i j}=\frac{\partial}{\partial x^{k}} \tilde{\Gamma}^{k}{ }_{i j}-\frac{\partial}{\partial x^{j}} \tilde{\Gamma}^{k}{ }_{i k}+\tilde{\Gamma}^{k}{ }_{i j} \tilde{\Gamma}^{l}{ }_{k l}-\tilde{\Gamma}^{k}{ }_{i l} \tilde{\Gamma}^{l}{ }_{k j} . \tag{10.39}
\end{equation*}
$$

Let us introduce the type $\binom{1}{2}$ tensor field $\boldsymbol{\Delta}$ defined by

$$
\begin{equation*}
\Delta^{k}{ }_{i j}:=\tilde{\Gamma}^{k}{ }_{i j}-\bar{\Gamma}^{k}{ }_{i j}, \tag{10.40}
\end{equation*}
$$

where the $\bar{\Gamma}^{k}{ }_{i j}$ 's denote the Christoffel symbols of the flat metric $f$ with respect to the coordinates $\left(x^{i}\right)$. As already noticed in Sec. 9.3.4, the identity (10.40) does define a tensor field, although each set of Christoffel symbols, $\tilde{\Gamma}^{k}{ }_{i j}$ or $\bar{\Gamma}^{k}{ }_{i j}$, is by no means the set of components of any tensor field. Actually an alternative expression of $\Delta^{k}{ }_{i j}$, which is manifestly covariant, is

$$
\begin{equation*}
\Delta^{k}{ }_{i j}=\frac{1}{2} \tilde{\gamma}^{k l}\left(\mathcal{D}_{i} \tilde{\gamma}_{l j}+\mathcal{D}_{j} \tilde{\gamma}_{i l}-\mathcal{D}_{l} \tilde{\gamma}_{i j}\right), \tag{10.41}
\end{equation*}
$$

where $\mathcal{D}_{i}$ stands for the covariant derivative associated with the flat metric $\boldsymbol{f}$. It is not difficult to establish the equivalence of Eqs. (10.40) and (10.41): starting from the latter, we have

$$
\begin{align*}
\Delta^{k}{ }_{i j}= & \frac{1}{2} \tilde{\gamma}^{k l}\left(\frac{\partial \tilde{\gamma}_{l j}}{\partial x^{i}}-\bar{\Gamma}^{m}{ }_{i l} \tilde{\gamma}_{m j}-\bar{\Gamma}^{m}{ }_{i j} \tilde{\gamma}_{l m}+\frac{\partial \tilde{\gamma}_{i l}}{\partial x^{j}}-\bar{\Gamma}^{m}{ }_{j i} \tilde{\gamma}_{m l}-\bar{\Gamma}^{m}{ }_{j l} \tilde{\gamma}_{i m}\right. \\
& \left.\quad-\frac{\partial \tilde{\gamma}_{i j}}{\partial x^{l}}+\bar{\Gamma}^{m}{ }_{l i} \tilde{\gamma}_{m j}+\bar{\Gamma}^{m}{ }_{l j} \tilde{\gamma}_{i m}\right) \\
= & \tilde{\Gamma}^{k}{ }_{i j}+\frac{1}{2} \tilde{\gamma}^{k l}\left(-2 \bar{\Gamma}^{m}{ }_{i j} \tilde{\gamma}_{l m}\right)=\tilde{\Gamma}^{k}{ }_{i j}-\underbrace{\tilde{\gamma}^{k l} \tilde{\gamma}_{l m}}_{=\delta^{k}{ }_{m}} \bar{\Gamma}^{m}{ }_{i j} \\
= & \tilde{\Gamma}^{k}{ }_{i j}-\bar{\Gamma}^{k}{ }_{i j}, \tag{10.42}
\end{align*}
$$

hence we recover Eq. (10.40).
Remark: While it is a well defined tensor field, $\boldsymbol{\Delta}$ depends upon the background flat metric $f$, which is not unique on the hypersurface $\Sigma_{t}$.

A useful relation is obtained by contracting Eq. (10.40) on the indices $k$ and $j$ :

$$
\begin{equation*}
\Delta^{k}{ }_{i k}=\tilde{\Gamma}^{k}{ }_{i k}-\bar{\Gamma}^{k}{ }_{i k}=\frac{1}{2} \frac{\partial}{\partial x^{i}} \ln \tilde{\gamma}-\frac{1}{2} \frac{\partial}{\partial x^{i}} \ln f, \tag{10.43}
\end{equation*}
$$

where $\tilde{\gamma}:=\operatorname{det} \tilde{\gamma}_{i j}$ and $f:=\operatorname{det} f_{i j}$. Since by construction $\tilde{\gamma}=f$ [Eq. (6.19)], we get

$$
\begin{equation*}
\Delta^{k}{ }_{i k}=0 \text {. } \tag{10.44}
\end{equation*}
$$

Remark : If the coordinates $\left(x^{i}\right)$ are of Cartesian type, then $\bar{\Gamma}^{k}{ }_{i j}=0, \Delta^{k}{ }_{i j}=\tilde{\Gamma}^{k}{ }_{i j}$ and $\mathcal{D}_{i}=$ $\partial / \partial x^{i}$. This is actually the case considered in the original articles of the BSSN formalism [233, 43]. We follow here the method of Ref. [63] to allow for non Cartesian coordinates, e.g. spherical ones.

Replacing $\tilde{\Gamma}^{k}{ }_{i j}$ by $\Delta^{k}{ }_{i j}+\bar{\Gamma}^{k}{ }_{i j}$ [Eq. (10.40)] in the expression (10.39) of the Ricci tensor yields

$$
\begin{align*}
\tilde{R}_{i j}= & \frac{\partial}{\partial x^{k}}\left(\Delta^{k}{ }_{i j}+\bar{\Gamma}^{k}{ }_{i j}\right)-\frac{\partial}{\partial x^{j}}\left(\Delta^{k}{ }_{i k}+\bar{\Gamma}^{k}{ }_{i k}\right)+\left(\Delta^{k}{ }_{i j}+\bar{\Gamma}^{k}{ }_{i j}\right)\left(\Delta_{k l}^{l}+\bar{\Gamma}^{l}{ }_{k l}\right) \\
& -\left(\Delta^{k}{ }_{i l}+\bar{\Gamma}^{k}{ }_{i l}\right)\left(\Delta^{l}{ }_{k j}+\bar{\Gamma}^{l}{ }_{k j}\right) \\
= & \frac{\partial}{\partial x^{k}} \Delta^{k}{ }_{i j}+\frac{\partial}{\partial x^{k}} \bar{\Gamma}^{k}{ }_{i j}-\frac{\partial}{\partial x^{j}} \Delta^{k}{ }_{i k}-\frac{\partial}{\partial x^{j}} \bar{\Gamma}^{k}{ }_{i k}+\Delta^{k}{ }_{i j} \Delta^{l}{ }_{k l}+\bar{\Gamma}^{l}{ }_{k l} \Delta^{k}{ }_{i j} \\
& +\bar{\Gamma}^{k}{ }_{i j} \Delta^{l}{ }_{k l}+\bar{\Gamma}^{k}{ }_{i j} \bar{\Gamma}^{l}{ }_{k l}-\Delta^{k}{ }_{i l} \Delta^{l}{ }_{k j}-\bar{\Gamma}^{l}{ }_{k j} \Delta^{k}{ }_{i l}-\bar{\Gamma}^{k}{ }_{i l} \Delta^{l}{ }_{k j}-\bar{\Gamma}^{k}{ }_{i l} \bar{\Gamma}^{l}{ }_{k j} . \tag{10.45}
\end{align*}
$$

Now since the metric $\boldsymbol{f}$ is flat, its Ricci tensor vanishes identically, so that

$$
\begin{equation*}
\frac{\partial}{\partial x^{k}} \bar{\Gamma}_{i j}^{k}-\frac{\partial}{\partial x^{j}} \bar{\Gamma}_{i k}^{k}+\bar{\Gamma}_{i j}^{k} \bar{\Gamma}_{k l}^{l}-\bar{\Gamma}_{i l}^{k} \bar{\Gamma}_{k j}^{l}=0 . \tag{10.46}
\end{equation*}
$$

Hence Eq. (10.45) reduces to

$$
\begin{align*}
\tilde{R}_{i j}= & \frac{\partial}{\partial x^{k}} \Delta_{i j}^{k}-\frac{\partial}{\partial x^{j}} \Delta_{i k}^{k}+\Delta_{i j}^{k} \Delta_{k l}^{l}+\bar{\Gamma}_{k l}^{l} \Delta_{i j}^{k}+\bar{\Gamma}_{i j}^{k} \Delta_{k l}^{l}-\Delta_{i l}^{k} \Delta_{k j}^{l}{ }_{k j} \\
& -\bar{\Gamma}_{k j}^{l} \Delta_{i l}^{k}-\bar{\Gamma}_{i l}^{k} \Delta_{k j}^{l} \tag{10.47}
\end{align*}
$$

Property (10.44) enables us to simplify this expression further:

$$
\begin{align*}
\tilde{R}_{i j} & =\frac{\partial}{\partial x^{k}} \Delta_{i j}^{k}+\bar{\Gamma}_{k l}^{l} \Delta_{i j}^{k}-\bar{\Gamma}_{k j}^{l} \Delta_{i l}^{k}-\bar{\Gamma}_{i l}^{k} \Delta_{k j}^{l}-\Delta_{i l}^{k} \Delta_{k j}^{l} \\
& =\frac{\partial}{\partial x^{k}} \Delta_{i j}^{k}+\bar{\Gamma}_{k l}^{k} \Delta_{i j}^{l}-\bar{\Gamma}_{k i}^{l} \Delta_{l j}^{k}-\bar{\Gamma}_{k j}^{l} \Delta_{i l}^{k}-\Delta_{i l}^{k} \Delta_{k j}^{l} \tag{10.48}
\end{align*}
$$

We recognize in the first four terms of the right-hand side the covariant derivative $\mathcal{D}_{k} \Delta^{k}{ }_{i j}$, hence

$$
\begin{equation*}
\tilde{R}_{i j}=\mathcal{D}_{k} \Delta^{k}{ }_{i j}-\Delta^{k}{ }_{i l} \Delta_{k j}^{l} \tag{10.49}
\end{equation*}
$$

Remark : Even if $\Delta^{k}{ }_{i k}$ would not vanish, we would have obtained an expression of the Ricci tensor with exactly the same structure as Eq. (10.39), with the partial derivatives $\partial / \partial x^{i}$ replaced by the covariant derivatives $\mathcal{D}_{i}$ and the Christoffel symbols $\tilde{\Gamma}^{k}{ }_{i j}$ replaced by the tensor components $\Delta^{k}{ }_{i j}$. Indeed Eq. (10.49) can be seen as being nothing but a particular case of the more general formula obtained in Sec. 6.3.1 and relating the Ricci tensors associated with two different metrics, namely Eq. (6.44). Performing in the latter the substitutions $\gamma \rightarrow \tilde{\gamma}, \tilde{\gamma} \rightarrow \boldsymbol{f}, R_{i j} \rightarrow \tilde{R}_{i j}, \tilde{R}_{i j} \rightarrow 0$ (for $\boldsymbol{f}$ is flat), $\tilde{D}_{i} \rightarrow \mathcal{D}_{i}$ and $C^{k}{ }_{i j} \rightarrow$ $\Delta^{k}{ }_{i j}$ [compare Eqs. (6.30) and (10.40)] and using property (10.44), we get immediately Eq. (10.49).

If we substitute expression (10.41) for $\Delta^{k}{ }_{i j}$ into Eq. (10.49), we get

$$
\begin{aligned}
\tilde{R}_{i j} & =\frac{1}{2} \mathcal{D}_{k}\left[\tilde{\gamma}^{k l}\left(\mathcal{D}_{i} \tilde{\gamma}_{l j}+\mathcal{D}_{j} \tilde{\gamma}_{i l}-\mathcal{D}_{l} \tilde{\gamma}_{i j}\right)\right]-\Delta^{k}{ }_{i l} \Delta^{l}{ }_{k j} \\
& =\frac{1}{2}\{\mathcal{D}_{k}[\mathcal{D}_{i}(\underbrace{\tilde{\gamma}^{k l} \tilde{\gamma}_{l j}}_{\delta^{k}{ }_{j}})-\tilde{\gamma}_{l j} \mathcal{D}_{i} \tilde{\gamma}^{k l}+\mathcal{D}_{j}(\underbrace{\tilde{\gamma}^{k l} \tilde{\gamma}_{i l}}_{\delta^{k}{ }_{i}})-\tilde{\gamma}_{i l} \mathcal{D}_{j} \tilde{\gamma}^{k l}]-\mathcal{D}_{k} \tilde{\gamma}^{k l} \mathcal{D}_{l} \tilde{\gamma}_{i j}-\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}\}
\end{aligned}
$$

$$
\begin{align*}
& =\frac{\Delta^{k}{ }_{i l} \Delta^{l}{ }_{k j}}{=\frac{1}{2}\left(-\mathcal{D}_{k} \tilde{\gamma}_{l j} \mathcal{D}_{i} \tilde{\gamma}^{k l}-\tilde{\gamma}_{l j} \mathcal{D}_{k} \mathcal{D}_{i} \tilde{\gamma}^{k l}-\mathcal{D}_{k} \tilde{\gamma}_{i l} \mathcal{D}_{j} \tilde{\gamma}^{k l}-\tilde{\gamma}_{i l} \mathcal{D}_{k} \mathcal{D}_{j} \tilde{\gamma}^{k l}-\mathcal{D}_{k} \tilde{\gamma}^{k l} \mathcal{D}_{l} \tilde{\gamma}_{i j}\right.} \\
& \left.\quad-\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}\right)-\Delta^{k}{ }_{i l} \Delta^{l}{ }_{k j} .
\end{align*}
$$

Hence we can write, using $\mathcal{D}_{k} \mathcal{D}_{i}=\mathcal{D}_{i} \mathcal{D}_{k}$ (since $\boldsymbol{f}$ is flat) and exchanging some indices $k$ and $l$,

$$
\begin{equation*}
\tilde{R}_{i j}=-\frac{1}{2}\left(\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}+\tilde{\gamma}_{i k} \mathcal{D}_{j} \mathcal{D}_{l} \tilde{\gamma}^{k l}+\tilde{\gamma}_{j k} \mathcal{D}_{i} \mathcal{D}_{l} \tilde{\gamma}^{k l}\right)+\mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}), \tag{10.51}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}):=-\frac{1}{2}\left(\mathcal{D}_{k} \tilde{\gamma}_{l j} \mathcal{D}_{i} \tilde{\gamma}^{k l}+\mathcal{D}_{k} \tilde{\gamma}_{i l} \mathcal{D}_{j} \tilde{\gamma}^{k l}+\mathcal{D}_{k} \tilde{\gamma}^{k l} \mathcal{D}_{l} \tilde{\gamma}_{i j}\right)-\Delta^{k}{ }_{i l} \Delta^{l}{ }_{k j} \tag{10.52}
\end{equation*}
$$

is a term which does not contain any second derivative of $\tilde{\gamma}$ and which is quadratic in the first derivatives.

### 10.4.3 Reducing the Ricci tensor to a Laplace operator

If we consider the Ricci tensor as a differential operator acting on the conformal metric $\tilde{\gamma}$, its principal part (or principal symbol, cf. Sec. B.2.2) is given by the three terms involving second derivatives in the right-hand side of Eq. (10.51). We recognize in the first term, $\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}$, a kind of Laplace operator acting on $\tilde{\gamma}_{i j}$. Actually, for a weak gravitational field, i.e. for $\tilde{\gamma}^{i j}=f^{i j}+h^{i j}$ with $f_{i k} f_{j l} h^{k l} h^{i j} \ll 1$, we have, at the linear order in $\boldsymbol{h}, \tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j} \simeq \Delta_{\boldsymbol{f}} \tilde{\gamma}_{i j}$, where $\Delta_{f}=f^{k l} \mathcal{D}_{k} \mathcal{D}_{l}$ is the Laplace operator associated with the metric $f$. If we combine Eqs. (6.106) and (6.108), the Laplace operator in $\tilde{R}_{i j}$ gives rise to a wave operator for $\tilde{\gamma}_{i j}$, namely

$$
\begin{equation*}
\left[\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right)^{2}-\frac{N^{2}}{\Psi^{4}} \tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l}\right] \tilde{\gamma}_{i j}=\cdots \tag{10.53}
\end{equation*}
$$

Unfortunately the other two terms that involve second derivatives in Eq. (10.51), namely $\tilde{\gamma}_{i k} \mathcal{D}_{j} \mathcal{D}_{l} \tilde{\gamma}^{k l}$ and $\tilde{\gamma}_{j k} \mathcal{D}_{i} \mathcal{D}_{l} \tilde{\gamma}^{k l}$, spoil the elliptic character of the operator acting on $\tilde{\gamma}_{i j}$ in $\tilde{R}_{i j}$, so that the combination of Eqs. (6.106) and (6.108) does no longer lead to a wave operator.

To restore the Laplace operator, Shibata and Nakamura [233] have considered the term $\mathcal{D}_{l} \tilde{\gamma}^{k l}$ which appears in the second and third terms of Eq. (10.51) as a variable independent from $\tilde{\gamma}_{i j}$. We recognize in this term the opposite of the vector $\tilde{\boldsymbol{\Gamma}}$ that has been introduced in Sec. 9.3.4 [cf. Eq. (9.80)]:

$$
\begin{equation*}
\tilde{\Gamma}^{i}=-\mathcal{D}_{j} \tilde{\gamma}^{i j} \text {. } \tag{10.54}
\end{equation*}
$$

Equation (10.51) then becomes

$$
\begin{equation*}
\tilde{R}_{i j}=\frac{1}{2}\left(-\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}+\tilde{\gamma}_{i k} \mathcal{D}_{j} \tilde{\Gamma}^{k}+\tilde{\gamma}_{j k} \mathcal{D}_{i} \tilde{\Gamma}^{k}\right)+\mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}) . \tag{10.55}
\end{equation*}
$$

Remark : Actually, Shibata and Nakamura [233] have introduced the covector $F_{i}:=\mathcal{D}^{j} \tilde{\gamma}_{i j}$ instead of $\tilde{\Gamma}^{i}$. As Eq. (9.96) shows, the two quantities are closely related. They are even equivalent in the linear regime. The quantity $\tilde{\Gamma}^{i}$ has been introduced by Baumgarte and Shapiro [43]. It has the advantage over $F_{i}$ to encompass all the second derivatives of $\tilde{\gamma}_{i j}$ that are not part of the Laplacian. If one use $F_{i}$, this is true only at the linear order (weak field region). Indeed, by means of Eq. (9.96), we can write

$$
\begin{equation*}
\tilde{R}_{i j}=\frac{1}{2}\left(-\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}+\mathcal{D}_{j} F_{i}+\mathcal{D}_{i} F_{j}+h^{k l} \mathcal{D}_{i} \mathcal{D}_{k} \tilde{\gamma}_{j l}+h^{k l} \mathcal{D}_{i} \mathcal{D}_{k} \tilde{\gamma}_{j l}\right)+\mathcal{Q}^{\prime}{ }_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}), \tag{10.56}
\end{equation*}
$$

where $h^{k l}:=\tilde{\gamma}^{k l}-f^{k l}$. When compared with (10.55), the above expression contains the additional terms $h^{k l} \mathcal{D}_{i} \mathcal{D}_{k} \tilde{\gamma}_{j l}$ and $h^{k l} \mathcal{D}_{i} \mathcal{D}_{k} \tilde{\gamma}_{j l}$, which are quadratic in the deviation of $\tilde{\gamma}$ from the flat metric.

The Ricci scalar $\tilde{R}$, which appears along $\tilde{R}_{i j}$ in Eq. (6.108), is deduced from the trace of Eq. (10.55):

$$
\begin{align*}
\tilde{R} & =\tilde{\gamma}^{i j} \tilde{R}_{i j}=\frac{1}{2}(-\tilde{\gamma}^{k l} \tilde{\gamma}^{i j} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}+\underbrace{\tilde{\gamma}^{i j} \tilde{\gamma}_{i k}}_{=\delta^{j}{ }_{k}} \mathcal{D}_{j} \tilde{\Gamma}^{k}+\underbrace{\tilde{\gamma}^{i j} \tilde{\gamma}_{j k}}_{=\delta^{i}{ }_{k}} \mathcal{D}_{i} \tilde{\Gamma}^{k})+\tilde{\gamma}^{i j} \mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}) \\
& =\frac{1}{2}\left[\tilde{\gamma}^{k l} \mathcal{D}_{k}\left(\tilde{\gamma}^{i j} \mathcal{D}_{l} \tilde{\gamma}_{i j}\right)+\tilde{\gamma}^{k l} \mathcal{D}_{k} \tilde{\gamma}^{j} \mathcal{D}_{l} \tilde{\gamma}_{i j}+2 \mathcal{D}_{k} \tilde{\Gamma}^{k}\right]+\tilde{\gamma}^{i j} \mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}) \tag{10.57}
\end{align*}
$$

Now, from Eq. (10.41), $\tilde{\gamma}^{i j} \mathcal{D}_{l} \tilde{\gamma}_{i j}=2 \Delta^{k}{ }_{l k}$, and from Eq. (10.44), $\Delta^{k}{ }_{l k}=0$. Thus the first term in the right-hand side of the above equation vanishes and we get

$$
\begin{equation*}
\tilde{R}=\mathcal{D}_{k} \tilde{\Gamma}^{k}+\mathcal{Q}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}) \tag{10.58}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathcal{Q}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}):=\frac{1}{2} \tilde{\gamma}^{k l} \mathcal{D}_{k} \tilde{\gamma}^{i j} \mathcal{D}_{l} \tilde{\gamma}_{i j}+\tilde{\gamma}^{i j} \mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma}) \tag{10.59}
\end{equation*}
$$

is a term that does not contain any second derivative of $\tilde{\gamma}$ and is quadratic in the first derivatives.
The idea of introducing auxiliary variables, such as $\tilde{\Gamma}^{i}$ or $F_{i}$, to reduce the Ricci tensor to a Laplace-like operator traces back to Nakamura, Oohara and Kojima (1987) [193]. In that work, such a treatment was performed for the Ricci tensor $\boldsymbol{R}$ of the physical metric $\gamma$, whereas in Shibata and Nakamura's study (1995) [233], it was done for the Ricci tensor $\tilde{\boldsymbol{R}}$ of the conformal metric $\tilde{\gamma}$. The same considerations had been put forward much earlier for the four-dimensional Ricci tensor ${ }^{4} \boldsymbol{R}$. Indeed, this is the main motivation for the harmonic coordinates mentioned in Sec. 9.2.3: de Donder [106] introduced these coordinates in 1921 in order to write the principal part of the Ricci tensor as a wave operator acting on the metric coefficients $g_{\alpha \beta}$ :

$$
\begin{equation*}
{ }^{4} R_{\alpha \beta}=-\frac{1}{2} g^{\mu \nu} \frac{\partial}{\partial x^{\mu}} \frac{\partial}{\partial x^{\nu}} g_{\alpha \beta}+\mathcal{Q}_{\alpha \beta}(\boldsymbol{g}, \partial \boldsymbol{g}) \tag{10.60}
\end{equation*}
$$

where $\mathcal{Q}_{\alpha \beta}(\boldsymbol{g}, \boldsymbol{\partial g})$ is a term which does not contain any second derivative of $\boldsymbol{g}$ and which is quadratic in the first derivatives. In the current context, the analogue of harmonic coordinates would be to set $\tilde{\Gamma}^{i}=0$, for then Eq. (10.55) would resemble Eq. (10.60). The choice $\tilde{\Gamma}^{i}=0$
corresponds to the Dirac gauge discussed in Sec. 9.4.2. However the philosophy of the BSSN formulation is to leave free the coordinate choice, allowing for any value of $\tilde{\Gamma}^{i}$. In this respect, a closer 4-dimensional analogue of BSSN is the generalized harmonic decomposition introduced by Friedrich (1985) [133] and Garfinkle (2002) [139] (see also Ref. [151, 182]) and implemented by Pretorius for the binary black hole problem [206, 207, 208].

The allowance for any coordinate system means that $\tilde{\Gamma}^{i}$ becomes a new variable, in addition to $\tilde{\gamma}_{i j}, \tilde{A}_{i j}, \Psi, K, N$ and $\beta^{i}$. One then needs an evolution equation for it. But we have already derived such an equation in Sec. 9.3.4, namely Eq. (9.86). Equation (10.54) is then a constraint on the system, in addition to the Hamiltonian and momentum constraints.

### 10.4.4 The full scheme

By collecting together Eqs. (6.105)-(6.108), (10.55), (10.58) and (9.86), we can write the complete system of evolution equations for the BSSN scheme:

$$
\begin{align*}
& \hline\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \Psi=\frac{\Psi}{6}\left(\tilde{D}_{i} \beta^{i}-N K\right)  \tag{10.61}\\
& \hline\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\gamma}_{i j}=-2 N \tilde{A}_{i j}-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{\gamma}_{i j}  \tag{10.62}\\
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) K=-\Psi^{-4}\left(\tilde{D}_{i} \tilde{D}^{i} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}^{i} N\right)+N\left[4 \pi(E+S)+\tilde{A}_{i j} \tilde{A}^{i j}+\frac{K^{2}}{3}\right] \tag{10.63}
\end{align*}
$$

$$
\begin{aligned}
& \left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{A}_{i j}=-\frac{2}{3} \tilde{D}_{k} \beta^{k} \tilde{A}_{i j}+N\left[K \tilde{A}_{i j}-2 \tilde{\gamma}^{k l} \tilde{A}_{i k} \tilde{A}_{j l}-8 \pi\left(\Psi^{-4} S_{i j}-\frac{1}{3} S \tilde{\gamma}_{i j}\right)\right] \\
& +\Psi^{-4}\left\{-\tilde{D}_{i} \tilde{D}_{j} N+2 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} N+2 \tilde{D}_{j} \ln \Psi \tilde{D}_{i} N\right. \\
& +\frac{1}{3}\left(\tilde{D}_{k} \tilde{D}^{k} N-4 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} N\right) \tilde{\gamma}_{i j} \\
& +N\left[\frac{1}{2}\left(-\tilde{\gamma}^{k l} \mathcal{D}_{k} \mathcal{D}_{l} \tilde{\gamma}_{i j}+\tilde{\gamma}_{i k} \mathcal{D}_{j} \tilde{\Gamma}^{k}+\tilde{\gamma}_{j k} \mathcal{D}_{i} \tilde{\Gamma}^{k}\right)+\mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma})\right. \\
& -\frac{1}{3}\left(\mathcal{D}_{k} \tilde{\Gamma}^{k}+\mathcal{Q}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma})\right) \tilde{\gamma}_{i j}-2 \tilde{D}_{i} \tilde{D}_{j} \ln \Psi+4 \tilde{D}_{i} \ln \Psi \tilde{D}_{j} \ln \Psi \\
& \left.\left.+\frac{2}{3}\left(\tilde{D}_{k} \tilde{D}^{k} \ln \Psi-2 \tilde{D}_{k} \ln \Psi \tilde{D}^{k} \ln \Psi\right) \tilde{\gamma}_{i j}\right]\right\} .
\end{aligned}
$$

$$
\begin{align*}
\left(\frac{\partial}{\partial t}-\mathcal{L}_{\boldsymbol{\beta}}\right) \tilde{\Gamma}^{i}= & \frac{2}{3} \mathcal{D}_{k} \beta^{k} \tilde{\Gamma}^{i}+\tilde{\gamma}^{j k} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{i}+\frac{1}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} \mathcal{D}_{k} \beta^{k}-2 \tilde{A}^{i j} \mathcal{D}_{j} N  \tag{10.65}\\
& -2 N\left[8 \pi \Psi^{4} p^{i}-\tilde{A}^{j k} \Delta^{i}{ }_{j k}-6 \tilde{A}^{i j} \mathcal{D}_{j} \ln \Psi+\frac{2}{3} \tilde{\gamma}^{i j} \mathcal{D}_{j} K\right]
\end{align*}
$$

where $\mathcal{Q}_{i j}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma})$ and $\mathcal{Q}(\tilde{\gamma}, \mathcal{D} \tilde{\gamma})$ are defined by Eqs. (10.52) and (10.59) and we have used $\mathcal{L}_{\boldsymbol{\beta}} \tilde{\Gamma}^{i}=\beta^{k} \mathcal{D}_{k} \tilde{\Gamma}^{i}-\tilde{\Gamma}^{k} \mathcal{D}_{k} \beta^{i}$ to rewrite Eq. (9.86). These equations must be supplemented with
the constraints (6.109) (Hamiltonian constraint), (6.110) (momentum constraint), (6.19) ("unit" determinant of $\left.\tilde{\gamma}_{i j}\right)$, (6.74) ( $\tilde{\boldsymbol{A}}$ traceless) and (10.54) (definition of $\left.\tilde{\boldsymbol{\Gamma}}\right)$ :

$$
\begin{align*}
& \hline \tilde{D}_{i} \tilde{D}^{i} \Psi-\frac{1}{8} \tilde{R} \Psi+\left(\frac{1}{8} \tilde{A}_{i j} \tilde{A}^{i j}-\frac{1}{12} K^{2}+2 \pi E\right) \Psi^{5}=0  \tag{10.66}\\
& \tilde{D}^{j} \tilde{A}_{i j}+6 \tilde{A}_{i j} \tilde{D}^{j} \ln \Psi-\frac{2}{3} \tilde{D}_{i} K=8 \pi p_{i}  \tag{10.67}\\
& \hline \operatorname{det}\left(\tilde{\gamma}_{i j}\right)=f  \tag{10.68}\\
& \tilde{\gamma}^{i j} \tilde{A}_{i j}=0  \tag{10.69}\\
& \tilde{\Gamma}^{i}+\mathcal{D}_{j} \tilde{\gamma}^{i j}=0 . \tag{10.70}
\end{align*}
$$

The unknowns for the BSSN system are $\Psi, \tilde{\gamma}_{i j}, K, \tilde{A}_{i j}$ and $\tilde{\Gamma}^{i}$. They involve $1+6+1+$ $6+3=17$ components, which are evolved via the 17 -component equations (10.61)-(10.65). The constraints (10.66)-(10.70) involve $1+3+1+1+3=9$ components, reducing the number of degrees of freedom to $17-9=8$. The coordinate choice, via the lapse function $N$ and the shift vector $\beta^{i}$, reduces this number to $8-4=4=2 \times 2$, which corresponds to the 2 degrees of freedom of the gravitational field expressed in terms of the couple ( $\left.\tilde{\gamma}_{i j}, \tilde{A}_{i j}\right)$.

The complete system to be solved must involve some additional equations resulting from the choice of lapse $N$ and shift vector $\boldsymbol{\beta}$, as discussed in Chap. 9. The well-posedness of the whole system is discussed in Refs. [55] and [152], for some usual coordinate choices, like harmonic slicing (Sec. 9.2.3) with hyperbolic gamma driver (Sec. 9.3.5).

### 10.4.5 Applications

The BSSN scheme is by far the most widely used evolution scheme in contemporary numerical relativity. It has notably been used for computing gravitational collapses [229, 227, 221, 234, $28,29,30]$, mergers of binary neutron stars [226, 239, 240, 237, 238, 236] and mergers of binary black holes [32, 33, 264, 73, 74, 75, 76, 248, 111, 69, 184, 159, 158]. In addition, most recent codes for general relativistic MHD employ the BSSN formulation [117, 235, 231, 140].

## Appendix A

## Lie derivative

## Contents

A. 1 Lie derivative of a vector field . . . . . . . . . . . . . . . . . . . . . . . 189
A. 2 Generalization to any tensor field . . . . . . . . . . . . . . . . . . . . . 191

## A. 1 Lie derivative of a vector field

## A.1. 1 Introduction

Genericaly the "derivative" of some vector field $\boldsymbol{v}$ on $\mathcal{M}$ is to be constructed for the variation $\delta \boldsymbol{v}$ of $\boldsymbol{v}$ between two neighbouring points $p$ and $q$. Naively, one would write $\delta \boldsymbol{v}=\boldsymbol{v}(q)-\boldsymbol{v}(p)$. However $\boldsymbol{v}(q)$ and $\boldsymbol{v}(p)$ belong to different vector spaces: $\mathcal{T}_{q}(\mathcal{M})$ and $\mathcal{T}_{p}(\mathcal{M})$. Consequently the subtraction $\boldsymbol{v}(q)-\boldsymbol{v}(p)$ is ill defined. To proceed in the definition of the derivative of a vector field, one must introduce some extra-structure on the manifold $\mathcal{M}$ : this can be either some connection $\boldsymbol{\nabla}$ (as the Levi-Civita connection associated with the metric tensor $\boldsymbol{g}$ ), leading to the covariant derivative $\boldsymbol{\nabla} \boldsymbol{v}$ or another vector field $\boldsymbol{u}$, leading to the derivative of $\boldsymbol{v}$ along $\boldsymbol{u}$ which is the Lie derivative discussed in this Appendix. These two types of derivative generalize straightforwardly to any kind of tensor field. For the specific kind of tensor fields constituted by differential forms, there exists a third type of derivative, which does not require any extra structure on $\mathcal{M}$ : the exterior derivative (see the classical textbooks [189, 265, 251] or Ref. [143] for an introduction).

## A.1.2 Definition

Consider a vector field $\boldsymbol{u}$ on $\mathcal{M}$, called hereafter the flow. Let $\boldsymbol{v}$ be another vector field on $\mathcal{M}$, the variation of which is to be studied. We can use the flow $\boldsymbol{u}$ to transport the vector $\boldsymbol{v}$ from one point $p$ to a neighbouring one $q$ and then define rigorously the variation of $\boldsymbol{v}$ as the difference between the actual value of $\boldsymbol{v}$ at $q$ and the transported value via $\boldsymbol{u}$. More precisely the definition of the Lie derivative of $\boldsymbol{v}$ with respect to $\boldsymbol{u}$ is as follows (see Fig. A.1). We first define the image


Figure A.1: Geometrical construction of the Lie derivative of a vector field: given a small parameter $\lambda$, each extremity of the arrow $\lambda \boldsymbol{v}$ is dragged by some small parameter $\varepsilon$ along $\boldsymbol{u}$, to form the vector denoted by $\Phi_{\varepsilon}(\lambda \boldsymbol{v})$. The latter is then compared with the actual value of $\lambda \boldsymbol{v}$ at the point $q$, the difference (divided by $\lambda \varepsilon$ ) defining the Lie derivative $\mathcal{L}_{\boldsymbol{u}} \boldsymbol{v}$.
$\Phi_{\varepsilon}(p)$ of the point $p$ by the transport by an infinitesimal "distance" $\varepsilon$ along the field lines of $\boldsymbol{u}$ as $\Phi_{\varepsilon}(p)=q$, where $q$ is the point close to $p$ such that $\overrightarrow{p q}=\varepsilon \boldsymbol{u}(p)$. Besides, if we multiply the vector $\boldsymbol{v}(p)$ by some infinitesimal parameter $\lambda$, it becomes an infinitesimal vector at $p$. Then there exists a unique point $p^{\prime}$ close to $p$ such that $\lambda \boldsymbol{v}(p)=\overrightarrow{p p^{\prime}}$. We may transport the point $p^{\prime}$ to a point $q^{\prime}$ along the field lines of $\boldsymbol{u}$ by the same "distance" $\varepsilon$ as that used to transport $p$ to $q: q^{\prime}=\Phi_{\varepsilon}\left(p^{\prime}\right)$ (see Fig. A.1). $\overrightarrow{q q^{\prime}}$ is then an infinitesimal vector at $q$ and we define the transport by the distance $\varepsilon$ of the vector $\boldsymbol{v}(p)$ along the field lines of $\boldsymbol{u}$ according to

$$
\begin{equation*}
\Phi_{\varepsilon}(\boldsymbol{v}(p)):=\frac{1}{\lambda} \overrightarrow{q q^{\prime}} \tag{A.1}
\end{equation*}
$$

$\Phi_{\varepsilon}(\boldsymbol{v}(p))$ is vector in $\mathcal{T}_{q}(\mathcal{M})$. We may then subtract it from the actual value of the field $\boldsymbol{v}$ at $q$ and define the Lie derivative of $\boldsymbol{v}$ along $\boldsymbol{u}$ by

$$
\begin{equation*}
\mathcal{L}_{u} \boldsymbol{v}:=\lim _{\varepsilon \rightarrow 0} \frac{1}{\varepsilon}\left[\boldsymbol{v}(q)-\Phi_{\varepsilon}(\boldsymbol{v}(p))\right] \tag{A.2}
\end{equation*}
$$

If we consider a coordinate system $\left(x^{\alpha}\right)$ adapted to the field $\boldsymbol{u}$ in the sense that $\boldsymbol{u}=\boldsymbol{e}_{0}$ where $e_{0}$ is the first vector of the natural basis associated with the coordinates $\left(x^{\alpha}\right)$, then the Lie derivative is simply given by the partial derivative of the vector components with respect to $x^{0}$ :

$$
\begin{equation*}
\left(\mathcal{L}_{\boldsymbol{u}} \boldsymbol{v}\right)^{\alpha}=\frac{\partial v^{\alpha}}{\partial x^{0}} \tag{A.3}
\end{equation*}
$$

In an arbitrary coordinate system, this formula is generalized to

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{u}} v^{\alpha}=u^{\mu} \frac{\partial v^{\alpha}}{\partial x^{\mu}}-v^{\mu} \frac{\partial u^{\alpha}}{\partial x^{\mu}} \tag{A.4}
\end{equation*}
$$

where use has been made of the standard notation $\mathcal{L}_{\boldsymbol{u}} v^{\alpha}:=\left(\mathcal{L}_{\boldsymbol{u}} \boldsymbol{v}\right)^{\alpha}$. The above relation shows that the Lie derivative of a vector with respect to another one is nothing but the commutator of these two vectors:

$$
\begin{equation*}
\mathcal{L}_{u} \boldsymbol{v}=[\boldsymbol{u}, \boldsymbol{v}] . \tag{A.5}
\end{equation*}
$$

## A. 2 Generalization to any tensor field

The Lie derivative is extended to any tensor field by (i) demanding that for a scalar field $f$, $\mathcal{L}_{\boldsymbol{u}} f=\langle\mathbf{d} f, \boldsymbol{u}\rangle$ and (ii) using the Leibniz rule. As a result, the Lie derivative $\mathcal{L}_{\boldsymbol{u}} \boldsymbol{T}$ of a tensor field $\boldsymbol{T}$ of type $\binom{k}{\ell}$ is a tensor field of the same type, the components of which with respect to a given coordinate system $\left(x^{\alpha}\right)$ are

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{u}} T^{\alpha_{1} \ldots \alpha_{k}}{ }_{\beta_{1} \ldots \beta_{\ell}}=u^{\mu} \frac{\partial}{\partial x^{\mu}} T^{\alpha_{1} \ldots \alpha_{k}}{ }_{\beta_{1} \ldots \beta_{\ell}}-\sum_{i=1}^{k} T^{\substack{i \\ \alpha_{1} \ldots \sigma_{k} \\ \alpha_{k}}} \underset{\beta_{1} \ldots \beta_{\ell}}{ } \frac{\partial u^{\alpha_{i}}}{\partial x^{\sigma}}+\sum_{i=1}^{\ell} T_{\substack{\alpha_{1} \ldots \alpha_{k}}}^{\substack{\uparrow \\ i}}{ }^{\alpha_{\ell}} \frac{\partial u^{\sigma}}{\partial x^{\beta_{i}}} . \tag{A.6}
\end{equation*}
$$

In particular, for a 1-form,

$$
\begin{equation*}
\mathcal{L}_{u} \omega_{\alpha}=u^{\mu} \frac{\partial \omega_{\alpha}}{\partial x^{\mu}}+\omega_{\mu} \frac{\partial u^{\mu}}{\partial x^{\alpha}} . \tag{A.7}
\end{equation*}
$$

Notice that the partial derivatives in Eq. (A.6) can be remplaced by any connection without torsion, such as the Levi-Civita connection $\boldsymbol{\nabla}$ associated with the metric $\boldsymbol{g}$, yielding

$$
\begin{equation*}
\mathcal{L}_{\boldsymbol{u}} T^{\alpha_{1} \ldots \alpha_{k}}{ }_{\beta_{1} \ldots \beta_{\ell}}=u^{\mu} \nabla_{\mu} T^{\alpha_{1} \ldots \alpha_{k}}{ }_{\beta_{1} \ldots \beta_{\ell}}-\sum_{i=1}^{k} T^{\alpha_{1} \ldots \stackrel{i}{\sigma} \ldots \alpha_{k}}{ }_{\beta_{1} \ldots \beta_{\ell}} \nabla_{\sigma} u^{\alpha_{i}}+\sum_{i=1}^{\ell} T_{\substack{\alpha_{1} \ldots \alpha_{k}}}^{\beta_{1} \ldots \sigma_{\uparrow}^{\top} \ldots \beta_{\ell}} \nabla_{\beta_{i}} u^{\sigma} . \tag{A.8}
\end{equation*}
$$

## Appendix B

## Conformal Killing operator and conformal vector Laplacian

## Contents

B. 1 Conformal Killing operator ..... 193
B. 2 Conformal vector Laplacian ..... 195

In this Appendix, we investigate the main properties of two important vectorial operators on Riemannian manifolds: the conformal Killing operator and the associated conformal vector Laplacian. The framework is that of a single three-dimensional manifold $\Sigma$, endowed with a positive definite metric (i.e. a Riemannian metric). In practice, $\Sigma$ is embedded in some spacetime $(\mathcal{M}, \boldsymbol{g})$, as being part of a $3+1$ foliation $\left(\Sigma_{t}\right)_{t \in \mathbb{R}}$, but we shall not make such an assumption here. For concreteness, we shall denote $\Sigma$ 's Riemannian metric by $\tilde{\gamma}$, because in most applications of the $3+1$ formalism, the conformal Killing operator appears for the metric $\tilde{\gamma}$ conformally related to the physical metric $\gamma$ and introduced in Chap. 6. But again, we shall not use the hypothesis that $\tilde{\gamma}$ is derived from some "physical" metric $\gamma$. So in all what follows, $\tilde{\gamma}$ can be replaced by the physical metric $\gamma$ or any other Riemannian metric, as for instance the background metric $\boldsymbol{f}$ introduced in Chap. 6 and 7.

## B. 1 Conformal Killing operator

## B.1.1 Definition

The conformal Killing operator $\tilde{\boldsymbol{L}}$ associated with the metric $\tilde{\gamma}$ is the linear mapping from the space $\mathcal{T}(\Sigma)$ of vector fields on $\Sigma$ to the space of symmetric tensor fields of type $\binom{2}{0}$ defined by

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}(\Sigma), \quad(\tilde{L} v)^{i j}:=\tilde{D}^{i} v^{j}+\tilde{D}^{j} v^{i}-\frac{2}{3} \tilde{D}_{k} v^{k} \tilde{\gamma}^{i j} \tag{B.1}
\end{equation*}
$$

where $\tilde{\boldsymbol{D}}$ is the Levi-Civita connection associated with $\tilde{\boldsymbol{\gamma}}$ and $\tilde{D}^{i}:=\tilde{\gamma}^{i j} \tilde{D}_{j}$. An immediate property of $\tilde{\boldsymbol{L}}$ is to be traceless with respect to $\tilde{\boldsymbol{\gamma}}$, thanks to the $-2 / 3$ factor: for any vector $\boldsymbol{v}$,

$$
\begin{equation*}
\tilde{\gamma}_{i j}(\tilde{L} v)^{i j}=0 . \tag{B.2}
\end{equation*}
$$

## B.1.2 Behavior under conformal transformations

An important property of $\tilde{\boldsymbol{L}}$ is to be invariant, except for some scale factor, with respect to conformal transformations. Indeed let us consider a metric $\gamma$ conformally related to $\tilde{\gamma}$ :

$$
\begin{equation*}
\gamma=\Psi^{4} \tilde{\gamma} \tag{B.3}
\end{equation*}
$$

In practice $\gamma$ will be the metric induced on $\Sigma$ by the spacetime metric $\boldsymbol{g}$ and $\Psi$ the conformal factor defined in Chap. 6, but we shall not employ this here. So $\gamma$ and $\tilde{\gamma}$ are any two Riemannian metrics on $\Sigma$ that are conformally related (we could have called them $\gamma_{1}$ and $\gamma_{2}$ ) and $\Psi$ is simply the conformal factor between them. We can employ the formulæ derived in Chap. 6 to relate the conformal Killing operator of $\tilde{\boldsymbol{\gamma}}, \tilde{\boldsymbol{L}}$, with that of $\boldsymbol{\gamma}, \boldsymbol{L}$ say. Formula (6.35) gives

$$
\begin{align*}
D^{j} v^{i} & =\gamma^{j k} D_{k} v^{i}=\Psi^{-4} \tilde{\gamma}^{j k}\left[\tilde{D}_{k} v^{i}+2\left(v^{l} \tilde{D}_{l} \ln \Psi \delta^{i}{ }_{k}+v^{i} \tilde{D}_{k} \ln \Psi-\tilde{D}^{i} \ln \Psi \tilde{\gamma}_{k l} v^{l}\right)\right] \\
& =\Psi^{-4}\left[\tilde{D}^{j} v^{i}+2\left(v^{k} \tilde{D}_{k} \ln \Psi \tilde{\gamma}^{i j}+v^{i} \tilde{D}^{j} \ln \Psi-v^{j} \tilde{D}^{i} \ln \Psi\right)\right] \tag{B.4}
\end{align*}
$$

Hence

$$
\begin{equation*}
D^{i} v^{j}+D^{j} v^{i}=\Psi^{-4}\left(\tilde{D}^{i} v^{j}+\tilde{D}^{j} v^{i}+4 v^{k} \tilde{D}_{k} \ln \Psi \tilde{\gamma}^{i j}\right) \tag{B.5}
\end{equation*}
$$

Besides, from Eq. (6.36),

$$
\begin{equation*}
-\frac{2}{3} D_{k} v^{k} \gamma^{i j}=-\frac{2}{3}\left(\tilde{D}_{k} v^{k}+6 v^{k} \tilde{D}_{k} \ln \Psi\right) \Psi^{-4} \tilde{\gamma}^{i j} . \tag{B.6}
\end{equation*}
$$

Adding the above two equations, we get the simple relation

$$
\begin{equation*}
(L v)^{i j}=\Psi^{-4}(\tilde{L} v)^{i j} \text {. } \tag{B.7}
\end{equation*}
$$

Hence the conformal Killing operator is invariant, up to the scale factor $\Psi^{-4}$, under a conformal transformation.

## B.1.3 Conformal Killing vectors

Let us examine the kernel of the conformal Killing operator, i.e. the subspace ker $\tilde{\boldsymbol{L}}$ of $\mathcal{T}(\Sigma)$ constituted by vectors $\boldsymbol{v}$ satisfying

$$
\begin{equation*}
(\tilde{L} v)^{i j}=0 . \tag{B.8}
\end{equation*}
$$

A vector field which obeys Eq. (B.8) is called a conformal Killing vector. It is the generator of some conformal isometry of $(\Sigma, \tilde{\gamma})$. A conformal isometry is a diffeomorphism $\Phi: \Sigma \rightarrow \Sigma$ for which there exists some scalar field $\Omega$ such that $\Phi_{*} \tilde{\gamma}=\Omega^{2} \tilde{\gamma}$. Notice that any isometry is a conformal isometry (corresponding to $\Omega=1$ ), which means that every Killing vector is a conformal Killing vector. The latter property is obvious from the definition (B.1) of the
conformal Killing operator. Notice also that any conformal isometry of $(\Sigma, \tilde{\gamma})$ is a conformal isometry of $(\Sigma, \gamma)$, where $\gamma$ is a metric conformally related to $\tilde{\gamma}[\mathrm{cf}$. Eq. (B.3)]. Of course, $(\Sigma, \tilde{\gamma})$ may not admit any conformal isometry at all, yielding ker $\tilde{\boldsymbol{L}}=\{0\}$. The maximum dimension of ker $\tilde{\boldsymbol{L}}$ is 10 (taking into account that $\Sigma$ has dimension 3 ). If $(\Sigma, \tilde{\gamma})$ is the Euclidean space $\left(\mathbb{R}^{3}, \boldsymbol{f}\right)$, the conformal isometries are constituted by the isometries (translations, rotations) augmented by the homotheties.

## B. 2 Conformal vector Laplacian

## B.2.1 Definition

The conformal vector Laplacian associated with the metric $\tilde{\gamma}$ is the endomorphism $\tilde{\boldsymbol{\Delta}}_{L}$ of the space $\mathcal{T}(\Sigma)$ of vector fields on $\Sigma$ defined by taking the divergence of the conformal Killing operator:

$$
\begin{equation*}
\forall \boldsymbol{v} \in \mathcal{T}(\Sigma), \quad \tilde{\Delta}_{L} v^{i}:=\tilde{D}_{j}(\tilde{L} v)^{i j} \tag{B.9}
\end{equation*}
$$

From Eq. (B.1),

$$
\begin{align*}
\tilde{\Delta}_{L} v^{i} & =\tilde{D}_{j} \tilde{D}^{i} v^{j}+\tilde{D}_{j} \tilde{D}^{j} v^{i}-\frac{2}{3} \tilde{D}^{i} \tilde{D}_{k} v^{k} \\
& =\tilde{D}^{i} \tilde{D}_{j} v^{j}+\tilde{R}^{i}{ }_{j} v^{j}+\tilde{D}_{j} \tilde{D}^{j} v^{i}-\frac{2}{3} \tilde{D}^{i} \tilde{D}_{j} v^{j} \\
& =\tilde{D}_{j} \tilde{D}^{j} v^{i}+\frac{1}{3} \tilde{D}^{i} \tilde{D}_{j} v^{j}+\tilde{R}^{i}{ }_{j} v^{j} \tag{B.10}
\end{align*}
$$

where we have used the contracted Ricci identity (6.42) to get the second line. Hence $\tilde{\Delta}_{L} v^{i}$ is a second order operator acting on the vector $\boldsymbol{v}$, which is the sum of the vector Laplacian $\tilde{D}_{j} \tilde{D}^{j} v^{i}$, one third of the gradient of divergence $\tilde{D}^{i} \tilde{D}_{j} v^{j}$ and the curvature term $\tilde{R}^{i}{ }_{j} v^{j}$ :

$$
\begin{equation*}
\tilde{\Delta}_{L} v^{i}=\tilde{D}_{j} \tilde{D}^{j} v^{i}+\frac{1}{3} \tilde{D}^{i} \tilde{D}_{j} v^{j}+\tilde{R}^{i}{ }_{j} v^{j} \tag{B.11}
\end{equation*}
$$

The conformal vector Laplacian plays an important role in $3+1$ general relativity, for solving the constraint equations (Chap. 8), but also for the time evolution problem (Sec. 9.3.2). The main properties of $\tilde{\boldsymbol{\Delta}}_{L}$ have been first investigated by York [274, 275].

## B.2.2 Elliptic character

Given $p \in \Sigma$ and a linear form $\boldsymbol{\xi} \in \mathcal{T}_{p}^{*}(\Sigma)$, the principal symbol of $\tilde{\boldsymbol{\Delta}}_{L}$ with respect to $p$ and $\boldsymbol{\xi}$ is the linear map $\boldsymbol{P}_{(p, \boldsymbol{\xi})}: \mathcal{T}_{p}(\Sigma) \rightarrow \mathcal{T}_{p}(\Sigma)$ defined as follows (see e.g. [101]). Keep only the terms involving the highest derivatives in $\tilde{\boldsymbol{\Delta}}_{L}$ (i.e. the second order ones): in terms of components, the operator is then reduced to

$$
\begin{equation*}
v^{i} \longmapsto \tilde{\gamma}^{j k} \frac{\partial}{\partial x^{j}} \frac{\partial}{\partial x^{k}} v^{i}+\frac{1}{3} \tilde{\gamma}^{i k} \frac{\partial}{\partial x^{k}} \frac{\partial}{\partial x^{j}} v^{j} \tag{B.12}
\end{equation*}
$$

Replace each occurrence of $\partial / \partial x^{j}$ by the component $\xi_{j}$ of the linear form $\boldsymbol{\xi}$, thereby obtaining a mapping which is no longer differential, i.e. that involves only values of the fields at the point $p$; this is the principal symbol of $\tilde{\boldsymbol{\Delta}}_{L}$ at $p$ with respect to $\boldsymbol{\xi}$ :

$$
\begin{align*}
\boldsymbol{P}_{(p, \boldsymbol{\xi})}: \mathcal{T}_{p}(\Sigma) & \longrightarrow \mathcal{T}_{p}(\Sigma) \\
\boldsymbol{v}=\left(v^{i}\right) & \longmapsto \boldsymbol{P}_{(p, \boldsymbol{\xi})}(\boldsymbol{v})=\left(\tilde{\gamma}^{j k}(p) \xi_{j} \xi_{k} v^{i}+\frac{1}{3} \tilde{\gamma}^{i k}(p) \xi_{k} \xi_{j} v^{j}\right), \tag{B.13}
\end{align*}
$$

The differential operator $\tilde{\boldsymbol{\Delta}}_{L}$ is said to be elliptic on $\Sigma$ iff the principal symbol $\boldsymbol{P}_{(p, \boldsymbol{\xi})}$ is an isomorphism for every $p \in \Sigma$ and every non-vanishing linear form $\boldsymbol{\xi} \in \mathcal{T}_{p}^{*}(\Sigma)$. It is said to be strongly elliptic if all the eigenvalues of $\boldsymbol{P}_{(p, \boldsymbol{\xi})}$ are non-vanishing and have the same sign. To check whether it is the case, let us consider the bilinear form $\tilde{\boldsymbol{P}}_{(p, \boldsymbol{\xi})}$ associated to the endomorphism $\boldsymbol{P}_{(p, \boldsymbol{\xi})}$ by the conformal metric:

$$
\begin{equation*}
\forall(\boldsymbol{v}, \boldsymbol{w}) \in \mathcal{T}_{p}(\Sigma)^{2}, \quad \tilde{\boldsymbol{P}}_{(p, \boldsymbol{\xi})}(\boldsymbol{v}, \boldsymbol{w})=\tilde{\gamma}\left(\boldsymbol{v}, \boldsymbol{P}_{(p, \boldsymbol{\xi})}(\boldsymbol{w})\right) \tag{B.14}
\end{equation*}
$$

Its matrix $\tilde{P}_{i j}$ is deduced from the matrix $P^{i}{ }_{j}$ of $\boldsymbol{P}_{(p, \boldsymbol{\xi})}$ by lowering the index $i$ with $\tilde{\gamma}(p)$. We get

$$
\begin{equation*}
\tilde{P}_{i j}=\tilde{\gamma}^{k l}(p) \xi_{k} \xi_{l} \tilde{\gamma}_{i j}(p)+\frac{1}{3} \xi_{i} \xi_{j} . \tag{B.15}
\end{equation*}
$$

Hence $\tilde{\boldsymbol{P}}_{(p, \boldsymbol{\xi})}$ is clearly a symmetric bilinear form. Moreover it is positive definite for $\boldsymbol{\xi} \neq 0$ : for any vector $\boldsymbol{v} \in \mathcal{T}_{p}(\Sigma)$ such that $\boldsymbol{v} \neq 0$, we have

$$
\begin{equation*}
\tilde{\boldsymbol{P}}_{(p, \boldsymbol{\xi})}(\boldsymbol{v}, \boldsymbol{v})=\tilde{\gamma}^{k l}(p) \xi_{k} \xi_{l} \tilde{\gamma}_{i j}(p) v^{i} v^{j}+\frac{1}{3}\left(\xi_{i} v^{i}\right)^{2}>0 \tag{B.16}
\end{equation*}
$$

where the $>0$ follows from the positive definite character of $\tilde{\boldsymbol{\gamma}}$. $\tilde{\boldsymbol{P}}_{(p, \boldsymbol{\xi})}$ being positive definite symmetric bilinear form, we conclude that $\boldsymbol{P}_{(p, \boldsymbol{\xi})}$ is an isomorphism and that all its eigenvalues are real and strictly positive. Therefore $\tilde{\boldsymbol{\Delta}}_{L}$ is a strongly elliptic operator.

## B.2.3 Kernel

Let us now determine the kernel of $\tilde{\boldsymbol{\Delta}}_{L}$. Clearly this kernel contains the kernel of the conformal Killing operator $\tilde{\boldsymbol{L}}$. Actually it is not larger than that kernel:

$$
\begin{equation*}
\operatorname{ker} \tilde{\boldsymbol{\Delta}}_{L}=\operatorname{ker} \tilde{\boldsymbol{L}} \text {. } \tag{B.17}
\end{equation*}
$$

Let us establish this property. For any vector field $\boldsymbol{v} \in \mathcal{T}(\Sigma)$, we have

$$
\begin{align*}
\int_{\Sigma} \tilde{\gamma}_{i j} v^{i} \tilde{\Delta}_{L} v^{j} \sqrt{\tilde{\gamma}} d^{3} x & =\int_{\Sigma} \tilde{\gamma}_{i j} v^{i} \tilde{D}_{l}(\tilde{L} v)^{j l} \sqrt{\tilde{\gamma}} d^{3} x \\
& =\int_{\Sigma}\left\{\tilde{D}_{l}\left[\tilde{\gamma}_{i j} v^{i}(\tilde{L} v)^{j l}\right]-\tilde{\gamma}_{i j} \tilde{D}_{l} v^{i}\left(\tilde{L}^{j} v\right)^{j l}\right\} \sqrt{\tilde{\gamma}} d^{3} x \\
& =\oint_{\partial \Sigma} \tilde{\gamma}_{i j} v^{i}\left(\tilde{L}^{j} v\right)^{j l} \tilde{s}_{l} \sqrt{\tilde{q}} d^{2} y-\int_{\Sigma} \tilde{\gamma}_{i j} \tilde{D}_{l} v^{i}(\tilde{L} v)^{j l} \sqrt{\tilde{\gamma}} d^{3} x \tag{B.18}
\end{align*}
$$

where the Gauss-Ostrogradsky theorem has been used to get the last line. We shall consider two situations for $(\Sigma, \gamma)$ :

- $\Sigma$ is a closed manifold, i.e. is compact without boundary;
- $(\Sigma, \tilde{\gamma})$ is an asymptotically flat manifold, in the sense made precise in Sec. 7.2.

In the former case the lack of boundary of $\Sigma$ implies that the first integral in the right-hand side of Eq. (B.18) is zero. In the latter case, we will restrict our attention to vectors $\boldsymbol{v}$ which decay at spatial infinity according to (cf. Sec. 7.2)

$$
\begin{align*}
v^{i} & =O\left(r^{-1}\right)  \tag{B.19}\\
\frac{\partial v^{i}}{\partial x^{j}} & =O\left(r^{-2}\right), \tag{B.20}
\end{align*}
$$

where the components are to be taken with respect to the asymptotically Cartesian coordinate system $\left(x^{i}\right)$ introduced in Sec. 7.2. The behavior (B.19)-(B.20) implies

$$
\begin{equation*}
v^{i}(\tilde{L} v)^{j l}=O\left(r^{-3}\right) \tag{B.21}
\end{equation*}
$$

so that the surface integral in Eq. (B.18) vanishes. So for both cases of $\Sigma$ closed or asymptotically flat, Eq. (B.18) reduces to

$$
\begin{equation*}
\int_{\Sigma} \tilde{\gamma}_{i j} v^{i} \tilde{\Delta}_{L} v^{j} \sqrt{\tilde{\gamma}} d^{3} x=-\int_{\Sigma} \tilde{\gamma}_{i j} \tilde{D}_{l} v^{i}(\tilde{L} v)^{j l} \sqrt{\tilde{\gamma}} d^{3} x \tag{B.22}
\end{equation*}
$$

In view of the right-hand side integrand, let us evaluate

$$
\begin{align*}
\tilde{\gamma}_{i j} \tilde{\gamma}_{k l}(\tilde{L} v)^{i k}(\tilde{L} v)^{j l} & =\tilde{\gamma}_{i j} \tilde{\gamma}_{k l}\left(\tilde{D}^{i} v^{k}+\tilde{D}^{k} v^{i}\right)(\tilde{L} v)^{j l}-\frac{2}{3} \tilde{D}_{m} v^{m} \underbrace{\tilde{\gamma}^{i k} \tilde{\gamma}_{i j}}_{=\delta^{k}{ }_{j}} \tilde{\gamma}_{k l}(\tilde{L} v)^{j l} \\
& =\left(\tilde{\gamma}_{k l} \tilde{D}_{j} v^{k}+\tilde{\gamma}_{i j} \tilde{D}_{l} v^{i}\right)(\tilde{L} v)^{j l}-\frac{2}{3} \tilde{D}_{m} v^{m} \underbrace{\tilde{\gamma}_{j l}\left(\tilde{L}^{j} v\right)^{j l}}_{=0} \\
& =2 \tilde{\gamma}_{i j} \tilde{D}_{l} v^{i}(\tilde{L} v)^{j l}, \tag{B.23}
\end{align*}
$$

where we have used the symmetry and the traceless property of $(\tilde{L} v)^{j l}$ to get the last line. Hence Eq. (B.22) becomes

$$
\begin{equation*}
\int_{\Sigma} \tilde{\gamma}_{i j} v^{i} \tilde{\Delta}_{L} v^{j} \sqrt{\tilde{\gamma}} d^{3} x=-\frac{1}{2} \int_{\Sigma} \tilde{\gamma}_{i j} \tilde{\gamma}_{k l}(\tilde{L} v)^{i k}(\tilde{L} v)^{j l} \sqrt{\tilde{\gamma}} d^{3} x . \tag{B.24}
\end{equation*}
$$

Let us assume now that $\boldsymbol{v} \in \operatorname{ker} \tilde{\boldsymbol{\Delta}}_{L}: \tilde{\Delta}_{L} v^{j}=0$. Then the left-hand side of the above equation vanishes, leaving

$$
\begin{equation*}
\int_{\Sigma} \tilde{\gamma}_{i j} \tilde{\gamma}_{k l}(\tilde{L} v)^{i k}(\tilde{L} v)^{j l} \sqrt{\tilde{\gamma}} d^{3} x=0 \tag{B.25}
\end{equation*}
$$

Since $\tilde{\boldsymbol{\gamma}}$ is a positive definite metric, we conclude that $(\tilde{L} v)^{i j}=0$, i.e. that $\boldsymbol{v} \in \operatorname{ker} \tilde{\boldsymbol{L}}$. This demonstrates property (B.17). Hence the "harmonic functions" of the conformal vector Laplacian $\tilde{\boldsymbol{\Delta}}_{L}$ are nothing but the conformal Killing vectors (one should add "which vanish at spatial infinity as (B.19)-(B.20)" in the case of an asymptotically flat space).

## B.2.4 Solutions to the conformal vector Poisson equation

Let now discuss the existence and uniqueness of solutions to the conformal vector Poisson equation

$$
\begin{equation*}
\tilde{\Delta}_{L} v^{i}=S^{i} \tag{B.26}
\end{equation*}
$$

where the vector field $\boldsymbol{S}$ is given (the source). Again, we shall distinguish two cases: the closed manifold case and the asymptotically flat one. When $\Sigma$ is a closed manifold, we notice first that a necessary condition for the solution to exist is that the source must be orthogonal to any vector field in the kernel, in the sense that

$$
\begin{equation*}
\forall \boldsymbol{C} \in \operatorname{ker} \tilde{\boldsymbol{L}}, \quad \int_{\Sigma} \tilde{\gamma}_{i j} C^{i} S^{j} \sqrt{\tilde{\gamma}} d^{3} x=0 \tag{B.27}
\end{equation*}
$$

This is easily established by replacing $S^{j}$ by $\tilde{\Delta}_{L} v^{i}$ and performing the same integration by part as above to get

$$
\begin{equation*}
\int_{\Sigma} \tilde{\gamma}_{i j} C^{i} S^{j} \sqrt{\tilde{\gamma}} d^{3} x=-\frac{1}{2} \int_{\Sigma} \tilde{\gamma}_{i j} \tilde{\gamma}_{k l}(\tilde{L} C)^{i k}(\tilde{L} v)^{j l} \sqrt{\tilde{\gamma}} d^{3} x . \tag{B.28}
\end{equation*}
$$

Since, by definition $(\tilde{L} C)^{i k}=0$, Eq. (B.27) follows. If condition (B.27) is fulfilled (it may be trivial since the metric $\tilde{\gamma}$ may not admit any conformal Killing vector at all), it can be shown that Eq. (B.26) admits a solution and that this solution is unique up to the addition of a conformal Killing vector.

In the asymptotically flat case, we assume that, in terms of the asymptotically Cartesian coordinates $\left(x^{i}\right)$ introduced in Sec. 7.2

$$
\begin{equation*}
S^{i}=O\left(r^{-3}\right) \tag{B.29}
\end{equation*}
$$

Moreover, because of the presence of the Ricci tensor in $\tilde{\boldsymbol{\Delta}}_{L}$, one must add the decay condition

$$
\begin{equation*}
\frac{\partial^{2} \tilde{\gamma}_{i j}}{\partial x^{k} \partial x^{l}}=O\left(r^{-3}\right) \tag{B.30}
\end{equation*}
$$

to the asymptotic flatness conditions introduced in Sec. 7.2 [Eqs. (7.1) to (7.4)]. Indeed Eq. (B.30) along with Eqs. (7.1)-(7.2) guarantees that

$$
\begin{equation*}
\tilde{R}_{i j}=O\left(r^{-3}\right) . \tag{B.31}
\end{equation*}
$$

Then a general theorem by Cantor (1979) [78] on elliptic operators on asymptotically flat manifolds can be invoked (see Appendix B of Ref. [246] as well as Ref. [91]) to conclude that the solution of Eq. (B.26) with the boundary condition

$$
\begin{equation*}
v^{i}=0 \quad \text { when } r \rightarrow 0 \tag{B.32}
\end{equation*}
$$

exists and is unique. The possibility to add a conformal Killing vector to the solution, as in the compact case, does no longer exist because there is no conformal Killing vector which vanishes at spatial infinity on asymptotically flat Riemannian manifolds.

Regarding numerical techniques to solve the conformal vector Poisson equation (B.26), let us mention that a very accurate spectral method has been developed by Grandclément et al. (2001) [148] in the case of the Euclidean space: $(\Sigma, \tilde{\gamma})=\left(\mathbb{R}^{3}, \boldsymbol{f}\right)$. It is based on the use of Cartesian components of vector fields altogether with spherical coordinates. An alternative technique, using both spherical components and spherical coordinates is presented in Ref. [63].

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## Index

$1+\log$ slicing, 161
$3+1$ formalism, 11
3 -metric, 21
ADM 4-momentum, 113
ADM mass, 106
ADM momentum, 112
algebraic slicings, 161
approximate maximal slicing, 158
approximate minimal distortion, 168
asymptotically flat, 104
asymptotically maximal gauge, 114
background metric, 85
baryon number 4-current, 78
baryon number current measured by the Eulerian observer, 79
baryon number density measured by the Eulerian observer, 78
Bianchi identity, 178
Bowen-York extrinsic curvature, 137
BSSN scheme, 181
Cauchy surface, 39
CMC, 130
Codazzi relation, 36
Codazzi-Mainardi relation, 36
collapse of the lapse, 158
conformal equivalence class, 84
conformal flatness approximation, 100
conformal isometry, 194
conformal Killing operator, 101, 127, 193
conformal Killing vector, 194
conformal Killing vectors, 127
conformal lapse, 140
conformal metric, 83,86
conformal thin sandwich, 140
conformal time slicing, 161
conformal transformation, 83
conformal transverse traceless, 129
conformal vector Laplacian, 127, 195
conformally flat, 84
constant mean curvature, 130
constrained scheme, 175
constraint-violating modes, 181
constraints, 64
contracted Codazzi relation, 36
contracted Gauss relation, 35
cotangent space, 16
Cotton tensor, 84
Cotton-York tensor, 84
CTS, 140
CTT, 129
De Donder, 159
Dirac gauge, 174
distortion tensor, 163
dominant energy condition, 111
dynamical equation violation, 177
Einstein tensor, 176
Einstein-Christoffel system, 181
Einstein-Rosen bridge, 135
elliptic, 196
embedding, 19
Eulerian coordinates, 163
Eulerian gauge, 163
Eulerian observer, 42
extended conformal thin sandwich, 141
extrinsic curvature tensor, 24
fiducial observers, 43
first fundamental form of $\Sigma, 21$
fluid coordinate velocity, 77
foliation, 40
free evolution scheme, 176
fully constrained scheme, 175
future, 16
Gamma freezing, 168
Gauss relation, 35
Gaussian curvature, 22
Gaussian normal coordinates, 62
geodesic slicing, 62,152
globally hyperbolic, 39
Hamiltonian constraint, 54
Hamiltonian constraint violation, 176
harmonic, 159
harmonic decomposition
generalized, 186
harmonic slicing, 159
helical Killing vector, 146
helical symmetry, 146
hole, 115
hyperbolic Gamma driver, 171
hypersurface, 19
induced metric on $\Sigma, 21$
intrinsic curvature, 22
inverse conformal metric, 87
Isenberg-Wilson-Mathews approximation, 100 isolated bodies, 103
IWM, 100
Killing vector, 116
Komar angular momentum, 121
Komar mass, 116
Komar mass of the hole, 118
KST formulation, 181
lapse function, 41
leaf, 40
Levi-Civita connection, 22
Lichnerowicz equation, 98
Lie derivative, 190
Lie dragged, 42
locally nonrotating observers, 43
longitudinal part, 127

Lorentz factor, 76
matter energy density, 52
matter momentum density, 52
matter stress tensor, 52
maximal slicing, 153
maximal slicings, 100
mean curvature, 24
minimal distortion, 165
minimal surface, 133
momentarily static, 132
momentum constraint, 54
momentum constraint violation, 177
non-expanding horizon, 148
normal coordinates, 163
normal evolution vector, 42
null, 21
orthogonal projector onto $\Sigma, 29$
parabolic Gamma driver, 170
partially constrained scheme, 175
past, 16
perfect fluid, 75
Plateau problem, 155
Poincaré transformations, 105
polar slicing, 158
positive Yamabe class, 130
principal curvatures, 24
principal directions, 24
principal part, 62
principal symbol, 195
proper baryon number density, 78
proper internal energy, 80
proper rest-mass energy density, 80
pseudo-minimal distortion, 167
pull-back mapping, 20
puncture, 136
push-forward mapping, 20
quasi-isotropic gauge, 114
quasi-linear, 63
radiation gauge, 166
Ricci equation, 48

Ricci identity, 18
Ricci scalar, 19
Ricci tensor, 18
Riemann curvature tensor, 18
scalar curvature, 19
scalar Gauss relation, 35
second fundamental form, 24
shape operator, 23
shift vector, 56
singularity avoidance, 156
slice, 40
slicing, 40
spacelike, 21
spacetime connection, 16
spatial coordinates, 55
spatial harmonic coordinates, 173
spatial infinity, 104
Spi group, 105
static, 132
stationary, 116, 132
strongly elliptic, 196
superluminal shift, 57
supertranslations, 105
tangent space, 16
tangent to $\Sigma, 30$
tensor density of weight, 85
Theorema Egregium, 35
time orientable, 15
time symmetric, 132
time vector, 55
timelike, 21
totally geodesic hypersurfaces, 33
transverse part, 127
velocity relative to the Eulerian observer, 77
weak energy condition, 111
Weingarten map, 23
Weyl conformal curvature tensor, 19
XCTS, 141
ZAMO, 43
zero-angular-momentum observers, 43


[^0]:    ${ }^{1}$ These three persons have some direct filiation: Georges Darmois was the thesis adviser of André Lichnerowicz, who was himself the thesis adviser of Yvonne Choquet-Bruhat

[^1]:    ${ }^{2}$ by geometrical it is meant independent of the Einstein equation

[^2]:    ${ }^{1}$ The experienced reader is warned that $\mathcal{T}(\mathcal{M})$ does not stand for the tangent bundle of $\mathcal{M}$ (it rather corresponds to the space of smooth cross-sections of that bundle). No confusion may arise since we shall not use the notion of bundle.

[^3]:    ${ }^{2}$ the superscript ' 4 ' stands for the four dimensions of $\mathcal{M}$ and is used to distinguish from Riemann tensors that will be defined on submanifolds of $\mathcal{M}$

[^4]:    ${ }^{3}$ Let us recall that by convention Latin indices run in $\{1,2,3\}$.

[^5]:    ${ }^{4}$ the superscript $\Sigma$ has been put on the Ricci scalar to distinguish it from the sphere's radius $R$.

[^6]:    ${ }^{1}$ it is polynomial in the derivatives of $\gamma_{k l}$ and involves at most rational fractions in $\gamma_{k l}$ (to get the inverse metric $\gamma^{k l}$

[^7]:    ${ }^{2}$ we use the same notation as that defined by Eq. (4.82)

[^8]:    ${ }^{1}$ see also Ref. [178] which is freely accessible on the web

[^9]:    ${ }^{2}$ The $C^{k}{ }_{i j}$ are not to be confused with the components of the Cotton tensor discussed in Sec. 6.1. Since we shall no longer make use of the latter, no confusion may arise.

[^10]:    ${ }^{3}$ The double arrow is extension of the single arrow notation introduced in Sec. 2.2.2 [cf. Eq. (2.11)].

[^11]:    ${ }^{4}$ notice that we have used a hat, instead of a tilde, to distinguish this quantity from that defined by (6.76)

[^12]:    ${ }^{1}$ although we use the same symbol, the $r$ used here is different from the Schwarzschild coordinate $r$ of the example in Sec. 7.3.1.

[^13]:    ${ }^{2}$ in index notation, $-\overrightarrow{\boldsymbol{T}}(\boldsymbol{v})$ is the vector $-T^{\alpha}{ }_{\mu} v^{\mu}$

[^14]:    ${ }^{3}$ Actually the first condition proposed by York, Eq. (90) of Ref. [276], is not exactly (7.64) but can be shown to be equivalent to it; see also Sec. V of Ref. [246].

[^15]:    ${ }^{4}$ Killing's equation follows immediately from the requirement of invariance of the metric along the field lines of $\boldsymbol{k}$, i.e. $\mathcal{L}_{\boldsymbol{k}} \boldsymbol{g}=0$, along with the use of Eq. (A.8) to express $\mathcal{L}_{\boldsymbol{k}} \boldsymbol{g}$.

[^16]:    ${ }^{1}$ although it is quasi-linear in the technical sense, i.e. linear with respect to the highest-order derivatives

[^17]:    ${ }^{2}$ see however Ref. [153] for some attempt to circumvent this

[^18]:    ${ }^{1}$ in this chapter, we systematically use the notation $R$ for Schwarzschild radial coordinate (areal radius), leaving the notation $r$ for other types of radial coordinates, such that the isotropic one [cf. Eq. (6.24)]

[^19]:    ${ }^{2}$ as a symmetric $3 \times 3$ matrix, $\dot{\tilde{\gamma}}_{i j}$ has a priori 6 components, but one degree of freedom is lost in the demand $\operatorname{det} \tilde{\gamma}_{i j}=\operatorname{det} f_{i j}\left[\right.$ Eq. (6.19)], which implies $\operatorname{det} \dot{\tilde{\gamma}}_{i j}=0$ via Eq. (6.7).

[^20]:    ${ }^{3}$ In Sec. 6.6, we have also used the notation $L$ for the conformal Killing operator associated with the flat metric $\boldsymbol{f}$, but no confusion should arise in the present context.

[^21]:    ${ }^{4}$ let us recall that $\mathcal{D}^{i}:=f^{i j} \mathcal{D}_{j}$

[^22]:    ${ }^{5}$ the concept of constrained scheme will be discussed in Sec. 10.2

[^23]:    ${ }^{1}$ the following computation is inspired from Frittelli's article [136]

